

Watermelon Milkshake

Bathing Suit Approved!

Ingredients: (serves 1-2)

1/2c-1c. non-dairy milk (coconut)

1 frozen banana

1 large cup frozen watermelon

4-5 frozen non-dairy milk ice cubes

(opt. for protein: 1/3 c. greek yogurt

1 Tb. honey)

Directions:

1 Blend everything together until
creamy!

2 Sip through a cute straw and
enjoy.