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Phillips Exeter Academy, Exeter, New Hampshire

MacFarlane to Resign at Year's End

Principal Steps Down, Returns To UNH Post

By SUAN LEE
and ANGELE YANG
Staff Writers

The Academy's 15th Principal Lisa MacFarlane announced her forthcoming resignation in a letter addressed to the Exeter community on Friday, Feb. 2. MacFarlane first came to the position in 2015 after leaving her post as provost and senior administrator at the University of New Hampshire (UNH). She will be leaving the Academy in June to return to UNH, as her contract with the university allowed her to return within three years if she desired. An interim principal for the 2018-19 school year will be selected in the coming months. In the meantime, a committee consisting of trustees, faculty and staff has been established to lead a nationwide search for the 16th Academy Principal.

MacFarlane recalled her former experience as an Exeter English department intern and cited her wishes to continue her teaching career and other personal reasons for her decision to leave. "It's really important to think about what it means to have a healthy and balanced life, with hard work, and family and friends and time for play—I want that for

MACFARLANE, 2



Principal Lisa MacFarlane served as the Academy's 15th principal.

Reina Matsumoto/The Exonian

Trustees Launch Interim Head of Academy Search

By BEN CAI, ANDREA SO
and EMMANUEL TRAN
Staff Writers

Following the resignation of Principal Lisa MacFarlane, the Board of Trustees announced its search for an interim principal. The interim principal will serve for one school year, starting in the fall of 2018 and ending in the spring of 2019. After that year, a new principal will be introduced into the permanent position. Despite a short tenure, the interim principal will play a key role in the transition and the addressing of current problems at the school such as racism and equity.

In order to facilitate the transition, President of the Trustees John (Tony) Downer has stated that the Board of Trustees will retain an interim principal from within the existing Exeter community. "We will be very, very focused on naming someone known by and familiar with the community, so we will not be doing a nationwide search for the interim principal," he said.

Unlike searches for a permanent principal, interim principal searches are usually local and shorter. "In past principal searches, we have scoured the country—and indeed the world—for the best candidate," Downer explained. After the interim principal is chosen, the international search for PEA's permanent principal will begin, hopefully concluding by the end of the next school year.

A national or international search for a principal could bring fresh perspectives and ideas to Exeter. Still, some students find the prospect of having a longtime member of the Exeter community as their interim principal reassuring.

"I liked how relatable and open MacFarlane was with students. I could count on her waving back on paths and listening to our concerns," upper Jeremy Xu said. "I want an interim principal who is just as engaged in the students' day-to-day lives and invested in improving the quality of their lives here at Exeter. In order to be an engaged administrator over the course of a short tenure, they should probably already know what Exeter is like."

Similarly, upper Rose Martin hopes to see a principal who will remain responsive to the diverse student body, after the outset of MacFarlane's diversity and inclusion initiative this year. "I'd like to see that the interim principal will continue with the ALES proposal and help meet the demands of the community of color," she said.

INTERIM, 2

Students Fatigue Classes, System Investigated

By ERIN CHOI
and SAMANTHA WEIL
Staff Writers

If a student is weary and overworked, the Academy allows this sleep-deprived Exonian a temporary relief from their exhaustion: a "fatigue" visit to the Lamont Health and Wellness Center. Students fill out a pink card in the medical center and follow the nurse on duty to a sunroom on the second floor where tired students rest on neatly arranged cots. Although fatiguing is not a formal procedure, it helps many Exonians take a small respite from their long nights and work-filled days.

According to data provided by Director of Nursing Nancy Thompson, in the calendar

year of 2017, there were 510 total visits for fatiguing. Out of this, there were 171 students who fatigued only once. There were six students who fatigued five times, three students who fatigued six times, and only one student who fatigued for seven formats.

Very few students overuse their ability to fatigue classes. Coole outlined that the procedure following a student's overuse of fatiguing starts with noting any intersection between absences and lowered grades. Each week, Coole receives a list of students who have fatigued, along with how many fatigues they have. If he sees a student who has fatigued more than average, he digs deeper to figure out the reason. "I try to look at the big picture. I look at their

overall attendance, I look at their grades, and talk to their adviser to see if anything else is going on in their lives that may give us cause for concern," he said.

The exact origin of fatiguing is unclear. Coole said, "I guess it kind of had that grassroots genesis." However, he attributed it to forward-thinking staff who didn't believe in penalizing students for resting instead of attending classes due to exhaustion. "Kids were just coming in and pretending that they were sick and it was taking up nurses' time. So now, if you're tired, you just come in and say you're tired," Chair of Health Education Michelle Soucy said.

The process has undergone many changes

FATIGUE, 2



Miranda Derossi and Beez Dentzer frequent Exeter's small shops.

Paula Perez-Glassner/The Exonian

Exeter's Business Revolution

By MAI HOANG
and BONA HONG
Staff Writers

On the doors of small shops and restaurants in the town of Exeter there recently appeared orange stickers with an inverted R, encircled by the words "Small Business Revolution." The sticker serves as a visible reminder for customers and other townspeople that Exeter is competing for a spot on the "Small Business Revolution on Main Street" documentary film project, which promotes and sponsors small businesses.

Across the United States, small businesses are struggling to compete against large

enterprises such as Amazon or Target. "Small Business Revolution on Main Street" aims to revitalize towns by showcasing and promoting the small businesses which are often the heart of American towns. The winning town selected to be featured in the documentary, along with six of its small businesses, will receive a \$500,000 boost from Deluxe, and the transformations will be documented in an original series.

The town of Exeter, NH, has made the cut for the top 10 towns. Local businesses first became aware of this opportunity via social media pages, word of mouth or a notification from the Exeter Chamber of Commerce.

Beth Dupell, owner of Exeter Copy &

More, worked with another town resident to write the essay that initially nominated Exeter to appear on the show after watching the first two seasons of the series. "My husband and I, because we own a small business, and specifically a marketing and design business, we like to watch shows about small businesses because oftentimes the challenges small business owners have is marketing," Dupell said. Two days after submitting the nomination form, she received a questionnaire asking about the town of Exeter—the town itself, the leadership, government, different business districts, initiatives the town has rallied behind, challenges, successes and Phillips Exeter Academy. Later, she found out via Facebook that Exeter had made the cut in the top 20, and then the top 10.

Dupell emailed local businesses and suggested they participate in the project as business owners in the town, and many agreed. Echoing Dupell's sentiments, Exeter Jewelers owner Mario Ponte hoped to gain "marketing expertise, more customers that don't necessarily visit the town now and mainly publicity" with his participation in the project.

According to Ryan Day from D Squared Java, filmmakers from Deluxe came to town multiple times to interview the leading businesses and to speak with the local government at the town hall. At his coffee shop, they spoke to the owner Daniel Demers; Day hopes that the essence of D Squared—a third-wave coffee shop selling specialty light roast brew-by-the-cup coffee—was adequately captured in the interview.

Trends Gift Gallery & Invitation Studio owner Kathy Lemerise highlighted the importance of supporting small businesses in the town,

saying that they were "what the heart of the town is all about." Trends Gift Gallery & Invitation Studio's marketing campaign was to ask customers to shop with commitment and not convenience. "It is very easy to shop online or go to the mall but lots of people go to school, work and live here because they love the downtown," she said. "And if I can't survive because of all the competition...I go out of business, then the jeweler will go out of business and then the coffee shop, and the whole dynamic of our town would change."

Similarly, Day said that winning this competition would mean a lot for the town, because "small businesses really add a distinct feel to it." His hope is that with the prize money, businesses will upgrade their equipment to provide even more high-quality service for customers and draw people from outside of the town. "It's very sad but the local Chinese restaurant, Penang [and Tokyo], had to close down because they weren't getting enough customers, and then the local theatre, the Ioka, has been vacant for five years because the board was not able to spend money on replacing certain things to meet the firecode," Day said, adding that he would like to see the Ioka, a historic theatre from the early 1910s, open again.

Ponte hoped that members of the community, including PEA students and town residents, would support small businesses in Exeter by voting. "Once the vote goes public, it will be very important for everyone to vote and tag MyExeter on social media because it comes down to public vote." After the top ten towns are narrowed down to five, the final applicants will be announced on Feb. 13 at 7:00 a.m. Eastern

BUSINESS, 2

INSIDE

NEWS

Read about Tuesday's assembly by Former New Hampshire Chief Justice John Broderick. 3.

SPORTS

Read about Athletes of the Week Sammie Weaver, Ella Johnson and Olivia Lei. 11.

LIFE

Read the weekly column Big Red Goes Green. 7.

Read about the annual Abbot Casino. 8.

OPINIONS

Prep Phil Horrigan writes a review on *Fire and Fury*. 5.

Lower Candy Tantichirasakul discusses Tuesday's assembly on mental health. 4.

WEB



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Interim Principal to Lead PEA Through 2018-2019 School Year

Continued from INTERIM.2

“Since they’re from within our community, I hope they will have a bigger insight on these issues since they have one-on-one conversations with students and know what Exeter is like.”

For others, a fresh start would be more beneficial to the community. “I think it will be important to get someone who can step away from their attachment to this place,” said upper Adrian Kyle Venzon.

New students’ first impressions of PEA, the administration and the role of the principal will be determined by the interim principal in the 2018-2019 school year. Former Assistant Principal Ron Kim, who left Exeter at the end of last year, felt strongly about the interim principal’s ability to affect incoming students’ perspectives on the Academy. “Although it’s an interim role, the relatively short duration of that position still represents a significant part of the students’ whole experience,” he said.

According to Track Coach Olutoyin Augustus, the role of the interim principal in the community will be decided by the Trustees. “If their goal is to placehold, then I think that would look different than if they want to bring in someone who’s going to make a lot of changes,” she said. Augustus expressed uncertainty to the extent in which the interim will be involved in the school’s affairs. “In one year, I don’t think they’re going to be here to solve a bulk of the problems,” she explained. “It doesn’t make sense to come in and do that because any new position is going to need some time to transition.”

Although the interim principal’s role may not be to initiate new policies and ideas, the role will likely include the typical administrative and management responsibilities of a principal, which includes overseeing all campus activities and alumni relations, among other things. Martin expressed disappointment in this short tenure, saying, “I feel that if there is someone who wants to make some sort of monumental change, one year wouldn’t be enough,” she said. “One year is very limiting.”

However, Downer pledged that the interim

principal will be a strong, assertive head-of-school with integrity and determination. “The interim should be someone who commands standing and respect from the members of the community due to her or his judgment, intelligence, demonstrated leadership and management capabilities, work ethic and ability to forge strong and effective relationships,” Downer explained. Kim pointed out that the qualities of an interim were linked to the issues that Exeter will have to deal with next year. “The desired qualities in an interim principal depend very much on what the Trustees and administration have as their goals for next year. Once you know the goals, the necessary qualities of the interim principal will become clear,” Kim said.

Many wonder where the interim will actually come from. Some alumni believe the interim must come from another prep school. Deb Taft ’80, whose father taught at PEA and who has volunteered extensively in the Exeter community, noted that a leader from any organization might be helpful, saying, “I disagree with the notion that the next Principal must be a current Head from another independent school.” She also noted that “restricting the search only to current independent school Heads creates too narrow an aperture and will prevent the strongest candidate pool from being built at the outset.” Taft argued that an interim principal’s ability to lead should extend beyond the sphere of education. “The next principal must have independent school experience, yes, but most important is that she or he have proven experience in leading organizations through change and in building organizations to a next great era,” she said.

According to Downer, the interim will ultimately be named by the Board of Trustees. He also noted that they have begun the search right now, saying, “We are in the earliest of early stages in this endeavor.”

Kim believes the Trustees will ultimately make the right choice. “I’m sure the Trustees will act with all these considerations in mind, and they will pick an interim who will be great for the staff, faculty and students,” Kim said.

Exeter’s Small Businesses Seek Recognition on Television Show

Continued from BUSINESS.1

standard time via Facebook Live.

“We can’t wait to find out that we’re in top five to then get people to vote. We have to start talking about it now and start rallying the troops,” Dupell said. Last year’s winning town, Bristol Borough, PA, received over 375,000 votes, and the estimate number of votes necessary for this year’s winning town is close to 500,000. “Exeter is not going to be able to make this happen alone as we only have 15,000 residents. We need the state to get behind it, we

need New England to get behind it, we need UNH and UNH alumni, PEA and PEA alumni,” Dupell said.

With governor of New Hampshire Chris Sununu promising his support and so many town businesses participating, Exeter’s shop-owners are optimistic about winning and hopeful that PEA students will pitch in. Lemerise advised Exonians on how to help local businesses. “Shop with commitment and not with convenience,” she said. “You could buy a box of note cards here instead of walking to Walgreens.”

Imprecise Rules Dictate Lamont Health Center’s ‘Fatigue’ Protocol

Continued from FATIGUE.1

since its origin. Director of Counseling and Psychological Services Jeanne Stern explained that Exeter has “been trying to figure out how to do this for a long time, and [it goes] back and forth.” In fact, the health center has created a new rule requiring that students leave their cellphones and backpacks outside the room. Medical Director Myra Citrin stated that this new rule decreased the overuse of fatiguing greatly. “We decided that if students needed to come in for fatigue, then they needed to be catching up on much needed rest, not doing homework,” she said.

There are many rumors as to how many fatigues a student is able to obtain without being punished. According to upper Ariane Avandi, a health center employee told her that she had fatigued too many classes and was not allowed to miss another class. The employee also told her that the deans do not recommend having more than three fatigues a term.

However, what many do not know is that there is no written policy in the E-Book regarding fatiguing. Coole said, “There’s nothing in writing that says that this is permissible. There are no controls to it.”

Some students are under the impression that their participation grade in a course would suffer if they fatigued a format. However, History Instructor Michael Golay claimed that it is not possible for faculty to know whether a student fatigued a class or simply had an excused absence for another reason. “When we put in an absence, we’re just given an excused or unexcused, and we’re not told whether it’s a fatigue,” he explained.

Biology Instructor Townley Chisholm does not have an individual policy on fatiguing; however, he does believe that if a student fatigues consistently, it can have an impact on the class. “Of course the student missed what happened in class and is responsible for making that material up...and sometimes labs cannot be re-created,” he said. “Fatiguing definitely has a real cost to the student and to the class since the person is not there to contribute.”

Golay instead believed that fatiguing has a positive effect on the students. “It seems reasonable enough to me that if you’re so tired that you

can’t participate or do the reading, you need the rest. The problem is if you’re only doing it for one format, I’m not sure how beneficial the actual rest is,” he said.

Thompson believes that even without regulations, students are discouraged to miss class. “As you can see, the number of students that overuse the system is relatively small. Therefore, the health services team does not feel it is necessary to ‘police’ the system. There are natural consequences to missing classes,” she said.

Senior Clara Lee agreed that there should be no restrictions on fatiguing. “I think that fatiguing should be open without limits because many people need it; the purpose is so that students can not be penalized for needing to miss a class and sleep if they’re very stressed [and] exhausted, and I don’t think it would be a good idea to limit that,” she said.

Upper Adrian Venzon added that rather than restricting the number of fatigues a student can utilize, adults should look out for the students and possibly find an underlying cause. “In a scenario like this, I think it would also be important to provide that person with resources through which they could try to remedy the situation, but I don’t think policing fatiguing would help,” he said.

Although there may be some students who exploit the system of fatiguing, many believe that because of this policy, students are better able to balance their sleep and work time. Upper Janeva Dimen recognized this, saying, “Exeter is really stressful,” she said. “And the biggest thing that students lack is time—meaning we lack sleep. Our health should come first, but at Exeter, that isn’t a lot of peoples’ priority. I appreciate the fatiguing system because it allows students to focus on their health.”

Prep Isa Matsubayashi agreed, adding that most students already understood the negative repercussions of fatiguing. “I think your participation grade would certainly go down if you dick or fatigue because you can’t participate in discussions,” she said. “But if you really need it, it’s good that there’s a system in place.”

Stern applauds the health center for implementing this system, albeit an ever-shifting one. “I think it’s great that we’re honoring the kids’ needs to take care of themselves at times,” Stern said.

MacFarlane to Leave Exeter

Continued from MACFARLANE.2

each Exonian and for myself, too. Maybe I can model a bit how to think about what’s important and how we decide to spend our time together,” MacFarlane said.

She expressed pride and gratitude for the community as she reflected on the numerous challenges and accomplishments of her tenure, such as the establishment of new campus facilities and community positions. MacFarlane acknowledged, in particular, her efforts to address important issues on campus through the hiring of a Director of Student Well-Being and laying the groundwork for a Director of Equity and Inclusion. She detailed the Academy’s collaboration with Prevention Innovations Research Center (PIRC) and HAVEN, a New Hampshire violence protection and support services agency, as well as the facilitation of campuswide discussions on diversity and the creation of all-gender dorms. “It has been a challenging time for all schools and for society. Many, many institutions in the country are confronting histories of sexual misconduct, and all schools, including Exeter, are coming to terms with that. Nationally and globally, we are living in a time when people are struggling with how to live in a pluralistic society, with real equity and inclusion,” MacFarlane said. “We at Exeter are having long-overdue conversations about that. We have put a lot of pieces in place.”

MacFarlane informed the Trustees of her decision to resign shortly after a meeting in January, while some members of the administration were notified just hours before Friday’s letter. In a supplementary statement, President of the Trustees John “Tony” Downer thanked MacFarlane for her tireless efforts and initiatives at the Academy through “a challenging period” in its history. “Over the past few years, the Exeter community has had to face aspects of its past in which we fell short in our duties and in upholding our values of doing all we can to ensure the wellbeing of the young women and men entrusted in our care,” Downer said. “[MacFarlane] has been a passionate advocate for the community values of equity, diversity and inclusion, of financial equity and for bringing closure to the PEA survivor group. These are just a sampling of all that she has done.”

The unexpected announcement has led many community members to speculate about the motives and circumstances of MacFarlane’s departure. One student, Macy*, thought her decision may have been due to the vast amount of sexual assault allegations, issues of diversity and inclusion and negative media coverage that the Academy has received in recent years. “Principal MacFarlane has had to be the face of our school in times of incredible hardship. When she came to take this job, she thought she could make this school better, but that was before all issues and cases had surfaced. Dealing with sexual assault was not what she came here to do. She came here to move things forward, not jump over obstacles,” she said.

Science Instructor Richard Aaronian, who has served at the Academy for 47 years, remarked that the challenges MacFarlane has had to face in her position are unprecedented. “I can’t recall another Principal who has encountered so many challenges in the first three years as Principal and recognize how difficult it must have been to work effectively, especially dealing with events which have come forward from many years ago,” he said.

Another student, Albert*, agreed. “Very few principals, not just at the Academy but in general, have had to deal with the level of scandals and criticism and negative attention that this principal has. To a degree, we should commiserate with how difficult this experience has been for her,” Albert said. “I think any principal instructor, when they take on the position, should expect a certain level of criticism, a certain level of scandal. But this is beyond what anyone could have expected and I don’t blame her.”

Dean of Students Melissa Mischke expressed that MacFarlane’s three-year tenure, though much shorter than the average 17 years of previous Exeter principals, was not particularly surprising in light of the recent trend amongst New England boarding schools to oversee more frequent head of school turnovers due to similar issues and difficulties. “In the past, principal tenures were much longer. The terms have definitely gotten shorter. It’s a different world now, and I think there have been challenges for any head of school,” Mischke said. Indeed, MacFarlane was the Academy’s third principal in the last ten years/

Many believe that community responses to the decision have not reflected as much gravity as one might have expected. Several Exonians have been posting jokes and “memes” on a student-run Facebook page since Friday’s announcement. Albert expressed that this could be a reflection of the student

body’s dissatisfaction with MacFarlane’s leadership. “If you look at the student and faculty reactions to the firing, at least among the people I know, there was no sentiment of grief or of loss,” Albert said. “There was no deep emotional weight.”

Another student, Ariel*, voiced that MacFarlane’s excessive caution regarding sensitive issues had often prevented her from effectively confronting challenges and controversies at the Academy. “[MacFarlane] seems quite passive about these issues because she doesn’t want to step on a lot of toes,” she said. “She takes a neutral stance, but that doesn’t further any of the efforts. I get that from just seeing her around campus and the emails that she sends.”

Some were particularly disappointed by MacFarlane’s response to the video produced by the Afro-Latino Exonian Society (ALES) last spring and communicated these sentiments to Trustees, who visited the Academy late January. “We talked [with the Trustees] about how there are so many students on campus who want to be involved and want to make change. We have clubs like ALES that reached out to her, and then when nothing happened, they took it even a step further to make that video and call them out on their inaction. And still, nothing really happened,” student Haley* commented. “[We need someone] who has tools in her belt already, and I think for the changes that people want on campus to be done correctly, we need people who already have that experience with them. We need someone who already knows what they’re doing, not learning on the go with the rest of us.”

Albert expressed concerns about MacFarlane and the administration’s consistent unwillingness to provide information pertaining to sexual assault investigations and allegations. “I understand that privacy has to be valued and that this is a process that takes time, but it felt like information was hoarded for every scandal,” Albert said. “We weren’t able to feel a sense of community because everything was being hidden. This is an environment where we’re supposed to celebrate Harkness and we’re supposed to celebrate the sharing of information, viewpoints and ideas. It felt like those things were constantly being withheld from us.”

Many addressed the general lack of contact between MacFarlane and the student body, though some suggested that the disconnect was perhaps an inevitability of the position. “I don’t feel I know her closely. She doesn’t have a lot of time to sit down one-on-one with students and really get to know them or to allow the students to get to know her. It’s not her fault. She has been trying to get involved and we see her around campus all the time. But it’s hard for us and her to find the moment or the setting to sit down and have a conversation,” Ariel said.

Upper and Student Council (StuCo) Co-Secretary Elizabeth Yang agreed, discussing the council’s frequent but unsuccessful attempts to communicate directly with MacFarlane. “We’ve been trying to find a meeting time with her. We met with her once as an Executive Board, and she told us a little bit about what she was striving to do, a little bit about strategic planning. We were planning on scheduling a time for her to come to Student Council, but that never happened,” Yang said.

Regardless of some students’ frustrations, many students and faculty members have also shared their appreciation for MacFarlane’s efforts. Upper Michaela Phan, a member of the Dean’s Council, applauded MacFarlane’s efforts to heed the Council’s suggestions. “She’s come to some Council meetings and spoken to us. She seems to really enjoy talking to the students about ideas. I think she’s been really successful, but I also don’t have a comparison,” Phan commented.

Religion Instructor Russell Weatherspoon recognized MacFarlane’s work during a challenging and controversial period at the Academy. “We hoped she would lead us into the many changes the school must face in a changing society and world,” he said. “We hoped to spend at least a decade together, but she led the school through an intense, turbulent time.”

Dean of Faculty Ellen Wolff is grateful for the forward strides that MacFarlane has made in addressing issues of sexual assault. “Ms. MacFarlane’s efforts have made Exeter a leader in responding to sexual misconduct: a model for other schools,” she said.

Dean’s Council member and upper Grace Gray believes that MacFarlane has allowed the Academy to make significant progress in addressing important campus issues. “I think we still have a lot to do in terms of engaging with difficult topics like race and equity at school, but we definitely have the tools to do so. I think Ms. MacFarlane has equipped us with these tools,” she said.

Exeter: Time for a Period of Stability

Andrea So '20

Columnist

I have been at Exeter since the fall of 2016, and it feels as though this campus has never stopped being embroiled in scandal or controversy. During the summer before my prep year, explosive news broke out—decades ago, several teachers here had sexually assaulted former students, and sexual misconduct continued to be a dangerously prevalent part of Exeter's culture. This year, rumors circulated around the administration's handling of these incidents. Combined with the controversy surrounding events on our MLK Day celebrations and Principal MacFarlane's recent resignation, it just seems like this campus can never have a drama-free day.

From my perspective, one of the main reasons as to why the drama stays drama for so long is the subsequent handling of each situation. Most of these problems are ones that Principal MacFarlane inherited from the previous

administration, so to place the blame on her would be misguided. However, the emails that invariably appear in Exonians' inboxes never seem to directly address the problem at hand or offer concrete, viable solutions; they only vaguely pertain to the problem that the campus is trying to understand and usually preach an empty message of unity, tolerance and patience. In order for us to be at peace with any situation,

I have been at Exeter since the fall of 2016, and it feels as though this campus has never stopped being embroiled in scandal or controversy.

the actions we are told to follow that come after tense events on our campus should not be confusing and ineffectual. We need actions that target the heart of the problem and mold whatever negative emotions people are feeling into a driving force for good change. Having a motivated principal for the

future will be integral to this optimal scenario.

We need actions that target the heart of the problem and mold whatever negative emotions people are feeling into a driving force for good change.

As the school begins its search for the interim principal, as well as for the more permanent position, the question of where to source this leader from has risen. Some are calling for a nationwide search, while others prefer it to be contained within the campus. Perhaps we need someone who is not so familiar with Exeter's culture, and thereby does not feel so bound to the invisible yet present "rules" that we silently acknowledge. Those rules help us to preserve the good qualities we have right now, but they also mean that we will never really move forward in terms of progress toward a better Exeter. We

need someone who is not burdened by the fear of breaking the status quo. We need someone who can look at all of Exeter's accomplishments and faults with a new perspective, so that we are able to come up with fresh, original ways to tackle issues that we might not have thought up before.

With the instatement of a new principal, I hope that Exeter can begin a new chapter, turn over a new leaf, start anew. While Principal MacFarlane has contributed a number of her talents to the

Perhaps we need someone who is not so familiar with Exeter's culture, and thereby does not feel so bound to the invisible yet present "rules" that we silently acknowledge.

running of this school, Exeter is more than ready for a new principal who will bring the community closer, have the bravery to face problems head on and finally usher in some peace and quiet.

Effective Drug Education Strategies

Candy Tantichirasakul '20

Guest Contributor

"Don't do drugs." This phrase has become redundant in my life. From my 6th grade health teacher and my parents to my required health classes at Exeter, the notion that "drugs are bad" has been ingrained into my brain. These health lessons on drugs always start with the use of fancy scientific names to describe chemicals that will somehow damage your brain and then a long list of the unpleasant drug-induced side effects. It always wraps up with a list of a few "bad drugs," including cocaine, heroin, crystal meth. By the start of next period, I have already forgotten everything the teacher has said about drugs. However, in comparison to the standard anti-drug campaigns, the assembly on drugs hosted by Jeanne Moser was an effective way to raise awareness about the realities of addiction in the Exeter community.

Three years ago, Adam Moser, a alumnus from the neighboring Exeter High School, lost his life at the young age of 27 due to a fentanyl overdose. On

January 28, Jeanne Moser, Adam's mother and a member of PEA's Institutional Advancement Office, hosted an assembly and played a video to share her son's story to inform PEA about the opioid epidemic and the dangers it presents.

When I sat down in Assembly Hall, I expected another conventional Exeter assembly, starting with a few club announcements and following with a semi-inspirational talk by a guest speaker. In no way did I think a member of our very own faculty would bravely address such a tragic and personal issue. It was alarming to see that someone who seemed to have a completely normal and perfect life would consider the usage of such substances. From the video, it was clear that he was a good student and a brilliant athlete, loved by his family and friends.

The ability to see the raw emotions of Adam's family and friends in the video was also a crucial part of Ms. Moser's assembly. It was frightening that no one but one friend knew about Adam's addiction. Even though almost none of them were aware of his issue with drug abuse, they all expressed guilt in that they believed they should've seen the signs. It was especially hard to watch his best friend, who knew about his addiction and, to this day,

still regrets not saying anything about it.

In class, the addictive substances we always discussed were illegal and seemingly hard to obtain. However, as Adam's story demonstrates, even pharmaceutical medicines, which are regularly prescribed by well-trained doctors, are opioids with the potential to be abused. The fact that a doctor's prescription could become addictive if taken in the wrong quantity had never crossed my mind before; opioids are easily obtainable from a nearby pharmacy or even in unused pills from a doctor's old prescriptions that have accumulated in our kitchen cabinets!

I had only seen drugs in the media through dramatic police busts or announcements of celebrities going to rehab—the issue always seemed so distant. Though PEA's numerous health lectures constantly emphasize the dangers of drug abuse, I have never really connected the dots in my mind that addiction is very real and has even taken the lives of people within our community. Although I have heard it a million times before, the assembly showed me that drug addiction really is an issue we must confront. Once Adam developed an addiction, he didn't have a true choice regarding whether to

continue using or not. Only the chemical reactions in his body, especially his brain, had any real say in that decision.

Educating the community through real life narratives is a lot more impactful than traditional lectures.

Educating the community through real life narratives is a lot more impactful than traditional lectures. Not only is it much more compelling to the listener, but it's a wake-up-call to the fact that these tragedies could happen in our lives. Although a teacher's scientific explanations can be useful, the cautions from lecturing adults is often unaffectioning to students. This assembly was incredibly impactful and informative, especially because Ms. Moser's story made the dull drug conversations we always have in health classes personal. Her narrative made assembly interesting, engaging and memorable for the students and showed us that anyone can be affected by the opioid epidemic.

Addressing Mental Health in the Future

Jordan Davidson '19

Senior Columnist

As most of us in the Exeter community already know, it was announced on Friday night, by an all-school email, that Principal Lisa MacFarlane will be departing PEA at the end of the school year. Principal MacFarlane's tenure at Exeter lasted a short three years, but she has had more than her fair share of dilemmas to deal with, such as the past and present-day sexual misconduct cases, accusations against members of our community about withholding information from police and Lourdes Ashley Hunter's controversial MLK Day speech. As a student with only minimal information, I cannot speculate the exact reasons as to why Principal MacFarlane is leaving us and returning to the University of New Hampshire. However, I can say that we will need to work hard to ensure that the progress we have made as a community will continue, even through the transition period to come.

It is important during this period to make sure that Exeter is a place in which people struggling with anything, from daily stress to severe mental health issues like depression, can receive guidance. This is something I am extremely passionate about and I was very excited when I learned of Principle McFarlane's interest in working to help those on our campus who suffer from mental illness or any other stress-related troubles.

A common thread I've noticed in conversations I've had about mental health with multiple professionals and other faculty members, is that Principal MacFarlane wanted to make increasing the student body's awareness of mental health a priority for the coming years. However, now that she is leaving, I have concerns that the growing effort to address mental health will be slowed or suspended, considering that the individual spearheading the campus-wide movement will be returning to UNH.

It seems we as a school try to put all of our energy towards tackling one problem every 1-2 years. For instance,

we try to tackle racial tolerance or awareness of the LGBTQ+ community and the challenges they face. Typically, it is easy to predict what the next big topic of conversation on campus will be because they have almost always revolved around more specific social issues like race or gender.

Mental health, on the other hand, casts a much wider net and encompasses people of all identities, which may make it more intimidating to talk about.

Mental health, on the other hand, casts a much wider net and encompasses people of all identities, which may make it more intimidating to talk about. In addition, there has not been a history of publicly discussing mental health issues on our campus, at least in the past few years. I believe that this has made it difficult for us to prepare for the conversations we are going to

have about mental health awareness in the future.

So, let this article bring awareness to those of you who are concerned. If you are reading this, know that our community will be taking measures, not only to help people who aren't in a good place, but also to hopefully prevent others from experiencing high levels of stress which can lead to more serious mental health problems. We all know that Exeter can be a rough place, but I believe that with a strong community effort, we can make great strides.

We all know that Exeter can be a rough place, but I believe that with a strong community effort, we can make great strides.

And so, let's not let the hardships we have had to overcome as a school and the difficult adjustment period that always comes with a change in leadership affect the work ahead.

The Exonian

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Exonian Humor



The Real Reasons Principal MacFarlane is Leaving

By AVA HARRINGTON

adiós, adieu, addio, adeus, arrivederci, ciao, sayonara, auf Wiedersehen, bon voyage...

1. The budget only allows for three snow days, thus PMac must be stopped.
2. The SWAT team needed her expertise on dodging bullets.
3. The authors of the Deed of Gifts put a curse on PMac for not reading it in full at Opening Assembly.
4. Choosing a date for Principal's Day is too stressful.
5. She wanted to give the DRAMAT Sunday Show something to make fun of.
6. UNH's soft serve machine doesn't close for the winter.
7. She prefers the North.
8. Damage control from the Great JUULing Pandemic was too stressful.
9. Grill got rid of that pomegranate juice; how can you be proud of a school that would do something like that?

The Domino's Disaster

By Reese's Pieces
Not a Domino's Enthusiast

One stormy Thursday night I was alone in my room in Bancroft Hall, and hungry I really was. I was so hungry I could eat something as big as the administration's mistakes! Instead of finishing my homework, I studied the Front Row Menu, Green Bean Menu, Trackside's, Lexie's, Las O's, Epoch's, Blue Moon Evolution's, Station 19's, 11 Water Street's, Penang's, Hemingway's Restaurant, Nadeau's Sub's, New England Pizza's, Margaritas Mexican Restaurant's, and finally Domino's Pizza's. I tried to figure out what food would appeal to my "tahste bhuds" the most and the cheesy bread satisfied the buds the most. I was excited now. I was ready to indulge. I was ready to conquer. I got out my phone and hastily dialed the Domino's number.

"Hello! Domino's here, may I get your order?"

"Yes." I said in a clear, confident voice.

"What will you have sir," He said in a bleak voice.

"Miss! And I want water and cheesy bread. Please."

"Okay. What is your phone number."

"-----"

"Okay... Oh wait, this number has been flagged. I am going to transfer the call to my manager, please hold." As dull elevator music came out on my phone send, I started to panic. Will this affect my order? Will I get to eat tonight? These questions flooded my mind and I could feel the blood drain from my face. I was growing pale, and that is really rare, considering I am a brown peanut butter cup.

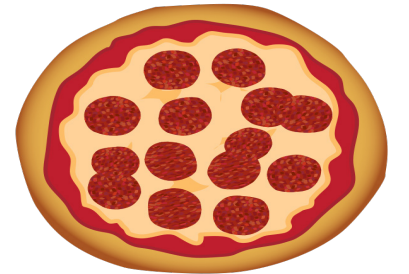
"Hello?" a different male voice said.

"Yes."

"So you are banned from

Dominos." I thought I misheard him. I pinched myself to wake up from this nightmare, but soon realized I was wide awake. "Yes. I am sorry but deliverers have complained about you and how you rarely pick up your phone on the first call, and you never tip, so we are sorry, but you can no longer order from here."

"This is a-" A dial tone followed by three beeps sounded and I knew I lost the battle. That night I cried myself to sleep and dreamt of better dayszzzzz with just me and my cheesy bread.



Courtesy of Google

Valentine's Day Ads

By NICK SCHWARZ

Already in a Committed Relationship with Mock Trial

Hey Ladies!

If you or someone you know would like to take our "Nick Schwarz (aka everyone's eighth favorite daystud)" model out for a spin this Valentine's Day season, he's on sale at an all-time low price! (no, seriously, we'll pay you to take him, he hasn't even come off the shelf since he was shipped in last fall.)

This is an incredible offer, so don't wait. Here are the product details!

Sports: Plays football and rows crew at a level of mediocrity that has never been seen before. On a "rest period" this season though.

Face: Look at those blue eyes (they're probably closer to grey)!

Hobbies and Extracurriculars: Directed a DRAMAT play that received... mixed reviews. Has a WPEA show about football even when it's out of season. Sings for the no-cut ECU. The rest of the time he's just kinda kidnapped by the Mock Trial team. Oh, he is a day student rep, but you didn't know or care about that, did you?

Personality: Outgoing, but humor can be forced at times. See: this ad.

Academics: GPA only this low because "Winter term just gets to me. I'll be awesome in the spring." Tolerable in math, physics, Latin. Just pray that you're not in his English class.

By JASMINE LIAO

Also Known as Vera E. Lonely

Special abilities:

1. Can cook minute rice in 58 seconds
2. Can reenact any Vine
3. Possesses a wealth of meme knowledge
4. Can play the Mii channel theme song
5. Has caught them all

Looking for:

Pretty much anything

By AVA HARRINGTON

My Real Boyfriend Approved This Article

Requirements...

Shy

Glasses

Plays guitar

Writes songs about his sexual frustration

5'6"

Buddy Holly fan

Harvard graduate

Bowl-cut

47 years old

Lead singer of 90's alternative band Weezer

Actually just Rivers Cuomo

By ABBY ZHANG

An Ad in A's

Appearance: Aggressively average heighted. Carries luggage beneath her eyes. Has been told she looks "terrible" and "like death."

Activities: Purposely stresses herself out and subsequently complains about how stressed she is. Writes about Mock Trial in her humor articles and boasts her Humor Editor title at Mock Trial meetings. Hopes the Latin department does not read the Humor Page. Frequents Stillwells.

Areas of expertise: Having invested many, many (many, many, many) hours in watching "The Bachelor," Zhang is a self-proclaimed "qualified love expert."

Achievements: Writing this "eh" Humor article instead of her upper questionnaire, having a total of 3.258 friends, being told she is "such an upper."

An Anecdote: Zhang once slid into the Andover Humor Editor's DMs, asking him, "Ya like jazz???" She was told "it's better coming from a bee." She then slid into the other Andover Humor Editor's DMs, writing, "sup." To this, she received no response.

TFW You Randomly Vote for DC and the Names That You Picked Win

By AVA HARRINGTON
Who Are These People???



When You Try to Catch a Break at Exeter

By AVA HARRINGTON
Uncomfortable Making Good Superbowl Jokes



Quote of the Week

"I just interviewed Mr. Cosgrove. He'd be really good at dodgeball."
- A Member of the Lower Board

Are you single and in need of love and affection from the Humor Editors?

Submit to the Humor Page.

Email exonianhumor@gmail.com.

STRKS
@aharry01
@abbyz_hang
@lizzy127345

SeniorSpotlight

ANNA CLARK

By CANDY TANTICHIRASAKUL and
MIA KUROMARU
Staff Writers

Senior Anna Clark grabs the bottles of olive oil and balsamic vinegar from her room before she runs to the dining hall. Despite the other salad dressing options available, she puts a unique spin on her food, similar to her unique set of talents. As a dorm proctor in McConnell Hall, co-captain of the Winter Track team and co-head of both Mock Trial and the Japanese American Society, Clark is well known on campus.

Originally from Tokyo, Japan, Clark decided to follow in the footsteps of her father and older siblings by applying to Exeter after witnessing the tremendous impact it had left on her family members. She was especially excited for the different opportunities that Exeter presented and a change of atmosphere from the school that she had studied at all her life.

Even before Clark stepped foot on campus, people already noticed her potential. Walter Stahr, the spouse of a math instructor and founder of Exeter Mock Trial, reached out to Clark the summer before her prep year to personally invite her to join Mock Trial. Because of her interest in law and public speaking, she took the opportunity.

Despite her lack of experience with Mock Trial, Clark possessed a natural talent for the extracurricular and was immediately placed to serve as a witness on the A team. "I really enjoyed reading the case and taking it apart, analyzing different parts of it and twisting pieces of information to fit your argument," she said. In the past four years, she has competed in both statewide and national levels, won the 2016 State Championship with her team, and became the current co-head of the club.

During her time at Exeter, Clark has taken advantage of the many opportunities available on campus. Aside from leading Exeter's accomplished Mock Trial team, she is also a tri-varsity athlete and a captain of the Winter Track team. Clark attributes much of her growth and success both in and out of the class-



Reina Matsumoto/The Exonian

room to her distance coaches, Gwynneth Coogan and Brandon Newbould. "They've taught me a lot about running and how to have a good work ethic. Despite not being the most talented runner, I've learned to work hard and find success through effort," she said. Because of her determination, Clark was invited to give a speech at the opening ceremony of the William Boyce Thompson Field House, which took place on January 27.

Through her many extracurricular and academic activities, she has met some of her closest friends, forming connections with teammates, classmates and other club members. Senior Cora Payne has been best friends with Clark since meeting her in a math class during their prep winter and is a fellow co-head of the Japanese American Society, as well as a cross country teammate.

Payne recalls many fun memories with Clark, including dancing with Clark in their hotel room during the Cross Country Interscholastic Competition and carrying multiple cups of espresso from McConnell Hall to her house in order to make giant pans of tiramisu. "She has indulged some of my most ri-

diculous plots," Payne said. "Most people won't do that."

Clark grew closer to senior Jo de la Bruyere through Mock Trial and distance running. De la Bruyere mentioned one of her fondest memories of accompanying Clark on a run in the woods after a tiring, yet worthwhile win at the 2016 Mock Trial State Championships. "She is humble and unbelievably talented and caring but will never admit how wonderful she is or even acknowledge it," she stated. "I look up to Anna so much. Without her, my Exeter experience would be so much less revolutionary."

Although named "the most friendliest and softest friend" by de la Bruyere, Clark is a diligent hard worker who balances all aspects of her life. When upper Adrian Venzon thinks of a model Exonian, he values someone with both goodness and knowledge, two traits that he admitted are not commonly found together. "Not everyone has that, but with Anna specifically, she exemplifies that," he said.

Clark always makes time to brighten someone's day, despite her multitude of extracurricular commitments. "Whether

it's academics, Mock Trial, cross country or her friends, if she cares about something, she will give her best to it. That's really special," said upper Hanna Pak. Referring to Clark as a role model, Pak continued to thank her for always being there for her when she has had a bad day.

After achieving many amazing accomplishments, Clark still gives her gratitude to her friends and mentors. When asked about her favorite part of Exeter, she immediately replied, "the people. I really don't think I could have gone through Exeter and have had such a good experience without them."

Clark's responsible and bright personality also contributed to her appointment as a dormitory proctor of McConnell Hall. Senior Maria Lee, a fellow dorm resident, recounted how Clark was one of the first Exonians she ever met. "I remember walking into my dorm's third floor hallway with my mom, and she was standing there with my advisor and another student. We've grown closer with each passing year," she said. Lee continued to mention her admiration for Clark's ability "to connect with and befriend anyone" and said that she "is loved by everyone who knows her."

History instructor and McConnell Hall dorm faculty Michael Golay agreed. He recalled when Clark lived in the triple suite in McConnell, saying, "It was such a pleasure to check them in on Tuesday nights and see how they'd made a home out of the suite and how they got along," referring to Clark and her roommates. He continued to commend her "lively personality" and her "collaborative" attitude in class.

After finding passion for law and environmental science at Exeter, Clark plans to pursue these interests at Stanford University where she hopes to combine the concepts of renewable energy, resource consumption and its implementations through political policies as a potential future career.

As she spends her last few months in the Exeter community, her peers wish her the best. "I'll miss [her] a lot," Pak said. "I really look up to [her], and I always will."

BIG RED GOES GREEN

By SOPHIE FALIERO
Contributing Writer

We live in an unsustainable world, one that promotes the fossil fuel industry, overuses unnatural resources and cultivates climate change. These habits are slowly destroying our forests, polluting the air we breathe, invading habitats of animals and humans with the constant flooding on our coasts and drying of the land elsewhere.

Here at Phillips Exeter Academy, we see gases rise into the air above our dining halls, smell the murky brown water of the nearby Squamscott river and feel the effects of climate change through the scorching summer days and freakish blizzards only days before snowless winter nights.

To combat the ever-growing issue of climate change, the administration has implemented several changes to make Phillips Exeter Academy a greener place. From 2009 to 2010, they switched a large portion of our energy sources from oil to biofuels and other natural gases. Because of this, our school's carbon dioxide emissions were reduced by 63 percent, bringing the excretion down to 48.4 tons per year.

In 2012, they completed the installation of 40 geothermal wells that provide the energy for all of Phillips Hall. There are plans to install at least 40 more as a part of a major renovation on the Academy Building.

In 2013, PEA eliminated the use and sale of plastic water bottles on campus. Last year marked the beginning of the "Tiny Trash" program, which is why in some classrooms and dorms, there are no trash bins, but instead 24 oz trash cups that sit on desks. This program is intended to reduce waste and encourage recycling. Additionally, PEA earned the national "Green Ribbon Schools" award, being only one of ten private schools to receive the award that year and the only school nominated by the New

Hampshire Department of Education to have won the prize.

Most recently, Exeter finished construction on the gorgeous 85,000-square-foot William Boyce Thompson Field House. The building was certified to LEED gold standards with a stunning array of more than 1,500 solar panels on its roof. This is projected to offset the majority of the building's energy usage, simultaneously saving the Academy \$2 million.

Although Exeter has made many sustainable improvements in the last decade, there remain several physical and financial changes that the school must put into action. PEA should expand the idea presented in the fabrication of our field house throughout campus by building solar panel systems on the roofs of our dorms and academic buildings. This could help provide most, if not all, of the energy consumption of this campus. Additionally, PEA should expand our existing dining hall composting system by adding more compost bins around campus, helping to reduce waste and fertilize more soil.

Another course of action for sustainability is the implementation of green roofs. These are greenhouses that could be built on top of buildings, which would not only provide a space to grow produce for the dining halls but cool down buildings throughout the summer and help them retain heat in the winter without the use of the fossil fuels.

In addition to including more renewable energy infrastructures, increased compost options and the use of greenhouses, Exeter's administration could relocate our endowment money by completely divesting from the fossil fuel industry and reinvesting that money into the renewable energy industry. The 2016 Financial Report stated that the PEA endowment is ap-

proximately \$1.1 billion. Out of that substantial amount of money, over \$90 million is currently invested in and promoting fossil fuel companies.

Divestment from those companies would not only advance the downfall of the fossil fuel industry, but also allow Exeter to gain the long-term financial and environmental benefits of renewable energies. Continued support of fossil fuels will cause the school to lose, rather than gain, the money that is continually sought after, and, in nearly 100 years, there will no longer be enough oil or coal remaining worldwide to foster the planet's current energy consumption.

In addition, divestment is an ethical responsibility. As an institution seeking to educate and nurture the leaders of the world, it is Phillips Exeter Academy's foremost obligation to safeguard tomorrow and to ensure that the world she sends her students out into is a world with a future.

It is in the administration's best interest for Exeter to take this action as soon as possible. As more institutions and associations across the United States arrive at these same conclusions, the expense of investment increases with the value of the industry. Instead of waiting to follow in the footsteps of others, Exeter must lead the movement and reinvest for financial and environmental profit, avoiding support of the impingement that the fossil fuel industry presents.

Exeter's environmental mission statement declares that "Phillips Exeter Academy must be committed to stewardship of the environment. Recognizing we are all but one small part of the natural world, we must value, protect, preserve, and replenish natural resources. While our actions are local, our reach is global.... As an institution, our priorities, decisions, and actions will be informed by their envi-

ronmental impact."

The continued addition of renewable energy and sustainable habits on campus—such as divestment and the installation of green roofs, composting systems or solar panels—will greatly impact energy preservation and the cost of fuel, while perfectly aligning with our mission to cultivate sustainability. By continuing to make these essential changes, Phillips Exeter Academy will be on its way to improving not only our campus, but our future on this planet.

UPCOMING

EVENT

ESSO LIP-SYNC
BATTLE

Friday, 8:30, Agora

EVENT

CONCERTO
COMPETITION

Sunday, 2:00, The Bowl

EVENT

URINETOWN!
THE MUSICAL

Feb. 16 - Feb. 18, Fisher Theater



ExeterLife



Preps Chris Suhr, Jacob Feigenberg and upper Torielle Simon play a game of poker.

Reina Matsumoto/The Exonian

ABBOT CASINO

By CHARLOTTE LISA and SHIVANI TRIPATHI
Staff Writers

Exonians took a break on Saturday from their busy winter term schedules to dress up and gather in Grainger Auditorium to spend their evenings “gambling,” taking photographs and playing casino games.

The uppers of Abbot Hall planned the annual event, and Abbot residents managed the booths, helping with set-up on Saturday night. Once the casino company arrived, the boys received brief training on how to deal at different tables. The doors of Grainger Auditorium opened at 8 pm.

Assistant Director of Student Activities Kelly McGahie said that Abbot Casino provided students with an opportunity to relax amidst the academic stress of the term and harshness of winter. “I think it’s one of the things that I’m very mindful of, and the events give students a chance to really disengage from the rigorous academics,” she said. “I want them to have fun!”

McGahie described the planning process as a collaborative experi-

ence between the students’ vision for the night and her own expertise on the event’s logistics. “I sit down with a group [from Abbot] and we try and help them figure out what their theme is and do we have enough decorations and stuff like that,” McGahie said. “Abbot is really responsible for doing a lot of the other work that goes with it, in terms of promotion; making their Abbot money, making posters and advertising the event on social media.”

Abbot resident Daniel Kang felt similarly, saying that he especially enjoyed managing his booth. “It’s always fun to have some fun with people you personally know at the poker table,” he said. “More satisfying than setting up a party is probably the realization that you’ve set up a successful party.”

Kang also described how students take a variety of photos at the event. “It’s definitely nice that our event remains as one of the most ‘photo-friendly’ parties of the year,” he said.

In fact, taking photos was many people’s favorite part of the event. “I didn’t really get a chance to play, but at the same time it was really fun hanging out with people and taking pictures,”

prep Haya Firas said.

Taking photos was senior Jackie Brenner’s favorite part of the night as well. “My friends and I took a bunch of pictures,” she said. “Every ten minutes, the lights turned off so kids could grab [poker] chips, but I really didn’t care about that because I was busy taking pictures with my friends the entire time.”

McGahie attributed the abundant interest in photography to social media. “Social media has had a significant effect not only Abbot Casino, but almost all of our other events,” she said. “Everybody’s taking pictures for Snapchat and Facebook.”

Prep Meredith Thomas also enjoyed taking pictures with her friends at the event. However, she left quickly due to long lines at booths and a lack of understanding of the casino games. “In the future, I hope that Abbot can somehow regulate how long people can stay at a booth,” she said. “I also wish that the game instructions were more explicit; I would go up to some booths and not know how to play.” Firas added that she would also like to see a larger variety of games in the future, saying

that “having more casino games other than card games would be nice.”

Lower Leah Cohen agreed with Thomas. “I didn’t stay longer because all of my friends were leaving and I don’t really play casino games,” she said. Cohen felt that spending time with friends were students’ primary reasons for attending the event. “People talk up Abbot Casino to be the event that you dress up for, go and have fun for about an hour, take pictures, then leave,” she said. “The event turned out exactly as described.”

Brenner shared Cohen’s sentiments. “My friends didn’t even check in because we knew we weren’t going to play any games,” Brenner said. “We basically just walked around, looked at everyone’s outfits and just talked to people.”

Students enjoyed the evening and felt that Abbot Casino was a pleasant way to both take a break from academics and catch up with friends. Kang reflected on his own satisfaction with the event, saying, “There’s great joy to be had with the knowledge that you have contributed to creating a fun night for somebody else.”

MOVIE REVIEW

By JOHANNA MARTINEZ
Staff Writer

In honor of Black History Month, this week’s movie review is about the documentary “Free Angela and All Political Prisoners.” Often times, we overlook incredible female activists and scholars. “Free Angela and All Political Prisoners” spotlights one such activist, telling the story of Angela Davis, who was born on January 26, 1944 in Birmingham, Alabama. While studying in San Diego, California, Davis became active in the Civil Rights Movement by joining both the Student Nonviolent Coordinating Committee and the Black Panthers. Ms. Davis soon became a scholar, professor and member of the Communist Party. She has worked as an activist for civil rights, women’s rights and advocated for prison reform. She also wrote a book called “Women, Race and Class,” which focused on her areas of expertise. Like many activists during her time, Angela Davis was unjustly jailed.

“Free Angela and All Political Prisoners” was released in 2012. Written and directed by Shola Lynch, the movie discusses Angela Davis’s journey as an activist and professor. The film details the actions and people that led her to unjustly be placed on the FBI’s Ten Most Wanted list.

In 1970, Angela Davis was accused of murder and conspiracy following the Marin County Courthouse hostage conflict with the brother of the “Soledad Brother” and George Jackson. In the ensuing shootout portrayed in the documentary, we learn that Judge Harold Haley was killed with a gun that was registered under Davis’ name, leading to her arrest and firing from UCLA. The documentary includes a good balance of older and more modern clips. Lynch takes this culmination of clips and information to create a thrilling documentary that hooks you from the very first scene, perfectly encapsulating Angela Davis’s experiences and thoughts on her trials.

The film highlights all of the political manipulation, violence and fear-mongering that an array of diverse social activists like Angela Davis experienced during the Civil Rights Movement. This manipula-

tion, racism and fear is brought to light in the documentary through the chronological portrayal of Davis’s work as an activist and as a member of the communist party and the Black Panthers. Aside from this, Shola Lynch also manages to create a well-rounded view of Davis. Aside from being a catalyst for change and a fighter for justice and equality, Davis was a person with real hopes, dreams and emotions. Though she was a remarkably strong and intelligent woman, Angela was also just like any regular person. The documentary briefly touches upon her romance with George Jackson, who, as a result of a lengthy imprisonment, became a prison activist and wrote the book “Blood in My Eye.” Sadly, Jackson died in a shooting before he reached 30. Certain parts of the film were intentionally vague. The viewer never learns how Jonathan Jackson got Angela’s guns or what happened to them. Still, the ending does reveal that Davis was found innocent on all charges.

In addition to its narrative, Shola Lynch also enlivens documentary with a phenomenal soundtrack. The songs are a mix of ancestral beats and elements of modern funk. The songs echo Lynch’s urgent message of desire for change. Through the portrayal of Angela Davis and her story, we are educated on the oppression and injustice enacted upon Black Americans by not only their fellow citizens, but the government as well. We learn throughout the documentary how government officials attempted to silence educated, strong, tenacious activists like Angela Davis and the communities they stood for. Most of all, we learn to love and have a deeper appreciation for the transcendent black woman, activist and professor that Angela Davis was and still is today.

Angela Davis once said, “I’m no longer accepting the things I cannot change... I’m changing the things I cannot accept.” During this month, and throughout the rest of the year, let us learn more about inspiring activists like Angela Davis and educate ourselves on what they fought for and what we can do to continue the work that they started.

WOMEN IN STEM

By GENESIS REYES, NIKITA THUMMALA and YUNSEO CHOI
Staff Writers

As students lined up outside the doors of the Forum to grab a slice of pizza, student, teacher and professional panelists sat inside, preparing to discuss issues surrounding women in the science, technology, engineering and mathematics (STEM) fields. Last Friday, Feb. 3, uppers Isadora Kron and Madison Kang hosted a panel that provided students, faculty and alumni the opportunity to learn more about the female experience in STEM here at Exeter and beyond.

To prepare for the event, Kron said that they reached out to students who were “really interested and involved in STEM at Exeter.” However, Kron and Kang faced a challenge when trying to find a female faculty member in the STEM fields who had time to share their experiences. “We contacted almost all of the female STEM teachers at Exeter and only got one that was available, so that was also a difficulty for planning it,” Kron said. “I think it was really hard to get faculty members because they were just really busy that weekend.”

Despite minor setbacks, Kron and Kang did an excellent job in gathering their final panelists for Friday. Upper Jenny Yang and seniors Dara Okeremi and Ivy Tran were among the student panelists, while computer science instructor Ranila Haider served as a faculty panelist. “We were super lucky to have Ms. Haider as a faculty panelist, especially since she represents the computer science department, a STEM field especially lacking in female participants,” Kang said.

When looking for an alumna, the organizers narrowed their search to recent PEA graduates who work in STEM near the Exeter area and who were willing to come back to campus for the event. Alumna panelist Emily Rittershaus, who now works at a biotechnology company in Cambridge, MA, was eager to participate in the event. “It was nice to have an alumna who could speak on her STEM experience both on the Exeter campus, college and at work,” Kang said.

Kron and Kang were inspired by last year’s forum, which was a collaboration between former editor-in-chief of MAT-

TER Magazine, Connie Cai ‘17, and the former head of Fem Club, Autumn Herness ‘17. One of their main goals was to ensure that different perspectives were heard. “We wanted [to] hear new voices, so we invited new panelists and one alumna to speak,” Kang said. Kron agreed, saying, “I personally have had some experiences in my STEM classes where I felt like because I’m a woman, I just felt silenced. I think that’s a really common experience.” She hopes to hear even more perspectives next year.

On Friday night, Kron and Kang came prepared with questions that they deemed to be relevant to the conversation. “Last week in Fem Club, we discussed women in STEM, so a lot of the stories that we heard informed the questions that we asked,” Kron said.

These questions explored how girls get involved in STEM fields, their learning in often male-dominated high school and college classroom environments, leadership in the workplace and future opportunities for women in STEM.

“I think that those questions went really well and there were good suggestions that were voiced,” Kron said. Panelist Ivy Tran agreed, saying that “there were a lot of questions from Isadora and Madison that kept the conversation going.” However, she expressed disappointment in the lack of interaction between the audience and the panel. “I would have wished for more questions from the audience,” Tran said.

Lower David Kim thought the forum was a success because it opened his eyes to “how [women] feel about being in classes when the majority [of students] are male.” Like Kim, many of the students who attended the forum found it to be very informative about the experiences of women in STEM. All who attended felt that the forum prompted valuable discussions. Tran said, “We talked a lot about girls’ confidence in STEM classes, and so just having a forum like that to show that everyone struggles and that it’s ok to be wrong sometimes can empower women and girls in STEM classes.”

StaffSpotlight

SALLY KOMAREK

By EMMANUEL TRAN and
CHRISTOPHER SUHR
Staff Writers



Helena Chen/The Exonian

History Instructor Sally Komarek began teaching at Exeter this year, yet she is already known for her passion for history and her work as an adviser. Aside from teaching a variety of history courses, she is the faculty adviser for the new “Communist Club” on campus and is affiliated with Lamont Hall.

Komarek grew up in Minneapolis, Minnesota, and attended Blake School. She went on to play on the women’s hockey team at Dartmouth College, where she majored in English and history. After graduating, she became a history teacher. Before coming to Exeter, she was a history instructor at Northfield Mount Hermon School, a prep school in Gill, Massachusetts.

Komarek was fascinated with history at an early age. “I have been passionate about history for about as long as I can remember,” she said. Her interest began from talking to her grandmother about her life and the American history that coincided with it. “I grew up in a multigenerational household and would talk with Nana, who was 70 years my senior, about her life, and I was enthralled by her stories and recollection of her youth and pivotal moments in U.S. history.”

Her interest in history developed more as she grew up, and throughout her life, she has looked for more opportunities to study history. “On family beach vacations growing up I was more interested in finding the hotel

library than a spot by the pool,” she said. In high school, she began studying history in an academic setting, seriously engaging with history through a heavy course load. She credits her high school experience for her passion for history. “I was incredibly fortunate to have a broad range of history and social sciences courses to choose from in high school. More importantly, I had teachers who cared about me, invested in me and valued what my peers and I had to say.”

Now, as a teacher and adviser, Komarek inspires other students on their own journey as they continue to inspire her. When asked about her first impression of Exeter, she said, “Exeter is an institution of academic excellence, and it is truly a privilege to teach such hardworking and thoughtful students.

I find myself leaving each class inspired and intellectually invigorated.”

Komarek, while new to Exeter herself, advises a group of new students from Lamont Hall. Both Komarek and her advisees are adjusting to Exeter and have already developed a tight bond. Sarah Pasche, a prep in Lamont, described Komarek as “very sweet and energetic” with a fun-loving personality. She especially likes how Komarek goes out of her way to interact with the girls in her advisory group. Pasche mentioned one example of Komarek’s generosity towards her advisees, saying, “She even got all of us succulents!”

Komarek especially values diversity and equity at Exeter. As she works with both students and teachers on social issues, she is encouraged by the community’s investment

in their work. “It’s apparent that members of the Exeter community care about their work and I am excited by the increased focus on improving our work in relation to inclusion, equity and diversity,” she said.

Lower Jack Zhang had Komarek as a teacher during fall term. He enjoyed talking to her about historical ideas and furthering his curiosity in the subject. “We had a pretty long conversation about her work before Exeter, on political cartoons and the civil war and that was a cool moment where I really connected with her and she shared her experience. She has an obvious love for history,” he said.

When Zhang, along with a few other students, began to think about starting a club centered around communism, he knew where to turn. Komarek happily agreed to become the faculty adviser for his new Communist club. “The fact that she was willing to associate herself with us even if she didn’t necessarily share all our ideas really showed that she was willing to support students in their intellectual endeavors. She really stepped up which shows how much she cares about the life of Exeter,” Zhang said.

Komarek is excited about her future working with Exonians on history, diversity and other issues that she is passionate about. “I am eager to positively contribute to an Exeter that is always striving to improve as an institution of learning,” she said. Whether she is teaching history or helping student groups, Komarek is a source of inspiration for Exeter students. Her commitment to the school along with its students will continue to impact the community in the future.

Horoscopes

By LAUREN LEATHAM and ALEXANDRA VAN DIJKUM
Columnists

Aries: Take it easy this week, Aries. With the sun moved out of your sign, you might feel like the last couple of weeks have caught up to you. Alone time is okay and chill weekends are encouraged. This is the week to focus on yourself and recharge before finals.

Taurus: Your hard work will pay off this week, Taurus! With Mars exiting your sign and February coming to a close, your goals will finally come to fruition and you will see growth over the past month. Be proud of yourself because you have accomplished everything with your own hard work!

Gemini: This is the time to look ahead and set goals. With Mars entering your house of success, it is a good idea to figure out what you want to do before the term ends and how you want to do it. Be thorough in your goals, Gemini. You tend to be indecisive, but with a little time, you will no doubt come up with something amazing.

Cancer: This is your week of adventures, Cancer! The school year is still young and it’s a great time to take advantage of the weather while you still can. Whether that means biking to go apple picking or spending a day at the beach, just do it and have fun!

Leo: As midterms pass by, now is a great time to reflect on the term so far. With the sun in your second house of relationships, it is a great time to think about the people in your life and show your appreciation for them. These past couple of weeks have been all about you, so now is the time to give back, Leo.

Virgo: Hang in there, Virgo! This is the week of the grind! Jupiter is still in your sign and will help you focus on your goals for the near future, so crack

those books open. Your grades will reflect the extra work you put in!

Libra: Put in the work now, Libra. This is where it counts. It is easy to feel ready to throw in the towel during these next few weeks but stay strong. A little work goes a long way, and this is your week to prove yourself!

Scorpio: The sun is moving into your sign, Scorpio, so don’t be surprised if you feel extra active! Go for a run or take a hike, either way you will be wanting to get outside and move! This extra energy might also lead to some improvement in your athletic lifestyle.

Sagittarius: Take a break from the books this week, Sagittarius! You’ve been working hard and your mind needs a break. Take this week to relax and recover. Stay in bed for an extra hour or two and spoil yourself with a movie.

Capricorn: Embrace your fun side this week, Capricorn! Spend time with friends or go out and support an Exeter team. Anyway you can try to spice up your life a little. Even as you focus your mind on fun, don’t forget to still give a little bit of your attention to work!

Aquarius: This week will be crazy for you, Aquarius. Get ready for a wild ride! Strange things will happen that you will not understand in the moment. It will all settle after a while, but for now, brace yourself.

Pisces: This week you will find some unexpected romance! Look for someone who fits your lifestyle, most Virgos and Pisces go well together! Just get out there and have some fun! This week will surprise you.

Trendwatch

By URSULA SZE and CAROLINE MATULE
Columnists

We really can’t get enough of the jacket trend around campus this term! The snowfall looks so good with everyone’s style. Sarah Ryu ’19 sported a green utility jacket with pink fur along the collar, a perfect representation of how to stay stylish in the cold weather. Winter is the perfect time to pull out your favorite boots. We especially loved how Hillary Davis ’19 mixed styles by pairing floral embroidered heeled boots with basic mom jeans. A classic trend that came back this season are over the knee boots. We’ve seen these in a range of different colors, both with a heel or flat soled. Ariane Avandi ’19 wore a houndstooth patterned cropped pants with cream adidas gazelles. She also added a simple frilled white top and a loose jacket on top to battle the cold. Ashley Lin ’19 and Leah Cohen ’20 accidentally matched their outfits on Friday. Leah Cohen ’20 wore a black turtleneck sweater with a bright orangey red corduroy mini skirt. To fight the cold, Leah also wore black tights with tall brown leather boots to walk through the snow. Ashley Lin ’19 opted out of walking through the snow when she decided to wear thigh-high black velvet boots. Ashley also wore black tights and a black turtleneck top. But her skirt which was also red was ripped asymmetrically and had a large silver zipper running down the middle. Red is one of our favorite colors to incorporate into our outfits, and Ashley demonstrated perfectly how to make this pop of color stand in the spotlight by rocking black pieces around it.

The weather is seeming to get warm throughout the week with a chilly day on Thursday and some rain on Monday and Tuesday so we were excited to see you guys attempt to be warm, dry and stylish this week. However, if you embody the classic Exeter tendency to opt for comfier pieces, we suggest adding a few pairs of stylish joggers to your wardrobe to stay on-trend. We especially love the pair of camo joggers Brody Faliero ’21 wore, rounding out the outfit with a raw cut cropped hoodie that was beige colored. Joggers and sneakers is a classic look anyone can rock, which is why we love it so much.

Sad to see all the snow melt in the last week of January, but luckily it brought some warm weekend days. We both bought dresses for Abbot, but sadly were not able to go because of squash. Abbot Casino is a great way for everyone to pull out all the stops and stunt in their favorite formal attire. We love seeing when people take risks

and go beyond the basics. In the past we have seen silk robes, a casual spin with hawaiian shirts and festive hats and tasteful pantsuits. We loved all the pictures of you guys taking advantage of this special event at Exeter!

This week we saw some great winter outfits. As the rain poured down, we saw some very innovative ways to combat the weather. Adrian Kyle Venzon ’19 pulled out what he called “feet ponchos” which were protective white plastic material that wrapped over the shoe and zipped up over the laces. Niko Amber ’19 also wore an interesting raincoat from Topshop which was made out of completely clear plastic and a white zipper down the middle. The jacket had two layers and was sectioned into different square parts, so in between the layers and parts were pink and purple glitter and confetti pieces that moved around the jacket as Niko walked. Alexander Knopp ’21 went above and beyond the dress code later in the week by pairing a thin striped blue button down with grey chinos. He rolled his pants at the ankle to show off his brown chelsea boots. Pulling the outfit together with accessories like a gray scarf and simple black Hermes belt, we loved this cool toned look. Grace Carroll ’19 took advantage of the warm weather by rocking a snake print mini skirt, choosing to have it stand out as the center of the outfit by pairing it with a black shirt, black sheer tights and black booties. If chosen strategically, all black outfits can make a real statement.

Until next week—stay stylish!

C & U



Reina Matsumoto/The Exonian

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Boys' Varsity Swim Sweeps Against NMH

By WYNTER SANDS
Contributing Writer

Seniors and co-captains Joaquin Riojas and Harry Saunders rush neck and neck into the wall in the 100 yard butterfly. They finish 1st and 2nd with Saunders barely out-touching Riojas. The two teammates and friends taunt each other with a smile after glancing at the scoreboard, basking in the glow of their teammates' cheers from the side of the pool. Exeter has swept another event, and the rest of the meet's races will end in a similarly dominant fashion for Big Red.

On Saturday, the boys' varsity swim team traveled to face the Northfield Mount Hermon School (NMH). Fresh off a win against Choate last weekend, the team was eager and prepared to take on NMH. After this lively meet, the boys got to put another win on their impressive season record, now 6-1.

Going into the meet, Big Red was ambitious and hungry to win. Senior Will Soltas described the team's mindset, saying, "We were confident in our ability to win." Lower Carsten Bressel agreed and described the team as being "hopeful."

In preparation for the meet, the team kept up their high intensity practices. "We trained hard right through the entire week," Soltas said. In addition, the team's head coach, Don Mills, was absent. Assistant coach Avery Reavill took over coaching on Friday, heading into the meet. "Reavill let us have it with fast lengthy sets, getting in a good challenge swim before NMH," Bressel said, commenting on the unique coaching situation.

The meet was full of memorable swims with Exeter touching first and second in almost every event. Upper Peter Tuchler crushed the 200 yard individual medley field, finishing ten seconds ahead of his second place teammate, upper Jeremy Xu. Tuchler came back later in the meet to pick up another win in the 100 yard breaststroke. Lower Andrew Benson took first in his 100 yard backstroke, racing into the wall 20 seconds ahead of NMH's top



Lower Andrew Benson comes up for air in the 100 breast.

JaQ Lai/The Exonian

competitor.

An unforgettable swim from this meet was the men's 200 yard freestyle. Senior Evan Stanton boldly swam the entire 200 yards of the race butterfly instead of typical freestyle. "He was the only person in the 200 free to swim the 200 butterfly instead," lower Andrew Sun explained. He expressed the team's excitement and said, "Everyone was super hyped as we cheered him on." Evan ended up touching last, but he

powered through the painful event and his grit inspired his teammates. Senior Avery Giles described his race as being "unreal."

The meet brought the opportunity for the boys to try out different events, similar to Evan's 200 yard butterfly. "[We] used the meet as an opportunity to explore our scope of events that we were capable of," lower Yulian Ye said. Many different swimmers swam events they don't normally swim in meets,

which allowed them to drop time as Soltas explained.

Looking towards the end of the season, the team is training in anticipation of their dual meet against Andover as well as the Interscholastic Championship. Ye added, "The boys are working hard and we're all very excited for the upcoming Andover meet. We know that they're gonna be good competition, but we'll be ready to [beat them] when the time comes."

Mixed Reactions to Superbowl

By SUAN LEE
Staff Writer

On Sunday, Feb. 4, Academy students and faculty alike huddled around common room television sets to watch the Super Bowl LII, where the Philadelphia Eagles defeated the New England Patriots, 41-33. Here are some student responses to the game:

Jacob Feigenberg, prep in awe: Honestly, no words can describe what this means to me, the Eagles or the city of Philadelphia. It's just awesome.

Raymond Chen, self-described NBA analyst: It looks like the Pats didn't pay the refs this year.

Allison Duke, distressed dance instructor: Tom Brady's been winning with the Patriots since I was in high school. I guess the G.O.A.T. can't win every game.

Francie Treadwell, a wicked big Pats fan: I'm blaming Justin Timberlake for the L. Didn't hype us up enough.

Sam Chang, appreciative lower: It was a great way to bring our dorm closer because we all watched it together. The chirping was really funny.

Becca Nickerson, zealous Pat: There were times we should've played sharper. A few calls seemed like they should've been overturned, but generally when there's a controversial call, the ruling on the field stands. I was definitely disappointed, but last year's Super Bowl was the one that really mattered. We'll get 'em next year!

Serene DeSisso, avid supporter of all teams non-Pat: I guess God is real after all?

Christopher Roper, born and raised in the City of Champions: Tom Brady was Tom Brady. It wasn't his fault. And it was impressive to see him throw for over 500 yards even though he's 40.

Sara Kopunova, not a football fan: The halftime show was solid!

Billy O'Handley, surprised by Brady: As a Giants fan, I was personally rooting for the sport of football to be disbanded rather than the Pats or Eagles to win, but the game itself was fantastic. I could've sworn that Brady would somehow come back one way or another.

Anonymous and scared: I rooted for the Eagles. The rest of the day studs will crucify me.



Upper Michaela O'Brien and senior Kaleigh Conte show Patriots pride before the Superbowl.

Reina Matsumoto/The Exonian

Joseph Walewski, hopeful Pat: Well, as a New Englander, I sure am upset. But the great thing about supporting such a strong team is that I know we'll have a shot next year.

Nosa Lawani, typical Exonian who doesn't have time for this: Poor Justin Timberlake, outshadowed by HQ for the whole halftime. I watched the game in true Exonian fashion: in and out of Latin homework.

Jacob Hunter, when asked for quotes: What game?

Lauren Leatham, good sport: It was sad to see the Patriots weren't playing at their best. I kept hoping for a comeback but near the end I could kind of tell it was over, which was too bad. The Eagles really brought it this game.

Justin Li, Timberlake fanatic: I was living for Justin Timberlake! He was so cool and it was just such a great show.

Maggie Smyth, regretful lower: I should not have made so many bets with people on the Pats winning. RIP.

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ATHLETES OF THE WEEK: GIRLS' BASKETBALL CAPTAINS

By EMILY KANG, CHARLIE VENCI
and MILO WALSH
Staff and Contributing Writers

The locker room echoes with rowdy yelling and clanging as the girls' varsity basketball team files out onto the court. Before taking their places, they huddle around senior captains Olivia Lei, Sammie Weaver and Ella Johnson, who lead the cheer. Basketball sneakers squeak against the polished wooden floor as the team's starting five take their places for the tip off. Silence fills the gymnasium with players and fans awaiting the ref's piercing whistle to signify the commence of the game. The whistle blows and the game is on. The Big Red girls run down the court and set up their offense. The ball moves from player to player as the team searches for an open shot.

For Lei, basketball started out as a family bonding experience with her father and brother. "I started playing when I was really young, just playing around with my brother and my dad," Lei said. Her interest developed into a deep passion for the sport, and basketball continues to be something that connects her with her family. "I still shoot with my brother all the time, so a lot of things I am working on come from [him]," Lei added.

In Weaver's case, basketball was a sport that she grew to love through the support of her father, who has never played before. "When I said I wanted to play basketball, he was very supportive and he got all his basketball books and started reading up on the sport," Weaver said. To this day, her father maintains his support with a strong energy, even creating a cheer for her on the sidelines. "My dad's thing was boxing out, so every time a shot goes up when he is on the sidelines he says 'Sammie, Box Out!'"

Johnson's history with basketball began as a recreational sport she participated in during the third or fourth grade. She recalled how first experiences with basketball were misleading, as her parents told her that the point of the game was to take the ball from her opponents. Johnson joked that she "would go up to little kids and rip it out of their hands." She has grown much since then and basketball has become what she considers an integral facet of her time at Exeter. "It has definitely been a big part of my Exeter experience,"



Reina Matsumoto/The Exonian

Johnson said.

This year, the team is exceptionally close with one another and the season is one that all of the captains look forward to. "I love being part of the team. I don't play a fall sport, so I just get super excited for the basketball season," Johnson said. "Scheduling, scrimmaging and pre-season every fall — getting to know all the girls... I have definitely developed relationships that are really meaningful." Throughout their years at Exeter, the captains have developed lifelong relationships with each other and enjoy recalling memories from past times.

This season, the captains have put an emphasis on teamwork and have worked on laying the foundation for the seasons to come. Lei said, "One thing we really worked on this season was team unity and having a good dynamic." Their emphasis on playing cohesively has noticeably improved their style of play. Weaver added, "I think that this year, we definitely play more as a team. In our previous years, our offense was getting the ball to our best player, hoping that they would score whereas now, everyone is touching the ball on every offensive possession, using

the skills of every player, and running the plays." Their style of play has allowed younger players on the team to step up and contribute during games. "In the past, it's usually the PGs or the seniors that are scoring, whereas this year, the majority of our points are coming from underclassmen," she elaborated.

Aside from team unity, the captains have also strived to implement a good reputation for the team and its players. "As a team captain, you're not only representing the team, you're representing the school," Weather said. "Leading our teammates in sportsmanship and having a positive attitude in games is important."

The captains stressed the importance of this season and how it will serve as the foundation for future teams. There have been three different coaches in the past four years but, now, with new leadership, Coach Camilus, they hope to set a strong first impression. "This is a building year for our team. What the record doesn't show is the work that we're putting in or the development that you've seen in the program," Johnson said. "The hope that Coach Camilus will be coaching for the next few years is huge for the team in building up

a culture that we want women's basketball players to [experience]. I think...the whole team will play a big role in helping that culture develop."

The captains' positive mindsets and energy that they bring to both practices and games has not gone unnoticed. Their enthusiasm for the game and their supportive personalities have greatly influenced the team so far this season. Prep Erin McCann said, "They're very kind and open. They're always cheering on the team. It's a positive atmosphere. They're all really good players and they work really hard in practice."

Lower Eva Carchidi shared similar sentiments, recognizing the strengths of each of the individual captains. "Ella is good at pointing out what we need to work on while being supportive and she's good at communicating with coaches, Olivia is super nice and a natural leader and cares of each player's well being and Sammie sets an example by working really hard and helping people out when they're struggling."

The captains have greatly impacted this team and will definitely miss it as their final Exeter season comes to a close.

NEGS Annihilates NMH

Extending Team's Season Record to 5-1



Prep Haya Firas flies through the water.

JaQ Lai/The Exonian

By ANDREW SUN
Staff Writer

The whistle blows as lower Wynter Sands, the lead-off backstroker for the 200-yard medley relay team, plunges into the water. Stroking past the Northfield Mount Hermon girls' competitors, she emerges from the depths a whole body length in front of her challengers. As Sands reaches behind to touch the wall, upper Tina Wang leaps into the water, extending the lead even further, followed followed by uppers Heddy Parker and Liz Williams to win the race. Big Red placed 1st, 3rd and 4th in the first race, setting the tone for the rest of the meet.

The girls' varsity swim meet on Wednesday at the Northfield Mount Hermon School (NMH) was won with dominating score of 90-

71. This lead would have been a larger margin if Exeter hadn't relinquished its points in the final three events. "After getting more than a 30 point lead in the first half of the meet, [Exeter] stopped taking score," Sands said.

Going into the meet, the girls were confident in their abilities to crush NMH. "We've been doing a lot of hard endurance sets that have been pushing us mentally and physically," upper Ashleigh Lackey said. The girls are focusing their training on the Interscholastic Championships at the end of the season, making sure they continue bringing a positive attitude to the last 4 weeks of training. "It is the time in the season where everyone is getting sick and overwhelmed with school work. We are working on keeping our spirits up while still putting in all the hard work," senior and

co-captain Maddie Shapiro said.

The meet showcased many stunning swims that contributed to Big Red pulling out a big win over NMH. One exciting race from the weekend was the girls 200-yard individual medley. Parker, upper Issy Wise and Shapiro touched 1st, 2nd, and 3rd, respectively sweeping NMH in the race. Exeter went on to sweep several other events throughout the meet. Senior and co-captain Lilly Carden also swam well, coming back in the relays to the help Big Red put up points.

Up on the pool deck, the teammates kept spirits high despite the fatigue they felt due to their intensive training at this point in the season. "Liz is always super cheerful, whether she's putting out best times or not. She's an amazing

leader for the team," Lackey said. Shapiro added, "Our whole team was cheering during the races which gave everyone a boost of energy."

As the New England Swimming Championships gets closer, the girls continue to work hard. "As a team, I hope we continue to work as hard as we did last week and keep winning races like we did this last weekend," Sands said. They are also working to bring the team closer together. With the incredible times that the girls have been putting up, the team hopes that this momentum will carry on for the rest of the season. Lackey added, "We're having a great season so far, and are really looking forward to 'Schols.'" Nothing stands between the girls and the ship. As upper Sam Gove put it, "Live fast, die hard."



ExonianSports



BVH ROLLS IN TWO WINS Takes Down Tilton and Berwick in One Weekend

By CAROLINE FLEMING
and ABBY SMITH
Staff and Contributing Writer

Senior Max Alsarraf deftly intercepts a fast pass from upper Andrew Seaman. He flies down the ice, blowing past the Berwick Academy defender. Utilizing this breakaway, Alsarraf winds up, shoots, and the puck rockets into the net. This first Exeter goal hyped up the team, who went on to win the game, 4-1. Exeter dominated Berwick last Friday before smoking the Tilton School 6-2 the next day. These two wins added to their impressive record of 20-3-1.

Lower Danny Colón described the Berwick game's environment in front of a home crowd as electric, saying, "There was a good atmosphere on Friday; a lot of people [were] in the stands, cheering the team on." The stands were packed with students, faculty, and families eager to watch the fast paced game. The home advantage played a key role in motivating Big Red to score four strong goals throughout the three periods.

On Friday, Exeter snagged a win due to strong goals from uppers Garrett Foster and Michael Pitts. Pitts and senior Conor Shannon both said the team's goals were scored from multiple lines and many different players, emphasizing that everybody helps out in creating a strong offense. With a well-rounded and talented bench, boys' varsity hockey proves to be an offensive threat to any team they face. In regards to the mindset going into the game, Shannon said, "It was a game that we were supposed to win, which is always dangerous to kind of go into a game thinking that." Nonetheless, the team prevailed with four goals and only one given up.

Senior goalie Will Douthit gave a great performance, letting in only one goal during the Berwick game. He stopped their dynamic offense throughout all the periods, blocking many breakaway opportunities, and only missed one shot with five seconds left in the game. The team also noted that lower goalie Ryan Welch played a fantastic game against Tilton on Saturday. He stayed attentive during the close match to come up with saves that ultimately led to Exeter's win.



Senior Ted Aiken catches a pass.

Between the two goalies, Big Red only allowed three goals between the two games. Shannon described Welch as "[a] goalie that makes a lot of big saves and is a key player on our team."

During the last of three competitive games this week—the match against Tilton—the team took a few minutes to set the pace. However, Big Red's third goal sparked the energy for the players on the ice to separate from Tilton and assume a 3-0 record this past week. Pitts commended his peer's efforts on Saturday, saying, "In the Tilton game, it was 2-2, and then Danny Colón scored to make it 3-2. That's when we started to pick

it up." Regardless of the warm-up time against Tilton, the Exeter players were ecstatic to turn up the heat after two tough losses last week.

Shannon explained the team's slow start against Tilton. "It started off really tense because it was a game that knew we needed to win," he said. "And it took us a little bit to kind of get up on them." Once the team kicked off, there was no stopping them. The boys crushed Tilton's dreams in the third period, scoring three amazing goals.

Foster praised seniors Bobby Murray and Peter Scheschareg when the latter had a breakaway in the third period. He said, "Bob gave a nice

pass to Pete for a breakaway goal against some of Pete's friends he used to play with that play for Tilton. The guys were buzzin'."

The team will have another busy weekend with a home game against Hebron Academy and an away game against Choate Rosemary Hall on Friday and Saturday, respectively. Despite Big Red's previous wins last season, the team remains focused and continues to work hard in practice. Pitts explained, "We're training very seriously and going into the game not expecting anything and knowing that we have to play our best if we want to win."

JaQ Lai/The Exonian

Weekend Scoreboard

Boys' Hockey	4, 6	Girls' Swimming	90	Girls' Track	47.5
Berwick, Tilton	1, 2	NMH	69	Falmouth	29
Boys' Swimming	97	Girls' Hockey	2	Boys' Track	44
NMH	59	BB&N	4	Falmouth	36

Girls' Varsity Squash Brings the Heat to Philly

By CHARLIE VENCI
Contributing Writer

Over the weekend, Big Red Squash packed its bags and headed to Philadelphia for the annual U.S. Squash National Tournament. The eight Exeter representatives left on Thursday with their hopes high, getting ready to bash New Haven on Friday morning to kick off the weekend. The lineup consisted of seniors Katie Lee and Alexis Lee, uppers Chandler Jean-Jacques, Euwie Park, Caroline Matule, Ursula Sze and Emma Cohen and the sole but shining prep, Anne Brandes.

The Friday morning match against New Haven did not go as planned. In the words of Jean-Jacques, "It was tough; everyone was pretty much even and we got the unlucky draw to lose 3-4." However, the team left the venue knowing they were going to come back stronger than ever before.

After resting all of Friday afternoon and night, the elite eight stepped up to the plate for an intense match up with Blair Academy of Blairstown, New Jersey. The team easily won against Blair with a final score of 6-2, but they weren't done yet. The team's second match on Saturday was against the Poly Prep Squad from Brooklyn. As both teams filed onto the courts, the battle of the Big Red Lions and the Blue Devils began.

The Blue Devils did not last very long, as they were quickly trounced in a 6-1 loss. Following the victory, Exeter returned to the hotel and forfeited all matches for the following day, Sunday, in hopes of returning to school before check in to prepare for the academic week ahead. The epic adventure had come to an end, and Big Red came home with an overall tournament record of 2-1.

Looking back on the tournament, Matule commended teammate Sze on her brilliant performance over the weekend, "Ursula did very well," Matule said. "She won all of her games." Sze followed this up in similar fashion with a tribute to Park's efforts, saying, "Euwie had a great weekend overall; she did not lose a single match."

Jean-Jacques had her own highlights of the weekend to share. One of which was the spectacle of Matule's match against Blair Academy. "Caroline played very well and had a big win against Blair in a score of 3-2," Jean-Jacques said.

The biggest challenge the team faced this weekend, in the eyes of Jean-Jacques, was mentality. "We knew the last teams were going to be a little easier to play and we didn't want to go down to their level," she explained.

As the team prepares to host Interschols at the Fisher Squash center in late February, it looks to battle hard



Senior Katie Lee prepares to smack the ball.

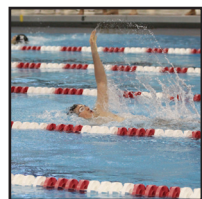
Diana Davidson/The Exonian

over the coming weeks and gain some momentum to carry them through. The team's next match is at Saturday at 3 p.m. at the Winsor School in Boston. You can catch their next home game on Feb. 21 at 2:45 p.m., when Gunga and all of Big

Blue come to town for the E/a matchup. As the season draws closer to its end, the team's only focus is the Interscholastic Championship. As Sze concluded, "Nationals was for the team. Interschols is for the player."

InsideSports

Boys' Swimming



Jena Yun/The Exonian

The boy's varsity swim team edges out NMH, adding to their season record of 6-1. Find out more on 10.

Athletes of the Week



Reina Matsumoto/The Exonian

Seniors Ella Johnson, Olivia Lei, and Sammie Weaver lead the girls' basketball team. Read more on 11.

Girls' Swimming



Chiara Perroti Correa/The Exonian

The girls' varsity swim team dominates NMH with a final score of 90-71. Find out more on 11.

SATURDAY GAMES:

Wrestling	Home	9:00 am
B. & G. Track	Away	3:00 pm
G. Basketball	Home	3:30pm
B. Basketball	Away	4:00pm
G. Hockey	Home	4:15pm
B. & G. Swim	Away	4:30pm
B. Hockey	Away	5:00pm