

CREATIVE OASIS PERMISSION SLIP

I hereby give myself permission to say yes to my creative dreams and desires today.

I hereby give myself permission to remember that life is uncertain so today is the best day to begin.

I hereby give myself permission to listen to the yearnings within my heart.

I hereby give myself permission to not fear making mistakes, acting silly, not succeeding or being wrong.

I hereby give myself permission to seize the day so I may live without regrets or wondering what might have been.

I hereby give myself permission to step into my true creative spirit and share it with the world!

Name

Date

P.S. ~ I get to practice believing all of this just 5% more than I actually do right now.