

ST. LOUIS
YOUNG DEMOCRATS
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Communications Director Special Election

Tuesday, June 5, 2018
7:00 pm



Carolyn McMahan



Carolyn is an Associate Creative Director for an advertising agency in downtown STL. She leads integrated creative campaigns utilizing various media such as print, television, video, radio, digital, out-of-home, PR and social media for national and local clients.

As an advocate for reproductive rights, Carolyn volunteers as a Clinic Escort with NARAL Pro-Choice Missouri and on the Communications Committee for Missouri's only abortion fund: Gateway Women's Access Fund. She also supports Planned Parenthood, American Humanist Association and is a co-organizer with a local homeless outreach. Carolyn is also active with fellow Democrats in her Ward as well as serving as a state delegate for Hillary Clinton in 2016.

Originally from Columbus, Ohio; Carolyn relocated to Saint Louis in 2004. Residing first in Dogtown, and now in Clifton Heights with husband Ben, an Army Combat Veteran, and furbabies Heisenberg, Ripley, Sniper, and Screamer.

I'm running for Communications Director for STL Young Dems' Communications Director because I feel like my professional career has provided me with the skills needed to support a cohesive and well-established identity. I am hopeful that if we work together as Democrats, we can help elect individuals who will support, protect and defend the lives and liberties of our residents.

Bret Narayan



My name is Bret Narayan and I am running for the position of Director of Communications of the St. Louis Young Democrats.

I am a Mizzou graduate with a degree in political science and I also hold a J.D. from the St. Louis University School of Law.

I am a practicing attorney, focusing on the needs of small businesses, civil litigation, and criminal defense, with particular

consideration for the defenseless and oppressed. Additionally, I serve as secretary for the Clayton-Tamm Community Association and on the St. Louis Neighborhood Accountability Board, which, through the court system, encourages restorative justice in instances of juvenile non-violent crime.

In the course of my work, both professionally and with my neighborhood association, I have managed social media campaigns and developed and maintained relationships with reporters and media outlets including the St. Louis Post-Dispatch, the Riverfront Times, and St. Louis Public Radio, which I believe could be useful in the role as Director of Communications.

When I am not working at my job, doing pro bono legal work, or working with the Clayton-Tamm Community Association, I regularly attend meetings for the 24th Ward Democrats, the 24th Ward Progressive Democrats, and referee games for the St. Louis Gaelic Athletic Club.

If you have any questions, please feel free to ask! I would greatly appreciate your support!

Reginald Garth



Hello! My name is Reginald Garth and I accept the nomination for Communications Director. I am running to further promote the voice and mission of Young Democrats and help to bring about real change in our communities in Saint Louis.

I currently volunteer on Brad Bakker's campaign for the 84th District and do serve as his community outreach director. I have volunteered on Tishaura Jones' campaign for Mayor and will be volunteering with Megan-Ellyia Green's campaign for Saint Louis Board of Alderman President. Beyond my

volunteering I have a strong social media presence on Facebook where I do speak to many of the social issues in the community and address political issues and candidates.

Being in the role of Communications Director will allow me to expand my presence on social media by further delivering awareness on what is going on in the political spectrum and hope draw more to get involved, as well as help to make Young Democrats have an even more diverse representation in Saint Louis.