

**BE A MAN.
YOU'RE NOT
A VICTIM.**

would you look away?

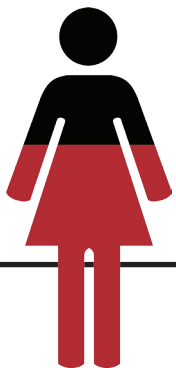
Despite the many findings that show almost equal amount of abuse perpetrated against men and women, the media and government focus most attention on female victims.

🏠 thehotline.org

☎ 1-800-799-7233

📍 Austin, TX

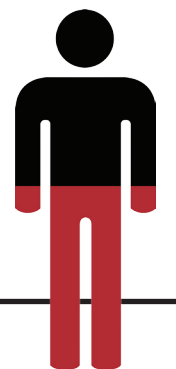
here are the facts...



From the victims of severe physical domestic violence, **40% are male.**

Sadly, little support or help is available for **male victims** of domestic violence.

Many programs **discriminate** against male victims by offering limited support or simply none at all.



Local organizations **cater specifically to female victims** and offer support such as a bed in their shelter, clothes, hygiene products, legal services and counseling.

Because of this **stigma against men**, they feel ashamed of their abuse and do not reach out to friends or family for support.

statistics sourced from CDC study, National Intimate Partner and Sexual Violence Survey (2010)

resources for men.

Male Survivor (malesurvivor.org) provides resources to male survivors of sexual trauma.

Safe Place (safeplace.org) in Austin, TX provides services and shelter for male victims of sexual assault and domestic violence. They can also help you locate shelters local to you.

Center Against Domestic Violence (cadvny.org) based in New York City offers information and support for male victims.

HelpGuide.Org provides help for abused men

MenWeb (batteredmen.com) offers resources for men as well as a place for them to tell their story.

The National Domestic Violence Hotline offers 24/7 support in over 170 languages. Call 1-800-799-SAFE (7233) to speak with an advocate anonymously and confidentially.



Abuse is not a joke, in any situation, between any two people. All victims deserve support and resources to help them feel safe. Men can be victims of abuse, too. Men shouldn't have to bottle their feelings in order to "be a man" nor should they feel embarrassed for seeking help after suffering from a sexual assault or domestic violence. There is a stereotype that men are the abusers, and women are the victims. It's time we stop the stigma against men and realize that violence is violence. If you are a man suffering from abuse, tell someone. **Call The National Domestic Violence Hotline at 1-800-799-7233.**



1 in 10 men has experienced rape, physical violence, and/or stalking by an intimate partner.

The **abuse of men** is often treated as less serious, or a joke.

In 21% of cases where men called the police, police **refused** to arrest the abusive partner.*

Over 25% of men using an online resource reported that they were given a phone number for help that turned out to be a **number for a batterer's program**.*

16.4% of men who contacted a hotline reported that the staff **made fun of them**, as did 15.2% of them men who contacted local domestic violence agencies.*

As a result from these experiences, many men believe there are **no resources or support available** for male victims.

*statistics sourced from a 2008 study conducted by Douglas & Hines in a national survey of some 302 men.



Violence is violence

end the stigma against men and domestic violence.

TheHotline.org

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The National Domestic Violence

HOTLINE

1.800.799.SAFE (7233) • 1.800.787.3224 (TTY)