

# Confessions

What follows are a few very helpful confessions.

The Gospel has implications for all of life. The good news of Jesus rescuing us frees us to live as God created us to live. These confessions help us see what the Scriptures have to say about certain topics.

Try to read these out loud. You may be surprised to find how wonderful the promises of God's word actually are. All of these confessions are direct quotations from Scripture, with references (just so you know we're not pulling any funny business). They are arranged in different topics so you can begin to see some of what the Scriptures say about certain topics. As you read these, our hope is that your faith will be built, and you'll come to know a bit more clearly what God's word says about God, you, and the world in which you live.<sup>1</sup>

## Knowing God

I love the house where You live, O Lord, the place where Your glory dwells. (Ps. 26:8) One thing I ask of the Lord, this is what I seek: that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to seek him in his temple. (Ps. 27:4) My heart says of You, "Seek his face!" Your face, Lord, I will seek. (Ps. 27:8) As the deer pants for streams of water, so my soul pants for You, O God. My soul thirsts for God, for the living God. When can I go and meet with God? (Ps. 42:1-2) I have seen You in the sanctuary and beheld Your power and Your glory. because Your love is better than life, my lips will glorify You. I will praise You as long as I live, and in Your name I will lift up my hands. (Ps. 63:2-4)

How lovely is Your dwelling place, O Lord Almighty! My soul yearns, even faints, for the courts of the Lord; my heart and my flesh cry out for the living God. (Ps. 84:1-2) Better is one day in your courts than a thousand elsewhere; I would rather be a doorkeeper in the house of my God than dwell in the tents of the wicked. (Ps. 84:10)

I do not live on bread alone but on every word that comes from the mouth of the Lord. (Deut. 8:3) I will not depart from the commands of God's lips; I will treasure the words of his mouth more than my

---

<sup>1</sup> I am grateful to Gabe Bouch, Pastor of Freedom Church in Philadelphia, PA, for initially arranging these confessions.

daily bread. (Job 23:12) When God's words come, I will eat them; they are my joy and my heart's delight, for I bear the name of the Lord God Almighty. (Jer. 15:16)

I will listen to the voice of Jesus. As he calls me and leads me, I will follow him, because I know his voice. (John 10:3-5) I love Jesus and will obey him; he loves me and will show himself to me. He and the Father will come and make their home with me. (John 14:21, 23) No longer do I relate to God on the basis of the experience of others. Instead, whether I am the least or the greatest, I myself will know God. (Jer. 31:34) Because Jesus has gone before me, I will approach God's throne with confidence. (Heb. 4:16) As I come near to God, he will come near to me. (James 4:8) Though I was once far away, I have been brought near to God through the blood of Christ. (Eph. 2:13) Jesus himself dwells in my heart through faith. (Eph. 3:17) He will be with me always, to the very end of the age. (Matt. 28:20)

## **Identity in Christ**

God is not a man that he should lie. Therefore, whatever he says about me is true. (Num. 23:19) God has blessed me with every spiritual blessing through his Son Jesus Christ. Before the creation of the world he chose me to be holy and blameless in his sight. In love He predestined me to be adopted as his son through Jesus Christ. God has lavished His grace on me and I am redeemed and forgiven. I have been marked in Christ with a seal, the promised Holy Spirit who is deposit guaranteeing my eternal inheritance. Because of God's abundant goodness, I will live for the praise of His glory. (Eph. 1:3-14)

I have been crucified with Christ and I no longer live, but Christ lives in me. (Gal. 2:20) I have been washed, I have been sanctified, I have been justified in the name of the Lord Jesus Christ and by the Spirit of God. (1 Cor. 6:11) I am a new creation. The old has gone, the new has come! (2 Cor. 5:17) I am the righteousness of God. (2 Cor. 5:21) I have been set free from sin and have become a slave to righteousness. (Rom. 6:18) I am God's workmanship, created in Christ Jesus to do good works which God prepared in advance for me to do. (Eph. 2:20) There is no longer any condemnation for me because through Jesus Christ the law of the Spirit of life has set me free from the law of sin and death. (Rom. 8:1-2) Because the Son has set me free, I am free indeed. (John 8:36)

I have been born again, not of perishable seed, but of imperishable, through the living and enduring word of God. (1 Pet. 1:23) Because I am born of God, I will overcome the world. (1 John 5:4) I am part of a chosen people, a royal priesthood, a holy nation, and I belong to God. (1 Pet. 2:9) I know God and He knows me. (Gal. 4:9) He has lavished his love on me and called me a child of God. (1

John 3:1) When Christ appears, I will be like him. (1 John 3:2) Christ is not ashamed to call me his brother. (Heb. 2:11) Even while I was God's enemy, Christ died for me. (Rom. 5:8) Nothing will be able to separate me from the love of God that is in Christ Jesus my Lord. (Rom. 8:39)

I am no longer a foreigner, but a fellow citizen with God's people and a member of God's household. (Eph. 2:19) My citizenship is in heaven. (Phil. 3:20) The Spirit himself testifies with my spirit that I am God's child. And since I am God's child, I am also and heir - an heir of God and co-heir with Christ. (Rom. 8:16-17) I am not just Christ's servant, I am his friend. (John 15:16)

According to God's word I am strong, the word of God lives in me, and I have overcome the evil one. (1 John 2:14) I am more than a conqueror. (Rom. 8:37) God did not give me a spirit of timidity, but a spirit of power, of love and of self-discipline. (2 Tim. 1:7) Thanks be to God! He gives me the victory through my Lord Jesus Christ. (1 Cor. 15:57)

## **Stewardship and Generosity**

I renounce the love of money, which is a root of all kinds of evil. (1 Tim. 6:10) Instead I store up for myself treasures in heaven. For where my treasure is, there my heart will be also. (Matt. 6:19-21) I cannot serve both God and money. (Matt. 6:24) I will use worldly wealth to invest in people, so that when it is gone, I will have relationships with eternal significance. (Luke 16:9) I will be trustworthy in handling money so that I can be trusted with true riches. (Luke 16:11)

I will not rob God in tithes and offerings. I will always give my whole tithe. As I test God's promise, he will throw open the floodgates of heaven and pour out so much blessing that I will not have enough for it. Others will look at me and call me blessed. (Mal. 3:8-12)

It is not my power or the strength of my hands that produces wealth for me. It is the Lord my God who gives me the ability to produce wealth. (Deut. 8:17-18) As I obey God's commands, I will be blessed. My children, home, and career will be blessed. (Deut. 28:3-6)

I will be generous and give to others, knowing that a good measure will be given to me. For with the measure I use, it will be measured to me. (Luke 6:38) I will refresh others and will myself be refreshed. (Prov. 11:25) I will sow into others generously, knowing that I will reap generously. (2 Cor. 9:6) I will give cheerfully, not reluctantly or under compulsion, for God loves a cheerful giver. (2 Cor. 9:7) And God will make all grace abound to me, so that in all things at all times, having all that I need, I will abound in every good work. (2 Cor. 9:8) As I live to produce a harvest of righteousness, I will be made rich in every way so that I can be generous on every occasion with the result that others will give thanks to God. (2 Cor 9:11)

I do not consider godliness to be a means to financial gain. But, godliness with contentment is great gain. (1 Tim. 6:5-6) I will learn the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do everything through Him who gives me strength. (Phil. 4:12-13) My God will meet all my needs according to His glorious riches in Christ Jesus. (Phil. 4:19)

## Enjoying God

This is the day that the Lord has made; I will rejoice and be glad in it. (Ps. 118:24) God has given me a garment of praise instead of a spirit of despair. (Is. 61:3) The joy of the Lord is my strength. (Neh. 8:10) God has filled my heart with greater joy than when the lost get what they chase after (Ps. 4:7)

I have set the Lord ever before me. Because he is at my right hand, I will not be shaken. Therefore my heart is glad and my tongue rejoices; my body will also rest secure, because God will not abandon me to the grave, nor will he let me see decay. God has made known to me the path of life and fills me with joy in his presence, with eternal pleasures at his right hand. (Ps. 16:8-11) I will be glad and rejoice in God's love, for he has seen my affliction and has known the anguish of my soul. (Ps. 31:7)

I will obey Christ's commands so that His joy may be in me and that my joy may be complete. (John 15:10-11) I rejoice in the hope of experiencing the glory of God. (Rom. 5:2) I also rejoice in sufferings, because suffering produces perseverance, character, and hope. (Rom. 5:3-4) I rejoice because I have been reconciled to God. (Rom. 5:11) I will overflow with hope by the power of the Holy Spirit. (Rom. 15:13) The fruit of God's Spirit in my life is joy. (Gal. 5:22)

I will rejoice because Christ is being preached throughout the world. (Phil. 1:18) I will rejoice in the Lord always. (Phil. 4:4) I will consider it pure joy whenever I face trials of many kinds, because I know that the testing of my faith develops perseverance, making me mature and complete. (James 1:2-4)

I will greatly rejoice in the midst of any grief because God, in his great mercy, has given me new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that can never perish, spoil, or fade - kept in heaven for me. I am shielded by God's power through faith until the coming of the salvation that is ready to be revealed in the last time. (1 Pet. 1:3-6) I am filled with an inexpressible and glorious joy because I am receiving the goal of my faith, the salvation of my soul. (1 Pet. 1:8-9)

## **Purity**

I make a covenant with my eyes not to look at any lustfully. (Job 31:1) I will not commit adultery in my heart. (Matt. 5:28) I will keep my hands clean and my heart pure so that I may ascend the hill of the Lord and stand in his holy place. (Ps. 24:3-4) I will not allow a hint of sexual immorality to be in my life. (Eph. 5:3) I will set before my eyes no vile thing. (Ps. 101:3)

My body is not meant for sexual immorality. it is meant for the Lord. My body is member of Christ himself. Therefore I will never use it for ungodly activity. My body is a temple of the Holy Spirit, who is in me. I am not my own; I was bought at a price. Therefore I will honor God with my body. (1 Cor. 6:13-20) I will also honor the covenant of marriage and keep the marriage bed pure. (Heb. 13:4) Above all things, I will guard my heart, for it is the wellspring of life. (Prov. 4:23)

I will set an example for others in speech, in life, in love, in faith, and in purity. (1 Tim. 4:12) I will not allow any unwholesome talk to come out of my mouth, but only what is helpful for building others up according to their needs. (Eph. 4:29) I will put away perversity from my mouth and keep corrupt talk from my lips. (Prov. 4:24)

## **The Life of the Mind**

I love God's Word. I meditate on it all day long. His commands make me wiser than my enemies, for they are ever with me. I have more insight than all my teachers, for I meditate on his statutes. I have not departed from God's laws, for he himself has taught me. (Ps. 119:97-100, 102)

I will love the Lord my God with all my mind. (Mark 12:30) I will conform no longer to the pattern of this world. I will be transformed by the renewing of my mind so that I will be able to test and approve what God's will is - his good, pleasing, and perfect will. (Rom. 12:2) Because I have the Spirit of God, I will make right judgments - for I have the mind of Christ. (1 Cor. 2:15-16) The mind of sinful man is death, but the mind controlled by the Spirit is life and peace. (Rom. 8:6) I will not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, I will present my requests to God. And the peace of God, which transcends all understanding, will guard my heart and my mind in Christ Jesus. (Phil. 4:6-7)

My heart is not proud. I do not concern myself with things too wonderful for me. But I have stilled and quieted my soul. (Ps. 131:1-2) I take captive every thought to make it obedient to Christ. (2 Cor. 10:5) I am not wise in my own eyes. (Prov. 3:7) But I trust in the Lord with all my heart and lean not on my own understanding. (Prov. 3:5)