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Did you almost make the mistake of deleting this because you don't consider yourself a leader?

I've got news for you! Regardless of your title, you are a leader first and foremost. Self-leadership is the most critical skill you will ever develop!

How do I know? Well, let's take a look at the big picture things that leaders do day in and day out:

- Create, uphold and communicate mission and vision.
- Role model desired behaviors.
- Set priorities.
- Coach, mentor and teach others.
- Build relationships.
- Continual self-improvement.
- Oversee fiscal sustainability.

Where in your life are you responsible for these big picture things?

Here is an example. Are you a parent?

Do you have a vision of what's important for your family's future?

You are your child's first teacher and you do this by **role modeling** the behaviors you hope they will emulate. This includes how to communicate, how to respect others, being on time, manners, appearance, etc.

You set and communicate **priorities** all day long. How much sleep they need? What kinds of foods they eat? Homework versus TV or computer time?

Getting up and off to school on time. Getting chores completed. Making progress on their book report. Building them up after they don't get chosen for a team or invited to a birthday party. These are some examples of all the **coaching** you do!

You are constantly **building positive relationships** to support your family. Connecting with other parents, teachers, coaches, health care providers, childcare workers and all other people and organizations that can positively impact your family.



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As a parent, you are **continually educating** yourself and learning so you can do your best with your growing, changing and developing family of humans! How do you do this? Reading articles, listening to experts, talking to other parents, taking classes and maybe even talking to a life coach or therapist.

Whether you like it or not, are conscious of it or not, you are overseeing the **fiscal sustainability** of your family unit. Most every time you spend a dollar, write a check or agree to purchase, you are balancing the pros and con's and running a mental check on bank accounts, income and savings.

Exercise

So, where are you a leader?

Answer these questions to identify just one of the places where you are a leader in your own life:

Pick one place in your life and finish this sentence:

I am the leader in my role as (ex. Student, Oldest Child, Business Owner, Employee, Volunteer, etc.)

_____.

In this role, my vision for the future is:

The behaviors I model as leader in this role are:



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My top 3 priorities in this role include:

- 1.
- 2.
- 3.

I communicate these priorities to others (ex. Verbally, In Writing, Reminding Them, Team Meetings, Weekly Updates, etc.):

I increase my leadership skills and capacity by (ex. Working with a coach, participating in a mastermind group, taking on-line workshops, reading articles, listening to podcasts, etc.):

The ways that I care for my fiscal responsibility include (ex. Saving for retirement, learning new skills, developing a budget, expanding my responsibilities, paying myself first, making sure expenses don't exceed income, learning and growing, etc.):

By completing this brief exercise it is easy to see that everyone is a leader and it is important for everyone to develop leadership skills!



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Take another look at your answers.

Where are you the strongest (i.e. the answers and examples came easily to you)? And where you need to build capacity (i.e. the answers may be fewer or were harder to identify)? Use the table below to identify areas where you want to seek additional support.

Leadership Skill	Strength	Gap
Create, uphold and communicate mission and vision.		
Role model desired behaviors.		
Set and monitor priorities.		
Coach, mentor and teach others.		
Build relationships.		
Invest in continual self - improvement.		
Fiscal sustainability.		

Use this chart to develop a plan to increase your leadership skills. In a future email I'll share how to use this information to create a personalized leadership development plan.



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In the meantime, if you're not sure where to begin, I can help.

Check out these free resources:

- ✓ Facebook (Beth Wonson Consulting). Tips, ideas and access to resources!
- ✓ Subscribe (link) to get ideas, lessons and info sent right to your inbox.
- ✓ Sign up for a free initial spot coaching call to identify roadblocks! (time trade code: <https://www.timetrade.com/book/VS326>)

Let me know on Facebook if you found this exercise helpful! Looking forward to connecting with you.

P.S. Be sure to sign up for the Freedom Formula webinar

www.freedomformulawebinar.com