



Upper Isaac Choate works out while other members of the football team cheer him on.

Chiara Perotti/The Exonian

## Ross Baird '03 Discusses Life Beyond Exeter

By PAUL JAMES  
and SARAH RYU  
Staff Writers

Founder and CEO of Village Capital Ross Baird '03 shared his insight into the business world and reflected on his experience at Exeter during assembly on Friday, Oct. 6.

Baird opened his remarks with memories from Exeter, from his friendship with Mark Zuckerberg (who would go on to become the CEO of Facebook) to his first opening assembly, during which the Principal read aloud the Deed of Gift by John Phillips, as is tradition. While recounting various anecdotes, Baird emphasized that the phrase "goodness without knowledge is weak and feeble, yet knowledge without goodness is dangerous" has stuck with him throughout his life after Exeter.

During his time at Exeter, Baird noticed that students either pursued "knowledge" through studying finance and entering Wall Street, or "goodness" through working for the government, a non-governmental organization or becoming a teacher. As an entrepreneur, Baird explained that he wanted to intertwine goodness with the work he does, which led him to create a firm that invests in entrepreneurs solving global problems.

Along with promoting this notion of goodness, Baird hoped to inspire Exonians to pursue their interests to have the impact they want in their community. "I wanted to give Exonians the advice to pursue what they are passionate about, and start to be the change they want to see in the world today, rather than feel like they need to pursue a career, make a bunch of money, and then start doing good things," he said. While he saw many of his own friends defer their true passions to pursue money or prestige, Baird followed a different path and hoped to show that it is possible to pursue a career rooted in both knowledge and goodness.

Baird's speech left lasting impressions on students and faculty who resonated with his core message.

Senior Tim Han believed that Friday's assembly was a breath of fresh air for the business club, for which he is a cohead, and for the campus. "Mr. Baird offered a lot of insight on the necessity of both knowledge and goodness and how seeking both, even in business, can promote a

ROSS BAIRD, A2

## Athletes Push Physical Limits, Conceal Injuries

By ROSE HOROWITZ,  
ISA MATSUBAYASHI  
and RACHEL WON

Since the start of the 2017-2018 school year, Director of Athletic Training Adam Hernandez has seen an increase of 50 injuries on average per week from last year. For some Big Red athletes, the risk of overexertion during daily workouts and overuse injuries developed over a season affects their athletic experience at PEA.

According to Hernandez, injuries peak during the fall season, when trainers receive around 3000 overuse injuries, compared to about 2,000 in the winter and spring. Hernandez said that the fall term's increased number of injuries is most likely a result of students taking a break from athletics over the summer and arriving to school in weaker physical conditions than when they left. "Generally, if a student begins their season in shape they are less likely to sustain an overuse injury," Hernandez said.

The boys' cross country coach, Brandon

Newbould, agreed that an injury could come from a lack of summer training, classifying it as an "under-preparedness injury." "We're not a fitness club, and kids are expected to come in ready for actual training," he said. "When they come in unprepared, even if I'm careful they might experience a setback from taking on too much all at once."

Rebecca Moore, the junior varsity girls' crew coach, noted that athletes sometimes push themselves too hard even after sustaining injuries that require rest and recovery. "I know that athletes feel such pressure," she said. "We work to remind athletes to sleep, hydrate and eat well, in the same way we seek to teach athletes that communication rather than secrecy about injury is the healthy response."

Moore tries to teach girls on the crew team how to listen to and respect their bodies' limits. "Some athletes do not always know the difference between healthy pushing and dehydrated, ill-rested, unfed injury-risking exhaustion," she said. "Just as skill and strength takes practice, health

takes practice. We seek to teach all of those elements of sport."

Director of Athletics Shane LaPointe attributed athletes' willingness to push through injuries as a result of the misconception that an injury is not genuine unless it is visible. When an injury does not manifest itself in bleeding or other physical signs, many students classify it as insignificant, ignoring it to avoid letting down teammates. "Especially for some people who are particularly hard-working or have very high expectations for themselves, it's easy to, if they're feeling something minor, just to pass it off and decide they need to be tough and just keep training," upper and cross country team member Charlie Neuhaus said. He added that if ignored, minor injuries can worsen. "I think it becomes kind of risky and people have gotten long-term injuries from that."

Other athletes reported feeling this pressure to play through injuries, whether due to internal goals or external influence from coaches or teammates. A former member

ATHLETIC CULTURE, A3

## Exonian Goes Behind Scenes At Dining Halls

By EMILY CLOONAN  
and MAI HOANG  
Staff Writers

The sky was pitch black as we ran across campus in our pajamas, checking our phones twice to make sure we were on time. It was 4:50 am. We arrived at the loading door to Wetherell Dining Hall opposite St. Anthony's bakery to see a woman in a white apron. It was the baker, Cynthia Amabile. Amabile led us into the kitchen and instructed us to put on aprons and hairnets while introducing her co-worker, assistant baker Mary Smith, who was shuffling around the small bakeshop mixing cookie dough and preparing pie crusts. Later in the day, the dough would be sent to grill, to be baked fresh for students by the staff there. The pies were for catering a small faculty get-together had been scheduled for that evening. Smith deftly cut the crust mix into perfect, even squares, while Amabile put on her gloves and beckoned us to the long table in front of the oven. The clock struck five; they had been working for one hour.

"We are making challah today," said Amabile, as she sprinkled flour onto the table and picked up a large wooden spoon to ease all of the dough in the bucket onto the white surface. Before lunch time, she had to finish baking eighteen loaves of perfectly braided bread for the students in Wetherell. "Challah is popular, though not so much as Portuguese sweet bread," she said. "For that, we have to make at least twenty-two loaves."

The bakeshop at Wetherell produces



A member of the dining hall staff prepares dinner for the day.

Chiara Perotti/The Exonian

everything from dinner rolls to muffins, pies, cakes, pizza crust and last but not least, grill cookies. Smith and Amabile wake up everyday at 2:00am, eat a hasty breakfast, drive to campus and work until noon, baking from scratch for two thousand students and faculty members at the Academy. On days when there are events to cater, they might stay even longer.

"I've been working here for 25 years yet most students don't even know that we're down here," Amabile said. "And I guess why would they? My job is to serve them, and we're not in a particularly visible place. We come and go, every working day [...] and some Sundays, when there are events happening. I have to bake for them too."

At precisely 6 am, the first cook, Mercy Boadi, arrived to make oatmeal and prepare the fruits and yogurt for breakfast, fol-

lowed by the second cooks and the utilities dishwashers. The clatter of pots and pans reverberated across the enclosed basement; another day was beginning for the one hundred staff working in Wetherell dining hall and Phillips Exeter's dining services.

"There's a lot behind the scenes. Aside from simply cooking, we have to get the food we need and check it. We're retrained every five years on things like how to take care of food, how to deal with leftovers," said James Morris, first cook at Elm Street. Morris is responsible for the evening shifts; he comes in every day at around 10:00 am, and stays until 8:00 or 9:00 pm. "We have to make sure everything on the menu is ready; we don't want to disappoint," he said. "Sometimes things happen, people call in sick [...] Last week we had pizza on Friday night and we

DINING HALL, A2

## Use of Social Media For Classes Raises Cheating Concerns

By DON ASSAMONGKOL,  
ZAC FENG and JACK ZHANG  
Staff Writers

Exeter prides itself on having a culture of respect and collaboration both inside and outside the classroom. Without it, the teacher-student bond of trust disintegrates, cheaters reap the rewards of dishonest acts and the school's reputation is tarnished. The widespread use of class group chats at Exeter has raised questions about social media's effect on this culture of respect. While some have warned that these platforms have the potential to proliferate academic dishonesty, many others point out the beneficial role that online collaboration can play in exonians' education.

A study on cyber-bullying administered by Paediatric Child Health concluded that people become more confident with fewer inhibitions behind screens. "Cyberbullying also provides anonymity to the bully not possible with traditional bullying. Because of this, bullies cannot see the reactions of their victims and studies have shown that they feel less remorse," it said. "Whether this feeling of anonymity found in cyberbullying also makes students more daring while using the internet in other contexts, such as class group chats and this more likely to commit acts of academic dishonesty online, remains unclear."

Lower Dawson Byrd believes that, for the most part, online tools such as social media proved beneficial to students. "We can exchange notes about yesterday's class discussion to better understand the material," he said. "And it's

GROUP CHATS, A2

### INSIDE

#### NEWS

Read about the use of Uber, a popular ride-hailing app, on campus. A8.

"Pioneering Voices: Portraits of Transgender People" is now being exhibited in the Library Commons. A8.

#### LIFE

A fan of opera, literature and of course, mathematics, Math Instructor Szczesny Kaminski is beloved by his students. Read about him on B3.

#### LIFE

Read about International Festival, which took place last Sunday to great acclaim. B1.

#### OPINIONS

Upper Shaan Bhandarkar explores the option of putting confederate statues in museums. A6

#### SPORTS

Big Red Football won a game for the first time since 2015, 20-13, B6.

### WEB



Visit our website for exclusives. [www.thexonian.com](http://www.thexonian.com)



Follow our Instagram. [www.instagram.com/thexonian](http://www.instagram.com/thexonian)



Like us on Facebook. [www.facebook.com/thexonian](http://www.facebook.com/thexonian)

# D-Hall Staff Bake Bread at Crack of Dawn Daily for PEA

Continued from **DINING HALL, A1**

called it flame-baked pizza crusts, but they turned out to be the wrong size. If I had put sauce and cheese on that it would have collapsed." To deal with the unexpected scenario, Morris had to call on the help of grill, the bakeshop and Wetherell. "I needed 80-100 crusts, but thankfully they sent us a few dozens and we had time to reconfigure everything," he said, commenting that it was a "minor miracle" that they managed to still produce high-quality pizzas.

All of the operations that go into the production of food at the Academy, from the three meals served at dining halls to chocolate chip cookies for Friday night events, are mostly invisible to Exonians, who are often quick to criticize any shortcomings. After talking to the bakers and cooks, we asked students in both dining halls at lunch and dinner for their opinion on dining services. Upper Troy Marrero compared dining hall food to playing "Wheel of Fortune," saying, "sometimes you get subpar food and other times you're winning. On nights like tonight, when there is chicken fingers and fries...I am winning."

Many also complained about the lack of variety in the menu. "They have a small variety of lunch meats to eat and I wish they had better options on what to bring with you for games," said upper Hannah Brown. Students who have specific diets, in particular, find it hard to find foods that meet their needs. Lower Saska Braden said, "It's really hard to be a vegan here. I end up eating the same salad almost every meal because even if there is a vegetarian or vegan choice, there isn't much variety to it."

Over the past summer however, dining has tried hard to improve the quality of their services. In the 2016-2017 school year, former Director of Dining Services Ward Ganger retired, prompting the creation of a Steering Committee to examine the whole operation. The Committee, led

by Melinda Leonard, Acting Director of Dining Services, includes faculty members young and old, many holding other leadership positions on campus, such as AJ Cosgrove, Dean of Residential Life, and Pamela Stuppy, the Academy's registered dietician. It began meeting towards the end of last spring term to discuss the sustainability and financial efficacy of dining services, as well as strategic planning for the next year. The Clarion group, an independent consultant firm, was also invited to come and help the Committee with objective reviews and recommendations.

Tom MacDermott, the Director of Clarion group, came to observe the summer session and gather information from focus groups starting from last May. According to Leonard, MacDermott has been on campus four times and talked to all the managers as well as students and faculty. "He'll gather information we've shared and data from survey and focus groups and give us an overview of what Clarion's feedback is, what we're doing well and some areas for improvement," said Leonard. MacDermott presented his findings last Thursday during a consulting session that lasted from 3:00 to 7:00 pm.

"We are on target," Leonard commented regarding dining services' progress over the summer. "Our goal is to stay ahead of the curve. I'm very proud of that, there have been articles in food magazines highlighting our fresh fish program, our zero-waste management, our catering department." Brousseau and Como worked together to update the minimum standards for both dining halls. "Although we have different menus we have common standards that we review annually," Brousseau said. Some improvements this year include replacing all the liquid eggs in dining hall recipes with cage-free products, purchasing antibiotic-free chicken, and adding sticky rice to all three meals.

A significant number of the recent

changes focuses on health and sustainability; Como, for example, is utilizing the afternoon snack times to run smoothies and healthy snack programs. After twenty-five years as the school's baker, Amabile also notes that the bakeshop is incorporating more breads with nuts and seeds than ever before. "There's been a shift towards a lot more attention to the public guidelines out there regarding healthy food, a lot more whole grains, more vegetable-based options, consistent with national guidelines like heart associations and other organizations focused on health," said Stuppy. "There's more attention to students with allergy and those who need special food." She also noted that in the last five to six years, there has been a recent emergence in interest in sustainability. "The big topics are where do foods come from and how we can provide more transparency for the people eating the food [...] The committee is looking at the current trends and thinking about more than just providing delicious food for people."

Last June, Stuppy organized a meeting with the eight dieticians for private boarding schools in New England to discuss common problems and possible solutions. "Compared to other schools we're doing very well," she said. "I like that we're a private food service, that we don't have a food service company because it gives us more flexibility within the system to do things than other schools [...] I can tailor things specific to our population." She also expressed satisfaction in seeing the dining staff so vested in making food as healthy and sustainable as possible, because "they're the people on the trenches who are actually doing the job."

Along with these changes, there are many new events around campus that require dining services in order to go smoothly. Brousseau commented on this, stating, "We're doing something called TGIF; certain Fridays, we'll have something

fun. We're also working on possibly baking pies, so that'll also allow the community to pack up and donate to certain groups that in the past we've donated to." Dining services have also introduced pizza karaoke on Fridays, as well as smoothies and milkshakes for National Milkshake Day. In addition, there have been two cookouts so far, as a demo for future events.

With the increase of dining service events however, there has been rising concerns about understaffing, especially because many of the staffs are not full-time employees. Cynthia Jerge, Catering Manager, said, "all the time I find it hard to allocate enough staff [...] every year, the number of events seems to go up." According to Como, however, cooperation is the key. "I think it's about helping, we help each other out a lot." Especially when dining services organize special events, Elm Street and Wetherell collaborate and pull in resources to make sure that everything runs smoothly. "It's very much a team effort, across the board in dining services. All the managers come in, the staff changes their schedules accordingly to best support each other," said Brousseau. Cooperation extends beyond just the two dining halls; the four different arms of operations underneath dining services, the residential program, catering, the bakeshop and grill operations all work together to create the best dining experience possible for students and adults on campus.

At the same time, complaints about dining hall food have become hallmark phrases for most Exonians, many of whom are unaware of the hard work behind the scenes that go into each meal. Only one hour as bread-baking apprentices in Wetherell, however, revealed to us the extent to which the dining services staff at our school work morning to night, providing not only nutritious meals but also entertaining events that spice up campus life.

## Baird Encourages Exonians to Merge Knowledge, Goodness

Continued from **ROSS BAIRD, A1**

lot of good and success in the world. It was also very cool to take away how the practices and methods of thinking that we are learning right now in our classrooms can translate to real world scenarios and have great career and life applications," he said.

Senior Marie Leighton McCall agreed, noting that it was a great chance for students to listen to the connections students can make between their time at Exeter and their future careers. "I so enjoyed the opportunity to hear from someone, not too far removed from his time at Exeter, who is able to speak to the way he uses what he learned at Exeter in his professional life. It was wonderful to hear an example of not having to choose between goodness and success," she said.

Religion Instructor Kathleen Brownback, who Baird had contacted about his interest in speaking at assembly, enjoyed his talk. "I knew and liked Ross Baird when he was a student. I immediately knew, when he wrote to ask about assembly that he would be a good speaker," Kathleen Brownback said. "He is right at the intersection of important questions for students here."

In his speech, Baird also spoke about the current diversity problems in the venture capital world, which Brownback believed that the students should be aware of. According to him, women make up only 5 percent of those employed by venture capital firms and people of color around 1 percent. Consequently, 90 percent of funding goes to white males, 5 percent to women entrepreneurs and very little to people

of color. According to Brownback, Baird showed students that, "Business doesn't exist in some independent universe. So the more business takes responsibility for its negative effects as well as the positive, the better it is for society."

After assembly, students had the opportunity to join Baird with discussions and a Q&A session during lunch. Upper Elizabeth Yang, who was amazed by Baird's engaging speech, went to the lunch afterwards to listen more about his experience and expertise. "During the lunch, I learned about the subtleties of business successes and failures, that are not as fantastical as people may believe. Mr. Baird pointed out simple things like how unpaid internships create an exclusive group of employees from a privileged population," she said.

During his lunch discussion, Baird developed the idea that society has a concentration issue where talent circles around financial incentive instead of altruistic goals. "Paduchah (KY) needs mayors. Paduchah needs leaders. Exonians need to go out and fill those roles," Baird said.

Responding to that sentiment, Han said, "I loved that and I loved that challenge for each and every one of us to seek to fill some corner of this world with goodness and knowledge by applying the skills we learn here, instead of crowding around some financially rewarding locations and careers."

Senior Peter O'Keefe was left with a lasting impression of Baird's speech and subsequent discussion. "He is a walking, talking example of how rewarding and effective pursuing both goodness and knowledge can be."



Ross Baird speaks on innovation.

Gavin Hickey/The Exonian

## Group Chats' Effect on Academic Dishonesty Investigated

Continued from **GROUP CHATS, A1**

all convenient because everybody's connected." Despite this, Byrd himself has witnessed how group chats and other social media platforms can make students less honest, especially amongst themselves. "The idea of social media is that it's casual, so maybe that's why people are more likely to say certain things they wouldn't in person, like explain how to solve this problem from start to finish," he said.

Byrd added that such tools could be used with virtually no consequences. "I doubt people can hack into professional platforms like Facebook or Snapchat to check if you're cheating," he said. As a result, Byrd hoped that students would uphold the moral standards themselves. "Teachers can say all they want about doing a take home test individually, but at the end of the day it's up to us to enforce it," he said. "Sometimes it's hard to just send a quick text of the answer, but doing that will actually hurt them because they're not learning."

Lower Brian Liu also views social media in both lights. "Social media is essentially a double edged sword," he said. "On one hand, it is much easier to communicate with your teachers and classmates on projects or homework and much easier to obtain help if you need it. Conversely, its interconnectivity also leads to easier academic

dishonesty. It's also a lot harder to regulate which definitely fuels the cheating problem."

Senior Emmett Shell believed that certain dishonest acts were going to happen regardless of social media usage. "I've heard of people taking tests in the morning and telling people taking it in the afternoon exactly what questions are on the test," he said. "In my experience, social media hasn't added to it that much." Shell added that in his own experience, such tools do not heavily facilitate cheating, even if they provide features to do so. "I think there's sharing of information that perhaps goes a little too far, but nothing as extreme as posting labs or discussing take home tests, but just discussing single problems."

Science Department Chair Alison Hobbie holds a similar view, saying, "I'd like to think that students would be just as honest talking over text as face to face."

In order to prevent the use of social media and the internet, teachers specify the sources allowed. "I try to be absolutely explicit about saying when collaboration is allowed. For example, I gave a take home assignment that says on the very top, 'open textbook, open notes, closed mouths,'" Hobbie said.

However, although the department would like to believe that students are always honest, teachers still have to be sure to check a student's own capabilities. "As teachers we're always, un-

fortunately, having our antennae out to make sure that students are submitting their own thoughts and ideas," Hobbie said. "Sometimes we have to check their own abilities for sure, and that's why we sometimes have class tests to make it easier for them not to be dishonest in certain situations. Nobody likes it when dishonesty rears its ugly head. Learning doesn't happen, and the consequences can be even more severe."

Both the Science and Math Department give teachers control of their own class when it comes to enforcing standards of honesty on take-home assignments. "All teachers have autonomy in the way they run their class, deal with hand-in assignments and establish norms for cooperative learning outside of class versus non helpful student cooperation," Chair of Math Department Eric Bergofsky said. "That said, we have a standard department statement on academic dishonesty. Essentially, if something is to be graded, it should be the student's own work, unless the teacher has specifically said otherwise."

A majority of students and faculty overall disagreed with the notion that social media causes an increase in cheating. While it may be a useful tool for cheaters, it appears that attempting to curtail the prevalence of group chats and social media would only hurt honest students without dissuading dishonest ones. "A

lot of the time they [group chats] are just good for finding out what the homework is in case you missed it," senior Dalton Vega said. "They're also to clear up any confusion, either about the due date or the content of assignments without having to contact the teacher."

Instructor in Biology Townley Chisholm added that it would only hurt the student, saying "You're not doing your own work on a daily basis and you're not learning the material and you're not preparing for class the way you should be." He added, "By getting there as easily as possible, you're missing the point of the exercise."

Some have concluded that the issue is ultimately a matter of personal integrity rather than the tools through which dishonest individuals use. "The fact that you may be behind a screen might make cheating easier," Instructor in Chemistry Albert Leger said. "And you can probably get away with it. Adults get away with things all the time. It's not whether you're going to get caught, but whether you're solid with yourself, whether you are honest with yourself. If nobody finds out, does that mean that it's right? Of course not, and you are the only person who will live with that."

"A lot of us do here is based on trust," Hobbie said. "We're going with the initial assumption that students want to be honest. And I try to remind them that this is the expectation."



# Coaches, Athletes Discuss Teams' Culture of Overexertion

Continued from **ATHLETIC CULTURE** A1

of the girls' crew team recounted running up and down the stadium stairs during an optional crew practice. These practices are held during the off-season, and although not required, the team culture heavily encouraged attendance. Because these practices are held during the off-season, they are led by the captains without the coach's supervision.

While running up the stadium steps in over 80 degree weather, the player reports she became disoriented from the heat, could not see the step in front of her, tripped and skinned her entire shin. She said that despite her heavy bleeding, her teammates continued to run by her. "I was kind of in the middle of the pack and I fell, but everyone just really wanted to finish that last set and beat the girl in front of them, and no one really stopped," she said. She added that watching other athletes continue to run compelled her to finish as well. After completing the run, the captains told her that she had the option to stop; however, she said, "I felt personally like the team dynamic and the sport as a whole almost forced me to keep going. I think that when you're on the team and within that culture, these sorts of things are normalized."

Many students have an understanding that some level of discomfort should be expected from practice, but also that there is a certain threshold of injury above which an athlete should not be allowed to play. "A jammed thumb could be enough to pull a player out of the pool, but we push through petty things such as calf cramps or hamstring strains," senior and member of the boys' varsity water polo team Alexi Monovoukas said.

"I think it's important that they have a relationship with the athletic trainer so that they determine whether that's something that can be played through or cannot," Head Football Coach Robert Morris said. "There's kind of a difference between being hurt and injured."

**"I felt personally like the team dynamic and the sport as a whole almost forced me to keep going."**

The athletic trainers classify whether a player is hurt or injured by determining if they can continue playing. "Ultimately the decision to hold a student out of sport is under the athletic trainer's jurisdiction," Hernandez said. He added that the trainers classify injuries by the level of play an athlete can maintain. "We categorize injuries into three primary categories here at PEA: out, limited and as tolerated," Hernandez said.

If a player is put in the out category, continuing to play would worsen their injury. Athletes are put in the limited category if they are permitted to practice at a lower intensity than usual. Hernandez said, "Most often, a student should participate in some level of physical activity even when injured as this will help an injury to heal quicker."

Newbould abides by these categorizations and allows someone who is hurt to play, but prohibits an injured player from continuing to practice. "I don't consider things like cuts, bruises, or blisters an injury, but if a kid can't handle that I don't force them to do anything. If they have an injury that requires rest, they rest, and I refuse to compromise on that," he said.

The threshold of injury is not uniform across teams, and coaches do not always follow the advice of the athletic training staff. If a player throws up during practice, Hernandez usually recommends that they take a break from physical activity. "Generally it is not a good idea for a student to continue to exercise after they have thrown up as it is possible that there may be an underlying issue," he said. Hernandez added that this problem could range from general sickness to dehydration or a nutritional deficit.

**"If I push myself to the point of throwing up, then it isn't really productive and will probably only make me miserable and inhibit me from participating the next day."**

Newbould, on the other hand, does not see vomiting as an absolute threshold for overexertion. He allows players to continue exercising if they have

thrown up for a reason other than illness or heat-related exhaustion. "If they throw up because they're out of shape, pushed harder than they should, or ate three cheeseburgers right before practice, give me a break. Yes, they continue," he said.

For many athletes, overexerting themselves to the point of exhaustion or nausea is a source of pride, and goes hand in hand with the hard-working competitiveness that many of the most aerobically strenuous sports—cross-country, swimming and crew—require to be successful.

A former member of the girls' crew team who wishes to remain anonymous said that this competition between players particularly manifests itself when the rowers complete test pieces or trials that determine who makes varsity and junior varsity, as athletes push themselves especially hard to achieve a favorable time. Moore said that this was purposeful, as rowers will improve their skill by working to exhaustion. She said, "Rowing is a middle distance sport that requires pushing the body to fatigue in order to achieve regeneration or 'second wind.' Athletes train for this ability."

Upper Ashleigh Lackey, a member of the swimming and crew teams, has witnessed athletes working to exhaustion or nausea. She said, "I've seen athletes nearly pass out at the end of practices." The unnamed former rower also recalled witnessing players at this level of exhaustion. "Girls would push themselves to limits that I don't think they should be pushing themselves to and would end up not being able to walk for the rest of the practice or throwing up

**"If they throw up because they're out of shape, pushed harder than they should or ate three cheeseburgers right before practice, give me a break. yes, they continue."**

after they were finished," she said.

Some Exeter athletes do not think this level of exertion is past their limits, and instead gauge whether or not a practice was successful based on whether they can walk the following day. Monovoukas said about the varsity water polo team, "Our successful workouts are marked by muscles too sore to walk on."

Lackey agreed that she used this method to test the effort she put into practices and games. "I try to push myself to the point where I can't walk anymore. Then I know I truly gave it my all," she said.

Although some athletes take pride in correlating pain with hard work, others find over-exhaustion or nausea counter-productive to athletic improvement. Upper Gabby Allen, a cross-country runner, said, "I know that I've had a good workout if I finish and I am tired but also feel strong and like I got something out of it. If I push myself to the point of throwing up, then it isn't really productive and will probably only make me miserable and inhibit me from participating the next day."

Interactions between team-mates and coaches, while providing athletes

**"I was kind of in the middle of the pack and I fell but everyone just really wanted to finish that last set and beat the girl in front of them. But no one really stopped."**

with support and friendships, also serve to push students to be the best they can be. Monovoukas said about the water polo team, "We always have our teammates' back but also always make sure to push each other far past our comfort levels in the pool, improving ourselves as a group and always asking for more effort, more intensity."

He added that the team does not encourage players to push themselves harder than they are able, but rather to work past where they previously expected. "There has never been an instance of a player pushing themselves too far. However, past one's comfort zone is not at all too far, and we push past that every practice," Monovoukas said.

Allen agreed that her team members work as hard as they can, but do not do more than they are able to. She said, "I don't necessarily think that people are pressured to push themselves to their breaking point, but they are definitely pushed to try and overcome a lot of pain they might be feeling."

In addition to the external pressure

team-members place on other players, some athletes internally encourage themselves to work up to or past their limits. LaPointe said, "Many of the kids who come here, and many of the coaches who are here are very driven individuals. We like succeeding, we like having goals, we like working towards [them]."

Other athletes cited pressure from coaches, either real or perceived, as the biggest force driving them to work hard in their sport. The former member of the girls' crew team recalls the coaches posting test piece results in the boat-house. The results are accompanied by the player's name and their weight conversion. According to the former rower, the team members would crowd around the list and compare their times with others, speculating that someone's low weight helped them to reach a favorable conversion. She said, "It just kind of speaks to the culture of the team, and even the culture of Exeter as a whole." She added that it is similar to if Exeter posted student's grades or GPAs in the Assembly Hall. "That's basically what they're doing, except for sports," the former rower said.

**"I try to push myself to the point where I can't walk anymore. Then I know I truly gave my all."**

She added that there was also pressure for players to compete against each other for spots on varsity. The former rower remembers a time when the coach told two athletes that there was only one spot remaining on varsity, and asked each of them to decide who should fill that spot. She said that this, "[Forced] them to either save their own spot and betray their teammate, or give up the spot to their teammate and row JV themselves that weekend."

The former team member added that, in her opinion, the coaches would not be receptive to feedback a rower might give if practice was too challenging. "I think that the coaches, instead of taking this feedback to heart and making changes in the team, would instead use those criticisms as evidence that the girl isn't cut out for varsity, and move her down to JV," she said.

Although coaches can sometimes encourage players to work past their limits, they can be instrumental in improving team dynamics and helping players to allow themselves breaks to recover from injuries. Lackey advocated for coaches and teammates to be empathetic to encourage injured players to take time off to recover. "If someone is in pain, that does not make them weak," Lackey said.

**"If someone is in pain that does not make them weak."**

Allen views the team dynamic as able to influence success, particularly in a sport as strenuous as running. "Running involves a lot of mental strength, both from yourself and your teammates. Even if one person feels upset, it affects the performance of everyone else," Allen said.

She added that players' attitudes play a crucial role in making athletics enjoyable. "It's all about having fun and not taking it too seriously. Of course, it's important to get good exercise in and improve your running, but if nobody is having fun then nobody will want to continue coming to practice, or even keep running at all," Allen said.

The former rower hypothesized that in addition to students playing sports for enjoyment and athletic challenges, some are incentivized to continue playing by the coaches, who attest they will advocate on a player's behalf to help them get recruited to college. The promise of college recruitment can also motivate students to specialize in sports and push themselves to new heights.

LaPointe commented that although students tend to overexert themselves in practices and games, due to society's emphasis on sports specialization, many Exonians arrive at school already possessing this drive. She said, "I think we now live in a culture where kids by the age of 15 are really thinking: 'What sport am I going to continue playing with?'"

She added that Exeter discourages this philosophy and encourages students to play multiple sports. "We want kids pursuing lifetime activities and getting a breadth of experiences, but it seems that the [message] which is trickling down from the club culture is really, 'You have got to figure out what sport you have and play for that sport nearly year-round,'" she said.

LaPointe added that this culture of specialization in service of college recruitment is detrimental to players recovering from overuse injuries. She said, "Part of the issue with specialization is what you're getting out in terms of chronic use."

LaPointe advocated for rest and recovery as preventative measures students can take to reduce overuse injuries. "Students know at an intellectual level that they need it [rest] for their work in the classroom; but it's just as important, if not more, for the physical recovery that we're trying to get students to have on this side of campus," LaPointe said.

Morris promoted the different approach of increasing conditioning to reduce injuries. "The stronger somebody is, the more somebody spends time on their core, on their flexibility, on their strength and on how they move, those things are the best way to prevent injury," he said.

However, Morris concurred with LaPointe that students playing one sport year-round face greater risks of chronic injuries. "A lot of times you see overuse injuries in sports where kids are specializing, and they're doing that same activity all the time," Morris said.

The National Federation of High School Associations disclosed that high school athletes who specialize in one sport are at a 70 percent greater risk of suffering from injuries than students who participate in multiple sports, as they continually place more stress on one group of muscles than athletes who cross-train.

In addition to likely leading to a greater number of injuries, athletic specialization has decreased football's popularity, as many parents have chosen

**"After games, your head always hurts."**

to focus their children on a sport they perceive as safer. The Northfield Mount Hermon School (NMH) has ended its football program due to a lack of interest, and both the Ivy League schools and the National Football League (N.F.L.) have imposed new regulations to protect players from concussions. In 2012, the N.F.L. limited coaches to 14 full-contact practices during the 18-week season, and the Ivy League coaches unanimously decided to eliminate all full-contact practices, instead opting to utilize tackling dummies to protect athletes from brain trauma.

At Exeter as well, students are choosing to play multiple sports instead of solely football. "It's not one that kids tend to specialize in, so nearly every kid on that team is playing something else," Morris said. He added that Exeter is working to provide football players with the safest possible experience. According to Morris, proper blocking and tackling technique, good equipment and strength are the most effective ways to prevent head injuries. "We feel like we teach the best and most modern techniques for blocking and tackling, and that's probably the best way to prevent concussions, knowing that there's not really anything that's going to 100% prevent concussions," Morris said.

Morris added that he is using education to ensure football players know to seek help for a possible head injury. "The education is making sure that they understand the seriousness of having a head injury, that it's not something to just shake off and disregard. That's the biggest piece, is that this is real, it's important, it's serious and not something to be downplayed." According to Morris, if a student has been hit in the head, they are immediately taken from practice and sent to the trainers, who have a protocol to identify and treat concussions.

The NFL has recently faced issues with retired athletes committing suicide and later being found to have severe chronic traumatic encephalopathy (CTE), a degenerative brain disease which has been tied to repetitive mild head trauma. While the conventional wisdom previously held that CTE was caused by major head trauma, recent studies have shown that players can develop the disease without ever experiencing a severe concussion.

Upper Will Stokes noted that he frequently experiences head pain during the season. "After games your head always hurts," Stokes said. A member of the football team who wishes to remain anonymous added that unless a coach required him to seek help from the trainers, he would continue with the practice or game he was participating in. He said, "You don't go to the trainers for a concussion unless you black out."

## Russia's New Tsar



WORLD  
COMPASS

Mark Blekherman  
Senior Columnist

Despite the rough rainy weather in Moscow, young Russians showed up en masse to protest the jail sentence of Aleksei Navalny, one of Russia's main opposition leaders. The government accuses Navalny of orchestrating protests, albeit the real motive behind his imprisonment is unquestionable: Navalny is running for president in 2018.

According to Amnesty International, the Kremlin wants "to choke the life out of the protest movement" and the ideas that it stands for. Russian authorities should be afraid of the recent protests in particular because they are spontaneous and unplanned. The demographics of the protestors are even more disconcerting: young adults, who represented the majority of protestors, are unresponsive to the patriotic sentiments propagated at public schools. In addition to steering Russia closer to the West, Navalny hopes to crack down on "black" money and enforce sanctions on Putin's al-

lies, which crosses a red line for the Kremlin. Although the Kremlin will succeed in destroying Navalny's 2018 campaign, it cannot hinder liberal attitudes from fermenting in a people long tired of being treated as subservient, "backward" subjects.

To Putin, popular will is unreliable, fickle and chaotic. When asked about Russia's deteriorating democracy at an international forum, Putin explained that "the Russian people are backward... They cannot adapt to democracy as they have done in your countries." Despite popular discontent and low approval ratings, Putin never spent too much of his time or energy running for reelection. During his 2004 reelection campaign, Putin spoke rarely at publicized events and let the covert Kremlin propaganda force denounce and ridicule his opponents. The presidential debate was purposely held at eight in the morning to guarantee a low viewership. The night be-



fore the election, a bomb exploded in front of the apartment of a Russian whistleblower, who had exposed the corruption and bribery within Kremlin's press pool.

Many of the demonstrations across Russia are planned and sponsored by Putin himself. Putin creates his own "loyal opposition" that fosters an aura of democracy without threatening his own political ambitions. These puppet parties offer constructive criticism throughout Putin's terms but pose no direct challenge during the election seasons. Sergey Mironov, the leader of the Just Russia party, supports a social-democratic agenda that is anathema to Putin's nationalistic vision. In spite of stark ideological differences, Mironov comes out in favor of Putin in every election, so much that he received the Order of Merit from the Fatherland in 2008.

But Navalny's demonstrations are dif-

ferent. Many Russians have resigned their democratic aspirations and see no alternative to the current head of state, Russia's effective ruler since the turn of the century. For them, Navalny is a young, free-spirited role model, an alternative to the archaic Putin. The protesters' movement conveyed a double meaning, as 2017 also marks the hundred year anniversary of the fall of the Romanov dynasty. The "Down with the Tsar" posters not only alluded to Putin's authoritarian regime, but also to Russia's insuperable past—a past that Putin views fondly and nostalgically. Putin wants to reinvent the imperialist fervor that defined Russian foreign policy throughout the twentieth century. Navalny, on the other hand, supports a more centrist agenda, advocating for more government accountability and less confrontation with the West.

Lying on his deathbed, Putin's father boasted, "My son is like a tsar." At that time, Russia's tsar was only an amateur intern at the office of Anatoly Sobchak, the mayor of St. Petersburg. The impressionable politician learned his lesson early in his career: democracy is ruthless and merciless to the loser. In 1996, Putin's beloved boss Sobchak lost to his rival Yakovlev by 2 percent, leaving him without a job. Putin will not repeat that mistake again: Navalny's political career and life are at risk in this election, although the movement he creates and the ideas he ignites will resist the crackdown from above.

## The Future of OPEC

Mai Hoang '20  
Columnist

King Salman of Saudi Arabia recently went on an official four-day trip to visit Russia, the first monarch of his country to do so. This signals a unique development in the state of relations between the former Cold War superpower and the Middle Eastern country, unanimous leader of the OPEC block.

OPEC, or the Organization of Petroleum Exporting Countries, was formed in 1960 when Saudi Arabia, Iran, Iraq, Kuwait and Venezuela, all major oil producers, banded together in Baghdad. Following nationalist movements that for the first time enabled many third-world nations to gain independent, the establishment of OPEC is sometimes considered as part of the Southern alliance movement, one of the many steps taken by traditionally undermined states to gain control of their destinies and influence world politics. In the 1960s, oil was a powerful tool. By bonding

to create a cartel, these five countries and the seven more in the region that would later join OPEC effectively controlled the supply and demand of petroleum for the last four decades of the twentieth century. Their influence could be seen when oil prices in the US quadrupled in 1973, following an OPEC embargo that forbid all members of

**On the other hand, if one nation plays by the rules and the other nation cheats, the latter country would gain the upper hand.**

the organization from exporting oil to this country. It is in the interest of the OPEC to make sure that oil prices stay at relatively high rates, as the economies of many member countries are largely dependent on this one sector. Therefore, as a block it has, on multiple occasions, gone against Russia and the United States, the only other large oil producers.

However, in today's market OPEC pro-

duces less than fifty percent of the world's oil, and their political influence is negligible compared to what it was in the 1970s. This can be partially explained by the huge drop in oil prices at the turn of the decade; OPEC countries had been overproducing for the burgeoning China market of the 2000s, and when that country lowered consumption, the abundance of oil was apparent. In an unprecedented move, OPEC responded not by lowering production, but instead lowering the oil in petroleum even more in the hope of discouraging US shale producers. This novel solution has not done much to alleviate the plight for countries of this block; in 2015, the IMF predicted that Saudi Arabia would go bankrupt unless they managed to sell crude oil for \$100 per barrel. By the most optimistic estimates, Saudi's best hopes are to buoy up the price to \$60 before the end of 2017.

The move to bond with Russia over oil serves to show how concerned the leader of the OPEC block has become. These two countries are hoping to reach a mutual deal where both would limit the number of barrels produced per day, or more specifically,

a cut of 560,000 barrels for Russia. Saudi Arabia itself would make the largest cut among the OPEC countries, a reduction of five percent of its current production.

This unusual alliance does not seem like it would last long. Desperate times call for desperate measures; however, history has proven that oil exporters would most likely not be able to withstand the temptation of overproducing yet again, no matter the negotiations they enter into. Oil production is a simple mind game; if both nations abide by their quotas, they will mutually benefit from the increase in price. If they both overproduce, they will suffer significant economic losses. On the other hand, if one nation plays by the rules and the other nation cheats, the latter country would gain the upper hand. Knowing this, countries most of the time end up surpassing the quotas they negotiated by anyway, as the comparative economic losses that would result from being on the losing side are perceived to be greater than the gains brought on by mutual asceticism. The inherent distrust that leaders of OPEC and Russia harbor for each other does not help to alleviate the situation.

## Facebook Needs to Step up

Andrea So '20  
Columnist

Although a lot of preps and lowers prefer to use Instagram and Snapchat over Facebook nowadays, the presence of Facebook is still extremely evident in the Exeter community. We utilize it for an abundance of different uses—talking to friends, getting homework help, reading news and stories that appear on your timeline. This social media platform could even be said to be an integral part of many Exonians' lives.

In that respect, America as a whole isn't much different from Exeter. According to a study conducted by the Pew Research Center, approximately 8 in 10 Americans who are online use Facebook, which is more than double that of Twitter, Pinterest and even Instagram users. On a total population basis, that means 68 percent of Americans use Facebook. That number is on the rise, and it was also reported in the study that most Americans get their daily dose of current events and news articles through various social media platforms. The power of social media to influence viewpoints and shape political perspectives is more

obvious now than ever.

In light of recent events, that's not good news. In early September, Facebook revealed that it had sold \$100,000 worth of ads to buyers who they later found out were related to the Russian government. This happened during the turbulent 2016 presidential election, which means it was very likely that given the prevalence of Facebook use in America,

**If you keep on reading posts, whether factual or not, that agree strongly with your viewpoint and bashes the opposite, the human instinct is to burrow deeper into your own idea and become less open to challenges.**

the ads influenced many users in favor of Trump. Collusion between the Russian government and Trump's presidential campaign is still being investigated by the Senate Intelligence Committee, and now Facebook is in the spotlight as well, with Maureen Dowd of *The New York Times* describing it as "[Zuckerberg's] little invention to warp democracy."

Additionally, investigative journalism nonprofit ProPublica recently discovered that Facebook had permitted ad buyers to target users with bigoted views, such as people who had the terms "law hater" and "How to burn Jews" in their search history. This is extremely dangerous because of its ability to pander to fear and market off of hatred, while allowing the users to find more validation for their bigotry. This information also opens up the possibility that groups with particular interests and backgrounds could have been targeted for the election.

It's not new that Facebook uses an algorithm based on your interests to determine the content and order of posts that appear on your timeline. If you "like" many pictures of some friends and nothing else, their posts will show up more often on your timeline and above your other friends' posts and news articles. If you click on links from FOX News the most, Facebook will gradually begin introducing posts from other right-wing media outlets onto your timelines. Often, less mainstream and more extreme posts will also appear. On one hand, this helps you to expand your scope of knowledge on the topics that you enjoy,

but it can also dangerously skew your perspective to the point of total bias or even extremism. If you keep on reading posts, whether factual or not, that agree strongly with your viewpoint and bashes the opposite, the human instinct is to burrow deeper into your own idea and become less open to challenges. There is no system in place to determine that this doesn't happen. We need to be aware

**We need to be aware of the sources that appear on our timelines and their legitimacy, but Facebook doesn't ensure that.**

of the sources that appear on our timelines and their legitimacy, but Facebook doesn't ensure that.

With Facebook, profit reigns supreme—it takes precedence over other factors such as social responsibility. Facebook is not concerned with doing the right thing or maintaining the wellbeing of American democracy. The fact that so many Americans use it is a frightening thought because of the immense power it has to change thoughts, perspectives and lives.

## The Exonian

EMILY PELLICCIA  
Editor-in-Chief

ERICA HOGAN  
Managing Editor

CLAIRE JUTABHA  
Managing Editor

PEDRO REPSOLD DE SANSON  
Business Chairman

STUART RUCKER  
Chief Digital Editor

Director of Writing  
Willia Canfield

News Editors  
Jamie Cassidy  
Harry Saunders  
Sophia Zu

Opinions Editors  
Année Reach  
Eleanor Mallett  
Jack Stewart

Exeter Life Editors  
Alice Little  
Athena Stenor  
Joy Zhang

Sports Editors  
Ashley Lin  
Taylor Walsh

Humor Editors  
Cedric Blaise  
Emily Green  
Billy O'Handley

Directors of Photography  
Diana Davidson  
Chiara Perotti Correa

Photography Editors  
Julia Goydan  
Gavin Hickey

Art Editor  
Celeste Wu

Senior Columnist  
Mark Blekherman

Faculty Advisers  
Ellee Dean  
Erica Lazure  
Alex Myers

Head Copy Editors  
Tommy Kim  
Jaime Romero

Advertising  
Camilla Pelliccia

Subscriptions  
Stuart Rucker

Communications  
Justin Psaris

Circulation  
Weldon Chan

Accounting  
Will Solas

Business Advisor  
Allison Battles

The Web Board staff members are listed on *The Exonian's* website: [www.the-exonian.com](http://www.the-exonian.com).

To subscribe to or advertise on *The Exonian*, contact Pedro Repsold de Sanson at [exonianbb@gmail.com](mailto:exonianbb@gmail.com) or call 603-777-4308. A subscription to the paper costs \$75 off campus and \$125 overseas.

*The Exonian* welcomes Letters to the Editor sent to the care of [exonianletters@gmail.com](mailto:exonianletters@gmail.com).

*The Exonian* reserves the right to print Letters to the Editor in a timely fashion and to edit them for content and clarity.



## The Difficult Refugee Experience in Germany

Paul James '19  
Columnist

Refugee assimilation in Europe has been a topic of heated debate over the past few years. It became a platform that vaulted many right-wing parties into positions of power and one that has weakened the resolve of moderates. The main issue is that both sides misunderstand the issue they so fervently argue about.

In 2015, German chancellor Angela Merkel eased the burdens of nearly 1 million refugees by opening her country's doors to those fleeing civil war. At the time, it may have seemed as the right course of action, helping those in need. But in hindsight, it was a rash decision that disregarded the concerns of German citizens and increased her unpopularity among East Germans in particular. The language of an east and west Germany may seem outdated, but the divisions are still as real, if not as visible.

Countries that adopt this many refugees at once, especially Germany, find it hard to recognize the longer-term dangers. Under the impression of moral action, these governments send a message to their own people

**The goal is not to establish a "home away from home" in European countries; it is to integrate refugees into a society kinder than the one they have just left.**

that foreigners are more important than citizens. Eastern Germany already struggles with employment, at least in comparison to other areas of the country, and their education system portrays the Second World War in a much more favorable light. A wave of refugees that also need jobs to sustain them threatens job prospects of Germans, though not as much as right-wing constituents believe.

Newly arrived refugees normally wait months, if not over a year, to find employment. In the Netherlands, they are kept for jobs for the first six months by law, and in other countries the language barrier creates the same effect. Not only are these people escaping terrors in their home countries, leaving behind nearly everything; they also face a daunting task of quickly adapting to a new coun-



Courtesy of Google

try's language and culture, evolving to survive.

This prospect is made harder by hostile natives who feel threatened by a perceived erosion of their culture and national identity. Whether attacking refugees themselves or weakening the government through political action, this misconceptions damage the society even more. The governments themselves can do just as much damage. They forget that there are two steps to the process: admitting refugees and then looking after them. Denying access to jobs or leaving refugees uneducated worsens the separation they feel from their new country and is more likely to inflame tensions between natives and foreigners.

German culture in particular makes it very hard for dissenters to be taken seriously. A nation that is still coming to grips with its military history has opted to inflict as much guilt as possible on its people. German history must be recognized and learned from, but there is a point where Germans can no longer be expected to pay for the evils of their ancestors. Building a progressive society is made twice as hard when you have to dig yourself out from under government-mandated guilt first.

Refugees that have been accepted by a country also have a duty to give back or take up that country's values. The goal is not to establish a "home away from home" in European countries; it is to integrate refugees into a society kinder than the one they have just left. Even right-wing German activists like Götz Kubitschek agree that immigrants can become Germans like anyone else, provided they are "willing to give everything for this country and are ready to identify with it." The point of departure from reason for people like Kubitschek is

their belief that immigrants are here to conquer their society. They deliver emotionally charged rants that effectively condemn refugees as opportunists waiting for the chance to storm the German fortress. They fear being exchanged for refugees, neglected by their elected government.

Even leaders subscribe to this rhetoric. Trump delivered a speech in Poland that framed the issue as "The fundamental question of our time is whether the West has the will to survive." This is not a battle of survival that must end in the eradication of one group. It is no doubt a tumultuous transition but not an insur-

**A nation that is still coming to grips with its military history has opted for inflicting as much guilt as possible on its people.**

mountable one.

Furthermore, these notions conflict with fact. Refugees welcome the chance to give back, but they must be put in a position to do so. Without an equal opportunity for employment and schooling, immigrants can't be expected to immediately morph into patriotic members of their new country. Most of Germany's refugees work in temporary, low-paying (as in one euro an hour), hard labor jobs.

Clearly, governments that face this issue and the citizens it affects have to recognize the viewpoint of the opposing side as true. Right-wing aggressors must realize that refugees are victims, not opportunists. The governments must also realize its duty to its own people, as well as its duty to the world, and balance the two fairly.

## Columbus Was Not a Hero

Bianca Beck '19  
Columnist

Ever since I can remember, I was taught about how great Christopher Columbus was, how he traveled to the Americas for noble reasons. I was also taught about how he discovered America and that because of him, the United States exists today. Only about a couple years ago did I discover just how much of the story I was lacking. Christopher Columbus may have been one of the people who started the steady flow of immigration to the Americas, but he was not a great man. This historical holiday has gotten more controversial over time as more people realize what Columbus actually did in his time in the Americas.

Columbus did not travel across the Atlantic ocean for noble reasons. As a matter of fact, the reason he decided to go was purely because of the rewards that awaited him if we went on the journey. The king and queen of Spain promised Columbus that if he returned to Spain with spices and gold, he would receive 10 percent of the profits, governorship over newly found lands and the title of Admiral of the Ocean Sea. There was no noble cause or moral compass that made him want to travel to the Americas.

This becomes more apparent once Columbus reached the Americas. He took advantage of the Native Americans, who strongly valued sharing and hospitality. Even when the Spanish first arrived, the Arawak Native Americans greeted them as they came into the shore, presenting them with food, water and gifts. They willingly traded everything they owned. And what was Columbus's first reaction to the natives? "They were well-built, with good bodies and handsome features...They would make fine servants...with fifty men we could subjugate them all and make them do whatever we want," he wrote in his log.

And subjugate them he did. He made them

look for gold, even though America was not as laden with gold as Columbus insistently believed it was. In Cicao on Haiti, Columbus ordered all natives 14 and older to collect a certain amount of gold every three months. Those who did not give a copper token to hang around their necks. Those who didn't were killed; the Spanish cut off their hands and they bled to death.

Many died as a result of this impossible task, because the only gold that could be found were little bits of dust in streams. When the natives tried to run away because they knew the task was impossible, they were hunted down and brutally killed.

These weren't the only brutalities the Spaniards subjected the natives to. Spaniards cut slices off of the natives to test how sharp their blades were. The Spanish insisted that natives carry them if they had to travel long distances. It was because of all these awful things that mass suicides among the Arawaks began. Mothers poisoned their babies to save them from the Spaniards. Within two years, half the native population were dead as a result of murder, mutilation or suicide. Now, none of the original Arawaks or their descendants are left. And yet, here we are, honoring a Columbus and his "achievements."

We should not celebrate Columbus Day. Doing so honors a vile and dishonorable man. Although we may have grown up believing Columbus embodied the noble discovery of America, we only got a single side of the story. We completely ignored the painful other side of the story, and because of that we now honor a man who is responsible for genocide. So are we going to continue to partake in this historical amnesia? Or are we going to be true to history?

Want to have your voice heard?  
Submit a piece to the Opinions  
section of *The Exonian!*

Contact [exonian@gmail.com](mailto:exonian@gmail.com)  
Send Letters to the Editor to the  
same address.

## Kurdish Independence

Jordan Davidson '19  
Columnist

On September 25, 93 percent of Iraqi Kurds voted for independence from Iraq. The Kurds, being the largest ethnic population without a homeland, have a compelling case. Most of Iraq is Shi'a, while the Kurds are Sunni Muslims. Throughout their history, they have suffered through discrimination, massacres and oppression. And because the Kurds are integrated into sovereign nations such as Turkey and Iraq, they cannot have their own political or economic system. Thus, it seems logical that the Kurds should be able to secede and create their own autonomous state. But with the presence of ISIS, rising tensions between surrounding countries and disputes over oil threatening both the Kurdish and global economy, Kurdish secession would be detrimental to the entire world.

Although the Iraqis and Kurds don't typically get along, they have worked together on one issue: the fight against ISIS. Iraqi and Kurdish forces marched side by side in the Battle of Mosul to retake the city from the Islamic State. Their teamwork led to a major victory against ISIS that some argue was a turning point in the larger war against the terrorist organization. Even though the Iraqis and Kurds have a common enemy, the Kurdish still want autonomy from Iraq. The risk that an independent Kurdish state and Iraqi Special Forces would start a conflict is too high. If violence leads to war, the two groups would not work together to defeat ISIS and would be distracted by their own conflict. This would lead to the strengthening of ISIS in the heart of the Middle East.

The creation of Kurdistan would not only ignite conflict with Iraq, but Turkey, too. Turkey's history with



Courtesy of Google

their Kurdish population has been long and dark. The Kurds have been demanding independence from Turkey since 1978. The conflict has cost hundreds of billions of dollars and claimed 40,000 lives. The Turkish effort to stop all opportunities for an independent Kurdish state continues to this day. If the Kurdish attempt is successful, Turkey would not hesitate to take extreme measures to revert the progress.

Not only do the Kurds face resistance from Turkey and Iraq, but also from Syria and Iran. Kurdistan is located in the northeastern corner of Iraq, meaning that they have enemies to the north, south, east and west and no direct access to an oceanic port. The closest powerful ally that the Kurds have is Russia to the north. Russia has continued to fund the Kurds, promising to give them four billion dollars in less than a year. Being the only world power to not denounce the referendum vote, Russia has expanded the seemingly regional problem to a global issue. With Kurdish independence comes the possibility of increased tensions in the Middle East between the United States and Russia, as they have taken opposite sides in this dilemma.

Though there is a looming danger to the safety of the Kurdish people, economic turmoil is a

concern for an independent Kurdish state. The only resource currently financially sustaining the Kurds is oil. They sit on 45 billion gallons worth of oil, which takes up a significant portion of Iraq's reserves. Unfortunately for the Kurds, their main pipeline ends in Ceyhan, Turkey. The Turks have threatened to cut off the Kurdish oil supply if they gain independence by shutting down their end of the pipeline. This would do a great deal of damage to an already fragile oil market. In a matter of three years, the price of oil per barrel has fluctuated from 100 to 26 to 60 dollars. By declaring independence now, the Kurds would effectively be adding more instability to the market. This would bring uncertainty to the future of many major global economies that rely on the rich oil reserves in Iraq.

So, even though the Kurds may deserve to have a homeland, this is simply not the right time. The Kurdish President Masoud Barzani, along with many others, believes that if they keep waiting for the perfect moment, the Kurdish people will never be independent. Yet it is not intelligent to pick a time when one of the cruelest terrorist organizations in history presents a threat to the entire region, the oil market is unreliable and the all of the surrounding countries are violent and hostile.

## Place Confederate Statues in Museums

Shaan Bhandarkar '19  
Columnist

Growing up, I remember feeling this overwhelming sense of security as a citizen in a nation that embraced a melting pot of various backgrounds, especially relative to other places in the world. At the Harkness table and even as I'm writing this piece, I still do feel that entitlement to my freedom of speech so embedded in the very legal fabric of this nation. At the same time, as I exit our Exeter bubble and re-enter my hometown in Loudoun County, Virginia for the extended breaks, I'm immediately reminded of a more realistic view of the cultural climate pervading the country. Juxtaposed with that comfortable mental image of a melting pot and cultural acceptance, it's always a disconcerting sight to pass by the county circuit court, only to see it obstructed by a controversial statue of a Confederate soldier. In a complex right outside of my community, I can glimpse an "Open" sign accompanied by a Confederate flag on the window of an antique shop. As we've recently delved into in our recent discussions of cultural competence here at Exeter, we cannot deny the existence of a seemingly invisible but very significant divide that severs the nation.

But, the present cultural situation and the opinions of the individuals that create this political divisiveness are undoubtedly easier to judge. With the abundance of digital resources in today's world, we have easy access to the opinions of our leaders and political figures. On the other hand, the past is much murkier to fully comprehend: often, we miss the complete picture, and as a result, it is difficult to judge the intent of these monuments versus their perception and the consequent actions taken towards them. In order to compromise, I believe that controversial

**However, the debate surrounding Confederate monuments has transcended the idea of just judging an individual.**

statues should be removed from places of prominence and relocated to specific museums.

During this polarizing period in

our country's history, we've witnessed heated debates regarding the deep racial divides that run in our country and how Confederate statues play into those issues. As incriminating as the majority opinion is on issues of controversial statues, right around the time of the report, The New York Times Archives retrieved and published a letter addressed to them from Robert E. Lee, who seemed genuinely remorseful and indicated his intention of freeing his slaves within five years. So clearly, we can't fully condemn Robert E. Lee and other Confederates.

However, the debate surrounding Confederate monuments has transcended the idea of just judging an individual. The first thing we learn in middle school history class is that Robert E. Lee was a Confederate leader, and we do not learn of the regret he

**Those who feel offended by the statues will no longer have to feel threatened by the hurtful ideologies that the statue can serve as representative of.**

exhibited towards slavery displayed in his later years. Statues are now symbols, not just the people they depict. The symbol can bring about an incisive hurt that shakes so many of our fellow citizens to their cores. Even as we move on and try to overcome cultural boundaries as a school and as a society overall, these symbols can be fairly interpreted as impediments to noble causes

of unifying our divided society. From another perspective, the Confederate statues symbolize a chapter of American history. We have to be considerate of those who feel an ancestral tie to those who gave their lives to the Confederate side. Some also feel, by general principle, that taking down such controversial statues would be like erasing

**At the same time, as I exit our Exeter bubble and re-enter my hometown in Loudoun County, Virginia for the extended breaks, I'm immediately reminded of a more realistic view of the cultural climate pervading the country.**

history, a censorship that is antithetical to our nation's values of freedom of expression. To completely expunge those statues from existence wouldn't be fitting for a society that strives to be as inclusive and culturally accommodating as possible. In order to reconcile both sides of the argument, a museum puts the statues into the right context: history.

A museum is also the most rational solution from a practical standpoint. There's a freedom that is allotted in the choice to view a museum's exhibits that fosters acceptance. Those who feel offended by the statues will no longer have to feel threatened by the hurtful ideologies that these statues represent. Those that would like to not have the monuments moved on sensible

**Those that would like to not have the monuments moved on sensible grounds can feel free to visit the museum without being construed to be espousing hateful ideologies.**

grounds can feel free to visit the museum without being construed to be espousing hateful ideologies. The major point of contention in this situation is that we can't lean to either extreme solutions. Leaving the statues as they are in such a time of debate can legitimize hateful groups and their deleterious ideologies such as condoning racist notions towards ethnic minorities. Completely removing the statues evidently upsets other citizens, but there's also another major detriment in the long run. We would be setting a precedent for the future of our nation by completely disregarding other opinions.

The issue of Confederate statues is more convoluted than debates on white nationalism in that proponents of the statues are not all unanimously espousing destructive and hateful ideologies, many can feel a tie to the statues in the people depicted. The museum idea is more than just a half-hearted solution: we can show how much we've truly progressed as a nation if we can consolidate such a compromise that caters to all sensible opinions. We can take that crucial step towards achieving the idealistic melting pot and diverse haven that I and so many of us aspire towards.



## Catalonia, Remain in Spain!

Charlie Preston '21  
Guest Contributor

When deciding whether a region should be independent, one very important factor must be considered: how will this affect our definition of what a country should be? I believe that we should work towards countries that are going to unite their people based on principles and ideals, not ethnicity and language. With these criteria, Catalan Independence is a step in the wrong direction, for although the Catalonians do have other reasons to split from Spain, their main objective is to create an ethnically

**To divide ourselves like this would be a disaster both logistically and morally. We have survived because we have united ourselves for the better.**

and linguistically Catalanian State.

When hearing the arguments for Catalan independence, one most often hears that Catalonia produces 19 percent of Spain's tax revenue while only having 16 percent of the population. The fairness of this system besides the point; it can be solved by legislative means. I'd say secession is going too far for problems that can be fixed in the Spanish General Court. Surely there must be other reasons for independence.

Amongst others, these are three reasons for Catalan Independence: they speak a different language, Catalan, the country was once separated, in the form of the Kingdom of Aragon, and Catalonians have historically voted against eventual winners, including fighting for the losing side of the Spanish Civil War.

Starting with the Catalan Language, it is stronger than ever, as according to the Statistical Institute of Catalonia (Idescat) and the Catalan Language Observatory, 73 to 84 per-



Courtesy of Google

cent of the Catalan population age two and above can speak Catalan. Compare that to the mere 60 percent of Catalonians who are 75 or older who speak the language.

Secondly, the last time Catalonia was somewhat independent was in 1469, before Isabella I of Castile and Ferdinand II of Aragon married. Although this interregnum in the self-

**But as Catalonians, Venetians, and Scots alike think about moving towards independence, we must ask ourselves what this means for our own Republic.**

rule of Catalonia has been long, the Catalan culture has not been lost, and many modern Catalonians still see themselves as culturally separated from the rest of Spain (for example, bullfights common in the rest of Spain are banned in Catalonia).

Lastly, out of the 13 Spanish National Elections since 1977, Barcelona has voted against the eventual winner seven times, the last win being in 2008, three elections ago. Most of those seven were back in the early days of the Republic, with wins now getting further and further apart. This exemplifies even further their desire to become in-

dependent.

These are the reasons Catalonians have, but these are all the wrong reasons. These three arguments divide by language, history, and political ideology. Do we really want to use these factors to split up countries? Take France for instance. The people are mostly French, they mostly speak French and they, for the most part, have historically been "France." But if we decide to split ourselves up like this, we still alienate the small portion of the French who don't fit these descriptions. Bringing it back to Catalonia, there is a small number of people who speak Aragonese, another language relating to Spanish and Catalanian. Should these people split from the new Catalonia? I think not. With over 7,000 languages spoken, our world map would look more like a

**Although Catalonia was once its own country, that doesn't warrant it splitting from the rest of Spain.**

puzzle than a set of sovereign countries.

Or take the "historically a country" argument. Although Catalonia was once its own country, that doesn't warrant it splitting from the rest of Spain. The region is now a part of a larger community, and they should

work together, despite their differences of opinion. Catalonia has been given special autonomy by the Spanish government. They have always been able to sign their own laws, and they have seats in the General Court. The Catalonians have a voice. But instead of using this voice to argue for themselves and for the good of the Republic, they have decided to use that voice to divide.

We had a good run with this idea: that countries should be based off principles and ideals, not ethnicities and language. But as Catalonians, Venetians and Scots alike think about moving towards independence, we must ask ourselves what this means for our own Republic. We come from all corners of the globe, speaking languages of every kind, leaving peoples who we have lived with for thousands of years. To divide ourselves like this would be a disaster both logistically and morally. We have survived because we have united ourselves for the better. That is the intended future of humanity: unification. Thusly, Catalan Independence is as step in the wrong direction.

Although the brutality that Spain has shown to Barcelona and other areas may now warrant independence, I sincerely hope that the atrocities will stop and that the people of Catalonia will re-evaluate their decision, as it will divide peoples, Europe and, if this precedent continues, the world.



# ExonianHumor



## Republicans in Congress: "Thank God Climate Change Isn't Real, or the Hurricanes Would've Been So Much Worse"

By **BILLY O'HANDLEY**  
*"Has the Body of Linguini"*

In a response to calls for the Republican Legislature to acknowledge the growing threat of global warming to help fix the damage that it has caused, the GOP made a statement saying not only that global warming wasn't real, but that we should thank our lucky stars that it isn't. "I mean, this was already the worst year in the history of weather. Imagine if this so called 'climate change' was real! It would have been so much worse!"

In other news, local humor editor Billy O'Handley has been gradually making his punchlines longer and longer so he can write shorter articles. Time will tell if this is a sustainable strategy, but he really needs to spend some time working on his college apps and finding a way to make "Humor Editor" sound professional.

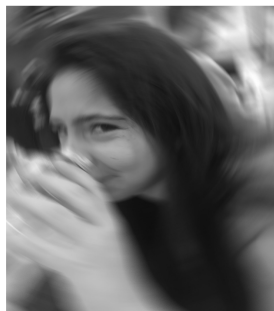
## 5 Important Life Skills Exeter Teaches You

By **EMILY GREEN**  
*Skilled*

1. How to passive aggressively ask someone to shut the gosh darn heck up without ruining your friendship with the aforementioned person.
2. How to make AND eat ramen in bed.
3. How to sneakily steal a pump of someone else's shampoo when you run out and can't make it to Walgreens until Saturday but don't want to look like an actual grease monster.
4. How to use tensions in the Middle East to make friends.
5. How to go to the Health Center and respectfully ask if your toe bruise is actually cancer of the toe and when you will need to get it severed.
6. How to strategically schedule your friendships.

## TFW Parents Are Coming and D-Hall Lines Are About to Become a Living Hell Due to Overcrowding and Marginally Better Food

By **THE HUMOR EDITORS**  
*Executed Presentation Enthusiasts*



Sorry Ava, We'll Put Your Article in Next Week

Submit to the Humor Page.

Email [exonianhumor@gmail.com](mailto:exonianhumor@gmail.com).

## Recent Search History, By Grade

By **LIZZIE MADAMIDOLA**

*"Make my byline, 'Suck an Egg, Losers' if this gets into the paper, okay?"*

<p><b>Prep:</b> How to fit in Cute all black outfits Alex the geologist is in the desert, 6 miles from a long, straight road. On the road, Alex's jeep can do 50 m/hr, but in the desert sands, it can only go 30 m/hr. Alex is very thirsty and wants to buy a Pepsi at a gas station which is 8 miles down the road from the nearest point. N, on the road. Which route would take Alex less time: going directly from A to P, or traveling from A to N to P? What is the synopsis of Richard the Third Will getting prep rep get me into Harvard early? Does perfume work as sham-</p>	<p>poo? Does cologne work as deodorant? <b>Lower:</b> How to find out if your crush likes you How to be relevant Will stulis get me into college <b>Upper:</b> Cool U.S. History topics no one writes about Do grades matter? What is the green light? Ben Franklin is a pimp? Will getting proctor get me into college? How to get a full night's sleep in two hours</p>	<p>(libguides.exeter.edu) (noodletools.com) (canvas.exeter.edu) (naviance.com) (purdueowl.com) (doc.google.com) <b>Senior:</b> Senior Pranks that won't get you kicked out Phillips Exeter Academy Football Roster 2017-18 Career paths that don't involve a college degree Will I get into college? Gap year options <b>ALL:</b> How to brew coffee, black and strong</p>
-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

## The 5 Types of Exonians You'll Meet at the Library

By **ABBY ZHANG**  
*Diligent Prep*

1. The Diligent Prep - the diligent prep can be found in some upperclassman's booth that does not belong to them, slaving away at whatever "work" preps get nowadays, making sure they secure those passing prep fall grades. But these wide-eyed creatures are especially fun for the curious onlooker! Observe one from afar and play a little game with your friends called "when will this prep stop caring?" Place bets. Keep score.
2. The "Taking A Break" - you always see this kid at the library doing literally everything except studying. They're either making a D-hall run, fast asleep on a couch somewhere or shoved in a corner booth on floor 3M watching Netflix at mid volume without headphones on. Always has that guilty look in their eyes.
3. The Camper - when this kid goes to the library, this kid commits. Find them in the same booth every Sunday, buried beneath stacks upon stacks of books and binders. Grind never stops. What is a "break?" This kid is doing homework due two weeks to three from now. You didn't even know that was possible.
4. The Study Group - this is more than one kid but catch them "discreetly" playing their music out loud, revealing fascinating tidbits about random people's personal lives, and getting things thrown at them from the floor above.
5. The Upper - yeah no, I could tell you all the gruesome details but I have to learn about the cell membrane now if you'll excuse me.

## Dish of the Week: Billinguini

By **GILLIAN ALLOU**  
*Food Network Star*

Hey, kids of Exeter, you're cooking with Gillian, the Paula Deen of Pasta! On this week's menu is Billinguine, the cheis special. Cooking this world renown delicacy is easy, delicious, and contains few to no calories!  
To cook this dish you'll need:  
-97 lbs of Billy (preferably from Cilley but if you don't have one on hand you can settle with a Billy from Abbot)  
-A pot of boiling water  
-1 tablespoon of salt (kosher if course)  
-Pale white pepper  
-1 cup of Billinguine Sauce"  
(be careful not to add more than this amount or your Billy will get lost in the sauce)

Start off by dropping your Billy

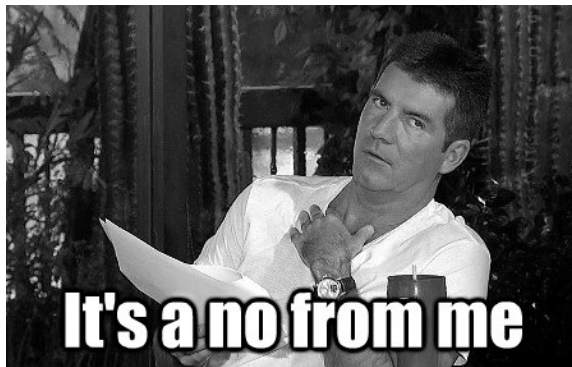
into the pot of boiling water. If his skin begins to redden, that means that it's cooking. Take this time to put a lid on the pot so that your Billy doesn't try to escape. You'll know that the dish is almost ready when your Billy starts singing a selection from one of his favorite albums, Taylor Swift's chart topping Fearless. Once the singing has finished, you can remove the lid and check if the Billy has cooked to perfection. Wait three minutes for Billy to cool, if his body is limp and he hasn't mentioned his Mark Cuban story over the course of that time, you can now slide him onto a plate. Next, season Billy's now lukewarm alabaster flesh with your pale white pepper and kosher salt. For a bit of extra flavor, you can rub vegetable oil on his muscular, glisten-

ing body. Finally, open up a jar of America's favorite— Billinguine Sauce". If you're all out, the sauce can be found in the Pet Supplies section of your nearest Walgreens. Once you pour the sauce on your cooked Billy, you have finally made Billinguine! Enjoy this meal by yourself, with your friends, or even with a faculty member! There's always enough Billinguine to go around!



## When the Math Book Asks You to Do a Problem Longer than Two Lines

By **EMILY GREEN** and **LIZZIE MADAMIDOLA**  
*Mathletes*



## Quote of the Week

"Overheard at Joshua Katz assembly"  
"The assembly speaker is kinda weird."  
"But did you know that he was educated at Yale, Harvard, Oxford, and Princeton?"  
"Actually, he's kind of cute."

We need friends. Add us on social media. @billyfromcilley, @green\_beans or @senorblaise on Snapchat. @ced\_blaise and @green2000 on Insta. DM us a funny joke or zesty meme. Or just DM us :)





# Exonian News



The "Pioneering Voices: Portraits of Transgender People" exhibit is on display in the Library Commons.

Julia Goydas/The Exonian

## Library Exhibit Displays Photos of Transgender Couples

By MAI HOANG  
and JASMINE LIAO  
Staff Writers

As students walk into the Library Commons, it's difficult to miss a grey multi-panelled stand, on which eleven pictures of seemingly ordinary couples hang. They're sitting in front of typical white-washed houses, petting dogs or playing with children. Upon closer examination it becomes apparent that these are photos of non-traditional families. Some have two moms or two dads. Below each frame, a statement is pasted, spelling out the fears, hopes and dreams of transgender couples in America trying to be accepted by their societies.

The library chose to hang these photographs depicting people identifying as transgender or gender-queer in honor of LGBTQ History Month, which is this October. The exhibit, titled "Pioneering Voices: Portraits of Transgender People," comes to Exeter from the Family Diversity Project based in Amherst, Massachusetts. With the aim of helping non-straight people share stories that will change others' opinion about family stereotypes, photographers Jack Pierson, Gigi Kaeser and editor Peggy Gillespie took pictures and interviewed individuals from different

walks of life, some as young as nine and as old as forty-five. The library display is supported by the Charles J. Tanenbaum fund.

Over the summer, Exeter's Reference and Outreach Librarian Virginia Rohloff searched for exhibits to bring to the library on the themes of community and diversity. In her search, Rohloff also hoped to complement the Lamont Gallery's October installation, Queer Kids, another photographic project centered upon the self-expression of gender-fluid individuals. Exeter librarian Gail Scanlon recommended the Pioneering Voices exhibit after having seen it on display at the Mount Holyoke College library. Rohloff then contacted the Family Diversity Project, a local organization that aims to display their works at schools nationwide. "Ms. Rohloff and I thought it would be a valuable exhibit to bring to PEA this year as our school focuses on issues of diversity, inclusion and equity," Scanlon said.

In bringing the exhibits to Exeter, the librarians hoped that Exonians would be more educated on the topic of the LGBTQ movement worldwide. "Having the opportunity to learn about anyone different from yourself helps you become a more empathetic person," said Rohloff, who strongly believed that additional awareness of transgender couples' struggles is

crucial at the current moment—over the summer, President Donald Trump signed a directive preventing transgender citizens from enlisting in the military. To raise awareness, Rohloff had the exhibition installed in the Library Commons, a space where she hoped "people would see them the most."

Upper Grace Gray agreed that the Library Commons was a good location because it had a unique appeal to "different groups of people [...] some people who are by themselves studying, groups of friends coming to hang out, or some people have club meeting." She found it interesting how the various groups "come together in this central spot and have different attitudes and experiences from [viewing the exhibit]." Meanwhile, upper Samantha Olmsted believed the decision to put the exhibit in the Library Commons had an almost symbolic quality. "I think [the exhibition] shows how Exeter is very diverse and inclusive," she said, "especially since it's placed in the middle of the library, the center of our learning."

Student reviews of the exhibit have generally been positive. Lower Dylan Shen thought that this was a very eye-opening exhibit, saying, "I have a few gay friends, yet I never thought about the difficulties that they might have faced until I saw this

exhibit." Prep Katie Reid believed that the exhibit's appeal lies in its "utter honesty." In addition, prep JaQ Lai said he liked how many of the photographs involved the subjects' background and surroundings, often building upon each with the subjects themselves in a manner "reflective of how identity must be understood not only as something intrinsic to a person but also in the context of their own surroundings."

For those particularly interested in reading the story behind each transgender person, however, the exhibit did not provide adequate context. According to Shen, there should be an online portal where viewers can read more about the specific individuals photographed. "The most interesting part of this exhibit are the captions that are beside each of the images," Shen said. "Learning about each person's story helps visualize the issues that these people ran into." He wanted to see these expanded upon by more detailed descriptions and narratives.

Rohloff and Scanlon both expressed a desire to hear more feedback from students regarding the exhibit. "I haven't received any reviews from the student body," said Scanlon, adding that she would consider putting up a notebook next to the stands for exhibit viewers to write down their thoughts.

## Uber Provides Exonians with Means of Escape from Campus

By DON ASSAMONGKOL,  
JACOB FEIGENBERG  
and EMILY KANG  
Staff Writers

Many Exonians leave campus on the weekends in search of new experiences and physical distance from the Exeter bubble. While many of these trips involve a train ride to Boston or a drive upstate with parents, far more common are the outings to neighboring towns like Portsmouth with friends that can be planned in the spur of the moment and do not require students to file out-of-town paperwork. For these excursions, many students use popular ride-hailing services such as Uber or Lyft. The convenience of this form of transportation means that these trips go largely unregulated by the administration and faculty, adults responsible for students' safety.

Under the subheading of Motor Vehicles, the E-book says that "Boarding students may not possess or rent motor vehicles on campus or in the Exeter vicinity. Students may not accept rides from passing motorists," and goes on to list the three conditions under which borders may get in these vehicles.

Although the literal interpretation states that boarding students are thus unable to use ride hailing services such as Uber since they are listed as rentals, Dean of Students Melissa Mischke clarified that they would be able to in accordance with the second stipulation of the E-book, though she expressed concern for students' safety. "The rule in the e-book says that you are allowed to get in a car with someone 21 or older. However, I don't recommend that," she said. "I recommend that you let somebody in your dorm know or even write something on your whiteboard so that way if you're missing, we know where to look for you."

Mischke warned that students should be wary while using these types of services. "I think any student should be cautious

when it comes to using any type of car service: you should use ones that are well-known and that are used all the time, like the services that the school provides," she said.

Dean of Residential Life Arthur Cosgrove explained that many rules regarding motor vehicles are in place to ensure student safety. On boarders not being allowed to ride with day students under the age of 18, Cosgrove said, "The regulation comes from an abundance of caution. We don't know anything about the driving ability of day students. Whereas with a driver over the age of 21, we are more confident of their ability behind the wheel."

Nevertheless, many students continue to use these services. Cosgrove admitted that he himself knew that students use Uber "quite a bit," while some pointed at the potential for students to use such services without permission of the faculty on duty. Soule Hall Dorm Head Filip Sain said "If a student were to use, a teacher wouldn't necessarily know." Many students for the most part, though, like the prospect of a casual ride-hailing service.

Senior Jack Baker praised Uber's service. "It's an easily accessible means for transportation, and as long as students' travel doesn't exceed the ten-mile radius, I don't see a problem with using it," he said. "If we are allowed to travel with the parents of our friends with consent from our parents, I think we, too, should be allowed to use Uber under similar conditions."

Upper Weldon Chan expressed similar thoughts, emphasizing its convenience. "There's literally one taxi in town and I know because I've tried. If you look on the streets there are no taxis so our only option is Uber," he said. "It's cheaper and more convenient if you need to get to somewhere. Plus, if you have a few friends to split the bill it's reasonably cheap."

Upper Eli Ferhangil had some thoughts on the school's responsibility regarding public transportation. "I use Uber

a lot in New York City, but if anything happens to me it's my parent's responsibility. If I use an Uber here then it's the school's responsibility. I know a lot of people who use it here, to either go to the beach or the mall and movies because the school trip is too long. It's often the easiest and quickest way to get somewhere that far from campus." A common theme in all of the preceding examples is the convenience of Uber to a great majority of students. It is quick, does not require any lengthy out-of-town permission forms, and is split among several students, relatively cheap.

Lower Ali Markowitz brought up an idea that requiring parents to sign permission forms might make Uber a more trustworthy option. "I think it's important that parents give permission for their kids to use Uber. If they have no issue with it then it's a great resource for us to use when we have to go off campus." With parent permission, the responsibility is placed in the parents' hands making sure their child is safe during the ride. Just like signing waivers, this would help with the liability issues made possible by Uber.

Chief Financial Officer David Hanson prefers using ride-hailing services as he believes they are safer. "To me, it seems safer because the driver and the company (Uber) know a lot about you and you know something about them. For example, the company knows my name, address, phone, ride history and credit card information. And, I know who the driver is, the type of car and their Uber rating. And, the company knows a lot about the driver and has done a background check," he said. "There have been some bad incidents reported in the media about ride-hailing services, but bad incidents can happen in taxis, too. Overall, Uber and similar companies, like Lyft, seem to provide a good service."

However, some students did point to the negative aspects of using such services. Upper Sam Michaels said that these services add an additional cause which could

cause strain. "Uber's definitely good, but I guess I don't like having to pay some extra cash when I could easily bike to a decent restaurant close by instead of something at Epping," he said. "I don't want to limit anyone from having a good time because of financial limitations."

Upper Thomas Le agreed with Michaels' sentiments, emphasizing that "No one should be excluded from a social outing just because they can't afford it," he said. "The Academy should provide a free service to students given how many kids already use the service. That gets rid of the liability issue and inequality issue, so I don't see why not."

Some students pointed to the broader issue at hand and how it can change the Exeter experience. "If you can afford to go to Portsmouth or the beach than it definitely changes your experience here. There are plenty of things that have to do with socioeconomic status here like team gear and E/A gear," senior Layne Erickson said. "Even going out into town with your friends on the weekend is more connected to someone's economic status than uber is. I've had friends choose whether or not they should do laundry or come out to dinner."

Cosgrove highlighted that Exeter already has a very open and students have many opportunities to have fun here. "If you compare our school to a lot of their boarding schools, in terms of our open campus and our policies on leaving campus, we're more generous. It's easy to leave this school and go to Epping or Portsmouth, especially because you only need to let an adult know, and don't need to fill out an out of town," he said. "Some people can afford things that others can't. We do offer opportunities for students to get off campus, like in student activities, and there are a lot of those opportunities. But if someone needs to go out of town, then tell them to come to the Dean's Office and we'll arrange transportation for them."



# ExeterLife



A family performs a traditional Maori dance at the International Festival.

Julia Gorjahn/The Exonian

## International Festival

By NIKITA THUMMALA,  
JOHANNA MARTINEZ and  
VERONICA CHOULGA  
Staff Writers

On Sunday, Oct. 8, Elm dining hall opened its doors for students to come and experience a glimpse of the diversity in Exeter. Vibrant colors of decorations at each booth and smells of Indian samosas and warm French beignets filled the building. Exeter is home to 92 international students hailing from 30 different countries. The annual International Festival provides an opportunity for students from different parts of the world to share their cultures and traditions with the community. The event aims to raise awareness of the different cultures and traditions of some of our fellow Exonians.

The Dominican Republic booth was filled with an array of cookies with tiny crosses in the center at the entrance. The cookies are customarily eaten with ground coffee, café Santo Domingo. The crosses exemplify the strong religious influence in D.R., as the booth's organizers Lower Genesis Baez and Leah Delacruz informed students that "most Dominicans are Christian or Catholic." D.R. is known for its love for plantains and coconuts, as well as

dulce de leche and besitos de coco. Delacruz also introduced to students a special tourist attraction in D.R. called Punta Cana which has "a lot of hotels and beaches." After learning about the traditions and cultures of Dominican Republic, Baez and Delacruz would ask each person to say, "Yo aprendí mucho de República Dominicana," which means "I learned a lot about the Dominican Republic."

The Japan table was especially alluring with its many decorations and delicious Kit Kats. Senior Anna Clark discussed how Japan has developed an array of unique flavors in these sweet treats, such as strawberry cheesecake, ginger carrot and green tea flavors. They also had Pocky sticks for people to munch on while they were appreciating the creative art of Origami. One of the organizers at the booth taught people how to fold a simple square piece of paper into a crane or a dragon. This creative and special activity is just one part of Japanese culture. Clark said that another aspect of the booth was the "decorations of cute characters and packaging with every item." The booth did a good job showcasing Japan's rich and vibrant culture with engaging activities and tasty snacks.

Ultimately winning best decorated, the Russian table displayed a collection of embossed books, ranging from classic Russian

poems and folklore to a translation of Shakespeare's *Romeo and Juliet*. A large pot full of pelmeni, the Russian version of dumplings, took center stage, with two huge mounds of candy completing the colorful arrangement. However, even this rich display could not hope to truly show the vastness and complexity of Russian culture. When asked to explain the culture, senior Lauren Maguire asked for more specificity. "It is a really big culture and I am very proud of it," said Maguire. Maguire wore a loosely placed blue head scarf with a flowered design. "In the churches in Russia, if you are Russian orthodox, you have to wear a head cloth when you go into the church to be respectful," Maguire said. Some visitors in front of the booth were jumping vigorously up and down, with their heels popping out here and there. "To get a passport stamp, people should do their rendition of Russian dancing," Maguire said. Overall, the Russian booth, like Russian history, was colorful and energetic.

Returning and new students seem to share a similar joy and fascination of the festival every year. When they were not crowding around the different booths, students were stuffing their faces with desserts and other foods provided by the dining hall staff at Elm. "The pork dumplings and the fries with gravy were probably the best, personally," said lower

David Gonzalez. Upper Rose Martin had visited lots of booths and had tried almost all the food available. "The food that they have here today [are the ones that] I don't usually get in Exeter, and now that they're all here, I'm kind of overwhelmed, but I'm also really happy," she said. Besides enriching their taste palates, students broadened their horizons by learning interesting facts unique to each country, in hopes of getting a stamp for the passport book. "I learned a lot about Hong Kong; I learned that they use over three million bamboo poles for construction each year," prep Nahla Owens said. She thought the use of a passport and the competition attached to it was a good idea to have people learn about the countries and their cultures.

The International festival has been a popular event among students at Phillips Exeter and members of the community alike. Students with different ethnicities and cultures got to explore and present their roots during this big event. They had planned the booths, decorations, and food long before the event occurred to make sure that it was an enriching experience for all. Whether the student was a representative of a certain country or just a visitor, everyone who attended the event had a wonderful time and looked forward to the festival in next year.

### ClubSpotlight

## HEMOCHROMATOSIS AWARENESS CLUB

By BELLA ALVAREZ and  
ISABELLA AHMAD  
Staff Writers

Hemochromatosis is a disease that affects over 200,000 people in the United States per year, and yet it is practically unknown. Senior Tricia Moriarty, however, is working to bring awareness and action to the Phillips Exeter Academy campus through Exeter's first Hemochromatosis Awareness Club.

The hereditary disease, an iron buildup disorder, can potentially be fatal if not diagnosed and treated properly. Describing it as the "opposite of anemia," Moriarty emphasized the need for diagnosis. "Once you are diagnosed through a simple blood-drawing test, it is very easy to treat—you just have to get phlebotomies every month or every other month, depending on the amount of iron buildup in your body, to maintain your iron levels," she explained. "Too often, it is not diagnosed."

Moriarty became aware of the disease when she learned that her grandfather had it. "I watched my grandfather suffer and die as his organs began to slowly fail, ultimately because of hemochromatosis," she said. However, Moriarty also saw the other end of the spectrum; her father and his four siblings received an early diagnosis and have been treated for the disease. "Because they knew to get tested, they saved themselves from suffering like their father and will now live a longer and happier life," Moriarty said. "I am a carrier, so my kids could have the disease, but I personally do not have to get treated."

Moriarty founded the club in the fall of 2016, having lost her grandfather the prior summer. "I wanted to make the community aware of the disorder that they could potentially have, as it is so common but not very familiar to people," she said. "I wanted to eliminate possible suffering among my community and the communities outside of Exeter."

Senior Molly Canfield, a member of the club, was unaware of the disease until Moriarty drew attention to it on campus. "Until midway through upper year, I had never heard of hemochromatosis," she explained. "This lack of awareness inspired me to join the club." Canfield hopes that in working in conjunction with Moriarty, they will be able to save lives. "If hemochromatosis is caught early on, lives can be

spared. However, like I was, most people are unaware of the disease and would not think to get tested for it," Canfield said.

Similarly, senior Grace Gasper benefited from Moriarty's call for awareness. "After joining the club, I actually learned that hemochromatosis runs in my family and that my uncle has it," she said. "It was a big wake-up call for me to realize that I had never even bothered to learn what hemochromatosis was before, so I hope now I'll become more aware of not just the things that affect me directly."

In order to broadcast awareness to the Exeter community and the broader global community, Moriarty runs a Facebook page with the help of her club members. "In our meetings, we discuss what would be helpful to put on the page in order to reach the most amount of people," Moriarty explained. "In the past year, we have posted links, photos, and genetic maps on the page." Future plans for the club include making a petition for hemochromatosis testing to be fully covered by health insurance. "As of right now, it is not covered by companies, which contributes to the disease's anonymity," she said.

"There are a lot of different pettion ideas that I would like the club to discuss and decide which one we would like to focus on." Moriarty's efforts have been met with praise and eagerness from all around the world. "We have even had outside people reach out and ask for help setting up a similar program started in their area," she said. "The Hemochromatosis Australia group has been super helpful and supportive of our club's endeavors."

Members of the club also praise Moriarty for her enthusiasm and dedication to the club. "Working with Tricia is really inspirational," Canfield said. "She has managed to take an issue that she feels passionately about and bring attention to it both in her community at home and at Exeter." Gasper echoed this sentiment, saying, "I love the members of the club. They're all super friendly, so meetings feel like a break from work rather than an additional chore."

Ultimately, Moriarty is glad that fostering hemochromatosis awareness has positively affected the people around her, and she hopes to work towards even more awareness, testing and treatment. "As a club, we are promoting awareness for something that can affect an Exonian for the rest of their life—possibly even save them from suffering in the future," she said.

## DRAMAT Shows Off

By MAI HOANG and  
SEBASTIAN BANGO  
Staff Writers

DRAMAT, Exeter's student-run theatre company, presented two shows in multiple parts this past weekend. The first, directed by upper Sam Gove, was an adaptation of *Bang, Bang, You're Dead*, the story of a boy haunted by the memories of the people he killed. The second, directed by lower Paula Perez-Glassner, was two vignettes from "Almost, Maine," a romance-themed play set in a small rural town.

Perez-Glassner explained her show. "Each scene centers around a general theme of falling in or out of love and includes elements of magical realism," she said. "I've really enjoyed directing this show!" The actors, lowers Aiwon Desai and Elizabeth Dentzer and uppers Jack Stewart and Pavan Garidipuri, worked hard to bring their scripts to life, according to Perez-Glassner. "They always are quick to pick up notes I give them and have worked with me on creating their characters and making the scene look natural," she said. For their part, the actors lauded Perez-Glassner's direction throughout the show and rehearsals. "[She] was very thorough and helpful in the process of understanding the characters and the scene's dynamic," Garidipuri said. Desai agreed, saying, "All the people involved, from directors to cast mates to the DRAMAT board, are so enthusiastic about the show and theater in general, which has made the rehearsal process wonderful to be a part of."

For Garidipuri, DRAMAT was a way to continue a long-standing passion for theatre. "Coming to Exeter as a new upper, DRAMAT felt like the perfect fit to improve my acting skills and get familiar with the procedure," he explained. Desai also enjoyed working with the student-driven theatre group. "I'm a new lower this year, so I haven't participated in any other shows at Exeter yet, but I hope to be in many more while I am here!" Desai said.

The other show, *Bang, Bang, You're Dead*, was a directing debut for Gove. "I

chose *Bang, Bang* because I think it had a really important message that was shown in a way most people wouldn't expect," Gove said. She credits her actors with the success of the play, saying, "The actors were great, they improved so much over just four rehearsals and really brought the play to life—I owe it all to them."

Likewise, the actors praised their director. "Sam was very patient with us and our mistakes, so I'm thankful for that," upper Alex Sweett said. "I have never been in a play before, and I'm glad I tried something new."

Senior and DRAMAT board member Jacqui Byrne oversaw both productions and attended both shows. She was delighted with each performance and remarked on the skill of Gove's cast. "I was really happy with *Bang, Bang, You're Dead* because they improved so much from the review." She also gave insight into her upcoming production of *Heathers the Musical*. "Heathers has been such a fun process so far, it's a lot of work but the cast is so brilliant," Byrne said. "I am very happy to have such a great co-director in Mila and music director in Sophia Zu. It goes up in the early spring and we are so excited for everyone to see it!"

As DRAMAT completes the first of its many performances, senior and co-head Teddy Scott shares how his personal history with the club drives his vision for the rest of the year. "I love dram, and hopefully without sounding cliché, it's been a special part of my Exeter experience," Scott said. "My hope for dram is that I can open that opportunity and share my experience with as many people as possible—athletes, theater kids, STEM kids—and give them a place where those labels don't define them."

Beginning October twenty-second, DRAMAT will present an adaptation of "King Richard the Third," directed by Louisa Bartkovich. She said that the scene to look out for will be when the Duchess of York is trying to persuade her husband not to inform on the king's son. "I am taking on a more humorous approach to the scene, and you will have to come watch it to find out what it is!" Bartkovich said.



SeniorSpotlight

# Judicious Jo

By SUAN LEE and GINNY LITTLE Staff Writers

The cheers of the girls' cross-country team echoed across the field, growing in sound and energy. The runners stay huddled even after the chants have come to a halt. They lean into the center of the circle as Joséphine "Jo" Tess Chopin de La Bruyère delivers one of her famous inspirational speeches, preparing her teammates mentally for the race about to begin.

A beloved teammate, dormmate, student and peer, four-year senior de La Bruyère is known for having a drive and unflinching positivity that seeps into every aspect of her life at Exeter, from running cross country to serving as a proctor in Langdell Hall to leading the Mock Trial team.

Many of the girls' cross-country runners attribute the team's close-knit relationship to de La Bruyère's alacrity. According to alumna Sarah Brown '17, "Jo is always down for an adventure, whether this includes a five mile unicycle ride, icing in the river or jinja-rolling over fences to the cross-country 'tree.' In addition to being energetic, de La Bruyère is a determined and charismatic leader who encourages every member of the team to give their best effort. 'She's a very hard worker and inspires that same type of hard work in the people around her,' upper and fellow cross-country runner Grace Gray said. "She goes after her dreams, but at the same time, she cares for a lot of people, and that's really inspiring to me."

De La Bruyère's determined and supportive nature is also evident in her involvement with



Reima Matsumoto 'The Exonian'

the Exeter Mock Trial Association, where she is now serving her second year as co-head. After joining the team as a prep at the urging of upperclassmen in her dorm, she quickly developed a strong affinity for the club. To this day, she still appreciates the unique ways that Mock Trial challenges her. "In Mock Trial, there's always a way to be right. It's just about who can argue their side better. It offers me the opportunity to study the law, work on Harkness in what I think is its purest form and ultimately destroy the competition—all three things that I love," she said.

Senior Anna Clark, a fellow Mock Trial co-head and cross country runner, considers de La

Bruyère to be one of her "best friends and idols" and admires her constant enthusiasm. "She will correct my dangling modifier in the middle of a conversation during a run. She delivers a closing statement that forces me to learn in without realizing. She is one of the most hard-working people I know," Clark commented.

De La Bruyère spent this past summer working at the District Attorney's office in the Domestic Violence bureau, applying her skills from Mock Trial to a real professional setting. "To see the law in a more personal context where it actually affected real people was a wonderful experience. It gave me a chance to explore what the law is like outside of mock

courtroom, and I became more passionate about it," she said.

An avid scholar of politics, history and languages, many of de La Bruyère's other passions and pursuits have been humanities-oriented. Her 430 research paper on the Supreme Court case "Muller v. Oregon" was one of four recipients of the esteemed Negley Prize earlier this year. "Jo's writing is well-organized, lucid and well-supported with evidence," History Instructor Betty Luther-Hillman said. Her colleague, History Instructor William Jordan agreed, praising the paper for being "insightful, deeply researched and a joy to read."

De La Bruyère is conducting a 999 study on absurdism in mid-20th century French theater this term as an effort to intertwine her passion for history with her love of French. She developed an interest in French absurdism and existentialism last winter after reading *The Bald Soprano* by Eugene Ionesco in her French 505 class. "I've been loving it, and I can definitely see myself studying this subject in the future," de La Bruyère said.

Having attended a small all-girls school in New York City before coming to Exeter, de La Bruyère says she was looking for "something bigger." Besides the relationships she has fostered in this community, her favorite part about her Exeter experience so far has been the extent to which it has forced her to keep improving. "Everybody's competitive. Everybody wants to succeed," she explained. "Some people think of that in a negative light, but I like it. I think it pushes everybody to be the best they can be."

## HOROSCOPE

By LAUREN LEATHAM and ALEXANDRA VAN DIJKUM Columnists

**Aries:** Take it easy this week, Aries. With the sun moved out of your sign, you might feel like the last couple of weeks have caught up to you. Alone time is okay, and chill weekends are encouraged. This is the week to focus on yourself and recharge before midterms.

**Taurus:** Your hard work will pay off this week, Taurus! With Mars exiting your sign and the year coming to a close, your goals will finally come into fruition and you will see growth over the next month. Be proud of yourself because you will accomplish everything through your hard work!

**Gemini:** This is the time to look ahead and set goals. With Mars entering your house of success, it is a good idea to figure out what you want to do and how you want to do it before the term ends. Be thorough in your goals, Gemini; you tend to be indecisive, but with a little time, you will no doubt come up with amazing ideas.

**Cancer:** This is your week of adventures, Cancer! The school year is still young, and it's a great time to take advantage of the warm weather while you still can. Whether that means biking to go apple picking or even to the beach, just do it and have fun!

**Leo:** As midterms approach, now is a great time to reflect on these first few weeks. With the sun in your second house of relationships, it is a great time to think about the people in your life and show your appreciation for them. The past couple of weeks have been all about you, so now is the time to give back.

**Virgo:** Hang in there Virgo! This is the week of the grind! Jupiter is still in your sign and will help you focus on your goals for the near future, so crack the books open. Your midterm grades will reflect the extra work you put in!

**Libra:** This is your week, Libra! This very well may be your best week of the term so appreciate it as much as you can. You've had some rough times so far, but don't worry—a stress free life is just around the corner. Enjoy the small victories in your life and keep your head up. You got this!

**Scorpio:** Get down to work! This is the time for you to focus and learn as best as you can. If you study hard now, you will be incredibly glad in a few weeks. Later, you can relax, but if you get your head in the books early this week, you will be greatly rewarded.

**Sagittarius:** Relationship wise, this will be a tough week for you, Sagittarius. You'll hit some bumps in the road, but nothing you can't recover from. Give yourself some space from the ones you always spend time with. Sometimes a little time away can strengthen a relationship in the long run.

**Capricorn:** Quickly, before it gets cold out, spend your time outside, Capricorn. Go explore the nature and indulge yourself on the simple pleasures of life. If you go for a walk or a bike ride, you will be amazed by how much your perspective on things can be changed.

**Aquarius:** Take this week to focus on yourself, Aquarius. Think about the habits you have been making for yourself and the standards you have been setting for yourself. Try to push yourself even more than you already do. A little bit of added hard work can go a long way.

**Pisces:** You've got some exciting new changes coming up in your life, Pisces. Keep meeting new people and opening new doors to new opportunities, and you will be surprised with what comes your way. Get excited, Pisces - things will change for the better very soon.

## MOVIE REVIEW: A GHOST STORY

By ALAN WU Staff Writer



"A Ghost Story" is an absurd film that is absurd in concept and in execution. Considering all of the odd and highly experimental films that have come out in the past few years, I do not make this statement lightly. Nor do I mean it with any negative connotation. Rarely have I seen a film so wholly unique and unceasingly mesmerizing. I don't think I moved a single muscle during my first viewing of the film. "A Ghost Story" is a film relentlessly dedicated to fostering mood and fitting the perfect images, sounds and edits to clothe that mood. I would suggest anybody to go see it without having heard anything about it. It is a film that must be seen with a clean slate and a focused attention. I'm urging you, for the sake of the holy pantheon of awesome filmmaking, to stop reading this review and to go see it. If you don't care and want more information, then read on. I will try my best not to spoil the film's treasures, but in my eyes, everything I say is going to be a spoiler of some sort.

The film opens with a quote from Virginia Woolf's short story "A Haunted House," aptly molding the film's atmosphere and providing a foundation that will emotionally pay off later in the film. We meet C (Casey Affleck) and M (Rooney Mara), a young couple who occupy the film's first few moments debating about whether they should move out of their remote home on the outskirts of Texas. Despite their disagreements, they appear to lead a comfortable and affectionate relationship. Contrasting to the pastoral elements in the story's settings, the camera lurks suspiciously as the film's score swells in drones of eeriness. Following a series of understated narrative beats, C is dead. At the morgue, M looks down on C's dead corpse—a simple slab on his forehead from a silent, off-screen car accident. Eventually, M exits the frame. The camera stays its focus on C's body which suddenly rises up and takes the narrative limelight.

It is at this particular moment that "A Ghost Story" threatens to crumble into the absurdity of its premise. This tale about a dead man walking around as a mute ghost, dressed in a white bedsheet with eyeholes cut out, is destined to be one of the year's most polarizing films. Many would be hard pressed to find enough material for the story to be a short film, let alone a 90-minute feature film. But director, screenwriter and editor David Lowery wastes no time in establishing the thematic heft of the film. "A Ghost Story" is indeed a ghost story, in the sense that it has a ghost and that it's a story, but it also belongs to many other genres in stories. It's a love story, a science-fiction story, a fantasy story, a story about loneliness, a story about mortality and a story about human's existential anxiety. Lowery doesn't settle for simple sentimentality. Throughout the film's many passages of textured colors and soundscapes, its story never lands on a predictable note, constantly upending our expectations.

The very essence of what makes "A Ghost Story" so brilliant is just how strikingly new its various metaphysical depictions are. The audaciousness of the film's concept reminds me of European arthouse films like "Wings

of Desire" and "The Seventh Seal," while the down-to-earth approach of its setting and storyline reminds me of independent American films like those of Richard Linklater. In fact, "A Ghost Story's" treatment of time is akin to that of Linklater's "Boyhood." In "A Ghost Story," a combination of cinematography and editing is deftly employed to tip each scene along the film's rhythmic flow. At moments, lapses of time transpire all at once in the frame, either spliced and sped up or raw and unfolding in real time. In others, Lowery launches his film through time with hard cuts. Sometimes it's a few minutes, while at other times it's several centuries. "A Ghost Story" perfectly captures the ineffable and distinct sensation where the rich details of specific moments and the flow of larger spans of time are harmoniously adjoined. Having worked on Shane Carruth's marvelous "Upstream Color" as an editor, Lowery has developed an impeccable sense of how to capture time's inexplicable emotional value.

We come to understand ghosthood as being in a perpetual purgatory as if one were stuck in the denial phase of grief. The plain aesthetic and behaviors of C's ghost open up a different kind of relationship between the characters and the viewers. We begin to project ourselves onto C's ghost. As a result, simple, rudimentary but totally powerful emotions are summoned. Paired with the film's penchant for long takes, "A Ghost Story" burrows the same methodology of classics like Tarkovsky's "Stalker" and Antonioni's "L'Avventura," which derive much of their power by asking audiences to patiently consider every second and every inch of the screen that has been presented to them. It breeds a highly active brand of intimacy, one that takes advantage of cinema's deeply immersive qualities. A Ghost Story's usage of a 1:33:1 aspect ratio only enhances this intimacy, as if we were peering through a keyhole into someone's secrets or were confined to the claustrophobic corners of existential confusion.

By no means is "A Ghost Story" a perfect film, which is why the staunch film critic in me must dock it half a star. One scene involving a length monologue breaks the film out of its meditative trance, offering far too much telling instead of showing. Another scene towards the film's conclusion teeters too close to cliché for a film that carries such uniqueness. But these nitpicks cannot diminish the totality of the film's power. Although "A Ghost Story" contains many puzzles I have yet to solve, its intentions and spirituality are unquestionably apparent. Like a great piece of music, I trust that "A Ghost Story" will only get better with familiarity, as its details slowly manifest in my mind and actions. People will either love this film or hate everything in it. That's not a sign of failure but of true artistic integrity. Only something so uncompromising in its bravery and craft can simultaneously tick off all the right things and all the wrong things. In its own exceptional and prodigious ways, "A Ghost Story" justifies the souls of those who live and those who lurk in between.

Want to write for *The Exonian*?  
Come to our writers' meeting on  
Sunday at 7:00 p.m. in the Forum!

**LAS OLAS TAQUERIA**

At Las Olas, you can create your own meal while we prepare it with our daily fresh meats, cheeses, and accompaniments. Taste the difference.

Our beans and rice are 100% vegetarian without the use of meat, MSG, or food-based starch.

Our healthy homemade Latin food includes locally sourced meat, and all the ingredients from local farms in neighboring Connecticut, RI.

Gluten Free  
Vegetarian  
Vegan and vegetarian options available

300 Portsmouth Ave., Exeter, NH 03833  
603-438-9300

355 Lafayette St., Hanover, NH 03842  
603-980-4800

107 Park St., New Bedford, MA 01945  
207-216-9711

www.lasolas.com  
info@lasolas.com

**LAS OLAS TAQUERIA**

**Play Hard, Eat Well**

www.lasolas.com

Sunday through Tuesday 11AM to 9PM  
Wednesday through Saturday 11AM to 9PM

603-418-8901  
30 Portsmouth Avenue  
Exeter, NH 03833

**OUR INGREDIENTS**

Chicken is all Natural  
Hormone Free  
Steak is from  
Kettle Brand Farm  
100% Grass Fed

Pork is  
100% Organic  
Chips are from  
Kettle Brand Farm  
100% Grass Fed

\*Please note that our menu contains all types of nuts and that we do not have a dedicated nut-free kitchen. We do not have a dedicated gluten-free kitchen.

**DIRECTIONS**  
Exeter - In the red light, 2200E take a right three ways or a three east off the red, 1 mile and a right.

Hanover - In the north of downtown Hanover 20E, turn right, 100 West north of downtown Hanover (Interstate of RI, NH, MA) exit west.

MAPS: 100% 100% New Bedford Shopping Maps

**SOCIAL**  
Follow Us On for information on openings, events, and more from us online.

FACEBOOK: facebook.com/lasolastateria  
INSTAGRAM: @las\_olas\_taqeria  
WEBSITE: www.lasolas.com



Faculty Spotlight

# Szczesny Kaminski

By JACQUELINE CHO  
and ROSE HOROWITZ  
Staff Writers

Students and faculty alike know Mathematics Instructor Szczesny Kaminski as a supportive teacher and a committed advisor to Exeter's Opera Club. However, many are unaware that Kaminski's interests have taken him far beyond the Exeter community. His love of books has inspired him to found a book club that reads author's works in the location where the pieces are set, and with this group, Kaminski has traveled to places including France and Argentina. He is also fond of open-water swimming at beaches near Exeter, and counts the proximity of the school to the ocean as one of his favorite aspects of Exeter. However, above all else, Kaminski is a lover of mathematics, a trait that he tends to bring out in his students.

Kaminski's fellow math teachers have noticed his engaging way of teaching math and respect his prowess in the subject. Friend and Instructor of Mathematics Joseph Wolfson put it best, "Kaminski is a brilliant mathematician and thinker, and he is an innovative and committed teacher," Wolfson said. "He brings mathematics alive for his students."

Mathematics Instructor Richard Hardej counts Kaminski as one of his role models. "I've always looked towards Mr. Kaminski for inspiration. The patience he shows his students in his classes is admirable," Hardej said. Hardej added that he particularly commends Kaminski for his respect, creativity and unending patience.

Exonians praise Kaminski's teaching style. Senior Grant Goodwin commented that Kaminski's course was his favorite from his four years at Exeter, and that he considers the ideas taught in the class to be the most interesting ones he has learned during his time here. "He talks a lot about concepts that aren't only focused on the problems you're doing, and I feel like he is the reason that I love calculus by now," Goodwin said.

Upper Alex Mangiapane added that in addition to making students excited about the subject matter, Kaminski supports his students as they attempt to engage around the Harkness table. "As one of the quieter kids in my 421 class, Mr. Kaminski was really



Garvin Hickey/The Exonian

encouraging and made me want to share how I thought about the problems with the class. I always felt like he was excited to hear what I had to say," Mangiapane said.

Kaminski's creativity has led him to use artistic representations of math problems to find solutions in the problem sets he helped to create. Kaminski's website reads: "I illustrate my exercises, to introduce an element of whimsy, color, humor." The website continued that students often doubt their own artistic abilities when confronting the problems Kaminski created. "I cannot draw" is one of the most common reactions I hear from students. "And how often did you try?" is my response. A good picture of a sphere with the coordinate axes with the origin at its center requires an understanding of more mathematics than most people realize," the website states.

Outside of the classroom, Kaminski coaches club soccer and frisbee, and he serves as the advisor of the Opera Club, although he classifies his role instead as the club's driver. Kaminski takes club members to see broadcasts of operas from The Metropolitan Opera in New York City. He is drawn to opera because of how it intertwines acting and music. "Opera is the ultimate art form. It is the work in the deepest sense. It is the work of love uniting instrumental and vocal music, theatre and art," Kaminski said.

Outside of the Exeter community, Kaminski collaborated with his friends to found a book club where members travel to

discuss books "on location," in the author's hometown or where the story is set. Although being a member of this club has allowed him to travel to faraway destinations, he thought of the idea when he was injured and unable to move. "I had to lie on the floor for a whole week. I decided to read Magic Mountain by Thomas Mann, and it occurred to me that one should read this book in Davos, Switzerland," Kaminski said. He added that this thought inspired him to organize a traveling book club with his friends. "That was the spark that ignited the idea," he said.

So far, Kaminski has traveled to three continents through his readings with the book club. Some of his farthest journeys have taken him to Puebla, Mexico to study Carlos Fuentes's works and to a small village in Limousin, France, where the club members immersed themselves in Jean Giraudoux's books.

Along with these distant travels, the book club's most recent meeting took place at Kaminski's home in Exeter, N.H. Kaminski's house is located next to a vine where Robert Frost picked grapes. Thus, Kaminski and his visiting friends spent three days delving into poetry written by Robert Frost, Emily Dickinson and Wallace Stevens.

Kaminski's work as a math teacher and avid reader showcases his breadth of interests that inspire his fellow teachers. "I have great regard for him as a teaching colleague," Wolfson said. "He understands what education is all about."

## Trendwatch

By MICHAEL BAMAH  
and SHERRY LIM  
Columnists

Hey Exeter,

The weather this past week has been very gloomy, with a few moments of intense humidity and sunlight. For the most part, however, it's edging closer and closer to sweater weather.

Speaking of sweaters, **Lara Galligani '18** sported an oversized forest green sweater with a plain navy blue skirt on her way to class. She's one of the many Exonians who came to slay this season. **Kojo Aduhene '19** was spotted in a crew-neck navy blue sweater with olive green joggers. He completed the look by wearing an original green pair of Adidas Stan Smiths. Meanwhile, **Jonah Johnson '19** topped a classic burgundy crew-neck sweater with a simple navy blue puffed vest. In other news, we've noticed an emerging trend of thigh high boots. **Samantha Resnick '19** and **Paula Coraspe '19** both showed off a pair of tan thigh high boots. Paula, however, wore them with green camo pants while Samantha wore a plaid skirt and a black sweater. While some people were getting in the fall groove, others held on to the last bits of summer. **Avery Giles '18** sported his American flag Chubbies' shorts, and **Cooper Walbe '21** wore a pair of classic salmon pink shorts.

Fashion advice this week comes from history instructor **Alexa Caldwell**. Her advice is to whip out those scarves because scarf season will be over before you know it.

Stay fashionable,  
Sherry & Michael



Julia Goydan/The Exonian

Dear Mom and Dad,  
Please give to  
The Exeter Fund-  
I love it here!  
From,  
Your Exonian

\*Paid for by the Exeter Fund

# Soxie Ties Milton in a Riveting Match



Gavin Hickey/The Exonian

Senior Jen Zecena strikes the ball.  
By JARED ZHANG  
Staff Writer

On Saturday, the girls' varsity soccer team, nicknamed Soxie, travelled to Milton Academy. The two teams had an intense back and forth game before ending up tying. With a final score of 2-2, Big Red's updates its season record to 1-5-1.

After a narrow 0-1 loss to Governor's Academy on Wednesday, the team was fired up to redeem itself. Senior and co-captain Anna Reaman said, "At this point in the season, our team is really starting to pick up momentum. The team did a great job of bringing that energy and positivity to Milton." Senior Sammie Weaver explained the team's methodical preparations. She said that practicing corner kicks and crosses turned out to be rewarding for the team. "This

training really came through in the game as both our goals were either from a corner kick or a cross," Weaver said.

The energy and excitement the team had was immediately evident in the game. Within minutes of the game starting, upper Juliana Merullo ran in on a cross from lower Robin Potter and kicked it past the goalie. Reaman explained that Merullo's goal boosted the team's spirits and set the tone for the rest of the game. However, Milton countered with their own goal near the end of the first half, tying the score at halftime. Soxie brought a similar level of intensity as the second half began. Not long after the second half started, prep Alli Hanlon scored a header off a corner kick delivered by senior Louisa Bartkovich, once again putting Exeter into the lead. However, in the last few minutes

of the game, Milton scored off the rebound. This resulted in the tied final score, a disappointing ending for Soxie.

Weaver attributed this result to the team's loss of focus during the second half of the game. "After scoring the second goal we became too intent on not losing that we let Milton tie the game," she said. Weaver elaborated that the team should maintain their offensive and aggressive mindset throughout the entirety of game instead of backing off near the end. Upper Gillian Quinto echoed Weaver's sentiments saying, "We just need to make sure to finish it off in all these very close games and make sure our shots are all on goal and in corners."

Being at the midpoint of their season, members of the team recognized the progress and improvements the team has experienced since

the beginning of the season. Quinto explained that the team has improved on bringing the intensity from the get-go, evident by their early goals. Additionally, Weaver praised the team for its improved teamwork and collaboration in games. "As the team only has nine returning players from last year, our cohesion is improving with every game," she said. "We are stringing more passes together and getting a lot more shots on net." Reaman agreed with Merullo and also added that the team's "communication has improved on the field because we are becoming more familiar with each other."

Soxie's next game will be this Saturday at home against Northfield Mount Hermon. With a home turf advantage and hopefully a lot of support from the faculty and student body, Big Red will look to improve its season record.

# Volleyball Breezes Past Loomis 3-0



Senior Chloe Soccimara leaps for a hit.

Chiara Perotti Correa/The Exonian

By MADISON KANG  
Staff Writer

Last Saturday, Exeter's varsity girls' volleyball team prevailed in their away game against Loomis Chaffee School in Windsor, Connecticut, securing another win for their undefeated season record, which now stands at six wins and no losses.

Not only have the girls won every game they have played so far, they have yet to lose a single set. The Loomis game was no different, with the Exeter team sweeping all three sets, with scores of 25-11, 25-13 and 25-14.

Exeter players rushed into the game with confidence, knowing that they had defeated Loomis in the season prior. The first two sets went smoothly for Big Red, with stellar hitting from upper Sophie Faliero and a good offensive lineup. "We went into the game really prepared and ready to win, with a ton of energy," upper Jenny Yang said. "The first two sets came pretty easily because everyone was doing their job."

Prep Brody Faliero agreed. "Saturday's game was a pretty easy win, at least for the first two sets," she said. "Loomis wasn't ready for our drive, and our players were really strong this weekend. We nearly doubled the Loomis team's points set after set."

In the third set, Exeter faltered a bit as

the Loomis offensive lineup demonstrated stronger passing between players, but their stratagem pushed Exeter's own offensive players to hit harder and find holes in the Loomis defense.

Another challenge during the last set was the tough hits and blocks delivered by a Loomis outside hitter. However, Exeter's Coach Bruce Shang had foreseen the Loomis hitter as a threat, since he had met her in the Academy's recruiting process last winter, and arranged his players in a triple blocking system on Exeter's side of the court to respond to her hits.

"In the last set we started losing a bit of energy but quickly got back on track," said Yang. "Our own hitters stepped up and did a good job blocking. It was overall a great game."

Upper Tara Weil felt that the girls' communication on the court, as well as their unrelenting support for one another, fueled their victory against Loomis. "We always have each other's backs. We're always cheering for one another," she said. "I've noticed as the term goes on, we get better at communicating on the court, which makes for a stronger system when game time rolls around."

The girls gear up for a home game against Northfield Mount Hermon School this Saturday. "We're on the right track, getting stronger with each practice," Faliero said.




**Special: Pick 2  
for \$5.99 each,  
plus tax and delivery.**

**Choose from the following:**

- medium 2 topping pizza, •sandwich, •wings, •cheesy bread,
- salads and •marble cookie brownie.

Order Domino's online at [www.dominos.com](http://www.dominos.com) for delivery or carryout, and earn FREE pizza or call 778-7800.

Any delivery charge is not a tip to your driver. Please tip your driver for Awesomeness.



**Anthony Antosiewicz**  
Owner

231 Water Street  
Exeter NH 03833

tel 603.778.0910  
fax 603.778.1870

Eat in or Take Out  
Free Delivery

[www.GreenRidesUSA.com](http://www.GreenRidesUSA.com) Toll Free 877-642-6001  
603-642-6001



**GREEN RIDES USA**

E-Mail:  
[travelgreen@GreenRidesUSA.com](mailto:travelgreen@GreenRidesUSA.com)

*Eco Friendly Rides Anywhere*

# ATHLETES OF THE WEEK: THE BOYS' SOCCER CAPTAINS

By ISABELLA AHMAD  
JARED ZHANG  
Staff Writers

Seniors Dolapo Adedokun, Silas Lane and Jack Baker captain Exeter boys' varsity soccer. As a prospective Exonian, Lane met Adedokun and Baker over a team dinner during Experience Exeter prior to Lane's lower year. The trio spent the night talking with each other and forming bonds that would last for years. These three experienced players lead the 27 boys on the soccer team. Each embracing the role of captain in their own ways, Baker, Lane and Adedokun work hard to advance their players throughout their games this season.

Baker began playing soccer at the age of four. He recalled his mom bringing him to a summer clinic for the first time and falling in love with the sport. He expressed gratitude to his parents for all the support they have provided like "driving [him] up and down the coast for tournaments, encouraging [him] when [he] makes mistakes, really just bringing out [his] best self."

Though Adedokun played basketball when he was younger, it was soccer that played an integral role in his life growing up. He began to play at age four. His father immigrated from Nigeria in 1993, and soccer is a big part of the culture there.

Lane was also influenced by his father, who played the game through high school and college and still plays to this day. "He would always say stuff like, 'You should pick up this sport and one day you'll be as good as I am,'" Lane recalled.

As three of the most experienced players on the team, Baker, Lane and Adedokun were elected by their teammates and coaches as the co-captains. "Being a captain means to lead by example when faced with adversity and, being a captain means to own the results of games, and of our team's actions off the field," Baker said. Baker went on to explain that as captain, he strives to help his teammate succeed on and off the field. "I want [my teammates] to feel comfortable in their day-to-day routines at a school as challenging as Exeter. I want them to love this place as much as I have over the past three years," he explained.

Prep Matthew Ngai recalled an incident in which Baker showed his leadership when an in-



Chiara Perotti Correa/The Exonian

appropriate image was sent into the team group chat. "Although it wasn't even that serious, Jack immediately told the person who sent it to cut it out and stopped the situation from possibly escalating," Ngai said. "That was very memorable for me and told me a lot about Jack's character."

Baker expressed his desire to deviate from the captain stereotype of being a "loud rambunctious guy whose purpose is to rally his teammates." Instead, Baker brings a calm and collected demeanor to the team. His teammates praised the more reserved nature of Baker and the leadership he brings as well. Upper Nick Tilson said, "Jack brings a quiet sense of leadership, but he leads by example." Ngai agreed with Tilson and also explained that Baker always commands the attention of the group when he is speaking. "Jack is good at keeping the team on track and maintain our discipline level. He speaks out when he doesn't like things and everyone listens," he explained.

For Adedokun, his priority is to help support the younger members of the group. "The biggest thing is to really make new teammates

feel like they belong to the team and feel like they could've been on the team for the last three years or so," Adedokun explained. "That makes a big difference when the team is almost more of a family and everyone feels like they play a part and everyone feels included." Adedokun said he hoped to bring the same leadership he witnessed in one of his best friends and former teammate, Marvin Bennett '17. "He was just really spreading good vibes and making everyone feel happier. I want to be the kind of person where if someone is having a bad day, they know that [practice] is always going to be a good time."

According to Ngai, Adedokun is "the clown of the group." Prep Griffin Walker echoed Ngai's sentiments, describing him as the "most vocal, leading the team and hyping us up to work hard and compete." However, although Adedokun "cracks people up," he "also manages to be serious when needed and motivates the team every practice and game," said Ngai. Upper Raj Das, who is both on the team and in Browning House with Adedokun, agrees. "He's always the one to calm my nerves and bring the team together no

matter the circumstances," he said. "He spreads love to everyone and everything around him, and Exeter is a better place for having a leader like him on campus."

According to his teammates, Lane brings a balance of discipline and fun to the role of captain. Described as "friendly and easy-going" by Ngai, Lane is one of the most likeable members of the team. Das praised Lane for his ability to make other people feel more comfortable. "Silas is one of the most down-to-earth people I've ever known," he said. "I'm inspired by his ability to connect on a human level to everyone on the team."

Being the leaders of this team also means they're some of the most skilled players on the field. As a defender, Baker's proactivity is a huge asset for the team. "[He] wins a lot of balls in the air. He's not afraid to go up on the attack, and gives us an aerial presence that every team needs," Tilson said. Silas is a reliable center midfielder who is capable of controlling both the defense and offense. Ngai praised him for his smart plays on the field. "He has a fantastic vision and is extremely good at finding space," he said. Adedokun plays the forward position and is one of the team's leading scorers. Walker commented on Adedokun's skill saying, "Dolapo creates offensive opportunities as a center forward, and has contributed to most if not all of our goals."

The three captains have incorporated a number of traditions into the season. According to Tilson, Baker joined him and a few others in purchasing scooters and becoming part of the team's "scooter gang." The soccer videogame FIFA is also a team favorite. "Silas says I could never beat him... we've only played once, and he did win, but I think he talks better than he plays," Tilson teased. In addition, the team closes every season off with a water polo game.

Throughout the season, the captains have worked hard to help the team succeed. Lane expressed his hope that the team will improve throughout the season. He also stressed the importance of keeping the team's spirits up through reassurance and positivity and keeping the team mentally tough. "A lot of the time you go an entire match without putting the ball in the net. And that can be really tough mentally. As a captain, it's making players realize that there's still a lot to win in a game," he explained.

## Field Hockey Slips 1-2 against Nobles

### Close Game against Strong Opponent Leaves Team Hopeful



Lower Ally Decoste dribbles away from Nobles girl.

Julia Goydan/The Exonian

By SARAH RYU  
Staff Writer

This past Wednesday, Oct. 4, Exeter's field hockey team played well against Brewster Academy and secured a victory of 6-1, adding another win to its even record. On Saturday, however, Moxie played a competitive game against Nobles, an extremely tough team, losing only by a point with a score of 1-2.

Co-captain and upper Hannah Littlewood noted the successful teamwork shown on the field during Wednesday's victorious game. "We definitely played as a team that game and worked together in order to score a handful of goals very early on." The team's practices have also proven to be effective, as players really focused on better movement with the ball.

"We moved the ball down the field very quickly which helped us earn more offensive opportunities," she said.

Other teammates agreed, and noted the team's strong comeback after its loss during the previous week. Co-captain and upper Catherine Griffin also believed that the team had worked well together and played strong on the field. "Our game on Wednesday was successful because we came out with a lot of energy and were determined to maintain our winning streak," she said.

Despite its loss against Nobles the following game, the team stayed optimistic and believed that it had a good game on Saturday, as Nobles has always been an extremely strong team. According to Littlewood, Nobles was a tough opponent since many of its players were very fast and very athletic. Griffin also noted that what made it such a close game was because the two

teams were evenly matched speed wise and it had a couple really good players.

Yet even against such a difficult team, Littlewood pointed out prep Clara Geraghty's key saves that kept Exeter in the game and all of the player's hard work in getting back to play defense. "Clara played out of her mind on Saturday. [Upper] Jane Collins, a defender, scored her first goal on Wednesday's game, which was awesome," she said.

The main takeaway from these games is that the team is most successful when players play as a team. Finding great success by passing the ball and working with one another during Wednesday's game, Littlewood realizes that they could have used a little more of this on Saturday's game, where players played a little bit more individually. "The team, again, needs to focus on working together and using each other in the

drills during practice. We also need to hold each other accountable and maintain a high intensity throughout the whole practice," she said.

Griffin expects the team to be focusing on efficient movement with ball and building stronger teamwork during Moxie's practices, making sure that players don't tire out by the end of long games.

"We learned that we have to work together for the full hour instead of losing energy as the game goes on. We are going to be focusing on advancing the ball up the field and maintaining our intensity," she said.

Moxie will have its following two games next week at home, against Pingree School and Northfield Mount Hermon, respectively. With a good awareness of what the team is doing well and what it still needs to improve on, Moxie is in good shape for its upcoming games.





# Exonian Sports



## Boys' Soccer Defeats New Hampton 2-1



Senior and co-captain Silas Lane dribbles ball.

Chiara Perotti Correa/The Exonian

By CHIM TASIE-AMADI  
Staff Writer

The boys' varsity soccer team claimed the second victory of its season with a close game against North Hampton School. Playing New Hampton was a new experience in terms of play style for the team this season. The greatest adjustments came from dealing with New Hampton's excessive physicality and more aggressive play style.

Being at home, even more so than usual, the team wanted to perform to its best abilities. With extra support from the stands, it would not be hard. The game, however, did not start on the best note and Big Red came out shaky in the first twenty or so minutes of the game. Lower

and goalie Jamie Lowell was forced to make very risky saves in that time. Postgraduate Tiago Schwartz has described Lowell as one of the biggest strengths of the team so far, "saving [them] on many big occasions."

After the rough starting bit of the game, for the remainder of the first half Big Red dominated, locking down the midfield and going further to keep the ball in its half. Towards the end of the half, the ball was played to lower Billy Menken who chipped a pass over the New Hampton centerback's head, allowing Upper Behaylu Barry to put it right in the back of the net. Soon after, Upper Raj Das was subbed into the game and in captain and senior Jack Baker's words, his usual high work rate and intensity spurred the team even more following the goal. Das dribbled his way

past numerous defenders before beating the keeper with almost no angle and sinking the ball in the net. Senior Ethan Malila commented on Das' goal saying, "It was an amazing finish to pad our lead."

The half ended at 2-0. Senior and co-captain Jack Baker said, "we were all super hyped up. At halftime we talked about improving our defensive shape and making sure we didn't let New Hampton back in the game." The second half went just as well as the latter part of the first. "We dominated the second half just as well. They played physical and tough but we were winning the game and our individual battles too," lower Billy Menken said. As usual possession stayed with Exeter but the same little issue of being close to scoring but not finishing effectively kept happening. It

culminated in allowing New Hampton to put a "cheap goal" into the net after working Lowell for so long.

Overall, the game was an important win to give good momentum to Big Red. But, it drew more attention to a flaw that the team needs to work on—putting teams away after a lead. Malila commented saying, "Our focus in future games will be to really bury teams and not let them regain any momentum after we have a lead." The next game is crucial for the team. Northfield Mount Hermon this Saturday is always a tight contest but both captains Baker and Silas Lane believe that Big Red is just equally as dangerous. "NMFH will be at home next Saturday, so come out and bring your family and friends to support," Baker said.

## Football Wins First Game in 2 Years

By BELLA ALVAREZ  
Staff Writer

After a nail-biting four quarters, Big Red varsity football conquered its opponent, Loomis Chaffee with an incredible score of 20-13 during an away game last Saturday. Leading the margin by 7 points against Loomis, Exeter's record is now 1-2 so far this season, with many team members hopeful for more upcoming victories.

Postgraduate Alex Gladu was enthusiastic

coming off of the dub. "It was huge for us to get that first win out of the way and the monkey off our backs," he said. Gladu also commented on the team's effort to stick it out until the end to "capitalize" in the last half.

On the other hand, Lower Josh Riddick felt uncertain of the score until the last moment. "It was close all game, but the team did a great job of pulling out a tight win," he said. "Loomis was a tough, well-coached team, but we were prepared!"

Postgraduate Charlie Dallape compli-

mented Loomis as a worthy opponent. "They were very talented up front and played a great game in the trenches," he said. "We were just able to make a few more winning plays than they did."

Gladu echoed these sentiments, describing Loomis as a "good team." However, he emphasized that Exeter was able to take advantage of some crucial blunders their opponents committed. "They made some key mistakes that definitely cost them," he explained. "We played a more clean game than they did and that's why

we came away with the win."

For Gladu, the highlights of the game were Exeter's special teams and defensive line. "While [Loomis] could move the ball, we made plays when it mattered, playing 'bend, don't break' defense," he said. "On the special teams, we had guys flying around, forcing mistakes that put us in great positions to score and defend." Gladu also commended post-graduate Josh Anderson for his contributions to defense. "He had a monster game, making tons of huge plays when they threatened to score," Gladu said, adding appreciation for senior Wyatt Foster's defensive prowess. As for offense, Gladu highlighted Dallape's two touchdown catches and postgraduate Samson Dubé's touchdown rush.

Lower Cade Thompson could not pick a highlight. "There were so many big plays in the game," he said. "It's hard to limit it down to one—a lot of guys stepped up and helped towards the win."

Riddick also applauded postgraduate Jake Calnan's two touchdown passes to Dallape. "Another highlight was Cade's punt recovery on Loomis' one yard line," he said.

Looking ahead to future games, Riddick hopes to improve offense, especially with regards to "moving the ball better" during early downs. Gladu echoed this same sentiment, saying, "We need to be more consistent running the ball. If we are going to be successful, we will have to shore up upfront, which we started to in the second half." Dallape, meanwhile, hopes to pick up more momentum. "We need to improve on starting fast," he said. "We can out slow and we weren't able to really get into a rhythm until the second half."

Dallape looks forward to facing against Suffield on Family Weekend. "It should be a good atmosphere," he said. "It's going to be a great opportunity to continue our momentum into the second half of the season."



Postgraduate Jake Calnan surveys the field for an open teammate.

Gavin Hickey/The Exonian

### Inside This Week's Sports Section

#### Field Hockey



Field Hockey lost a close game against a strong Nobles squad last weekends. Find out more on B5.

Julia Goydan/The Exonian

#### Athlete of the Week



Seniors Dolapo Adedokun, Jack Baker and Silas Lane lead this year's boys' soccer team. More about their leadership on B5.

Chiara Perotti Correa/The Exonian

#### Girls' Soccer



Girls' Soccer played a nail-biter at Milton. The match ended in a well-earned 2-2 Draw. Read more on B4.

Gavin Hickey/The Exonian

#### Girls' Volleyball



Girls' Volleyball is still on fire! With another 3-0 win over Loomis, the team remains undefeated. More on B4.

Chiara Perotti Correa/The Exonian