

Journey Church Hawaii
A Biblical View of The 7 Habits of Highly Effective People
Habit Three: Put First Things First
1 Kings 19:19-21 & Luke 10:38-42
Pastor John Honold
July 23, 2017

I. Habit Three: Put First Things First

- A. To live a more balanced existence, you have to recognize that not doing everything that comes along is okay. There's no need to overextend yourself. All it takes is realizing that it's OK to say no when necessary, focusing on your highest priorities. And the way you do it is to have a BIGGER YES burning inside.
- B. Objectives
 - 1. Preserve and Enhance Relationships
 - 2. Accomplish Results
- C. Key: "Who am I and Why am I Here?"

II. The Four Quadrants

- A. Q1: Urgent/Important [based on My Roles/Goals]
 - 1. Significant results that require immediate attention [deadlines]
 - 2. Crises or Problems
 - 3. Stress, Burnout, Crisis Management, Always putting out fires
- B. Q3: Urgent/Not Important [based on the priorities and expectations of others]
 - 1. Reacting to things that are urgent, assuming they are also important
 - 2. Short-term focus, Crisis Management, Goals/Plans become worthless, Feel victimized and out of control, shallow or broken relationships
- C. Q4: Not Urgent/Not Important [Escape]
 - 1. Total Irresponsibility; Spending too much time on activities that do not yield any value
- D. Q2: Not Urgent/Important [based My Roles/Goals]
 - 1. Vision, Perspective, always thinking about the "Big Picture"
 - 2. Balance, Discipline, Control of your Life, Few Crises
 - 3. Dream Big, Live Bigger
 - 4. Preserve & Enhance Relationships/Accomplish Results

III. Developing a Q2 Mindset [Deuteronomy 28:13]

- A. Develop a Personal Mission Statement [Child of God]
- B. Who Am I? Why Am I Here?
- C. Identify Roles/Goals
- D. Set Objectives/Milestones/Steps [think Macro "Big Picture"]
- E. Schedule weekly/Adjust Daily