# Creative Teaching: Educating Through the Arts

Presented by: Meadowbrook Waldorf School



#### **About Waldorf Education**

A healthy education is one that balances the current needs of the child with future educational goals. The child, not the goal, should always be at the center of the process.

Waldorf Education, founded in 1919 and based on the philosophy of Rudolf Steiner, achieves a balanced education by offering a developmentally appropriate curriculum that both supports children where they are in the moment, and prepares them for their next phase of development. This curriculum unites academics with the arts, movement, practical work, and a deep respect for the natural world.

Meadowbrook Waldorf School has been offering Waldorf Education to students in Rhode Island and Southeastern Connecticut since 1979.

### Schedule of the Day

8:30 - 8:45	Arrival and Coffee
8:45 - 9:00	Opening: Singing with Sara Gilligan, MWS Class Teacher
9:00 - 10:30	Keynote Address: Who is "The Undefined Rebel of the Future" Rudolf Steiner's Creative Educational Method with Steven Sagarin
10:30 - 11:00	Break: Snack and Conversation
11:00 - 12:30	Morning Workshops
12:30 - 1:30	Lunch: Prepared by MWS Grade 8 Marionette Puppet Show by MWS Early Childhood Teachers Nature hike of MWS campus
1:30 - 3:00	Afternoon Workshops
3:00 - 3:15	Closing Remarks

#### **Conference Fees**

This conference will be held at the Meadowbrook Waldorf School campus in Richmond. All fees include coffee, morning snack and lunch.

\$50 Early Bird Price, Register by December 1

\$75 Regular Price, Register by December 31

Note: Register early to receive first choices for workshops. Space is limited.

#### **Keynote Address**

### Rudolf Steiner's Creative Educational Methods, with Stephen Sagarin

The summer before the first Waldorf School opened in Stuttgart, Germany, in a general lecture for teacher education students, Rudolf Steiner said that our task, in part, is to educate "the undefined rebel of the future, who will save us." He also repeatedly calls for education in all subjects to be "artistic." What does he mean by this, and how can we employ this method for all students, no matter what we teach?



Stephen Keith Sagarin, Ph.D., is Associate Professor and former Director of the M.S.Ed. Program in Waldorf Teacher Education at Sunbridge Institute, NY. He is also Faculty Chair, co-founder, and teacher at the Berkshire Waldorf High School, MA. Dr. Sagarin is the former Editor of the Research Bulletin of the Research Institute for Waldorf Education. Dr. Sagarin writes, lectures, mentors teachers, and consults with Waldorf schools on teaching and administration. He has taught history of education at Teachers College, NY; human development at the City University of New York; and U.S. and world history at Berkshire Community College. He is the author of The Story of Waldorf Education in the United States: Past, Present, and Future and of the "Introduction" to Rudolf Steiner's Art History (forthcoming). His blog "What is Education?" may be found at ssagarin.blogspot.com. He serves on the board of directors for Steiner-Books and the Waldorf Schools Fund. Dr. Sagarin has a Ph.D. in history from Columbia University and a B.A. in art history and fine art from Princeton University. Dr. Sagarin has been a Waldorf teacher for most of his career, including twelve years at the Waldorf School of Garden City, NY, the high school from which he graduated.

**Donna Mirza** was the movement teacher at MWS for 16 years. As an expression of her passion for handwork, she also volunteered in an array of handwork classes and parent handwork groups. An alumni parent and teacher, Donna brings her love for working with textiles and fiber to this workshop.





Jane Francis has been working at MWS since 2008. She currently teaches the Parent Child Program and is a kindergarten teacher. Jane received her Early Childhood Certificate from Sunbridge College, and a BS in Human Development from SUNY Empire State.

Amy Lloyd-Rippe was a class teacher at MWS for 18 years and continues as a faculty mentor, a Trustee, and Human Resource committee member. She has been a student of Anthroposophy for 23 years and is a graduate of the Antioch New England Waldorf Teacher Training program.





Kristina Boving has been a MWS grades teacher since 2004. She is the current Grade 6 teacher as well as a member of the Core Group of Faculty and the Board of Trustees. Kristina holds a Waldorf teaching certification and a PhD in archaeology from UCLA.

Diana Tesni has been a Waldorf class teacher since 2008, and is the current MWS Grade 4 teacher. Certified as a Waldorf teacher with a MEd from Antioch University, Diana also received a BA in Public Relations from San Jose State University.



### Morning Workshops 11 a.m. - 12: 30 p.m.

# Learning through Warmth, Wonder and Wool with Donna Mirza and Jane Francis

Would you like to enliven your senses? Learn about one of the arts unique to Waldorf Elementary Education, while following a wonderful process, from raw fleece to felted treasure. Be prepared for a hands-on experience. We will make a simple felted project together. Bring an apron if you have one; all materials and tools will be provided. Take part in generating some winter warmth and laughter!

Enrollment limited to 12

#### Our Sense for Number: Moving Mathematics in the Lower Grades with Amy Rippe

To varying degrees, each child holds an inner sense of the straight line, the curved line, and the harmony found in equal sides of a square or triangle or in the roundness of a circle. In the early grades, movement provides auditory, visual and kinesthetic reinforcement of quantity and sequence of numbers, and of the intervals between numbers. We will step-count, discover patterns in movement and number, and explore ways to enhance the students' grasp of sequence, pattern and flexibility of thought, nurturing an inner sense of number and the ways we can represent them.

# Natural Sciences in Middle School with Kristina Boving

How do we get from STEM to STEAM? How do we bridge the left and right brain to add to comprehension and understanding? Utilizing and integrating the arts while learning about the natural sciences leads to better retention and creativity. Topics covered in this workshop, e.g. botany and geology, are subjects typically taught in Waldorf schools, but many ideas presented in this workshop can be adapted to science curricula in other school settings.

### Form Drawing: Teaching Discernment with Diana Tesni

Form drawing has the objective of developing the student's inner sense of discernment. This ability supports the student's confident achievement, as children feel certainty about the accuracy of their actions in the world. Form drawing study supports other capacities including precision in geometry, fluidity in handwriting and developing spatial awareness. While unique to Waldorf schools, aspects of form drawing are adaptable to other school settings.

#### Registration

To register electronically and select payment method please follow link below:

#### http://www.meadowbrookschool.com/?p=4175

- \$50 Early Bird Price, Register by December 1
- \$75 Regular Price, Register by December 31

Note: Register early to receive first choices for workshops. Space is limited.

**Directions:** For more information visit **meadowbrookschool.com**. This event will be held at Meadowbrook Waldorf School in Richmond RI. The campus is just 3 miles from I-95 exit 3A.

For further information, please contact Meadowbrook Waldorf School at 401 491 9570 or info@meadowbrookschool.com



#### Afternoon Workshops: 1:30 p.m. - 3 p.m.

## Half Empty or Half Full? with Betty Merner

Knowing just a little bit about the four temperaments can help us to understand our students and our children. The ancient Greek concept of the four temperaments of choleric, phlegmatic, melancholic and sanguine can still inform us about the basic needs of children and how to best reach and teach them. This workshop will introduce you to the temperaments and how to use this knowledge when parenting or teaching.

# The Importance of Integrating Movement Into Everyday Life with Su Rubinoff and Lin Johnson

Children learn through movement. It nurtures brain and body development, emotional well-being, academic success, and a sense of purpose. This workshop offers ideas for working with movement, including small and gross motor skills and sensory work, in both school and home life. Attendees will learn specific activities for both in the classroom and at home.

# Storytelling through the Elementary Grades with Andrew Gilligan

Storytelling is a fundamental pillar of Waldorf education as it is of all human history. Learn how this ancient art can educate, inspire and help you work more effectively in and out of the classroom. From folk tales to biographies of historical figures, come prepared to discover, enhance, and understand yourself as a storyteller.

# Rethinking Lessons in Middle School Humanities: New perspectives on teaching history and literature with Stephen Sagarin

Rudolf Steiner discusses reading Milton and Homer after age 10 and reading Schiller's history and "Aesthetic Letters" in 7th grade. These are deep, important, challenging texts. Taking the development of middle school-age students seriously, how can we teach texts like these, and their English equivalents, in a lively and appropriate way?



Betty Merner taught in public education as an English teacher and Reading Specialist for 15 years before completing Waldorf teacher training at Antioch College in 1988. One of our pioneering teachers since 1989, Betty was a class teacher for 10 years and then Resource Support Coordinator before retiring in 2014.

Su Rubinoff has been teaching children at MWS since 1992. As an Early Childhood teacher, Su holds both a Waldorf Early Childhood Teaching Certificate and a MS in Remedial Education from Sunbridge College, as well as a BS in Natural Resources, from the University of Rhode Island.





Lin Johnson has been a member of the MWS community for 22 years, and is currently the Resource Support Coordinator. Lin received an Educational Support/Waldorf Remedial Education Certificate from Sunbridge College as well as a BA in Psychology from Simmons College.

Andrew Gilligan has been teaching at MWS since 2013, and is the current Grade 1 class teacher. He received his Teacher Certification from the University of North Carolina, is certified as a Waldorf teacher with a MEd from Antioch University and holds a BA in English from the University of Vermont.

