

23rd ANNUAL CONCHMAN TRIATHLON

Saturday 7th November, 2009

OVERALL RESULTS MALE

Place	NO.	NAME	CITY	ST	AGE	S	SWIM	SWIM	BIKE	BIKE	BIKE	BIKE	Run	RUN	PLACE	RUN
							Cum	Cum	Splt	Split	Cum	Cum	Spt	Splt		Cum
=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	147	Stefan Larsen	South Lake Tah	CA	39	M	3	12:41	1	37:47	1	50:28	1	19:50	1	1:10:18
2	69	Mark Davies	Nassau	NP	49	M	5	13:48	2	39:36	2	53:24	10	23:17	2	1:16:41
3	89	Simon Lowe	Nassau	NP	26	M	10	14:57	4	41:33	5	56:30	2	21:02	3	1:17:32
4	144	Marc Rutishauer	Nassau	NP	30	M	6	14:15	3	41:19	3	55:34	5	23:05	4	1:18:39
5	49	Vanja Sikirica	Princeton	NJ	29	M	4	13:00	8	43:26	4	56:26	11	23:19	5	1:19:45
6	119	James Nottage	Nassau	NP	39	M	15	15:41	5	41:44	8	57:25	6	23:07	6	1:20:32
7	105	Sean Farrington	Nassau	NP	39	M	9	14:36	6	42:00	6	56:36	14	24:40	7	1:21:16
8	111	Adam Issac	Nassau	NP	39	M	2	12:38	10	45:53	9	58:31	9	23:15	8	1:21:46
9	143	Mario Carey	Nassau	NP	50	M	7	14:24	7	42:56	7	57:20	15	24:57	9	1:22:17
10	93	Dale Winner	Nassau	NP	44	M	11	14:58	9	44:28	10	59:26	12	23:24	10	1:22:50
11	129	Jason McCarroll	Nassau	NP	43	M	14	15:29	11	46:12	11	1:01:41	3	22:22	11	1:24:03
12	131	Harry Winner	Nassau	NP	25	M	8	14:32	18	50:08	12	1:04:40	13	24:24	12	1:29:04
13	1	Jim Allan	Nassau	NP	42	M	21	18:48	12	46:16	14	1:05:04	16	25:15	13	1:30:19
14	87	Gregory Lowe	Nassau	GB	55	M	27	20:10	14	47:14	16	1:07:24	4	23:02	14	1:30:26
15	117	Massimo Liusso	Nassau	NP	38	M	31	21:19	17	49:59	20	1:11:18	8	23:14	15	1:34:32
16	115	Ryan Knowles	Nassau	NP	28	M	16	16:55	16	47:58	13	1:04:53	26	30:08	16	1:35:01
17	85	Michael Taylor	Freeport	GB	27	M	26	20:01	15	47:46	17	1:07:47	20	27:50	17	1:35:37
18	135	Jonathan Holsten	Freeport	GB	37	M	25	19:37	13	46:22	15	1:05:59	25	29:59	18	1:35:58
19	159	Mark Rawlings	Freeport	GB	21	M	22	18:53	24	55:29	25	1:14:22	7	23:08	19	1:37:30
20	155	John Silvera	Freeport	GB	13	M	12	15:10	26	57:00	21	1:12:10	19	27:36	20	1:39:46
21	59	Michael Toledo	Tampa	FL	47	M	24	19:16	19	50:19	18	1:09:35	27	31:23	21	1:40:58
22	83	Chris Baker	Freeport	GB	63	M	34	21:54	20	51:32	23	1:13:26	21	28:17	22	1:41:43
23	127	Michael McIntosh	Freeport	GB	20	M	1	12:34	28	57:52	19	1:10:26	28	31:50	23	1:42:16
24	141	Jacob Warren	Freeport	GB	11	M	19	17:46	31	58:34	28	1:16:20	17	26:12	24	1:42:32
25	77	John Doherty	Freeport	GB	34	M	18	17:42	30	58:28	26	1:16:10	18	26:24	25	1:42:34
26	153	Andrew Hindley	Freeport	GB	13	M	17	17:40	25	56:11	24	1:13:51	31	34:13	26	1:48:04
27	91	Richard Wade	Canton	GA	41	M	23	19:03	32	1:00:16	31	1:19:19	22	29:16	27	1:48:35
28	57	Rick A Smith	Land O Lakes	FL	51	M	33	21:44	29	58:24	32	1:20:08	24	29:45	28	1:49:53
29	31	Robert Risch	Savannah	GA	43	M	20	18:20	23	54:10	22	1:12:30	37	37:29	29	1:49:59
30	99	John B Mayer	Ft Lauderdale	FL	73	M	36	23:44	21	52:34	27	1:16:18	32	34:34	30	1:50:52
31	19	Gareth Higgs	Freeport	GB	24	M	38	25:42	22	52:35	29	1:18:17	33	34:38	31	1:52:55
32	205	Kent Ward	Freeport	GB	20	M	13	15:13	34	1:03:07	30	1:18:20	35	36:19	32	1:54:39
33	79	Robert Rothwell	Nassau	NP	32	M	40	27:25	27	57:40	35	1:25:05	23	29:39	33	1:54:44
34	103	Gilbert Gray	Nassau	NP	51	M	32	21:28	35	1:03:22	34	1:24:50	38	37:52	34	2:02:42
35	39	Bilal Pasha	Lighthouse Pt	FL	29	M	28	20:16	38	1:12:40	38	1:32:56	29	32:44	35	2:05:40
36	97	Valentino Bodie	Freeport	GB	10	M	35	22:29	36	1:08:17	36	1:30:46	36	37:09	36	2:07:55
37	125	Hennie Serfontein	Nassau	NP	58	M	29	21:14	33	1:02:27	33	1:23:41	41	44:46	37	2:08:27
38	71	Carl Mowery	Murray	KY	68	M	30	21:17	37	1:10:14	37	1:31:31	39	41:10	38	2:12:41
39	27	Garth Grannum	Washington	DC	49	M	39	26:53	39	1:12:57	39	1:39:50	34	34:43	39	2:14:33
40	101	Jeff Mitchell	Nassau	NP	29	M	37	24:02	40	1:17:59	40	1:42:01	30	33:38	40	2:15:39
41	13	Jonathon Harris	Brooklyn	NY	30	M	41	44:02	41	1:28:41	41	2:12:43	40	41:20	41	2:54:03