

FEB 2015

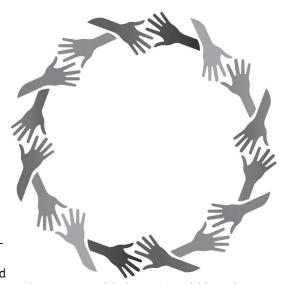
ISSUE 76

WWW.TOSAEASTTOWNE.ORG

Making a Difference By Renee Fensin

Did you ever have an idea and think "if only this could happen"? Did you ever wish for change, only to think that one person couldn't change anything?

So many changes that have occurred in our neighborhood recently happened because one person had an idea and worked hard to make that idea a reality. A neighbor concerned with traffic flow around Roosevelt worked with the community and



elected officials to have an additional stop sign added at $73^{\rm rd}$ and Meineke.

A group of neighbors, who saw the potential in our local park, joined together to form the Friends of Center Street Park. Their efforts have resulted in more activities at the park like the park clean up, Fall Fest and the ice skating rink enjoyed by so many this winter. They are working hard to make Center Street Park a better place that all neighbors can enjoy.

Meg Miller, featured in this issue's East Tosa Profile, saw the potential in North Avenue and gathered other likeminded residents to form the East Tosa Alliance. Meg and the members of the Alliance worked together with city officials to develop the North Avenue Plan and attract new businesses to our area. This simple idea led to the new North Avenue we see today.

As your Neighborhood Association, TETNA is interested in hearing your ideas. Attend a Neighborhood Association meeting, our Annual Meeting or start a discussion on our Facebook page (https://www.facebook.com/TosaEastTowne). Together we can make our neighborhood a better place for all.

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CALENDAR

FEBRUARY

16 Association Meeting7:00 PMLocation TBA (see Facebook for details)ALL ARE WELCOME

MARCH

16 Association Meeting7:00 PMLocation TBA (see Facebook for details)ALL ARE WELCOME

APRIL

- 20 Association Meeting7:00 PMLocation TBA (see Facebook for details)ALL ARE WELCOME
- 22 Association Annual Meeting 6:30 PM Cranky Al's 6901 W. North Ave. ALL ARE WELCOME

Hello Neighbors!

Welcome to 2015! Our Association continues to grow and thrive thanks to the efforts of many residents who take time out of their busy lives to enrich our neighborhood with activities and events throughout the year. If you want to be a part of the fun, a great place to start is by attending our monthly meetings held the third Monday of the month and our Annual meeting. Check out this issue or the website for the exact dates.

Over the holiday season, my husband was asked what he liked most about his neighborhood. I was ready for a response such as the walkable restaurants, the great schools, or the wonderful neighbors. But I shouldn't have been surprised when he responded, "Nighttime trick or treat!" It's an evening that we look forward to each fall, and we are lucky to have wonderful volunteers such as Jean Vallier and Erica Storm to help organize it. As we look forward to next year, please help us make the event even better by responding to our Trick or Treat survey, on the TETNA website. It will only take a couple of minutes, and it will help us to know your opinion as we consider changes for next year.

We are also already planning another exciting Run Tosa Run for May 16. As the weather starts getting warmer, I enjoy walking and jogging on the route around our neighborhood. I normally follow a "couch to 5K" training program to ramp up after a winter of staying inside. Not a runner? No problem, we need all sorts of neighbors to volunteer or cheer the participants along the route. Step outside on May 16 and make some noise and offer some words of encouragement as the runners head back to the finish line!

Finally, we are starting a monthly TGIT series at some of the establishments along North Avenue. This is an excuse to get together, check out the happening scene in our neighborhood, and meet some new neighbors. Follow us on Facebook and Twitter to get updates on the latest news. TETNA has a lot to offer you, beyond trick or treat, and your membership makes a difference. Check out the articles though out this newsletter and pick one or two items to try out this year. I look forward to meeting you along the way.



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Christina PielTosa East Towne
Neighborhood Assn.
President

TETNA OFFICERS

President - Christina Piel
Past President - Jason Odrzywolski
Secretary - Nancy Hall
Vice President - Vacant
Treasurer - Cindy Anderson

BOARD MEMBERS

Renee Fensin Bobby Pantuso Sarah Hunt-Frank Michael Chartier Jen Sumiec

ASSOCIATION MEETINGS

Association meetings are open to everyone in the Tosa East Towne neighborhood. Please feel free to attend. Meetings for 2015 are currently scheduled for January 18, February 16, March 16, April 20, May 18, June 15, July 20, August 17, September 21, October 19 and November 12.

All meetings are held at 7:00 p.m. The meeting locations are to be determined and will be announced on Facebook.

Tosa East Towne Neighborhood Association Philosophy

To provide a welcoming and nurturing environment, and to maintain the quality of life and the sense of community through shared interest and neighborhood interaction.

East Tosa Profiles—Meg Miller By Nancy Hall

Meg Miller first encountered Wauwatosa in 1999. She and her husband Scott had just moved from the picturesque mountain community of Frisco, Colorado to the Milwaukee area and embarked on a search for an attractive and affordable community in which to settle. One day, they drove west from Milwaukee along State Street and happened upon Tosa Fest in full swing. Enticed by the fragrance of brats, and the festive atmosphere, they stopped for a bit to enjoy the party and explore Tosa Village.

Intrigued with this friendly community, they drove north along 76th street where they discovered the TET-NA neighborhood. While investigating the neighborhood, they noticed a 'For Sale' sign on the lawn of an attractive home so they stopped to chat with the owner. They bought the house and became Wauwatosa homeowners. They have since been joined by a son, Ben, now 14 and daughter Michela who is 12.

From the beginning, Meg and her family were North Avenue boosters. They patronized local businesses, strolled the avenue and embraced all that the business district had to offer. Having come from a town whose streets were lined with quaint shops and thriving bars and restaurants, however, Meg saw a contrast between her old and new neighborhoods. While the residential neighborhoods flanking North Avenue were lovely and well-tended; the 16 blocks between 76th and 60th were a mix of successful shops and restaurants, declining businesses and empty storefronts.

It was a frustrating experience to see the potential of the area but to learn of no plans or action to revitalize the district. Finding herself at a crosswalk with a stroller in one hand and a toddler in the other, unable to get from one side of the street to the other, she started to think about what could be done to make North Avenue a more appealing, walkable destination for the surrounding neighborhood. She saw North Avenue as a place with potential.

With her professional background in marketing, she saw the importance of engaging the neighborhood in the process of identifying the needs and wants of the community. She wanted the "story of North Avenue" to come not from her and her perceptions, but from the neighborhood. Before beginning she looked at the demographics of the area, identified the key political representatives, and consulted the UWM School of Architecture and Urban Planning.

Her first step toward articulating North Avenue and East Tosa's story was to survey five neighborhoods in order to determine what Wauwatosa residents and business owners wanted for the trade district. There were 350 responses, indicating considerable interest in the improvement of North Avenue. This impressive response caught the attention of the mayoral candidates, who talked about North Avenue development in their

campaigns. Meg also notes that the controversy over a proposed payday loan store on North Avenue, and resulting defeat of the proposal, may have galvanized the neighborhood around the possibility of change.

Once she had established community support for a plan, she and a group of other residents with relevant skills and knowledge gathered together to form the East Tosa Alliance. The metaphor she uses for the process is "setting the table so people with the right skills will pull up a chair." It's an ever-expanding table and one that has enough seats for anyone who wants to be part of the effort. The central mission of this volunteer group is to "encourage and advocate for economic sustainability and growth in East Tosa in order to improve the quality of life for residents and to create a sense of community." Toward that end, and at the urging of new mayor Jill Didier, they applied for and received a block grant to fund creation of a strategic plan. Development of the plan, which was later approved by the city, involved countless hours of meetings, discussions, focus groups and other efforts to define a vision for the North Avenue.

Once the plan had been established, Meg and the other members of the Alliance set out to attract businesses to the area. While the rebirth of North Avenue may appear to have happened organically, it was really the result of hard work by many people in the Alliance. They contacted business owners in other parts of the city, helped them through the process of negotiating city ordinances, and otherwise supported them in their willingness to relocate to North Avenue. The result has been 19 new businesses, and counting, millions in private investment and rehabilitation of aging buildings in spectacular fashion. They also planned special events for North Avenue, most notably Chilin' on the Avenue, and the East Tosa Grand Prix.

With the North Avenue Renaissance well on its way, Meg has shifted her former responsibilities to new leadership. For Meg, this will mean that she will no longer need to juggle family, work and the East Tosa Alliance. She looks forward more time with her family and walking to some of her favorite destinations in East Tosa.

This article was based on an interview with Meg Miller, supplemented with information from a nomination for the Business Journal of Milwaukee's Women of Influence Award written by Julie Henszey.

About the series: East Tosa Profiles is a series of articles about the people who live in our neighborhood and who contribute to its culture in ways both large and small. If you would like to nominate a neighbor to be profiled, please contact Nancy Hall at nancyhallatr@gmail.com with your suggestions.

Ice Skating is Back at Center Street Park

Thanks to a generous donation from Waterstone Bank, Center Street Park is hosting a free ice rink this winter! While the exact dates depend on the weather and resources, Friends of Center Street Park hope to have the rink in operation until at least the end of February. In addition to the rink, Milwaukee County Parks

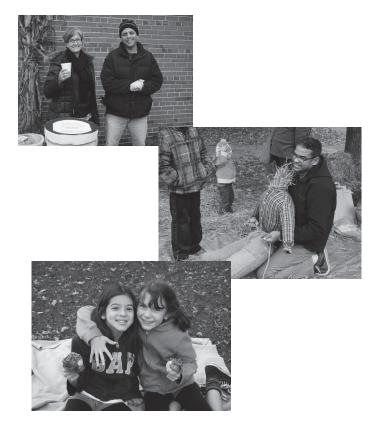


will have the pavilion open as a warming house. On the weekends, Friends of Center Street Park will sell concessions and lend out free ice skates thanks to donations from the Pettit National Ice Center and private donors. Hours of operation and additional information are available at

<u>www.centerstreetpark.com</u>. Thanks to all the amazing donors and volunteers who have made this project possible!

Fall Fest at Center Street Park

On October 18, 2014, the Friends of Center Street Park held the inaugural Fall Fest. Neighbors gathered at the park to carve pumpkins, make scarecrows, enjoy caramel apples and other fall fun.



Photos courtesy of Renee Fensin

Run Tosa Run

Run Tosa Run 2014 was a success and, to top it off, plenty of fun. We raised more than \$2,000 for Ronald McDonald House Charities



with the help of residents like you, and we're hoping to build on that success in 2015.

The race again has been scheduled for the Saturday after Mother's Day. So mark May 16th on your calendars and consider lending a hand or running the race yourself.

The 5K course takes in the full Tosa East Towne neighborhood and we will need volunteers to fill a variety of roles, including course monitoring, kids' race, registration table, water station, refreshments and post-race cleanup, as well as help getting the word out in advance. Email us at runto-sarun@gmail.com if you are interested or if you want more information.

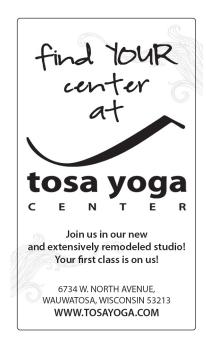
The event isn't just to raise money for charity. We



also want to bring residents together while promoting how wonderful our neighborhood is. We are looking forward to another great run.

The Run Tosa Run committee is looking for a Volunteer Coordinator. If you are interested, please contact

Dave Paulsen at dmpaulsen@gmail.com



Taste of East Tosa

The 2014 annual "Taste of East Tosa" event at the historic Kneeland Walker House on Nov. 12 was attended by 47 people. The beautiful decor of the mansion set the tone for the celebration that evening. Tours of the lovely



house were available thanks to Mary Van Derven, Wauwatosa Historical Society docent and TETNA resident.

Each participating restauranteur offered platters of finger foods and sandwich bites for the party guests to enjoy. No one left the party hungry and will certainly patronize these establishments in the future!

The TETNA Board has offered desserts every year, but this year, a contest was held. Each guest sampled the delectable desserts and then had three voting tickets to put into corresponding numbered tubs. The tickets were counted and the winner was Peanut Butter Pie. The recipe for this winning dessert is below.

Be sure attend next year's event, because it is an evening not to be missed!

Peanutbutter Pie

Graham cracker crust

12 oz. softened cream cheese

1 cup of creamy peanut butter

2 2/3 cup of powdered sugar

1/3 cup of milk

24 oz Cool Whip

Layer the graham cracker crust in the bottom of a casserole dish according to package directions.

Blend cream cheese and peanut butter until smooth, add sugar and milk. Fold in the Cool Whip. Pour over the graham cracker crust and freeze overnight.

To serve, cut into squares and drizzle with chocolate syrup.

Thanks to our Taste of East Tosa Sponsors





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East Tosa Gardens - Rain Barrels By Sarah Hunt-Frank

Are you tired of pulling out the hose every time you need to water your garden or flowerbed? Are you bothered by the messy hassle of recoiling the hose now that it is wet and muddy? Would you like your water bill to be smaller? Do you also want to be more eco-friendly and to use your resources wisely? Then a rain barrel may be a good addition to your home!

Rain barrels collect the precipitation off of your roof, retain it, so it can be used to water your garden when the weather is drier.

I got my first set of rain barrels from the Milwaukee Metro Sewage District (MMSD). They repurpose 50-gallon drums into rain barrels for a minimal price. You may also purchase them at a garden center or do-it-yourself store.

Here are some tips that I have learned:

- The water pressure from the rain barrel is not the same as from the house spigot. Like a water tower, elevation helps with water pressure, so elevate the rain barrel with cinderblock or a decorative stone, about one foot or more.
- The water pressure does not work well for use of a regular hose: every time you lift the hose, the water stops coming out. So a soaker hose is the best way to get the water to your plants. Snake the soaker hose through your garden, ending at the edge of the watering area, closest to the rain barrel
- You don't need water soaking right next to the rain barrel, right? So we need a conveyance to the watering area. Attach a regular hose to the rain barrel to get the water from your rain barrel (at the downspout) to the area you would like to water. You can coil the unneeded length of the hose next to the end of the soaker hose and let your perennials hide it for the summer, or you may cut the regular hose to the length you would like, and then attach a replacement male hose end. Hoses come in ½", ¾"diameter so be sure that the connectors on the regular hose, soaker hose and spigot are the same size when purchasing. (The staff at your favorite hardware store will be able to help you find the necessary parts.)
- One of my rain barrels is not connected to a hose but is elevated high enough to get my watering can under the spigot. I water the potted plants on my porch with the rain reserves from this rain barrel.

Using these tips, when you want to water the garden, you can just open the spigot on your rain barrel. This should be easier to access than the house

spigot, which always seems to be placed in the most awkward, inaccessible places on the house, --behind all of your plantings!

A rain diverter is a handy new gadget for my home. It can be attached to the downspout for ease of use in unclogging and winterizing your rain barrel. The rain drips from the edge of the downspout to a reservoir inside the diverter, which pools and then runs into the tube leading to the rain barrel. Debris falls straight from the downspout, through the open air inside the diverter, into the extension of the downspout. I found my diverter at Menard's.

Winterizing is made easier with the diverter: just disconnect the tube and cap it. Be sure to drain the rain barrel for winter and leave the spigot open.

Rain barrels can be painted to match your house, or decorated with paintings from the children. The internet can be a great source of inspiration and for the proper way to prepare the surface to make the paint stick to the plastic.

If you have questions or suggestions and ideas for future gardening articles, please email Sarah Hunt-Frank at slhuntfrank@gmail.com.







rain diverter

Photos courtesy of Sarah Hunt-Frank

TGIT - Thank Goodness It's Thursday

2015 Dates Events start at 6:30 pm

This adults-only event is the perfect time to catch up with your neighbors, make some new friends, and enjoy one of East Tosa's fine establishments.



We hope you will join

February 19 -- Walter's
March 26 -- Cranky's
April 23 -- Il Mito
May 21 -- Camp Bar
June 18 -- Hue
July 16 -- Red Dot
August 27 -- Bel Air
September -- TBA
October -- TBA
November 12 -- Kneeland Walker House
December -- Holiday Social

TETNA Trick-or-Treat Recap

The TETNA Trick-or-Treat event continues to be a big hit in our neighborhood. Almost 600 kids registered for trick-or-treating this



year and over 152 households handed out candy to the little ghosts and goblins, who enjoyed the warm weather (and didn't have to wear coats over their costumes). Thank you to all the families who handed out candy to help make this event so much fun for our community. Our neighbors really enjoy this spooktacular event!

Thank you as well to all parents who registered their children, to those who joined TETNA or renewed memberships and to all of our volunteers. We need the support of all the members of this great community to keep this event fun, safe and successful. We look forward to seeing all of you again in October!

Jean Vallier

Erica Storm
TETNA Trick-or-Treat co-chairs



Curiosity Corner is a nurturing, safe environment where two-and-a-half to five-year-olds will explore new activities, release their creativity and develop independence – all while having a ball!

Our well-trained teachers foster a specialized play based learning experience, encouraging curiosity and ensuring an early love for school.

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play & grow nursery school





Photos courtesy of Renee Fensin

2014 - 2015 Membership Drive Recap

Tosa East Towne



Neighborhood Association

Thank you to all the households, both new and returning, who joined TETNA during our fall membership drive. Our Neighborhood Association is the largest in Wauwatosa. It is bordered by North Ave., Center St., 60th St. and 76th St. and encompasses approximately 2400 households and businesses. More than 350 households joined the association during our fall membership drive. This is a small increase over last year's membership.

TETNA membership has its privileges. Members are invited to participate in numerous events that we host throughout the year. Membership dues support free events such as the Block Party and Movie night in August and the Spring Egg Hunt both located at Center Street Park. Members can also participate in the wildly popular Trick or Treat and the Taste of East Tosa adult social at the Kneeland Walker House. This year TETNA will also be hosting monthly TGIT events at North Avenue establishments. Another membership benefit is free advertising for our Neighborhood Rummage sale in June.

Membership dues also pay for this newsletter which all neighborhood residents (members and non-members alike) receive 4 times per year. Our membership drive is also when we encourage donations to the TETNA Scholarship Fund. This year members donated over \$400 to the scholarship fund. This will allow us to once again offer a \$500 scholarship to a high school senior from the neighborhood for his or her post-secondary studies. Thank you to all who donated.

TETNA strives to create many opportunities throughout the year for residents of all ages to participate and build friendships with their neighbors. If you have ideas about how to make your neighborhood better, please come to our Association Meetings and share with us. Please see page 2 for a schedule of meetings. If you can't make a meeting, we also have a Facebook page (www.facebook.com/TosaEastTowne) that allows for discussion between members. We are always interested in communicating with our members.



2015 Tosa East Towne Neighborhood Annual Meeting

April 22, 2015 6:30 PM

The Tosa East Towne Neighborhood Association invites all neighbors to its Annual Meeting, Wednesday April 22, at 6:30 pm.

The Fifth District Aldermen, Bobby Pantuso and Joel Tilleson have been invited to speak about the city's plans for our area. We also look forward to hearing from our community officer from the Wauwatosa Police Department.

Another purpose of this meeting is to elect officers and a board of directors. These are volunteer positions for a one-year term from May 1, 2015 through April 30, 2016. All members are encouraged to participate.

The following positions are to be filled at the meeting:

- Officers (also serve on the Board of Directors): President, Vice-President, Secretary, Treasurer
- Board of Directors: Five positions

Those interested in filling any of these positions should contact Christina Piel at cpiel@wi.rr.com by April 10. All candidates must be association members and be present at the Annual Meeting. Members wishing to add an item to the agenda should contact Christina prior to April 10. Please come to the annual meeting and consider playing an active role in your neighborhood.



Spring Egg Hunt March 28 10:00 AM Center Street Park

The Tosa East Towne Neighborhood Association's annual Egg Hunt at Center Street Park will take place on Saturday, March 28 at 10 am. This event takes place no matter the weather but hopefully we'll find it is calm and temperate! All



families with current memberships can participate for FREE. There will be a smaller area for the wee ones to hunt and a larger space for the bigger kids. There will also be a craft or two and maybe if we are lucky, a few special visitors might join us too.

If you are not a member, a membership form is available in this newsletter. Bring it along with your \$10 membership fee. This event is loads of fun for the kids and a great way to connect with your neighbors. Bring your baskets and cameras and maybe your Wellies.

We are always in need of volunteers at our events. If you can stuff eggs, promote the event, or help with set up or clean up, please contact Nickie Gerboth at chita875@yahoo.com or Kathleen Flanders at katflanders@yahoo.com. Hope to see you there.

Tosa Playgroup

By Malissa Westcot

If you live in East Tosa you already know that our neighborhood is a family-friendly place to live. You can always see kids riding bikes and playing outside. Our neighborhood is one of the best places to live with kids!

If you are new to the neighborhood or new to having kids, one of the best ways to connect with other parents is through the "Tosa Playgroup" on Facebook. It's a page where parents can set up playdates, ask for advice, and make friends. The group started more than 6 years ago and the original members are still friends today!

If you are interested in joining, search for the page "Tosa Playgroup" in Facebook. It's a closed group and a member must approve you. Feel free to reach out to other parents if you want to meet at a park, need to find a new pediatrician or looking for a mom's night out with some new friends.

Harmony Piano Studio	
HELEN ALBERT bunibert@wi.rr.com Cell: 414-659-8773	8220 Harwood Ave. #619 Wauwatosa, WI 53213 414-256-6973



Tosa East Towne

Neighborhood Association 2014/2015 HOUSEHOLD MEMBERSHIP REGISTRATION FORM

Annual memberships run from October 2014 to September 2015

Adult Name(s): ______

Address:
Phone:
Email:
OPT-OUT: We use email addresses strictly for updates on Association and Tosa happenings. Check this if you do NOT want to be on our email list.
PAYMENT
Household Membership status: Membership Renewal New Member
Membership Fee \$10.00 per household =
Donation to Tosa East Towne Scholarship Fund =
<u>TOTAL</u> =
Cash Check #

You may mail or drop off form and dues to Cindy Anderson, 6425 W. Clarke St., Wauwatosa, WI 53213

New Year's Resolution: Learn How to Speak Dog

Take a moment to think about how much time we spend talking to our own kin without saying a word. We send and receive body language signals without even thinking about them, and we read them quite



accurately through experience and a certain amount of innate knowledge.

"People watching" is a hobby for many of us. We watch TV shows and movies - religiously studying the characters. Sometimes we can predict what a character is thinking or feeling because of what they say, but many times we know because of a tiny clue cast off by the slight change of muscle structure on the actor's face. In other situations, such as family functions, sending and receiving body language signals is down to a science. For some of us, it wouldn't be a holiday get-together without getting "the look" from your mother. We can all relate to getting "the look," perhaps in the middle of telling a story that might lead to some embarrassing revelation. That "look" can be expressed through a tiny, millimeter adjustment in your mother's eyelid - or a simple, but powerful shift in the way she moves in her chair. We see these signals and smartly change subjects, aborting any potential fallout.

How often do you watch your dog and read him or her just as well? Dogs have a rich body language that they use to great effect during all waking moments of their day. Yes, I know some dogs love to "talk" with their mouths, but their native language is speaking without a bark, woof, grumble or yodel. And, lucky for us, we can eavesdrop on what a dog is "saying" by knowing a little bit about how dogs behave when they are relaxed, happy, nervous, frustrated or angry.

Looking at the "whole picture" of how a dog is carrying their body is a great starting point at understanding their comfort level and intention. I like to look at the "wiggle factor." Is the dog loose and wiggly (which usually indicates a desire for continued social interaction)? Is the dog standing still, holding their ground with an overall "stiffness" in their body (which typically indicates a request to increase the distance between it and whatever it is responding to)? Is the dog making its body smaller, maybe slinking down towards the floor (which can indicate a very fearful, yet shy dog who is not comfortable with the situation)? Or is the dog is loose and "soft," but not necessarily wiggly (which typically indicates a content dog who is just fine the way things are, thank-youvery-much)?

Beyond the whole picture, learning what each part of the body is "saying" helps further develop our understanding of a dog's emotional state. For example, the common be-

lief that a wagging tail means a friendly dog is actually not true. The speed and carriage of the tail wagging indicates a whole lot more. An aggravated dog might wag its tail, but the way the tail is moving is usually in a rapid "flagging" motion with the tail carried higher up in the air. A friendly, happy dog will typically wag its tail (and sometimes entire back end!) with a nice fluid movement – similar to a "wet noodle" – and the base of the tail is typically carried level with its back. A fearful, shy dog often will tuck its tail inbetween the legs, sometimes all the way up to its belly.

And this is just the tip of the iceberg. Besides "speaking" with their tails, dogs use their eyes, ears, mouths, coat/fur and shifts of body weight to indicate what they're thinking and feeling. They are always telling us exactly what they mean by how they stand, move, look, and act.

The payoff to learning to read what your dog is saying is better responsiveness to the dog's needs. When you respond to your dog's needs, you set up a situation where your dog can gain confidence and your relationship with your dog will improve.

Additional resources to learn more about canine body language:

Dog Decoder app – Available for iPhone and Android phones (<u>www.dogdecoder.com</u>)

Canine Body Language: A Photographic Guide, By: Brenda Aloff

Canine Behavior: A Photo Illustrated Handbook, By: Barbara Handelman, Md.E, CDBC

On Talking Terms with Dogs: Calming Signals, By: Turid Rugaas

www.doggiedrawings.net - Free (and fun) dog body language illustrations by Lili Chin

Laura Holder, BFA CPTD-KA is a TETNA resident and a Certified Professional Dog Trainer through the Certification Council for Professional Dog Trainers (CCPDT). She offers private training services, small group workshops and educational talks throughout Southeast Wisconsin. To learn more about her services, please visit

www.connnectingwithdogs.com or email Laura at laura@connectingwithdogs.com.

Senior Scene

Monday, February 2: "Fazio Chocolates" will demonstrate the making of artesian chocolates at 12:45. One FREE sample will be available for each registered participant. Registration required.

Thursday, February 5: "Stamp Camp" at 1 pm with Lauran Frank from Stampin' Up. Make 6 cards (birthday, Valentine, all-occasion). Members \$15, non-members \$18.

Monday, February 16: "Mardi Gras: Jazz Then and Now," Hear the songs of "The Big Easy's" Mardi Gras celebration played by Trombonist Al Anderson. Join The Saints as they go marching on at 1 pm. \$7 members, \$10 non-members.

Tuesday, February 17: Birthday Party for all members born in February at 1:30 pm Call to register and bring a guest.

Thursday, February 19: Contemporary Books discusses "The Kashmir Shawl" by Rosie Thomas at 12:30 pm.

Monday, February 23: "Intro to Social Media" Learn types of Social Media and how to use them: Facebook, Twitter, Pinterest at 12:45 pm. FREE program.

Monday, March 9: "The Underground Journey" at 1 pm by Racine Heritage Museum's Cheryl Maraccino. The program focuses on how slavery began, who and how it affected people involved and Racine's part in it.

Tuesday, March 17: Birthday Party for all members born in March at 1:30 pm. Call to register and bring a friend.

Wednesday, March 18: Submarine Commander Herbert Kaiser of the USS Cobia at 1 pm. Thursday, March 19: Contemporary Books discusses "David and Goliath: Underdogs, Misfits, and the Art of Battling Giants" by Malcolm Gladwell at 12:30 pm.

Tuesday, March 31: "How to Speak Alzheimer's" at 12:45 pm.

APRIL INFORMATION—Call Center for details (471-8495)

Tuesday, April 7: First of a Four-Part Series: April in Paris with Toulouse-Lautrec" by Art Historian Martha Bolles (April 7, 14, 28 AND May 5) **Wednesday, April 8**: Annual Spring Tea at 1 pm.

Tuesday, April 21: Birthday Party for all members born in April. Call Center to register and bring a friend.

Thursday, April 16: Contemporary Books discusses "The Nazi's Officers Wife: How One Jewish Woman Survived the Holocaust," by Susan Dworkin and Edith Hahn Beer" at 12:30 pm.

Hart Park Senior Center 7300 Chestnut Street Wauwatosa, WI 53213 414-471-8495

Lutheran Home

Volunteer Opportunities are Endless Whether you are an artist, card player,



pet lover or just like socializing there is a volunteer opportunity for every one of every age at the Lutheran Home & Harwood Place.

Mind Effects Program Volunteer

Lutheran Home's Mind Effects program is a memory enhancement program for older adults. Volunteers are needed to assist staff with programs, games and exercises designed to strengthen the memory and brain functioning of our participants. Volunteers are needed

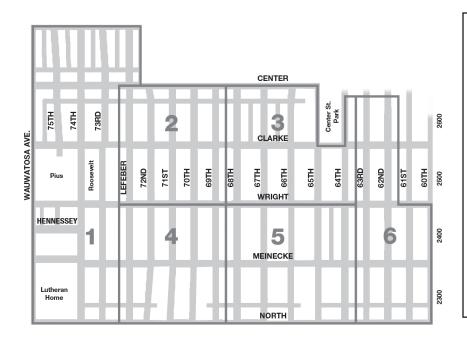
on Tuesdays from 10:00 a.m. - 2:00 p.m. Lunch is provid-

Chapel Song Leader Lutheran Home is seeking a volunteer to lead our residents and family members



in the singing of the hymns at our worship services on Sunday mornings from 10:00 – 10:45 a.m. in our beautiful chapel. Volunteer must be familiar or be willing to become familiar with Lutheran hymns, and will be accompanied by an organist. The hymns are selected in advance by our chaplains.

If you are interested in these or any other volunteer opportunities at the Lutheran Home, please call Michelle at 414-258-6171 ext. 258.



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