NYAPRS 31st Annual Conference: Keeping the Focus on Recovery and Rights

September 10-12, 2013
Hudson Valley Resort and Conference Center, Kerhonson, NY

Register Today at:
https://registration.nyaprs.org/?page=CiviCRM&q=civicrm/event/info&id=8&reset=1

---- Preliminary Program ----

Tuesday, September 10
Round 1 ~ 1:15PM – 2:30PM

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<tr>
<th>Track</th>
<th>Workshop#</th>
<th>Title</th>
<th>Presenters</th>
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<tr>
<td>HH&amp;MC</td>
<td>101</td>
<td><strong>Change of A Lifetime: NYS Medicaid, State Mental Health Services Redesign</strong></td>
<td>Harvey Rosenthal, Edye Schwartz, Briana Gilmore, NYAPRS  Albany, NY</td>
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<td>EEP</td>
<td>102</td>
<td><strong>Bringing Helpful Resources to Consumers and Families</strong></td>
<td>Lisa Dixon, Nancy Covell, Helle Thorning, Paul Margolies, Center for Practice Innovations, New York State Psychiatric Institute New York, NY</td>
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<td>PS&amp;S</td>
<td>103</td>
<td><strong>Wellness Workforce Coalition: Uniting Peer Services across Mental Health and Addiction Recovery Communities</strong></td>
<td>Julie Brisson, Vermont Center for Independent Living, VT  Karen Lorentzon, Vermont Psychiatric Survivors, Rutland, VT</td>
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<tr>
<td>CI</td>
<td>104</td>
<td><strong>Debunking Myths and Knocking Down Barriers to Employment</strong></td>
<td>Abigail Lemon, Policy Research Associates, Delmar, NY  Deborah Dennis, SAMHSA SOAR Technical Assistance Center, NY</td>
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<tr>
<td>HH&amp;MC</td>
<td>105</td>
<td><strong>From Case Management to Care Coordination: What it Means to You</strong></td>
<td>Kevin Wendoloski, Putnam Family &amp; Community Services, Carmel, NY  Andrea Hopkins, Clubhouse of Suffolk, Long Island, NY  Andrew O'Grady, MHA in Dutchess County, Poughkeepsie, NY</td>
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</table>
The “Peace Work: Liberating our Hopes and Dreams” Curriculum  
*Colleen Sheehan,* NYAPRS, Albany, NY  
*Noelle Pollet,* Heart Circle Consulting, West Camp, NY

The Three A’s of a Successful Agency: Accountability, Accessibility, Affordability  
*David Bucciferro,* Foothold Technology, New York, NY

NYPeer Operated Warmlines: Success Stories, Tips and Lessons Learned  
*James Ennis,* Tammy Burrows, *Donna Quackenbush,* Otsego County RSS, Oneonta, NY

I May Not Always Agree With You, but I Will Always Respect You  
*Jeremy Reuling,* MHA of Westchester, Tarrytown, NY

The 7 Deadliest Sins of Leadership & Workplace Communication  
*Skip Weisman,* Weisman Success Resources, Inc., Poughkeepsie, NY

**Tuesday, September 10**  
**Round 2 ~ 2:45PM – 4:00PM**

Dignity and Recovery Now! Lived Expertise at the Front Lines as Innovation for Community Health, Wellness and Social Change  
*Eduardo Vega,* MHA of San Francisco, San Francisco, CA

Bringing Trauma-Informed Practices to Peer Support: MHEP’s ‘Creating a Trauma-Informed Community’ Project  
*Darby Penney,* Advocates for Human Potential, Albany, NY  
*Cathy Cave,* Mental Health Empowerment Project, Albany, NY

How Managed Care Can Fund Self Directed Care  
*Erme Mauer,* MHA of Southeastern Pennsylvania  
*Tom Lane,* Magellan Health Services

Making Noise, Getting Results: The NYAPRS Public Policy Agenda  
*Raymond Schwartz,* Venture House, Jamaica, NY  
*Carla Rabinowitz,* Community Access, New York, NY  
*Harvey Rosenthal,* NYAPRS, Albany, NY

Employment and Recovery: OMH, PROS and ACCES-VR  
*Liam McNabb,* NYS OMH, Albany, NY  
*Frank Coco,* ACCESS-VR, Albany, NY  
*Matthew Crave,* Rehabilitation Support Services, Albany, NY

How to Meet and Mingle  
*Amy Colesante & Bill Gamble,* Mental Health Empowerment Exchange, Albany, NY

SAMHSA’s Recovery to Practice: Next Steps in Training the Peer Workforce  
*Rita Cronise,* iNAPS, Victor, NY
Colleen Sheehan, NYAPRS  Albany, NY
Noelle Pollet, Heart Circle Consulting, West Camp, NY

HH&MC 118  Demystifying Managed Care
Kelly Lauletta, Community Care Behavioral Health, Exton, PA

CI 119  Collaborations with Academic Communities and Institutions
Donna Marcello, East House Corporation, Rochester, NY

A&M 120  Using the NYS Clinical Records Initiative (NYSCRI) Clinical Documentation Tools to Enhance Integrated, Collaborative and Recovery Oriented Care
Jon Rice, NYS OMH, Albany, NY
Lisa Lite-Rottmann, NYS OASAS, Albany, NY

KEYNOTE ADDRESS
7:30PM – 8:15PM

Keynote  Vivian Jackson, PhD, Senior Policy Associate, National Center for Cultural Competence

---  Evening Entertainment---
Rhett Tyler, Inducted Member of The Blues Hall of Fame, Modern Blues Guitar and Vocalist

Wednesday, September 11
Round 3 ~ 9:00AM – 10:15AM

PS&S 121  New York State Peer Services Credentialing: An Update
Joe Swinford, NYS Office of Mental Health, NY

HH&MC 122  Health Homes: What They Are and How They Affect You
Adele Gorges, CCSI, Rochester, NY
Amy Kohn, MHA Westchester, NY

HH&R 123  Emotional CPR (eCPR)
Lauren Spiro, M.A., National Coalition for Mental Health Recovery

EA 124  Psychiatric Advance Directives: A Consumer-Provider Partnership
Hunter McQuistion, St. Luke’s-Roosevelt Hospital Center, New York, NY
Colleen Sheehan, NYAPRS, Albany, NY
Linda Brown, St. Luke’s-Roosevelt Hospital Center, New York, NY
Bill Gamble, MHEP, Albany, NY

CI 125  Making Employment Real
John Allen, Andy Karhan, NYS Office of Mental Health, Albany, NY

CC 126  Why Culture Matters in Receiving Care
Lenora Reid-Rose, Jennifer Hernandez, Christina Pratt  CCSI, Rochester, NY
### The Important Partnership Between Behavioral and Physical Healthcare
**Anna Ivanova-Tatlici**, MHA of Nassau, Hempstead, NY  
**John Javis**, MHA of Nassau, Hempstead, NY

### Digging our Recovery and Social Justice Heels in the Ground
**Karen Rosenthal**, Duysal Karakus, Community Access, New York, NY

### Wellness Self-Management Plus Program: Empowering People with Co-Occurring Mental Health and Substance Use Disorders to Define Their Goals and Recovery
**Forest Foster**, Nancy Covell, Paul Margolies, Luis Lopez, Center for Practice Innovation, New York State Psychiatric Institute, New York, NY

### From Professional to Personal: Maximizing the Use of Lived Experience
**Amanda Saake**, The Center for Rehabilitation and Recovery, The Coalition of Behavioral Health Agencies, Inc., New York, NY

**KEYNOTE ADDRESS**  
**10:15AM – 11:00AM**

**Keynote**  
**Larry Fricks**, Deputy Director, SAMHSA-HRSA Center for Integrated Solutions

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**Wednesday, September 11**

**Round 4 ~ 11:15AM – 12:30PM**

### Social Self-Directed Care, It’s My Life
**Patrick Hendry**, Mental Health America, Alexandria, VA

### Parachute NYC
**Jody Silver**, Pablo Sadler, NYC DOHMH, New York, NY  
**Katie Linn**, Services for the Underserved, Brooklyn, NY

### Best Practices to NYS: IPS Model of Supported Employment
**Paul Margolies**, Gary Scannevin, Thomas Jewell, Raymond Gregory, Karen Broadway-Wilson, Lisa Dixon, Center for Practice Innovations, New York State Psychiatric Institute New York, NY

### Housing Options Welcome Home Consumer Integration
**Joe Woodward**, Housing Options Made Easy, Inc., Gowanda, NY

### Rapid Transit: In and Out of the Hospital with Peer Support
**Gayle Bluebird**, Delaware Psychiatric Center

### The Power of Yoga
**Dagny Alexander**, Albany, NY

### Advancing Recovery in the Context of an Integrated Health Plan Model
**Karen Smith-Hagman**, EmblemHealth, New York, NY  
**Richard Sheola**, ValueOptions, New York, NY
Trauma and Recovery Skills
Mike Dorr & Emily Grossman, NYAPRS, Albany, NY

A Non-Traditional Collaboration: Cops and Consumers
Alan Green, MHA of Nebraska, Lincoln, NE
Joseph Wright, Lincoln Police Department, Lincoln, NE

Get Excited About Human Rights
Kathryn Cascio, Empowerment Exchange, Troy, NY
Sally Zinman, California Association of Mental Health Peer Run Organizations, CA

KEYNOTE ADDRESS
1:30PM – 2:15PM

Keeping the Focus on Recovery and Rights:
A Conversation with the ‘Mothers of our Movement’
Pat Deegan, Sally Zinman, Gayle Bluebird, Jackie McKinney
Moderator: Harvey Rosenthal

Wednesday, September 11
Round 5 ~ 2:30PM – 3:45PM

Peer Bridging Now
Suzanne Feeney, OptumHealth, Albany, NY
Tanya Stevens, NYAPRS, Albany, NY
Sara Goodman, Baltic Street AEH, Inc., Brooklyn, NY

Expanding Medicaid’s Definition of ‘Medically Necessary Services’: Finding Out What People Really Need and Want for Their Recovery
Andrea Bilger, Temple University Collaborative on Community Inclusion, Philadelphia, PA
Erme Mauser, Mental Health Association of Southeastern Pennsylvania
Gretchen Snethen, Department of Rehabilitation Services, Temple University

ONTrackNY: Treating First Episode Psychosis with the Guiding Principles of Shared Decision Making, Critical Time Intervention and Person Centered Care
Lisa Dixon, Marie Sabatino, Sapna Mendon, Paul Margolies, Center for Practice Innovations, New York State Psychiatric Institute New York, NY

Healing Stigma Through Trauma Informed Approaches
Patricia Blum, Janet Vlavianos, Lynn Gurkp, CPRP
Crestwood Behavioral Health, Sacramento, CA

LGBT Mental Health Consumers: Sexual and Gender Minority Issues
Bert Coffman, Lorraine Nunez Zappalorti Society, New York, NY
Phillip Williams, Rainbow Heights Club, New York, NY

Criminal Justice Workshop
Participants to be Announced

**CC** 147  **Self-Awareness: A Key Component of Cultural Competence**  
Demetria Nelson, Dr. Martin Luther King Jr. Health Center at Bronx Lebanon Hospital Center, Bronx, NY  
Jeremy King, Odyssey House, Bronx, NY

**A&M** 148  **Moving from a Traditional Medical Model Oriented Organization to a Peer Informed Organization**  
Kathy Lynch, Richard Frelock, Ulysses Harrell, Kara McCunn, Thomas Dodson  
Buffalo Psychiatric Center, Buffalo, NY

**CC** 149  **Exploring the Value of Religion, Spirituality and Cultural Competence for Peer Specialist Group Leaders**  
Frances Priester, Christina Pratt, NYS Office of Mental Health, Albany, NY

**HH&R** 150  **Dylan’s Law: Service Dogs Can be Critical to Well-Being**  
Patricia Feinberg, Coalition of Behavioral Health Agencies, New York, NY

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**Wednesday, September 11**

**Round 6 Mini Keynotes~ 4:00PM – 5:00PM**

151  **Recovery Now**  
Pat Deegan, Ph.D., Pat Deegan & Associates, Byfield, MA

152  **Collaborations between Addiction and Mental Health Recovery Movements**  
Joe Powell, LCDC, CAS  
Chacku Mathai, NYAPRS, Rochester, NYAPRS

153  **State Disability Initiatives**  
Roger Bearden, Special Counsel to Governor Cuomo for Olmstead, Albany, NY  
Jeff Wise, NYS Justice Center, Albany, NY  
Cliff Zucker, Disability Advocates, Albany, NY

154  **Choice and Rights Protections in a Managed Care Environment**  
Trilby de Jeung, Empire Justice Center, Rochester, NY  
Valerie Bogart, Evelyn Frank Legal Resources Program at New York Legal Assistance Group, New York, NY  
Harvey Rosenthal & Briana Gilmore, NYAPRS, Albany, NY

155  **Rhythms for Wellness, Recovery & Connection: Community Experiencing the Power of the Drum**  
Chrys Ballerano, NYS Coalition against Sexual Assault, Albany, NY

---Evening Entertainment ---

**NYAPRS Famous Outdoor Barbeque**
**David Granirer**, Stand-up Comic, Stand Up For Mental Health  
**Mike Skinner**, Open Mic  

**Thursday, September 12**  
**Round 7 ~ 9:00AM – 10:15AM**

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<th>HMO Panel</th>
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<td>Participants to be Announced</td>
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<th>NYS Recovery Centers Update</th>
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<td><strong>Joseph Swinford</strong>, NYS Office of Mental Health, Albany, NY</td>
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<th>The Silence of Suicide</th>
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<td><strong>Michael Skinner</strong>, Surviving Spirit, Goffstown, NH</td>
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<tr>
<th>CC</th>
<th>159</th>
<th>My Culture Matters</th>
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|        |     | **Theresa Hall**, NYAPRS Board of Directors, Co-Chair Cultural Competence Committee, West Babylon, NY  
        |     | **Luis Lopez**, Center for Practice Innovations, New York State Psychiatric Institute New York, NY |

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<th>Leisure and Recreation to Support Social and Emotional Wellness</th>
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<td><strong>Gretchen Snethen, Gena Bell Vargas</strong>, Temple University, Philadelphia, PA</td>
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<th>EA</th>
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<th>Community Advocacy Course, Fighting for Systems Change</th>
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<td><strong>Meghan Crowe-Rothstein, Warren Berke, Damon Potenza</strong>, Urban Justice Center, New York, NY</td>
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<th>Care and Maintenance of Your Brain</th>
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<td><strong>Sara Goodman</strong>, Baltic Street AEH, Inc., Brooklyn, NY</td>
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<th>EA</th>
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<th>TMI, aka: Too Much Information: Changing the World One Story at a Time</th>
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<td><strong>Denise Ranaghan, John Brillon</strong>, MHA in Ulster, Kingston, NY</td>
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**KEYNOTE ADDRESS**  
**10:30AM – 11:15AM**

**Keynote**  
**Larry Davidson**, SAMHSA Recovery to Practice; Yale University  
**Maura Kelley**, Mental Health Peer Connection, Buffalo, NY

**Thursday, September 12**  
**Round 8 ~ 11:30AM – 12:45PM**

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<th>CI</th>
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<th>Creating a Culture of Employment and Economic Self-Sufficiency</th>
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<td><strong>Len Statham</strong>, NYAPRS, Albany, NY</td>
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| CC     | 165 | Seven Strategies to Promoting a Consumer-Based Engagement Approach that |
Infuses Cultural Competency
Hextor Pabon, NYS Office of Mental Health, Centers of Excellence, Albany, NY

IB&PH 166 More Than Just Staying Alive: Wellness Interventions in Clubhouses
Laura Kitterle, Rebecca English, Venture House, Jamaica, NY

EEP 167 Person Centered Planning: Making Recovery Real
Helle Thorning, Paul Margolies, Luis Lopez Center for Practice Innovation, New York State Psychiatric Institute, New York, NY
Kendall Atterbury, Victoria Stanhope, New York University, New York, NY

A&M 168 How We Can Create a Recovery Culture
Kim MacDonald-Wilson, Melissa Rufo, Community Care Behavioral Health, Exton, PA

HH&R 169 How Breath Can Change Your Life!: Experiencing the Self-Healing Art of Pranayama
Europa Baker-Brathwaite, Empowerment Exchange, Troy, NY

--- Health, Healing & Arts Fair ---

Shiatsu
Dagny Alexander

T’ai Chi & Qigong
Byron Abrams

Reiki
Hudson Valley Community Reiki

Ronda’s Art Table
Ronda Jeffer

Chair Massage and Acupuncture too!

Tracks:

- Health, Healing and Recovery = HH&R
- Empowerment and Advocacy = EA
- Cultural Competence = CC
- Integrated Behavioral and Physical Healthcare = IBPH
- Administration and Management = A&M
- Health Homes and Managed Care = HH&MC
- Exemplary or Emerging Practices = EEP
- Community Integration (Housing, Employment and more) = CI
- Peer Services and Supports = PS&S