

How to Study the Bible for Yourself

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“Come to me, all you who are weary and burdened, and I will give you rest.” Matthew 11:28
NIV

“Do your best to present yourself to God as one approved, a worker who does not need to be ashamed and who correctly handles the word of truth. All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness.” 2 Timothy 2:15-17 NIV

- **The Bible helps us build our relationship with God**
- **The Bible prepares us for our mission**

What you need.

A Bible

A Bible reading plan (there is one available on journeychurchhawaii.org)

A journal to write in (or a computer to type it into)

A pen (or a keyboard to write with)

An open heart (only you can provide this one.)

How to do it.

1. Find the Bible reading that corresponds to today’s date from the Bible reading plan.
2. Read the passages. As you are reading, underline passages that the Lord impresses on you as a personal word to be applied.
3. When God reveals a special life lesson to you, turn to a fresh page in your journal and record what God has just shown you (or type it onto your computer). I use the following method...

S – Scripture – What verse or verses is God speaking to you from? Write it in your journal.

O – Observation – What do you observe the scripture saying? What is the context?

A – Application – How do the verse apply to you? How will you be different today, because of what you have just read?

P – Prayer – Record a short prayer

Some helpful tips:

- Ask God to meet you in the Scripture.
- Pay attention to the context. Be open to what the Holy Spirit wants to reveal to you.
- Immerse yourself in a short passage or even a few verses.
- Take one verse with you through the day ... or the week.