



# Deep Blue Sea Adventures

Join us for a summer of sea themed healthy movers events



- Learn to move like a star fish, a crab, a seahorse or a fish.
- Find out what is hiding in our rock pool.
- Dance and sing along to fishy songs including the 1st Place deep blue sea song.

Monday 10.30am-12.00pm	22 and 29 July 5, 12 and 19 August	Bananas on the Beach, 1st Place Children and Parents' Centre, 12 Chumleigh Street, Burgess Park, SE5 0RN
Tuesday 10.30am-12.00pm	23 and 30 July 6 and 13 August	Aylesbury Health Centre Taplow House, Thurlow Street, SE17 2UN
Thursday 2.00-3.30pm	25 July 1 and 8 August	Bermondsey Village Hall Kirby Grove, SE1 3TD
Friday 1.00-3.00pm	26 July 2, 9 and 16 August  (Stay and Play returns on Friday 23 August)	Bananas on the Beach, 1st Place Children and Parents' Centre, 12 Chumleigh Street, Burgess Park, SE5 0RN