

Best All-Around Rider Award (BAR)

	Best 15k	Best 20k	Best 40k	Total Time	Distance	OVERALL AVG
Male						
Don Gilmore	0:20:31	0:27:33	0:57:51	1:45:55	75	42.49
Reagan Lovig	0:23:08	0:31:58	1:04:52	1:59:58	75	37.51
Patrick Burnham	0:23:29	0:31:59	1:05:32	2:01:00	75	37.19
Phil Birrer	0:24:43	0:34:08	1:05:24	2:04:15	75	36.22
Mike Gill	0:25:10	0:34:32	1:08:46	2:08:28	75	35.03
Jason Hare	0:25:02	0:34:17	1:10:25	2:09:44	75	34.69
Matt Evans	0:25:23	0:33:42	1:11:12	2:10:17	75	34.54
Paul Callow	0:25:24	0:34:37	1:10:35	2:10:36	75	34.46
Mark Wieler	0:25:38	0:34:20	1:11:12	2:11:10	75	34.31
Dave Metcalfe	0:27:15	0:36:48	1:19:05	2:23:08	75	31.44
Glen Gordon	0:27:29	0:37:39	1:21:39	2:26:47	75	30.66
Female						
Lorrie Baildham	0:25:23	0:34:08	1:07:50	2:07:21	75	35.34
Rose Houle	0:27:05	0:36:54	1:14:10	2:18:09	75	32.57
Deb Epps	0:28:05	0:38:21	1:16:28	2:22:54	75	31.49
Sarah Davidson	0:29:30	0:40:07	1:20:11	2:29:48	75	30.04
*only displaying riders who have ridden all 3 distances (15-20-40)						
