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Phillips Exeter Academy, Exeter, New Hampshire

Outside the Bubble: NH's Opioid Crisis

By BELLA ALVAREZ
and MAI HOANG
Staff Writers

I. A National Epidemic

Last January, a local couple entered Love Gym and stole a \$12,500 diamond-encrusted Rolex watch from a student's unlocked locker before heading to a nearby pawn shop where they sold it for \$150; the watch was stolen, police later learned, to finance the couple's opioid addiction. Dakota Winter, 23, and Amy Raynes, 22, both of Epping, NH, were arrested and convicted of the robbery. According to the *Union Leader*, Raynes' plea deal requires her to complete a 60-day Substance Abuse Treatment Community for Offenders program at Valley Street Jail in Manchester before serving a one-year jail sentence.

Opioids, defined by the Centers for Disease Control and Prevention as pain-relieving drugs that produce intense euphoria, are abused by a rising number of New England residents. Opioids include heroin, oxycodone, codeine, morphine, hydrocodone and fentanyl, among many others. They are available in the form of prescription medicines like Percocet, Vicodin and OxyContin. In recent years, the *New York Times*, along with the rest of the news media, has covered the disturbing increase in opioid overdose deaths, reporting that in 2015, more than 33,000 people died from prescription opioids and heroin abuse. The euphoria associated with these drugs often leads patients taking the drugs for medical purposes down a dangerous path toward addiction.

OPIOID CRISIS, A3



Seniors Rachel Moberg and Addie Millman enjoy the last remaining warm days.

Reina Matsumoto/The Exonian

Cabildo '85 Asks Exonians to Build, Lead, Fight

By ANNA BRANDES, JACQUELINE CHO, and VERONICA CHOULGA
Staff Writers

Maria Cabildo '85 shared her efforts to build affordable housing and champion social justice reforms with the Exeter community at her assembly this past Friday, September 29. She spoke of her experience as a Latina at PEA, and how she decided to run in the special election for a central Los Angeles congressional seat.

Cabildo is the co-founder of the East Los Angeles Community Corporation, a nonprofit that advocates for economic

and social justice in Boyle Heights and East L.A. by developing affordable housing and providing economic opportunities for low and moderate income families. Cabildo described her job as helping "families along a continuum of wealth building." She then asked the Exeter community to think about what they fought for, saying that "there is no end to the causes you can take up, and there is no end to the good that you can do in the world. There is enough for everyone... Our contributions enhance our country."

Born in an immigrant household,

Cabildo grew up surrounded by the families she would later help find affordable housing. "My mom always made sure we had enough food in case someone stopped by," Cabildo said. "Wherever two people can eat, three people can eat. Wherever three people can eat, four people can eat and so on, and so on, and so on." She described her childhood home as a place with "typical Latino culture," and admitted that "coming to Exeter was a very big leap" for her, but that "staying in east L.A. and the uncertainty of opportunity was far more frightening than venturing

MARIA CABILDO, A2



Seniors Keyu Cao, Jo de la Bruyere, James Fortin and Athena Stenor won the Negley Prizes.

Negley Prizes Awarded for Year's Best US History Papers

By DON ASSAMONGKOL, ANDREA LIU and KILIN TANG
Staff Writers

The History Department's Negley Committee awarded seniors Josephine de la Bruyere, Athena Stenor, Keyu Cao and James Fortin with the Negley prize for writing the best 430 (333) research papers last Thursday, September 28.

The 410/420/430 U.S. History sequence culminates in a final research paper in the spring. After covering centuries of American History, students choose a topic and devote a month to researching and writing the largest paper of their Exeter careers. The sequence is notorious for the intense workload, but many students pull through to write perhaps their best work during their time here.

The Negley Prize is named after Richard and Albert Negley, two brothers and alumni of the Academy who volunteered and died in combat during the second World War. Their parents established a memorial fund to award writers of the best essays on a historical subject under conditions set by the Academy's History Department.

Instructor of History Aykut Kilinc served as chair of the Negley Committee this year. Composed of members from

various disciplines and interests, the committee convened to nominate winners for the award. "The selection process is not easy. Each teacher pays attention to different components. But overall, we look for good narrative, depth, craft of research, evidence and overall presentation," he said.

Kilinc acknowledged the difficulty of writing the paper, stating, "Just the pure fact that we're giving students essentially three weeks coupled with logistics and getting feedback to write a long research paper," he said. "That's a very tight time period so I'm amazed students get it done and with so much quality"

Chair of the History Department William Jordan also served as part of the Negley Committee. "The winning papers and many others that didn't make the cut were probably comparable to undergraduate work at a lot of college institutions," he said. "We give almost a month of release time and these students went above and beyond what you would expect from a high school student."

De la Bruyere chose to write about women's opposition to the 1964 Civil Rights Act through the lens of a string of protective labor legislation in the 1920s that stemmed from the landmark Supreme Court case *Muller vs. Oregon* in 1908. She noted that the topic was not one that immediately came

to mind; she knew that she wanted to write about the law and a case, eventually settling on *Muller vs. Oregon*, a famous Supreme Court case.

Through her research, de la Bruyere uncovered relatively unknown cases that were all overturned due to *Muller's* precedent. There was a lack of outside information on them, and they all quietly faded out of legal relevance; however, because of the standards established in these cases, they partially led to the development of a niche of feminists who didn't really believe in equal working rights for women or support the Civil Rights Act. De la Bruyere thought of this as the deciding factor for her subject since it tied together so many of her interests—feminism, American labor, law and the ways the legal system can go awry.

Despite the infamy that surrounds the paper, de la Bruyere enjoyed writing the essay. "I loved writing the paper and absolutely loved my topic every day that I was researching I was excited to be in the library. I was excited to be reading the cases," she said. She credits her interest in the topic as the reason for her success. "I think that's the most important part of it. I don't think there was a dull moment in my research. I was happy to be learning, and I just really, really loved what I was reading," she said. "The 333 isn't nearly as daunting as everyone makes it out to be. It can be fun and it can be interesting."

Stenor chose to focus on the relationship between the African community in the United States and the Black Haitian community in Haiti during the U.S.'s occupation of Haiti in the 20th century. Stenor argued that the U.S.'s occupation forced connection between the two groups and led and contributed to the rise of Pan-Africanism, the idea that black people should bond almost like a family and stand united against their oppressors, regardless of their different origins. The topic interested Stenor as she herself is Haitian-American.

Stenor also believed that the occupation would shape much of recent Haitian history. "In Haiti before the occupation what mattered most was class since there were no whites to compare skin color with," she said. Stenor noted that colorism, prejudice against individuals of darker skin tones, did exist. "The U.S. essentially instituted Jim Crow Segregation laws on Haiti which forced the

NEGLEY WINNERS, A2

Exeter Campus Devastated by Vegas Shooting

By BELLA ALVAREZ
and MAKINROLA ORAFIDIYA
Staff Writers

Sunday night at 10:07 a.m., Stephen Paddock fired hundreds of rounds from the thirty second floor of the Mandalay Bay Resort and Casino into a crowd of concertgoers at Las Vegas' Route 91 Harvest country music festival. While the exact number remains uncertain, most news sources are confirming that 59 people were killed and more than 500 injured. An investigation into the massacre is ongoing. Exonians, many of whom call Las Vegas home, have been shocked and devastated by the news.

Pictures and videos of the horrific incident flooded newspapers and websites early Monday morning. As worried family members and friends attempted to contact loved ones attending the festival, the Las Vegas Police Force opened up a hotline to try to connect them and provided live updates on Twitter about the event.

Senior Oren Stern, a resident of Las Vegas, felt incredibly grateful that although many of his friends were at the festival, they made it out unscathed. "Any mass shooting is a horrific event, but there is a real fear to an event that happens to people you know and care about," Stern said. "I spent the entire day with a pit in my stomach. It was a tough day with constant checking for news updates." Due to the three-hour time difference between Exeter and Las Vegas, Stern's family was not awake when he tried to reach them after hearing about the shooting. "When I found out, I immediately texted and called my parents to make sure they were safe," he said. "My parents were asleep when I tried to contact them, and I spent the ensuing morning very worried for them. I did get the call back

LAS VEGAS MASSACRE, A2

INSIDE

NEWS

All issues of *The Exonian* are now accessible online. Read about the effort to digitize the paper on A3.

Read about Iggy McGovern of Trinity College, who spoke to Exonians about the intersection of physics and poetry. A8.

OPINIONS

Lower Mai Hoang explores Hugh Hefner's role in feminism, pornography and *Playboy*. A5.

North Korea is posturing because it is surrounded by countries more powerful than itself, argues upper Sarah Ryu. A4.

LIFE

Read about Phillips Church, a campus hub for both spiritual and social events. B1.

SPORTS

Seniors Lauren Arkell and Anna Reaman, co-captains of the lacrosse team, are the athletes of the week. B5.

WEB



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At Least 59 Dead, 520 Wounded in Vegas Massacre; PEA Mourns

Continued from LAS VEGAS MASSACRE, A1

and was relieved to hear their voices, but the uncertainty had taken its toll.”

Las Vegas resident and upper Miranda DeRossi shared a similar experience. Luckily, her parents were not at the concert, and no one she knew was injured. However, she was still shaken after learning about the incident. “I was, and still am, extremely upset and disturbed by this,” she said. “It put me into a panic that morning—I immediately started texting my friends and family in Vegas to make sure everyone was alright, and I had trouble focusing on anything else.” DeRossi’s mother, a teacher, reported to her daughter that the city of Las Vegas remained “eerily quiet” in a mournful, vigil-like state the day after the shooting. “She mentioned to me that the event was all the parents of the children she teaches could talk about,” DeRossi added.

Upper Adrian Venzon, another

resident of Las Vegas, was thankful for not personally knowing any victims of the attack. “I don’t know anyone back home who was in attendance; however, my parents know people who had attended and left just minutes before the shooting occurred,” he said. “As far as I know, no one that my family or I am personally close to was physically affected. However, I live in an area that is just outside of the Strip, and I can imagine the fear that people near my neighborhood must be feeling right now.”

Las Vegas native and upper Kiana Silver’s older brother was at the concert with his girlfriend that night. “We didn’t hear from them until about the middle of the day after the incident,” Silver explained. “I woke up on October 2 to a text from my mom telling me to check the news.” Luckily, Silver’s mother was in New Orleans for work at the time. As her brother and his girlfriend lost their phones during the panicked stampede

away from the festival, Silver and the rest of her family didn’t hear from either of them until around 3 pm. Her brother’s girlfriend was admitted to the hospital after fracturing her arm during the rush to get to safety. “I couldn’t focus on anything else throughout the day until we heard from my brother and learned that he is safe, though shaken,” Silver said.

Silver’s cousin’s fiancé was also at the Route 91 Harvest Festival and sustained injuries due to the shooting. “She is in the hospital with two gunshot wounds currently,” Silver said. “She went through surgery, is in intensive care and is now stable, surrounded by family, who managed to raise \$16,547 so far to pay for medical expenses on GoFundMe thanks to the efforts of the Las Vegas community.”

Another GoFundMe page was started by Steve Sisolak, Clark County Commission Chair from Las Vegas, to “provide relief and financial support

to the victims and families” has raised over \$3,400,000 in less than a day. Reports from The New York Times detail mile-long lines of volunteers eager to donate blood in order to help those still holding onto their lives in hospitals throughout Las Vegas. Locals have been vigilant at local refuge centers, offering free rides, water, food and other basic needs to survivors.

Silver was grateful for the support she received from classmates, peers, teachers and friends at Exeter. She also commended the ability for her community back home to come together in a time of strife. “The entire Las Vegas community is horrified and confused, but our ties to each other have made the situation a little easier to bear,” Silver said. “The immense number of people from home who reached out to me during the day made me realize just how strong our community is, and how everyone comes together in times of need.”

Cabildo Shares Experiences in Public Service, Politics at Assembly

Continued from CABILDO, A1

east.”

Her close rapport with the citizens of the district was one reason that motivated Cabildo to run for the congressional seat. Previously, the seat belonged to Xavier Becerra, who was appointed State Attorney General. In order to replace him, the state decided to hold a special election. Cabildo experienced initial disappointment in the race as only men jumped into the campaign and sponsors were quick to follow. Furthermore, Jimmy Gomez, the appointed candidate and assemblyman, was not even from the community, and could not speak Spanish, “even though he had the largest foreign born population in any district in the state.” “He didn’t grow up in the neighborhood,” Cabildo said. She had been resigned to vote for someone who didn’t necessarily know her community, until her mentor, Linda Griego, convinced her to think about running.

Donald Trump’s election, as well as her distraught daughter’s reaction, were the nails in the coffin for Cabildo. “Donald Trump chose to repeatedly attack, scapegoat and insult us during the presidential campaign and because of this our rich heritage, diversity and contribution

to our country have been overshadowed by political semiotics and malicious tweets,” said Cabildo during her assembly. With his ascendancy, her daughter’s hope that the ‘glass ceiling’ could finally be shattered was broken. “My daughter was in tears,” Cabildo admitted. “And after I calmed her down the first thing out of her mouth was ‘What about my future?’” Cabildo herself felt “rejected,” because she had devoted her whole life to public service, only to find that “this country didn’t want me.” The inauguration of Trump presidency, her work with low-income families in the area, and her desire to secure her child’s future gave her the final push to join the race as a congressional candidate.

Cabildo finished third in a field of 23 candidates, but she was not deterred by the result of the race. Her time as a congressional candidate made her realize that she wanted to spend more time with her children, so she started a consulting practice called Fireflowers Partners, with the goal of helping clients spark changes.

During her time at Exeter, Cabildo addressed her struggle with adjusting to the new environment and making friends in a predominantly white, privileged school. “I didn’t make any friends until my end of prep year,” Cabildo said.

Cabildo mentioned that a teacher in her first semester of prep year “wrote my parents a note questioning my cognitive ability.” She also added that if her parents had known what cognitive ability meant, “[they] would have been so offended that [I] wouldn’t have come back.”

After Exeter, she attended Columbia, graduating with a degree in urban studies. From there she went to MIT, but she did not enjoy the top-down environment. She returned to LA as the need for affordable housing became more prominent than ever before, enrolled in UCLA and graduated with a masters in urban planning.

Another legacy that Exeter holds for Cabildo, is a certain “curse” of success. Cabildo stated that people, especially those from her community, think that she is extremely successful for “going to Exeter, an Ivy League school, MIT, UCLA and starting a foundation...” but Cabildo cannot help but feel that she isn’t “doing anything with my life... I could have done something.”

Prep Bea West found Cabildo personable and her story powerful. “It was nice how [Cabildo] appealed to the emotional and gave her personal testimony, and used ‘I’ statements about her ideas rather than ‘you’ statements,” she said. Prep Alicia Coble was hooked by Cabildo’s speech

disability, saying, “The whole thing about her voice was empowering. I used to have a really bad stutter and hearing her saying that my voice disability doesn’t hold me back was really empowering.” In a similar vein, upper Adrian Kyle-Venzon related to the fact that she was born to immigrant family. “I relate to that idea of wanting to succeed, and feeling a greater pressure to succeed because I myself am an immigrant,” he said.

At her Latin Study lunch, Cabildo also gave advice for students interested in going into public service. Cabildo advised students to be tenacious, referring to her own struggle both with the campaign and the founding of her organization. In 1995 when Cabildo was working to launch her nonprofit, people told her that it was too late. “But I didn’t listen to them, and now we have leveraged over 200 million dollars into the community,” Cabildo said. Even when she was in the race for the congressional seat, people in her community discouraged her from running, saying that “it wasn’t her turn,” or that “they didn’t want her to get hurt.” Despite all the opposition, Cabildo prevailed, and she continues to inspire others. “I don’t believe in scarcity. I believe in abundance... and we can not be who we ought to be until the dreamers get to be who they ought to be,” Cabildo said.

Negley Prize Winners from 2016-17 School Year Announced

Continued from NEGLEY WINNERS, A1

Haitians to become aware of their blackness and eventually to embrace it, leading to the rise of the philosophy of Noirsisme, a pro-African, pro-black roots philosophy.”

Stenor enjoyed writing the paper and gave some words of advice for future writers. “It’s always better to start specific and broaden outwards. It becomes much easier to research because there are fewer sources and you can go in much broader depth,” she said. “Be creative with where you find your primary sources and try to populate your paper with as many primary sources as you can. It’s easier to do your own analysis and more fun.”

Cao focused his paper on the Sino-American rapprochement and Nixon’s visit to Red China. During that time, the United States did not recognize the People’s Republic of China. This was because the two countries had fundamentally different ideologies after

the communists won the Chinese Civil War in 1949. However, because of the Sino-Soviet split, instead of treating the Cold War as a strictly two-way affair between the capitalist “free world” countries and the communist blocs, the Cold War became multipolar as the conflict and negotiations extended to three sides of a diplomatic triangle.

In addition, Cao explains that the U.S. was no longer the world’s predominant superpower. The Soviets achieved nuclear parity by 1968, and the Vietnam War was going poorly. Thus, changing currents of the Cold War and the Soviet Union’s relation with the world convinced Nixon to seek improved relations with China.

While Cao acknowledges that it was a bit stressful at times, he says it was a very interesting project and he had a lot of fun with it. Winning the prize to him came as a nice surprise. He says, “I wasn’t really expecting to win anything, but I was just happy to have written a decent paper.”

His advice to future writers? “Pace yourself. Try to set concrete goals each week so you don’t end up with most of your work near the deadline.”

Fortin decided to write about the Barbary Wars between the United States and some of the Barbary states, which were Muslim countries in North Africa that relied on piracy to support their economies in the late 18th and early 19th Century. “I chose it because it’s a pretty obscure topic, so there wouldn’t be too many resources to search through but there would be enough to actually write a paper,” he said. “I feel like that’s a good way to go about writing a paper, because you have to be focused.”

Fortin sought to demystify the Barbary Wars as many historians have called it America’s First War on Terror. “It could be because you have Muslims attacking American civilians, but I found that there was something missing from that argument,” he said. It seemed to conflate something that happened

200 years ago with things that happen today, and I think you always have to be careful with that. It became clear to me that this was a war about about different economic ideologies, not primarily religious ones.”

Time management was the hardest part of the paper for Fortin. “[The research]’s all very interesting but you have to stick to your schedule if you want to get this thing done without staying up till 1 AM every night,” he said. “It’s hard to then craft it into a persuasive piece, and then just figuring out how to order things, cutting things, making sure it makes sense to someone else. The parts that I enjoyed most were trying to share it with people and getting their feedback because I find that super helpful.”

The award came as a surprise to Fortin. “I wasn’t really expecting it because I think there’s so many great writers aspiring to be historians here, so it’s a real honor to get this,” he said. “I just think it’s an interesting topic and I hope I did it justice.”

Archives of *The Exonian's* 139 Volumes Made Available Online

By BEN ABBATAIELLO
and RACHEL WON
Staff Writers

Since April 6, 1878, *The Exonian* has been an invaluable resource for students and faculty alike. However, these newspapers have remained largely inaccessible to the majority of the student body, and are kept under lock and key in the Academy archives. This all changed on September 18, however, when *The Exonian* unveiled the Academy archives—an online, digitized archive containing all 6,627 *Exonian* issues ever published.

According to Peter Nelson, the Head of Archives and Special Collections, the mission to digitize the *Exonian* archives has been ongoing for several years. “My predecessor, Edward Desrochers was interested in digitization of a variety of the Academy’s publications, and *The Exonian* was almost number one on the list,” he said. “We thought it would be fun for alumni, and interesting for students to see what *The Exonian* looked like ten, fifty, a hundred years ago. So that’s really how it started, gradual interest grew, and we just tried to find a way to make it happen.”

The process of compiling the *Exonian* archives was not without obstacles. Nelson explained that because the original newspapers were too fragile, they could not be scanned, limiting their ability to use certain

methods of scanning the papers. Although the most recent articles were easily uploaded because they were saved digitally by the *Exonian* editors, the previous issues had to be scanned using microfilm. Because the microfilm was tricky to work with, it was a challenge finding a vendor who was skilled in microfilm techniques. However, once a vendor was found, they were able to digitize the papers in high resolution.

One technique used was Optical Character Recognition, which transcribed the newspaper text as digital type. Nelson described the intricacies of the process, explaining that Optical Character Recognition was a technique that required a lot of quality control. “If an advertisement, say, appears in *The Exonian* for 1891, it might have a weird font that has a lot of curlicues and elaborate filigrees, and things like that are just not readable by a computer,” he said.

However, the vendor was able to transcribe the text to approximately 97 percent accuracy, leaving only a small margin for error. For the remaining inaccurate texts, Nelson hopes that retired faculty, alumni, or other people looking for fun things to do will contribute to correcting the texts. “I could just see them just sitting down, you know, on a Sunday morning, and going through some of these articles as a volunteer, to help improve *The Exonian*,” he said. However, lower Francisco Silva expressed his concerns

about the openness of the editing. “It’s kind of like Wikipedia, because you can change it and alter it and it could possibly be wrong if someone changes it like that,” he said.

Many agree that the value of the archives outweighs the obstacles that Nelson and his team had to overcome to digitize the archives. According to Nelson, the archives will help us understand the student perspective—the *Exonian* being a student-run newspaper, it will always have a student slant on the stories written about. Nelson added, “It’s just another portal into understanding the student point of view from whatever era.”

By studying the issues of *The Exonian* from different periods in time, trends in student viewpoints can be observed. One thing in particular that Nelson noted was that the attitude toward faculty had changed. “In the 1800s, there was a lot of fear as well as respect of the faculty,” Nelson said. He compared this to the current day, observing that “nowadays, it’s a little bit more investigatory. The visitation policy and things like that, and investments that the Academy makes in its endowment, things like that have been looked at with a more critical eye than they ever would’ve been in the past.” He demonstrated that studying the *Exonian* archives could show how changing times have led to a more open criticism towards the faculty and administration.

Nelson also hopes that the improved accessibility of these articles will prove useful to those conducting historical research on the Academy. “I think historical research for students doing papers about the history of the Academy, you know, issues like co-education, or foreign students, or financial things like that—all those topics have suddenly just really immeasurably improved as far as access,” Nelson said.

According to Nelson, the possible benefits of the archives reach beyond research and academics, and highlighted that the archives could also be viewed as a source of enjoyable reminiscing. He said that he hoped to see alumni going back to look through the issues that were published during their time at the Academy and reminisce about the experiences they had. However, lower Lilly Pinciaro doubted that current *Exonians* would use the archives for anything other than academic reasons. “Given the schedule at Exeter and how little time that I have, quite honestly I probably wouldn’t use the archives for recreation or leisure,” she said. However, Pinciaro agreed on the value of the archives, saying, “I think it’s important to preserve this kind of thing even if not too many people use it.” Lower Francisco Silva agreed with Pinciaro’s sentiment, and added, “I think we should know what came before us just to have appreciation of what we have now and what builds our school now.”

Exeter Bubble Brushes Up against New Hampshire Opioid Crisis

Continued from **OPIOID CRISIS, A1**

It's easy for these patients to take a greater quantity of opioids than what a doctor has prescribed, and opioids are relatively easy to obtain even without a prescription.

While thousands of addicts continue to suffer nationwide, the state of New Hampshire in particular has seen a recent surge in opioid addiction. According to the New Hampshire Department of Health and Human Services, opioid overdose deaths in the state increased by 250 percent from 2011 to 2015. President Donald Trump frequently touched on the opioid crisis during his campaign, and the issue has been a political hurdle for Republicans in Congress in their quest to repeal the Affordable Care Act this year. New Hampshire's struggles with the crisis garnered national attention after Trump bragged to the Mexican President Enrique Peña Nieto in a phone call last January, saying that he'd won New Hampshire "because it is a drug-infested den."

II. A Growing Local Problem

Despite the fact that it is a relatively small town with an affluent, well-educated community, Exeter is not immune to the problems that plague the State of New Hampshire. According to Paul Gravel, the Director of Campus Safety at Phillips Exeter Academy, Exeter's proximity to Manchester, "the ground zero zone for drugs in the state," means that Exeter residents can observe recent trends in the drug epidemic very clearly. "Crimes are absolutely on the rise," he said, attributing this change to the increase in drug addiction. Supporting this view, Exeter Police Department Patrol Division Commander Captain Stephan Poulin reported around 157 incidents involving drugs and 94 drug arrests during 2016. "It is a safe assumption that there is a link [between increase in drug use and petty theft]. Offenders have broken into businesses and parked

"The main reason why people in our community, our friends, our family members and our loved ones die is because of synthesized opioids. We see lives being shattered."

cars looking for money to buy drugs. A surging phenomenon is drug abusers are now shoplifting from major stores such as Walmart or Home Depot," he said.

Justin Pizon, Exeter's assistant fire chief and head of training & fire prevention, offered a perspective on the number of Narcan shots—an emergency antidote used to revive those who overdose on opioids—administered to town residents. "From January 1 to current, the Exeter Fire Department has administered Narcan 22 times," he said. "In fairness, this is dose administrations, it is possible there was more than one administration to a single patient."

According to Pizon, an unresponsive female patient was administered Narcan and given CPR last weekend. Both were unable to save her life. This was not her first time overdosing; one week earlier she was resuscitated after being found in a similar state. "It's sad to see a person who's struggling not make it," Pizon said. Captain Poulin noted high recidivism rates among drug offenders. "Many drug abusers continue to abuse the drugs after their arrests," he said. "The reasons are plentiful, ranging from lack of desire to quit, lack of ability or availability of rehab efforts, getting back into the same circle of drug abusing peers to continue the cycle."

The 15 overdoses recorded by the Police Department so far this year were the result of a variety of drugs. These ranged from heroin to pills. However, synthetic drugs like fentanyl and carfentanil have recently become the main problem. Synthetic drugs aim to mimic the sensations that come with natural opiates. "Heroin has been around thousands of years and it's a problem, but the main reason why people in our community, our friends, our family members and our loved ones die is because of synthesized opioids," Pizon said. "We see lives being shattered."

Many name fentanyl, which has been used recreationally in New Hampshire since mid 2013, as the main driver behind the recent opioid epidemic in New Hampshire and more specifically, the town of Exeter. Fentanyl is also easier to obtain because, according to Jean Moser, a member of the Institutional Advancement Team at Phillips Exeter

Academy and Exeter resident who runs an awareness-raising campaign against prescription drug overdose, it's "cheaper than a six-pack of beer [...] and coming into Massachusetts then distributed to New Hampshire because we're right on the highway." These pills are easy to hide, being relatively odorless. "A good portion of narcotic drug use nowadays

Exeter is not immune to the problems that plague the state of New Hampshire.

come from taking pills from elderly relatives," Pizon said.

"It's predominantly fentanyl, or heroin laced with fentanyl," Moser said. "If you're on one of these for medication, you should take it as prescribed, when you're finished with it, you should dispose of it properly, at your local police department." This advice, however, is not always followed.

By the end of 2016, opioid use had begun to swing in favor of carfentanil, one of the most potent and deadliest synthetic drugs. According to the New Hampshire Drug Monitoring Initiative, carfentanil has caused three known deaths in the state since late 2016, a sign that the problem in New Hampshire continues to grow more serious. In a recent report on the crisis, the Initiative calls carfentanil "10,000 times more potent than morphine and 100 times more potent than fentanyl," adding that its appearance in New Hampshire "is cause for concern, as the relative strength of this drug could lead to an increase in overdoses and overdose-related deaths, even among opioid tolerant users."

The lack of quality control is another aspect of fentanyl and carfentanil that makes the drugs more pernicious than any that have come before them. "Anyone who's injecting fentanyl doesn't know what they're getting. It's not from a pharmacist or someone who controls the quality," Gravel said. "It's mixed with all kinds of derivatives to enhance the product including beta laxatives [...] it's so strong that the first time someone uses it, it can kill them."

"Drug addiction is a disease," Pizon said. He thinks the epidemic should be viewed through the lens of "patient care" rather than a war on drugs. For this reason, he disapproves of police carrying Narcan in Exeter. He'd rather encourage those struggling with addiction to reach out for the help of the Fire Department. "People don't want to talk to police," he said. "If they talk to us and share their private medical record we use it to compile a report, but we cannot share the information with anyone else."

"Out of a thousand people we've administered Narcan to, if one person seeks help and fully recovers from addiction, I'd say that our job is a success," Pizon said. "Drug addiction is a disease and some people are more predisposed," he explained, adding that during the last two to three years, he's been hopeful at the increasing amount of people checking themselves into in-patient rehabilitation programs. "It's a good

"Trauma is an early indicator of addiction, and I think unfortunately the possibility that an individual is exposed to traumatic experience can vary according to socioeconomic status."

sign," he said. "This was not prevalent in New Hampshire a few years ago."

Exeter resident Sandi Coyle is a successfully recovered former opioid addict. Currently sober for 13 years, Coyle has lived in the community for the past seven years, where she works in non-profit to help others struggling with substance abuse. Her story is representative of a larger movement in the community to bring both action and awareness to the issue of opioid dependency.

"I became aware of a national movement of people who were in recovery from addiction and sharing their voice as tool for sharing hope, and telling the community how we can work together to overwhelm the consequences and repercussions of people with addictions not getting enough help within a public health space and community environment," she said. "I was personally motivated to do something about it. I set up a recovery center in Portsmouth a little over a year ago. We are a place where it's non-clinical; it's a peer-to-peer community center where people can walk through the door and find pathways for them to recover."

After observing and interacting with addicts for many years, as well as

experiencing addiction herself, Coyle noted the incredibly damaging stigma around opioid dependence. "It's a public health crisis which is killing people at an alarming rate; historically we've had epidemics like that, and then millions of dollars were spent towards researching and putting solutions in place," she said. "Unfortunately with this epidemic, it's been a stigmatized issue. We've refused to address it for so long." While acknowledging that the country has made a lot of progress, Coyle feels that there is much work to be done. "It's not just the heroin crisis or the opioid crisis, but really a very human and public health-centered issue that we have to evaluate how we treat people."

Coyle described her dissatisfaction about general public knowledge on the issue. "People know more about the negative side and less about what to do about it and how recovery works," she said. "Part of the problem is recovery has been rather quiet and silent. A lot of people get sober and don't talk about it."

Coyle found it difficult to share her own story at first, and after the *Portsmouth Herald* published an article about her entitled "Ex-Heroin Addict Plans Recovery Center," she worried about judgement coming from friends and local community members. "I had a son who was in fourth grade and many of my closest friends did not know that I was a former addict; I found out very quickly, though, that most people were supportive," she said. "While pursuing my passion and trying to help others, there's definitely some challenges to it; there have been times when I walked into a room to speak or a business meeting and I know people judge me."

Coyle makes sure to stress the universality of the problem during these speeches or open forums. "It's definitely everyone's problem—all neighborhoods, all cultures and classes," she said. "That said, what we know is that trauma is an early indicator of addiction, and I think unfortunately the possibility that an individual is exposed to traumatic experience can vary according to socioeconomic status."

III. "Heads Stuck in the Sand"

Although the epidemic afflicts many residents of the Seacoast area, the effect on the PEA community has been relatively minimal.

"As far as I know, there are no current students with an opioid addiction," psychological counselor Christopher Thurber said. "Such an addiction is incompatible with being a successful student." Head nurse at the Lamont Health Center Nancy Thompson reiterated this point. "Fortunately, the medical staff at Lamont has never had to deal with a situation where a student's life is threatened because they are overdosing on substances in my eleven years working here," she said. Thompson acknowledged that the health center has a support system in place for students struggling with drug problems of any kind, saying that can go to the psychological counselors for advice.

Despite the lack of past student encounters with opioids, Gravel still sees these drugs ending up on campus as a possibility. "We're such an open campus, I'm not concerned with the student population but people we don't know who come in," Gravel said.

To address this concern, Gravel works hard to make sure that his officers have "all the necessary personal equipments to respond." Additionally, he also attended a one-day conference in Manchester about new trending drugs, the ramifications and safety precautions that law enforcement and non-law enforcement responders alike have to take into consideration. Coming back from the conference, Gravel sent out a memo from the Drug Enforcement Agency that each campus safety officer had to read and acknowledge, consisting of general information on how to handle suspicious substances that he couldn't be identified. He also noted that students should educate themselves on the issue, taking into account the general promotion of well-being on campus grounds. "Getting involved is important—we should not get our heads stuck in the sand," he said.

While Exeter has until now been spared the worst effects of the opioid epidemic, many feel that Exonians have a responsibility to be aware of not only the national issue, but its proximity to the Exeter campus.

"All Americans are affected by the opioid epidemic," Thurber said. "Some of us have friends or relatives who have struggled with addiction; all adults who pay into the health care system or pay taxes indirectly pay for treatment and prevention of opioid addictions; and we

are all affected by decreased productivity and mental health costs of this and other drug addictions."

In an effort to bring awareness to campus, PEA screened a documentary made by Jeanne Moser and her husband, Jim Moser, entitled *Just the One Time*, which chronicled the tragic death of Moser's son, Adam. "The Mosers lost their son to an opioid overdose in September of 2015. 'I don't think there's enough awareness statewide,'" Jeanne Moser said. "We brought the message to the school last year and I think we'll have the same opportunity this year."

For those living in the PEA community, it can be easy to disregard the epidemic as an issue that has no bearing on their lives. This includes Moser, who has lived in Exeter for 25 years, and said that she had previously seen the town and its inhabitants as "safe" from the issue of drug abuse. "We raised our children here and it was never like this," she said. "When you hear about it in the paper, you think it's unemployed, homeless people in the city park, and then all of a sudden you see these young people's pictures in the paper, and when our own child died, we learned from his friends that what he referred to as a weekend 'hobby' was actually an addiction. My son thought it would never happen to him."

While Moser acknowledged that New Hampshire has improved its recovery and treatment resources, like Coyle, she advocates for more awareness and action. "Now that we've lived through this nightmare, we find it very important to get the message out that it can happen to anyone," she said.

Although there has yet to be an Exonian addicted to opioids, there are students who have been directly affect-

"When our own child died, we learned from his friends that what he referred to as a weekend 'hobby' was actually an addiction."

ed by the crisis. Kevin, a senior, spoke of his brother, who struggled with opioid dependence for many years. "It started off with just weed, and then it got worse and pretty soon, he was battling heroin addiction," Kevin said. "It was a hard battle to fight considering how serious it is but we as a family tried to help. We sent him to this rehab center to try and help cure him." However, Kevin's brother relapsed and was soon using regularly again. After this, he was sent to a detoxing center, which he described to Kevin as the most incredibly difficult experience he had ever had to go through. "My brother has been drug free for almost two and a half years now, and he's thankful that there were people to help him out," Kevin said. "Unfortunately, my brother still faces major problems with smoking cigarettes and drinking. But as he told me, 'Fight each battle one step at a time.'"

Kevin's brother turned to opioids after losing his older sibling. "The only way he could deal with the grief was with drugs. So I urge everyone to not use drugs as a way of relieving pain because it's a chain of events," Kevin said. "Most often, it's so hard to get back on the right track after one mistake becomes two, and two becomes three, and so on."

Although students like Kevin and faculty like Moser have personal connections to the opioid crisis, many people on campus remain uneducated on the nationwide issue of addiction. Upper Sloane Valen, new to PEA, feels uncomfortable discussing the opioid crisis. "I know that drug addiction is a problem, but I feel like there is a stigma around talking about it," she said. Upper day student Emmy Goyette felt "uninformed" about the issue, despite living in Rye, New Hampshire. "I know there's a crisis in New Hampshire right now, but as far as that I feel like I'm getting no solid information, especially about the places that surround me," she said. "I feel like people are aware of the problem, but nobody talks about specifics or how the issue affects Exeter." Lower Stephanie Harris has perceived a campus-wide feeling of brushing off the seriousness of addiction. "I've heard about it when I first got on campus last year in a fleeting comment, but never heard about it again," she said. "To be honest, I didn't even know it was a huge issue. Everyone plays it off like it's the average thing, I guess."

Coyle urged members of the PEA community to reach out and help those affected in the surrounding area. "We live in an affluent community with good resources, and there's probably a feeling of shame for people who are addicted," she said. "We can do a better job."

Germany and the Rising Alt-Right



OUTSIDE THE
EXETER
BUBBLE

Paul James
Columnist

Germany's election may have been secured by fourth-term chancellor Angela Merkel, but it also opened the doors of Parliament to a far-right party, Alternative für Deutschland, for the first time in the postwar era. AfD gained 13 percent of the vote, 94 seats in the German Parliament and is on its way to becoming the main opposition party. This shake-up is the latest in a series spanning from the United States to France, the Netherlands, Austria and the United Kingdom. In addition to the increase of right-wing votes, the other worrying trend is a move away from moderate parties, even if those votes don't end up with the AfD, National Front or similar parties.

Thirteen of the new AfD lawmakers have ties to extremist political groups, some of which are under investigation by the German intelligence service. The only one to have previously served in Parliament, Martin Hohmann, was dismissed after anti-semitic statements.

Many of the common motivations associated with a rise in populism are missing from Germany. The economy is doing well,



Courtesy of Google

unemployment is low and Germany is a major player in international politics. The reason this time is a perceived attack on national identity, on the inherent meaning of being German. AfD voters see the influx of refugees and other foreigners, numbering in the millions, as threats to this ideal. Towns that were once majority German and white have been, in some cases, overrun by recent spikes in immigration, triggering an immediate backlash from German citizens.

In the postwar era, Germany went to great pains to distance itself from its Nazi past. Instead of focusing on what the new Germany is, politicians emphasized the lack of fascism and lack of nationalism. There are severe laws against hate speech and political expression linked with national

socialism. Parties deemed too extremist can be banned by the Constitutional Court. Germans were deprived of their ability to take pride in national identity for fear it would be misconstrued. The AfD recognized and bridged this gap between the patriotism of Germans and the hesitancy of their representatives.

The head of AfD, Alexander Gauland, promised to give the German Volk back their homeland. He promised to hunt Merkel. His incendiary remarks may provoke disgust from outside commentators, but they clearly articulated the sentiments of a frustrated, young German demographic. When people fear attack from the outside and lack representation within their borders, they naturally associate with

groups that take strong stances, however misinformed or problematic, and promise protection.

Even with only 13 percent of the vote, many believe the AfD still has enormous potential to shift the course of German politics in its favor. Commentators point to Britain's UKIP party, which consistently polled at only 10 or 15 percent. Nevertheless, it put pressure on the Conservative party, who made an effort to regain that 10 percent of the electorate. The result was a referendum on British membership in the European Union, now the infamous Brexit decision.

Some of the same motivations played into the U.S. presidential elections, where Trump promised a defense of "our people" against an enemy that threatened Americans. For Trump's voters it may have been a fear of undocumented immigrants from Mexico, for Germans it was a rising tide of Muslim immigration and subsequent European elections are doomed to follow a similar course.

It's up to moderate politicians and their parties to defend the patriots of their countries without slipping into a nationalist regime that encourages "us and them" sentiments. Ultimately, "America First," "Courage for Germany" and "Take Back Control" don't give voters their pride back; they threaten world stability.

Social Media: A Tangled Web

Shaan Bhandarkar '19

Columnist

The current polarized political climate in our nation has seen a fair share of blame imposed upon social media outlets such as Facebook and Twitter. We've held these accountable as impactful sources of knowledge and expression. The ongoing Russian investigations has uncovered hundreds of Twitter and Facebook accounts linked to Russian operatives covertly disseminating misleading information. Even President Donald Trump recently entered the ring and has gone so far as to claim that Facebook is and has always been "anti-Trump" and "colluding" with known left-wing affiliated newspapers. Both liberals and conservatives alike have expressed insecurity about whether social media outlets can be considered neutral platforms, but is that a really a warranted assertion?

In a way, we can certainly brand social media as catering to certain political ideologies. After all, many Facebook users have conducted experiments to see how their Facebook feed adapts based on which

pages they like and have seen that liking a page devoted to one political ideology opens doors to similar pages with the same affiliation. However, the idea that both conservative and liberal notions can be espoused on the same platform shouldn't incriminate the platform as biased. In-

The other argument for why social media has been claimed to not be neutral is the environment that it fosters. Following any controversial post on Twitter by a major celebrity, you can probably see multiple threads of indignant insults. Overall, the Internet tends to depersonalize conversa-

a polarized medium, we still can't assert that Facebook or Twitter actively caters to one affiliation or the other. Algorithms are certainly developed to specific political subsets of audiences, but that doesn't mean we can blame the medium for doing so. If anything, that may as well be the core rationale behind the development of social media as well as other online websites: to introduce and direct a user to certain advertisements or groups that might be compatible with that user's interests.

The neutrality of the medium itself doesn't make allegations of Facebook's political influence as a major factor in the election any less credible. Even Mark Zuckerberg, in spite of his previous denial, recently conceded that he couldn't dismiss the impact that certain Facebook articles had on the election outcome. Net neutrality has been a vaunted aspect of the world of the Internet and it's irrational to impose so much blame on the medium instead of the people exploiting the medium for their own gains. In past years, social media has been touted for its easily accessible, respectable discussion of pressing national affairs, which has allotted multiple perspectives, and that's still very much the case.



stead, the adaptability of the platform itself speaks to the actual neutrality of the platform. We should, in fact, be hearing both sides of the coin being represented roughly equally on such a platform. That doesn't make the existence of Russian account posing as Americans and spreading misconceptions excusable. We just can't blame Facebook or Twitter in the situation as some have stooped to.

the series of comments we see in the comments section of social media don't accurately represent the respect that would hopefully be associated with face-to-face interactions. So, there is admittedly a sense of impunity that is cast upon what we can write on the Internet, especially on social media. However, despite the consequent idea that social media at least creates an environment that can be easily forged into

Merkel's Next Four Years



WORLD
COMPASS

Mark Bleckherman
Senior Columnist

In 2005, Angela Merkel shattered a glass ceiling, becoming the first woman to hold Germany's chancellorship and the first chancellor from the former German Democratic Republic, a Soviet puppet state until 1989. Her rise to political prominence was unexpected, because she studied chemistry in college and earned her PhD in quantum physics. She entered the conservative Christian Democratic Union and served in several ministerial positions before replacing Gerhard Schroeder in 2005 as the Chancellor of Germany. Twelve years later, Merkel is one of the longest-serving democratically-elected European leaders.

On Sunday, September 24, Angela Merkel won her fourth term as chancellor of Germany, though her victory was overshadowed by the rise of Alternative für Deutschland—a far-right party. Ms. Merkel's center-right party won 33 percent

(down from the previous elections), while her rival Social Democratic Party won 21 percent. Because Merkel's party did not garner a majority, she will have to form a coalition with another party.

The Alternative für Deutschland (AfD) is now Germany's third largest party, receiving 13 percent of the vote; this is the first time a far-right party will be represented in the Parliament in 50 years. The party started in 2013 by members of Merkel's party who grew disenchanted by her affinity towards refugees and her support for European solidarity. Their platform criticized Merkel for her acceptance of 1.3 million refugees, depicting the migration as an "Islamic invasion," and scolded her for using German taxpayer money to fund Greece's bailout. The exit of Great Britain from the European Union only whetted AfD's euro-skepticism, and the party relied more and more on identity politics as the 2017 elections neared.

At their election party, supporters in the crowd sang Germany's national anthem, a disturbing symbol of the resurgence of nationalism. The rise of populism is striking, given that Germany's economy is thriving and its GDP steadily rising. In

2017, Germany's economy expanded by 0.7 percent, the largest increase in three years. Its unemployment rate is the lowest in the Eurozone, with some experts fearing labor shortages in the coming years. The far-right's narrative of xenophobia overlooks the economic benefits of a youthful and multicultural migrant community that can sustain the growing elderly population.

In order to alleviate the destabilizing influence of the AfD, Angela Merkel will have to form a coalition government that excludes extremist views. So far, she is looking into a coalition with the Free Democrats (FDP) and the Greens, whose ideology is anathema to her own. The Free Democrats represent the libertarian faction of the Bundestag; most members are fiscally conservative but socially liberal. Like most other parties, they disagree with Merkel's handling of the refugee crisis and call for a more efficient, speedy vetting process. They advocate for laissez-faire: less government intervention, in the form of environmental regulations, in the economy.

The Greens, however, emphasize environmental policy, women's rights and pacifism as the core tenets of their ideology.

Their progressive stance contradicts Merkel's traditionally conservative values, evidenced most clearly through her vote against a same-sex marriage law this June. More importantly, a coalition with the Greens will cost Merkel her alliances with big German businesses, most of which detest Germany's pursuit of renewable energy following the 2011 Fukushima nuclear disaster.

Unfortunately, Merkel has no choice but to assemble a politically inexpedient coalition. In her next—and possibly last—four years as chancellor, Merkel will need to create a strong legacy for herself that will inspire future generations of German leaders to embrace centrist ideologies and reject extremist opinions. To do this she will need to put aside, at least for the first few months of this term, her plans for a more perfect European Union and instead focus on passing bills that would improve Germany's domestic problems and address the right's flamboyant rhetoric on refugees. Now more than ever, European leaders are looking to the seasoned leader as a model for handling far-right parties in their own countries—the weight of Europe rests on Merkel's shoulders.

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Hugh Hefner: Hero or Villain?

Mai Hoang '20
Columnist

The first time I heard about Playboy was probably in middle school. I don't remember exactly when. In retrospect, it is an testament to the enterprise's ingenious marketing strategies that, like Mickey Mouse and Disney Princess, the tuxedoed bunny belongs to a pantheon of characters that a kid in Saigon, Vietnam would automatically associate with American culture without having set foot in the country itself. Elusively it hung, the double-eared silhouette, symbol of some indomitable power that degraded and corrupted. From the perspective of a ten-year-old Catholic, the values championed by this magazine were nothing short of pure devilry. I marvelled at how responsible adults, some the age of my parents, could pick up such a conglomeration of racy prose, nude shots and cheap entertainment—in short, utter trash.

Flash forward a few years. I first heard of Hugh Hefner, founder of the rabbit-eared enterprise, while reading Gloria Steinem's "A Bunny's Tale." A seven-page journalistic brainchild of the assertive, talented, would-be iconic writer reported undercover for three days in the Mansion, it moved me almost to tears with descriptions of young women forced to wear corsets so tight-fitting they could not breathe, heels so high their feet became swollen, and fluffy little bunny tails. For men to yank. I was thirteen, and a stalwart feminist; it was disturbing to even think of a man making billions of dollars off creating fantastical nymphs—big boobs, long legs and all—that existed for the sole purpose of serving men. Steinem wrote of being examined, dissected and criticized like an object, of feeling incompetent for not being able to perfect the "bunny dip," of being nickle and dimed for straying an inch out of the boundaries. Bunnies had to wear false lashes and stuff their cleavage. They were encouraged to date "number-one keyholders" but expressly barred from becoming intimate with anyone else. As a girl acutely conscious of her developing body and sexuality, I marvelled at the amount of stress these women could tolerate, going to work everyday knowing that everyone expected them to look nothing short of perfect. And, by the way, how did they always look so perfect again?

When I scanned the news for interesting occurrences this past week, the image of Hugh Hefner, pyjama-clad, hugging Playboy, popped up along with

headlines announcing his recent passing away. My immediate reaction—thank God we don't have to see any more of this. By the time I started high school, Playboy had thankfully become something of an obsolete artifact, belonging to a past era when women did not have much of a voice when it came to their depiction in mainstream media. Things are different now. But then a host of other articles caught my eye: "Hugh Hefner—a force for good." "The literary

Being an anti-segregationist, gay rights activist, humanist and any other liberal-ist in the world does not mean one is also automatically a champion for gender equality.

legacy of Playboy," "Hugh Hefner and Feminism: Playboy brought progress." For a moment, I was stunned. How could any sane person claim that this exploitative, hedonistic profligate even cared, much less championed for, anything other than the fulfillment of his rancorous desires?

The mission of this op-ed, as I originally envisioned, was simple—with jarring commentary and detailed analysis I would rebut all the arguments, one by one. Hefner a liberal advocate for diversity? Sure, he did publish works by James Baldwin, declare himself a supporter of LGBTQ rights in the face of backlash from 1950s readers against a radical short story championing homosexuality as the new norm, and feature an African American model on the magazine's front cover. But even if any of these symbolic actions are sincere, this does not change the fact that Hefner built an enterprise centered around oppressing women. Being an anti-segregationist, gay rights activist, humanist and any other liberal-ist in the world does not mean one is also automatically a champion for gender equality. Playboy the culture-changing pioneer that started a sexual revolution to liberate women? If Playboy did anything revolutionary at all, it was probably transforming porn into mainstream media material and a Wall Street-calibre business that, while catering to a predominantly male audience, victimized and objectified women.

Or did it?
I started seriously questioning my convictions while reading the words of bunnies who worked in one of Hefner's clubs or lived in the Mansion itself.

While some compared their days with Playboy as living in prison, with no privacy or freedom and the fear of not being attractive enough, some displayed deep sadness at the loss of a man whom they accredited as a radical, non-judgmental person who launched their careers. "Thank you for being a revolutionary and changing so many people's lives, especially mine," said Jenny McCarthy, Playboy Playmate of 1993 who parlayed her success with the magazine into a personal enterprise that included acting, modelling and screenwriting. Model Lauren Hutton also had fond memories of her days shooting for the magazine, seeing them as a stepping stone for her future success.

It is easy to discredit the opinions of these women as weak-willed females trying to gain personal advancement by performing their role in the patriarchal game; despite what they may say, there will be people who find the whole situation, where an attractive woman displays her sexuality in the media to "launch a career," revolting. However, as we fling out our judgements of the individuals and the system, it is important to keep in mind one question—why are we judging? Are women who pose nude in

There is a fine line between an individual being liberated by being able to display their sexuality and being oppressed because doing so and pleasing other people is their only way to get ahead in society.

magazines, music videos, porn victims of an exploitative culture that objectifies them for male sexual pleasure? Or is it because we ourselves are affected by a patriarchal mindset that we say so?

The classic pro-sex versus anti-sex dogma in second-wave feminism, still relevant today. There is a fine line between an individual being liberated by being able to display their sexuality and being oppressed because doing so and pleasing other people is their only way to get ahead in society. It is true, though, that the liberal sexual attitudes that originally arose due to media creators like Hefner who only had the benefit of men in mind made it possible for more gender-inclusive doctrines, which also acknowledged the agency and desires of women. Does this make men like Hefner patriarchal in intention but feminist in impact?

So, Who Owns Facebook?



Ginny Little '20
Guest Contributor

Here's a fellow Exonian, and we should give him the benefit of the doubt—for now. But alumnus Mark Zuckerberg, the billionaire founder and majority shareholder of Facebook, recently settled a lawsuit in which Facebook shareholders accused him of reducing the value of their investment while permanently cementing himself as the head of the company. Avoiding his own public testimony at trial by settling the case, Zuckerberg backed down. But the issues raised by his and Facebook's actions have long-term implications specifically for wealthy company founders who are trying to promote social justice as well as more generally for our democracy.

Zuckerberg's controversial founding of Facebook from his dormitory as a Harvard undergrad is legendary, and it's even become the stuff of a Hollywood movie. Equally compelling, however, is Zuckerberg's interest in political causes and matters of social justice. In 2010, Zuckerberg and his wife Priscilla Chan donated \$100 million to the public schools of Newark, New Jersey, and in 2013 they donated 18 million Facebook shares (worth \$990 million) to the Silicon Valley Community Foundation—the "largest charitable gift on public record for 2013." After reporting in 2012 that they would give away the majority of their wealth to "advancing human potential and promoting equality," Zuckerberg and Chan announced that they specifically

intended eventually to give 99 percent of their Facebook stock to their foundation, the Chan Zuckerberg Initiative. The recent lawsuit by Facebook shareholders, though, revealed that a preoccupation of Zuckerberg's is to keep control of Facebook, even as he gives away 99 percent of it, and also possibly to enter politics while still controlling Facebook. As a person who already has all that anyone could need materially, Zuckerberg seems more intent on maintaining and gaining power. And we would be rightly sceptical of electing a Senator Zuckerberg, or President Zuckerberg, who also controls an information company on the scale of Facebook.

The claims brought against Zuckerberg and others at Facebook are technical. Basically, shareholders say that he engineered a "reclassification" of Facebook's shares to create more shares (which could be given to Facebook employees or used like money to buy other companies) but also to solidify Zuckerberg's overall majority control without providing any benefit to the shareholders. Zuckerberg now owns 60 percent of the voting stock of Facebook, and this gives him the ultimate say on everything. Giving away his shares would mean that he could eventually lose control of the company. What shareholders claim Zuckerberg tried to do was to separate out the "ownership" powers of Facebook stock from the "voting," or control powers of that stock, and then keep the voting for himself. In this way, Zuckerberg could continue to vote his controlling 60 percent power while still giving away stock. Shareholders claim that Zuckerberg's plan would have lessened the value of their own stock while giving him eternal control over Facebook.

Many would say that giving permanent control of the company to Zuckerberg is reasonable; after all, he founded the company. But this raises larger questions about fairness to shareholders and the desirability of allowing company founders to stay in control of their companies long after they have sold or donated any stake they have in the company's profits. And the implications of someone of Zuckerberg's power over information—advertising, knowledge of individuals' personal information, and the ability to control political conversation at Facebook—who also wants to run for national office are frightening. Zuckerberg has a long way to go until his giving away his Facebook stock also means giving away his control of the company. As he said in a recent company post announcing the withdrawal of the reclassification plan, it was "complicated" and not a "perfect solution." Going forward, though, we as a society should encourage those with extreme wealth to use that power for society's benefit, while also making sure that such power is not abused to harm smaller company shareholders or, more importantly, our democracy.

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What to Do About North Korea

Sarah Ryu '19
Guest Contributor

During his first address to the United Nations General Assembly this month, President Donald Trump reaffirmed the United States' staunch refusal to accept North Korea as a nuclear state, calling North Korean leader Kim Jong Un "a rocket man on a suicide mission." President Trump also reiterated his commitment to defend South Korea and Japan, two allies of the United States, from North Korean attack. North Korea responded swiftly with its own aggressive remarks in typical hyperbole. Tensions continue to mount in the region, with the US recently flying a B-1B bomber near the inter-Korean border in a show of force. North Korea is also projected to conduct more nuclear and missile tests in mid-October, during which North Korea celebrates its Party Foundation Day.

Amidst the rhetoric of war, destruction, and nuclear apocalypse, those unfamiliar with the complex web of U.S. entanglements in the East Asia region may have become alarmed at the recent escalation. Riding this momentum, geopolitical pundits have also taken to the Internet once again to forecast war on the horizon. However, a closer look at the unique circumstances surrounding the Korean Peninsula shows that war, though a very real possibility, is unlikely to erupt anytime soon.

Korea was once one country, liberated from Japanese colonization by the Allies during World War II. Split between a communist North and a U.S.-friendly South, Korea experienced a civil war from 1950 to 1953, which ended in an armistice. The armistice only served to stall the war with a cease-fire, not end it with a full peace settlement. The two countries are technically still at war. Currently, the United States maintains several military bases in South Korea with



Courtesy of Google

about 37,500 U.S. personnel, in the interest of protecting its ally, South Korea.

According to the CIA's assessment of North Korean military forces, conducted in 2010, a war between the United States and North Korea would result in a one-sided slaughter. North Korea, still operating equipment and technology from the 1970s, when it received aid from the former Soviet Union, would not be able to mount a serious defense against the combination of an air, naval, and ground attack by U.S. and South Korean troops. Surely, North Korea knows that a war with the United States would end with the complete destruction of the North Korean military. Yet, the isolated nation continues to provoke its neighbors with threats of nuclear attack. The actions of the North Korean leadership, on the surface, seem baffling in light of these facts. Yet, when considering the geopolitical perspective of North Korea, it's over-the-top actions make more sense. The Korean peninsula lies squarely between China and Japan, the world's second and third largest economies by GDP, respectively.

Historically, Korea has frequently fallen under the influence of these two nations. North Korea views nuclear armament as a tool to level the playing field, so that it might be able to compete

with these heavyweights. The recent provocations by North Korea can better be interpreted as a form of political posturing, shouting for recognition and acknowledgement from China, Japan, and the United States.

A preemptive strike by the United States is possible. Even when tensions run high, a preemptive strike is unlikely due to the collateral damage to Seoul, the South Korean capital, and the Chinese refugee crisis that would occur when millions of displaced North Korean citizens flood across the Chinese border in an attempt to escape the fighting.

For North Korea, its deepest desire lies in its wish for recognition as a nuclear state, joining the ranks of countries such as China, France, the United Kingdom, and Russia. Unfortunately for Kim Jong Un, the rest of the world is determined to prevent this from happening. At best, North Korea will run out of options and liberalize slowly, following in the footsteps of other communist nations such as China or Vietnam. At worst, the North Korean regime will collapse on its own, unable to sustain its "rocket man" aspirations. Either way, the United States stands to gain the most as long it maintains its defensive, not offensive, position against North Korea.

Exeter is Not a Place for a Fear of Discussion

Jordan Davidson '19
Columnist

Almost everyone at Exeter is scared of something regarding American politics. Whether it's President Cheeto, forever-triggered Social Justice Warriors, cold hearted Conservatives, or loony Liberals, our dislike for the other side has morphed into fear. I know I'm not winning a popularity contest by being condescending and assigning labels, but I firmly believe that that the only way to eliminate fear is to tell it like it is.

Even if a lot of us are respectful on the outside, am I the only conservative on this campus who "agrees to disagree" with Bernie supporters and then proceeds to roll my eyes? Maybe I'm just the crazy one, but from my point of view it is all too common for us to make sweeping generalizations about the other side. In our heart of hearts we have to know that the opinions of one person are not true across the board, but a lack of critical thinking has allowed for a community of intellectuals to become fearful and politically polarized.

Both ends of the political spectrum are guilty of being hateful and ignorant as a result of fear on this campus. On election night, Trump supporters and opposers alike engaged in screaming matches, some of which resulted in pushing and shoving. Just two weeks ago I saw a flyer posted in several different areas of agoras with Donald Trump's face photoshopped onto a picture of earth burning in flames with the words "We can stop this." I'm not even a Trump

Even if a lot of us are respectful on the outside, am I the only conservative on this campus who "agrees to disagree" with Bernie supporters and then proceeds to roll my eyes?

supporter, but I was enraged when I saw the sign. My immediate reaction was anger toward stupid liberals. I didn't stop to think that this may have been the work of one frustrated person. And that one extreme sign doesn't represent the exact sentiments of all liberals at Exeter. As you can see, I am

guilty, too, of jumping to conclusions and letting gut reactions dictate my opinions.

There are steps we can take to improve the climate on campus. Instead of saying "I don't mean this in any offensive way or anything but I feel like..." and defending ourselves before we even make our point, maybe we can just say what we feel. As long

While many of us laugh at that slightly absurd title given to us, we should aspire to live up to the reputation that we have.

as we are respectful, we shouldn't need to worry about being transparent with one another. The PC Big Brother that seems to watch over all of our conversations leads to a lack of communication and disconnect with those who hold different views. We also should not limit the discussions in which we talk about how we really feel to our closest friends. If we can change "I wouldn't say this in public, but you guys are my really close friends so I trust you" to actually expressing ourselves to the other

side, we can break down the barrier of fear that we use to justify our actions and generalizations.

I don't mean to make Exeter seem like it's a divided, negative community in which we cannot have civil conversation. In fact, I think that we do much better than most of America in terms of unity. That being said, we are Phillips Exeter Academy, the school that teaches the "future leaders of the world." While many of us laugh at that slightly absurd title given to us, we should aspire to live up to the reputation that we have. So while the entire country is grappling with the issue of living in fear of one another's opinions, we should and can be doing better.

So next time you feel afraid to discuss what you truly feel or to talk to someone who is on the opposite side of the spectrum as you, try and put your pre-conceived notions on what might happen aside and convey your opinions while being respectful. If every student and faculty member can put in a real effort to communicate with one another and to stop themselves when making assumptions about the other side, we will be living in a happier, less fearful Exeter.

What to Take Away from Academy Life Day

Bianca Beck '19
Columnist

I think it's safe to say that Academy Life Day this year was controversial. September 25 was Academy Life Day, and students spent the day having conversations centered around the ALES video that came out at the end of spring term in May. The video documented stories of students who have experienced racism on campus. Some students were disappointed that the traditional Academy Life Day—a day reserved for dorm bonding—was replaced with a day of discussion on race, a topic that makes many people uncomfortable.

This disappointment is natural, but ultimately unhelpful in addressing issues of racism on campus. The day started with an all-school assembly, with remarks by Dr. Sami Atif, the Dean of Multicultural Affairs, followed by a speech by Principal Lisa MacFarlane. Then, students were separated into discussion groups with people from the same dorm. That was where most of the reaction from the entire day seems to be coming from. Some people left those discussions hurt, confused and offended. Some left happy with the results of their

conversation. Some left indifferent. The whole point of the discussion was to understand what happened in the video, and what we, as a community, can do to make a difference. However, from the dialogues around campus that were sparked as a result of these discussions, clearly that was

Therefore, we must accept that the stories in the ALES video reflect how those people were affected by those events, no matter what the intent was.

not the case in many of the groups.

First, many students reacted by saying, "Why am I here, when I could be having fun?" Many people—students and teachers alike—are affected by racism or prejudice in Exeter, a predominantly white community. Students feel unsafe in town and sometimes even on campus, just because they aren't white and look different. People in cars have yelled out racial slurs at students of color, and even gone so far as to tell them to "go back to where they came from." And if fellow students, classmates, roommates, dorm-mates or even friends, don't feel comfortable in their

own living space, then we have to come together as a community to do something about that. Therefore, even though bonding with your dorm is important, it's more important that we talk about racism, and what we as a community can do to make all students feel comfortable and safe.

In some discussions, rather than examining what happened in the scenarios and what one could have done, students were discussing the validity of the accounts in the video. That was not the point of the discussions we were supposed to be having. In the assembly where the thirteen skills were explained to the student body, one of the skills was to accept someone's opinion as true to them. Therefore, we must accept that the stories in the ALES video reflects how those people were affected by those events, no matter what the intent was. Validity is irrelevant, considering that the person in the video was hurt, and deeply offended too. So, in the discussions, rather than picking apart the story and looking for excuses to call it invalid, one should focus on what should have happened in that scenario. One could also discuss how bystanders could stand up for the victim in each situation.

Some students even said, "Why am I here when racism doesn't affect me?" Exonians are supposed to embody non

sibi; this comment clearly is the antithesis of non sibi. Just because you yourself haven't had any encounters with racism doesn't mean that you can't do something to help make it stop. As long as Exonians feel unsafe and are being discriminated against, then it's the responsibility for fellow Exonians to do something about that. Even something simple, to show compassion, can go a long way. For example, if someone sees someone else being harassed with racial slurs, one can make a significant difference. Rather than just walking away, one could tell the attacker to back off. Once they have, go to the person, and ask them if they're okay and if there's anything they can do for them. Showing someone that you care after being verbally assaulted by another person is very reassuring, and somewhat soothing too.

All these ridiculous comments, including others that were not mentioned within this article, must stop. As Exonians, we need to constantly strive to make our community a better place for other Exonians and ourselves. We can do that, by having honest discussions about racism, and remembering that fellow Exonians are deeply affected by this issue. And as good people, we need to do something about that.

Football Games: Not a Place for Protest

Zac Feng '19
Guest Contributor

These past two weeks, football players have been kneeling, linking their arms or refusing to appear during the national anthem at games around the country. Many players believe that this is a show of unity against injustice in the U.S. However, this disrespects our nation and all that it stands for. President Donald Trump's recent Twitter comments saying to fire these players who have knelt for the anthem have caused team owners and head coaches to boycott the anthem, either by remaining inside the locker rooms or linking arms. These protests, which are supposedly addressing inequality within the U.S., are hypocritical. Most NFL players have never done anything to help change the balance of society. In addition, these protests are dividing Americans and causing fric-

tion between different groups, which is the opposite intent of these demonstrations. All these players are doing is causing more controversy while not making any worthwhile change. About half the schools in our nation require the saying of the Pledge of Allegiance, something that shows our national pride. These players are sending messages that it's okay to disrespect our nation. Having been raised in America, I was taught that the Pledge of Allegiance was something that someone would be proud to say. One of the traditions that our school had was to ask each class to send one or two people to recite the Pledge to the school over the intercom. This was considered a great privilege and something everyone in the class wanted to do.

The only people who have contributed anything to this issue of inequality are Colin Kaepernick and the San Francisco 49ers, who each pledged one million dollars to the cause. Moreover, in each NFL game, the announcers ask the crowd to

stand up and respect the anthem, something their own players won't do. These owners won't do what they ask their fans to do, stand up and respect our flag, our country and our heritage. There has always been racial injustice in this country, whether you like it or not, why choose now to protest when it has been here since the founding of this nation? In the most recent Sunday, the Baltimore Ravens were kneeling during a prayer for unity, equality and justice, their own fans booed them for kneeling. People are getting impatient with this issue and it seems for at least most fans, the only option is to stand.

When Colin Kaepernick first knelt for the anthem, he was protesting inequality, but the issue now is that these protests have turned to anti-Trump demonstrations, due to their dislike of the president. Protests against the president are fine, there are always people who do not approve of the administration and the government. However, football games are not the place for protesting against Trump.

Instead of protesting against him, they are instead disrespecting the nation and what it represents, not the president. If these players want to actually make change, then do something on their off days, they have Monday through Saturday to protest.

There seems to be no compromise area in this issue, but there are a few ways this problem could be solved. One, by abolishing the national anthem at games, and just not playing it, which was done before 2009, when it was not required to play the anthem. Two, force all players to one action, stand and respect the anthem, or be fined and if done repeatedly, having their contracts terminated. Kneeling also seems like a bad idea for players, Colin Kaepernick, who was the first to kneel for the anthem, is now without a job due to most franchises not wanting too much controversy around the subject. Players should stand for the anthem and respect the flag, not just for respect for the nation and its ideals but to save their jobs and reputations.

The Impact of Academy Life Day

Makinrola Orafidiya '19
Guest Contributor

In past years, the last Monday of September was dedicated to dorm-bonding events. Students would depart from campus and participate in fun and collaborative activities with their dorm mates. This year, though, the day was devoted to a new endeavor.

On September 25, students piled into the Assembly Hall to watch a short film, produced by senior Ori Evans. The film includes imagery of sights and commonplaces on campus, accompanied by somber music and bold narration. The speakers detail four different stories of racial discrimination from the perspectives of four anonymous POC Exeter students. Upon watching the video, students met in small groups with members of their dormitories to discuss issues regarding race, inclusion among all students on campus.

My group was comprised of about 10 students from my dorm, including myself. There were at least two members

from each grade level present during the discussion, which allowed for a diverse array of thoughts and expressions of experience.

The conversation began with very dry comments, in which it felt as if some of my dorm-mates were just speaking to avoid the tense silence in the room. However, after some time, the conversation began to gain some traction. The seniors, uppers, and lowers offered their opinions very often during the discussion, but the preps did not seem to speak unless spoken to. Their silence prompted a new topic for the group: Why was Academy Life Day replaced with the viewing of Evans' video, followed by discussions of equity on campus? Many returning Exonians were dismayed to lose a day of fun in the sun on the beach or picking apples, although acknowledging the importance of tackling the hard and uncomfortable topic. The preps in my group expressed their confusion at being thrown into a conversation with older students, many of whom they had never interacted with in a relaxed setting before. The complex subject matter was complicated to discuss without prior

knowledge of the unfortunate events they witnessed in the film.

I was upset to discover that in other student-led conversations around campus, many students had trouble contributing to their discussion due to the agitation provoked from missing traditional Academy Life Day events. While I do agree that the absence of a beach day

I do believe that the discussions that took place last week could have been facilitated by a more suitable placement of the film and conversation workshops.

with other members of my dormitory disrupted from the induction of the new students into their new home, I do think that the questions asked by our faculty administrator were extremely interesting and it would have been nice to hear the opinions of others than those who chose to deliver their thoughts. Not only do different

opinions aid in the flow of the conversation, but they allow the other students to gain a new perspective of their peer's view on the racially discriminatory acts taking place on campus.

It is crucial to acknowledge, nevertheless, that some students were not able to contribute to the deliberations because they did not yet have an in-depth understanding of Exeter and it is difficult to add to the conversation when you are lacking in knowledge. In addition to this, some dorms now feel that younger students have not been integrated properly into the new dorm due to the change from Academy Life Day.

I do believe that the discussions that took place last week could have been facilitated by a more suitable placement of the film and conversation workshops. However, it is my hope that the alteration from Academy Life Day to more serious endeavors allowed the students and faculty to somewhat understand what occurs on a daily basis behind closed doors at Exeter for POC and how we can work together as a community to ensure the well-being of all students, regardless of race.



ExonianHumor



Number of Natural Selection Deniers is Dropping at an Alarming Rate, and No One Can Figure Out Why

By **BILLY O'HANDLEY**
Taking Intro Bio

A worldwide mystery came to a head this Tuesday, as evidence came to light that people who don't believe in natural selection seem to be dying out, and no one in the affected group knows why. "It's like some force that's bigger than us is endangering our species," said Bubba Wilson, a West Virginian who just can't figure out why his friends who believe in natural selection have kids and he doesn't. "It's terrifying, really."

"I just don't understand it," said Terrence Liberty, a 57 year old who is "waiting for the right person" to make an emotional connection with. "It's not like we're any different from the rest of the population."

Still, these natural selection deniers are becoming more and more rare, as they grow closer and closer to extinction. Hopefully, science can find an explanation before their entire species is gone for good.

Movie Review: *What the Health*

By **MAEGAN PAUL**
Healthy Person

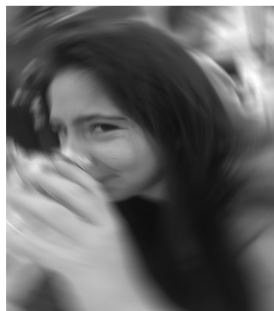
Over the summer, a new health documentary was released on Netflix. It's called *What the Health*, and here's a brief summary of what I learned:

1. Pretty much all meat is bad for you – become a vegetarian!
2. Egg yolks cause high cholesterol and can kill you – no more D-hall omelets on Sunday :(
3. Milk can cause issues with blood sugars – why do humans drink cow milk anyway?
4. The government has been lying to us (surprise) – remember the Got Milk? campaign.
5. Fish can be eaten in moderation – become a vegan who eats fish!
6. Tilapia, Salmon, and other common fish are actually bad for you – only exotic fish are available to eat.

So basically, we should just eat plants. Unfortunately, the animal industry is working on a documentary about how bad vegetables are for you, so we're not going to have anything to eat. Stock up on leafy greens while you still think they're good for you!

TFW Emily Green Writes Yet Another Manifesto and You Have to Edit it

By **THE HUMOR EDITORS**
Excruciating Physically-Enthusiasts



Do you want to rant about Taylor Swift?

Submit to the Humor Page.

Email exonianhumor@gmail.com.

Why I Miss the Old Taylor Swift: A Manifesto

By **EMILY GREEN**
Reminiscing

I try to think of myself as someone beyond the realm of what would be referred to as "basic." Sure, I may once in a while indulge in an iced caramel macchiato and certainly rocked a pair of Uggs boots in middle school, but I like to think that I am for the most part beyond my days of basicness, so to speak. Yet we all have our vices, and we all have our basic white whales. Mine, admittedly, is old Taylor Swift.

It is not without shame that I admit this. I like to think of myself as a music connoisseur, a melodic intellectual. I take great joy in the finer parts of music, from Brahms' orgasmic chord resolutions to modern alternative's rebellious twist. Yet somewhere, deep in my heart, is a force beyond what I completely comprehend, pulling me—no, dragging me—to the affected country twang of Taylor Swift's discography circa 2006-2010. I know it is not deep. I know it is not that good. Yet a force greater than myself, greater than any of us, tells me that, yes, "Teardrops on My Guitar" does totally explain my middle school crush and subsequent heartbreak perfectly.

This particular phenomenon is something I refer to as the Swift Effect. While my intellectual side screams that Swift's early music is not, objectively, that incredible, and used a victim complex to help her rise to fame, I can't help but rock out every time "Hey Stephen" comes on. My theory is that the Swift Effect stems from the fact

that, for better or worse, a whole generation of girls grew up with early Swift's extremely relatable lyrics narrating their lives. Old Taylor brings the same feelings that rewatching *High School Musical* or Disney princess movies bring: happiness from the sheer joy of remembering them being relatable. This is why, no matter what Swift does, she will always have an audience, because as much as adolescent girls hate to admit it, Swift has always been there for us.

So then begs the question of how Swift initially became the queen of our generation's favorite guilty pleasure love songs. My theory is a mix of relatability, accessibility, and catchiness.

As I stated previously, the old Taylor Swift's music is quintessentially relatable. No matter what ~boy problems~ you're having, Swift has a song for you. Jealous of your best guy friend's girlfriend? "You Belong With Me" will do the trick. Wanna express how much of a crush you have on your crush? "Hey Stephen" is your answer. Have a long term relationship where you've been through a great deal together? "Mine" is what you need. Hurt your love's feelings and need to repent? "Back to December" will accurately describe every tribulation you face. Want to use Shakespeare metaphors to demonstrate a.) how pretentious you are, and b.) how much you like your lover? "Love Story" is what you need. Taylor Swift is the love doctor, and whatever your ailment,

she has a prescription for you.

Old Taylor Swift is accessible for all. She is pop enough to be upbeat and played everywhere, but country enough to feel in touch with your red-blooded-American roots. Old Swift provided a whole generation of American girls an easy way to dabble in listening country music without the usual unfortunate side effect of having to listen to music about tractor-based copulation. She put forth your classic "easy listening" music, and boy, was it easy to listen to, as is proven by her millions of fans, myself included.

Finally, old Taylor Swift is undeniably catchy. Anyone who claims that they haven't found themselves humming the chorus of "Fifteen" or "You Belong With Me" or "Picture to Burn" is a dirty liar. She manages to be fun to sing along to without being boring. And for that, the will forever and always be at the core of any late night dorm karaoke sing along party. Early Taylor Swift music will be stuck in all of our heads for a long time to come.

For these reasons, I believe that Taylor Swift and the Swift Effect will be around for many more years. I do wish, however unlikely, that Swift would go back to her fake-country-accent-God-fearing-days, as do most girls in my generation whose hearts beat to the tempo of "White Horse." If, as Swift says, the Old Taylor is truly dead, I will, openly and slightly shamefully, mourn her death.

Tips for Your First EP

By **ABBY ZHANG**
The Love Doctor

1. First of all, when asking someone to EP, skywriting is obviously the best option. Other acceptable means of asking include spelling out "EP?" in rose petals on their bed or hiring a mariachi band.

2. Make sure you leave early because the seats fill up fast. In fact, the more impressed they'll be. EP starts at 9:30 so leaving StuCo half an hour early is definitely a good idea. Also practice walking to their dorm multiple times throughout the day and don't forget to time yourself.

3. If your date is a day student, you should go to their house. It'll be a Tuesday night they'll never forget.

4. Dress up. Go ALL OUT. Rent a tux or a prom dress. Ideally, you should pick your date up in a horse-drawn carriage but I guess a limo works as well.

5. Sing along. EP is a unique, once-in-a-lifetime opportunity that can only be accurately described as a candlelit karaoke night. If you're up for it, the performers especially love it when you join them up front.

6. Applaud as much as possible. This is a sign of respect.

7. Get ready to put your arm around your date WAY before Rev. Heidi says "Welcome to EP." In fact, go the extra mile. As soon as you sit down, be sure to drape your arm

around your date's chair and hover your hand inches away from their shoulder. That's how they'll know you're REALLY interested. (Pro tip: when the time finally comes, do NOT let go!)

8. Don't reveal any information about yourself. Ask as many questions as possible. Mystery is KEY.

9. After EP, be sure to handwrite your date a heartfelt thank you letter and slip it in their PO box. Send them a confirmation email as well to ensure they've received your letter. Also consider writing them a sonnet and submitting it anonymously on Bus Ride. After all, as I mentioned, mystery IS key.

College Szn

By **CEDRIC BLAISE**
Professional Procrastinator



Bee Movie Pt. 2

By **GILLIAN ALLOU**
It Just Got Faster



Academy Life Day But Every Time someone says "Inclusion" It Gets Faster

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Quote of the Week

"Since when does Bowser visit Mario?"
-Boys Varsity Water Polo, 6-1

We need friends. Add us on social media. @billyfromcilley, @green_beans or @senorblaise on Snapchat. @ced_blaise and @egreen2000 on Insta. DM us a funny joke or zesty meme. Or just DM us :)



Seniors in Stratford, England pose at Trafalgar Square.

Courtesy of Madison Stern

Exonians Venture across Globe for Immersive Learning

By GRACE CARROLL,
CHARLOTTE LISA
and ANGELINA ZHANG
Staff Writers

As Exonians headed back to campus for fall term, many students also boarded planes to places like England, Japan or Spain to begin their term abroad programs.

For many Exeter seniors, taking a term abroad is a cornerstone of their final year. The academy currently runs 17 global engagement programs on five different continents. This fall, seniors are studying in Stratford, England, St. Petersburg, Russia and Tokyo, Japan.

For senior Elinne Lee, the Stratford program—in which students spend their fall term living on an isolated farm, 30 minutes' drive from the nearest town, immersing themselves in literature and going into London to watch theater—had always been intriguing.

"From the start, the Stratford trip has always sounded incredibly compelling," she said. "I loved the idea of it, but at the time couldn't imagine myself away from Exeter. But now that I'm here I'm confident I've made the right choice."

The focus of the academic program in Stratford is oriented toward the humanities, with an emphasis on reading and studying William Shakespeare. The curriculum includes a Harkness English class, an art history and architecture class, an acting class and lectures from Shakespearean professor Vivian Thomas.

In addition to their classes, students spend their time reading, writing and exploring the Stratford countryside. "There's so much time for introspection, and in a way it's like mesomorphic reflection," Lee said. "While terrifying at times, it's great to have a supportive group of people and a wonderful program director who helps us use our ability to face parts of lives that may be scary,

and pushes us to channel it into our writing." The Stratford program is led this year by Robert Richards, who heads Exeter's Theater and Dance program. "I have never done the Stratford program before, though I have been to England and I have been to Stratford to see theater there," Richards said.

Richards has incorporated his theatre background into the program, and immersed students not only in literature but also in performance. "Our itinerary tends to depend heavily on our program director," Lee said, "and because of this, we've seen 10 plays already at the Royal Shakespeare Company and the Globe, with unbelievable seats and unbelievable discussion that follows."

In adjusting to life outside of Exeter, the students and faculty in Stratford have found themselves missing surprising things about home. "I definitely miss Exeter at times," Lee said. "Like hanging out in the dorm, being alone in my room, seeing new faces, feeling constantly intellectually stimulated, the leaves changing colors, the business and, weirdly enough, the consistency of d-hall food."

Richards found himself trying to adapt to the cultural changes. "Driving on the opposite side of the road and on especially narrow roads as compared to what I'm used to, takes a bit of getting used to," he said. "But I'm glad to say I'm more confident. The students and my family have adjusted marvelously."

Halfway around the world, a different group of Exeter seniors are immersing themselves in culture and language in Tokyo, Japan. They live with host families and study at Seikai High School, living the daily life of a Japanese teenager.

Senior Diana Davidson was attracted to the Japan program because of her love for the Japanese language. Having already tested out of

Exeter's Japanese program, Davidson knew that going abroad was the only way to really continue her Japanese education.

"I've traveled to Japan for two weeks in the summers of 2015 and 2016 for a short foreign exchange, and every time I left I wanted to come back," Davidson said. "I knew that to improve my speaking and comprehension skills I would need to go to Japan, so here I am."

Even taking up to nine hours of formal Japanese classes a week, Davidson still finds herself discovering new aspects of the language on the streets of Tokyo and in her host home. "I've realized recently that you can be a good student in a foreign language classroom, but that doesn't mean you're fluent," she said. "There's so much more to learn, colloquialism, certain mannerisms of the host family you live with, among other things."

While she misses Exeter dorm life, PEAN and *The Exonian*, Davidson is also still adjusting to life in Japan. "Japan is quite homogenous—foreigners stand out, so I stand out while riding the train, being in class, and having Japanese teenagers speak to me in English because they don't know I know some Japanese."

Davidson has quickly bonded with her host family, even participating in her host mother's birthday celebration. "We were all gathered as a family together talking and laughing, and in that time I felt like I was their third child," she said.

Instead of going abroad for a term, some Exonians chose to leave their friends and family behind to live in a different country for an entire school year. These students stay with host families and fully immerse themselves into foreign cultures with local peers.

Upper Wynter Tracey wanted to delve further into the language and chose Spain. "My main goal in Spanish was to achieve a level of flu-

ency I was satisfied with," Tracey said. "I felt my language acquisition would be limited by staying in an English-speaking country."

Similarly, senior Arielle Lui joined SYA Spain after experiencing a taste of Spain during prep summer. "I had studied here for a summer after prep year and I knew I loved the culture," she said.

These year-long trips vary from term long abroad trips and students occasionally find themselves with difficulty adjusting into the household. For Tracey, studying in Spain has some hardships. "I've noticed there are much more obvious cliques and one specifically has been making racially charged remarks, which I've had to report to the executive director at the school," Tracey said. "The lack of a support system among the faculty is definitely more perceptible here seeing as there are no teachers of color working at the school."

The style of teaching in Spain also differs greatly from Harkness. "It is so weird not going to a school where we sit around tables all the time," Lui said. "I hate raising my hand."

The length of this program allows for a more immersive cultural experience. Tracey looks forward to the following year and all the exciting activities in Spain. "I'm planning on playing basketball year-round with a local team, visiting a friend who lives in Germany, and traveling around Spain," she said. "Although I just got here, it feels like I've been here for much longer than a month; it's hard to believe how much time I have left to do all the things that I would like to."

Richards believed that no matter the place, traveling abroad is an incredibly valuable experience. "Going abroad is filled with glorious clichés for good reason: it is life-changing," he said. "It is my strong opinion that traveling the world should be a requirement, for everyone."

Iggy McGovern Delves into Overlap of Physics, Poetry

By MAI HOANG
and PAUL JAMES
Staff Writers

In his Tuesday night lecture, "Physics and Poetry...Not So Different?" Professor Iggy McGovern of Trinity College Dublin brought the two seemingly different worlds together. Speaking to a group of students and teachers from multiple departments, McGovern provided historical examples of physicist poets, much like himself, and how the two fields overlap.

With a lilting Irish accent, McGovern guided the audience through the works and correspondences of Erwin Schrödinger, James Clerk Maxwell, Robert Oppenheimer and especially the Czech immunologist and poet Miroslav Holub, as well as reciting one of his own science-themed poems. The commonly accepted difference between science and English is that "In science, you try to say something nobody knew, in words that everyone can understand, but in poetry, you're bound to say something everybody knows in words nobody can understand," McGovern said, quoting the British physicist Paul Dirac. He went on to discuss the ways in which both fields essentially communicate the same things, remarking on the human condition and the unknown world, but have different methods of conveying their message.

McGovern's talk focused in large part on historical examples of physicists or mathematicians that successfully married poetry to their science-inclined dispositions. He described William Rowan Hamilton, for instance, as the last of his kind before popular culture moved away from accepting science-themed poetry

and focused instead on how Romanticism and the Industrial Revolution became empowered by science. He spoke of some friendships between scientists and poets and the science-focused literary works born of these relationships. Hamilton often sent William Wordsworth his poems, though Wordsworth eventually told Hamilton to focus on science, succumbing to the common idea that the two fields can't coexist.

McGovern himself is an accomplished poet and physics professor. A Fellow Emeritus at Trinity College, he also has two published poetry collections and a recipient of multiple literary awards. He attended an English class and two physics classes on campus before his lecture. "I'm greatly surprised as to how students here run their classes; they have a lot of freedom especially in literature class which I think is great," he said.

Students who attended the lecture were surprised at the connection McGovern drew between physics and poetry. "He actually mentioned how literature and physics are quite different in their ideologies but it's all the more intriguing because of that different and how it appears almost impossible to find parallels between them," upper Eugene Hu said. Upper Jenny Yang agreed. "He talked a lot about how science could inspire and influence writing and I hadn't really thought of that before since I'd seen the two as pretty separate," she said.

Teachers also saw merit in uniting two traditionally separate disciplines. "I was really happy to see our two departments make an attempt to dispel the myth that literature and science are antagonistic," Tatiana Waterman, instructor in



Gavin Hickey/The Exonian

From Trinity College Dublin, Professor Iggy McGovern discusses the marriage of poetry and physics.

science, said.

English Instructor Nathaniel Hawkins agreed. "The boundaries we draw between fields, disciplines, and even departments are often artificial." Even though physics and poetry use different methods, Waterman said, "It was refreshing to see a scientist point out that both fields are about the human spirit finding a way to make sense of the world and to get to truth." Waterman also brought up a quote by Kurt Vonnegut from *A Man Without a Country* that characterizes traditional thinking about the separation of science from humanities, "I know

that customarily English Departments in universities, without knowing what they are doing, teach dread of the Engineering department, the Physics department, and the Chemistry department."

"I hope they come away with a sense that the question is worth asking," McGovern said. "First of all there is really a connection between poetry and physics and it may not be a question they can answer right now." For his part, he reconciled the two fields by saying, "Poetry and science move in opposite directions, but they do not aim for opposite ends."



The sun sets beyond the stained glass windows in the empty church.

Garvin Hickey/The Exonian

Phillips Church: Community Crossroads

By ISABELLA AHMAD
and CAROLINE FLEMING
Staff Writers

Phillips Church, crafted from gray stone, stands in stark contrast to the red brick buildings that dot the campus. Inlaid with crimson and cyan stained glass artwork, the pews offer comfort to Exonians of all different backgrounds no matter what they believe in. Here at the Academy, the word "church" describes so much more than the traditional Christian house of worship. Initially established in 1895, and then reestablished in 2002 to accommodate a more diverse range of faiths, Phillips Church is a space that hosts a variety of different events, such as the secular weekly Evening Prayers (EP), the Exeter Jewish Community (EJC) meetings and the Exonian Student Service Organization (ESSO) meetings, to name a few.

Amongst the many non-Christian groups that use the church is the Buddhist Meditation Club. Meeting almost every Friday night in the church basement, the club offers Exonians the chance to partake in an often new, but ever-fulfiling practice. Senior and co-head Cameron Najafi described a typical meeting as a casual and rewarding experience. "I really like it because it's at the end of the week. Classes are done. I'm just going to meditate and hang out with my friends," he said. Agreeing with Najafi, lower Amelia Demopoulos explained that she started going to Buddhist Meditation "because Exeter is a very stressful environment, and we all need meditation in our lives." A wide range of students participate in Buddhist Meditation. Some students show up to the club with mastery of meditation, and search for comfort in their traditions; other students come to the club with no experience meditating whatsoever. Regardless of one's prior his-

tory with meditation, all students can agree that Buddhist meditation offers a welcome respite from the fast pace and daily grind at Exeter. Najafi commented, "Mr. Daniell [faculty advisor to Buddhist Meditation Club] does a great job of guiding us through mindfulness meditation. He tells us to be aware of our breath, and our surroundings, and to be in the moment. If we do get lost in our thoughts, it's okay. We just have to come back, and realize the moment instead of thinking about the future."

The pews also offer an opportunity to tune in to a different type of meditation. Meditation, a weekly talk about a subject important and personal to the speaker, who is always a member of the PEA community, is an opportunity for Exonians to convene and learn more about each other. On any given Wednesday, streams of students just released from class make their way to the church for a weekly refreshment, of the body (through the snacks that follow the talk), and the spirit (through the words of the speaker). Upper Ava Harrington remarked, "I feel that the church is a great setting for Meditation, as it has a relaxing atmosphere and just enough room for the number of people who attend regularly." Lower Lucy Gilchrist expressed her appreciation for the Exeter ritual, emphasizing her enjoyment of listening to other people's stories: "I like hearing the voices of the community, especially faculty and students I don't get to interact with on a day-to-day basis in my classes." Unlike assemblies, Meditation isn't mandatory, but is open to anyone on campus interested in learning more about the emotional landscape of the Academy community. "This openness encourages many to come to the church's pews. It makes me feel closer to the community. It's relaxing but also eye opening, you leave changed with a sense of passion of wanting to make change," Gilchrist said.

Several ESSO clubs such as Gal Pals also

hold meetings in the church basement. The club meets on Friday nights, and the club members bond with older women with disabilities. "It's a great way for Exonians to develop friendships with people who lead different lives," senior and co-president of the ESSO board Emmett Shell said. According to Shell, the basement is also used for ESSO Tutoring and ESSO Basketball.

However, perhaps the most widely beloved of all church events is EP. The event is often referred to as Exeter's "Date Night" as students often go with their romantic interests, although many people also go alone or with friends. The Interim School Minister Reverend Heidi Heath reads poetry, and student musicians perform by candlelight; the whole event only lasts about half an hour. Many musically gifted students look forward to this opportunity to share their music with friends and the wider community. Upper and musician Dylan Yin said, "I think EP's a great experience for bonding in the community, and the people I'm playing with." Continuing, Yin detailed just how unique EP is for the performers. "To be able to just sing and jam with your friends is a really unique opportunity and I think it brings us closer together in a different way," he said. But not all students are there for the performance. Many students go to EP with the primary goal of socializing and immersing themselves in the experience. Lower Sebastian Beck said, "I either go to EP with people I like, or am very close friends with. I go because it's a good time; it's cozy, and the church atmosphere makes you feel like you're alone."

The church stays in full swing throughout the summer as well, hosting Muslim prayers on Fridays, and an EP-like event several times a week, led by the Summer School Minister. The church even hosts weddings. "It's a slower pace, but it's still active," Heath explained.

Despite hosting a number of nonreligious events, Phillips Church wouldn't be the same without the various religious groups that meet in its walls. Heath emphasized that the church does not have a religious affiliation. "We do not see ourselves as a Christian space that 'hosts' non-Christian groups," Heath elaborated. "We function more as an interfaith center than a church." Lower and EJC member Michael Singer shared her sentiments, stating that the "various available rooms allow numerous religions to actively practice." Despite the diversity of religious spaces, senior and EJC co-head Noah Asch said, "The church can be a little offputting at first because you see the stained glass Jesus as soon you walk in, but you get used to the outside appearance, and realize that it's nothing like a traditional church."

At Phillips Church, students of all faiths are encouraged to share their beliefs and respect each other's religions. Exeter's Interfaith Coordinator, Alexis Simpson, who works closely with Asch, in addition to the co-heads of the other five religious groups on campus, mentioned that students in these other religious clubs felt a sense of harmony that spanned across the religious. She discussed a bonding event she held in the church: "The co-heads from the different religious groups all met each other for the first time, and shared a meal and a conversation. They shared pieces of their religious identity, and they talked with one another about what it means to be religious at PEA." Reverend Heath noted that in today's polarized world, it was moving to see people with so many different beliefs meeting under the same roof to practise their respective traditions. "Even in 2017, doing interfaith work that brings us all together to share space like this is the exception, and not the rule," Heath said. "It's a powerful statement about our values."

Life Hacks

By ALICE LITTLE, ATHENA STENOR,
and JOY ZHANG
Life Editors

How do I get better at time management?

It's only a couple of weeks into the school year, so don't freak out if you haven't perfected a routine yet. (I'm talking to you, Preps.) First things first, you need to get an agenda. Without a planner, you have no hope of keeping track of all the things you have to do. If you're a Prep or a Lower, it may feel like a planner is a bit excessive. There's Carus, right?

Wrong. As you take on more and more responsibility, you will find that you have to send e-mails, manage multiple projects at a time and work on your college applications. In other words, getting a planner now will ensure that you establish the habits you need in order to thrive later on in your Exeter career.

How do I control my emotions and maintain concentration?

Hard work is not defined by how much time you have spent, but on how much progress you have made. Concentration is the key to efficiency. In order to gain more concentration, you must first clear all the unnecessary thoughts off your mind, such as regrets from earlier mistakes, social life anxieties, relationship issues, and of course, most importantly, the pressure to achieve perfection. You can develop your concentration by doing a short meditation before doing your work. Once your mind is cleared, the quality of your work will be enhanced, and you will find it much easier to generate creative ideas.

Take a deep breath, pause and think for a second before making any decisions. Your sec-

ond thought can be very different from your first instinct. I'm not saying that we should completely ignore our senses and emotions, but we need to keep in mind that they can deceive our conscience sometimes. Sit down and make a list of all the things that are important for you in the long run and the things that you value the most in your life. Some of them might be hard or challenging, but don't be afraid because once you give it a start, you will gain the momentum. Carry the list with you and always remind yourself what your priorities are and why you consider them as your priorities. Do these things first no matter how tempting the distractions in front of you seem to be. If you have tried your best, you won't feel regretful; even if you still fail, get up and try again!

How can I find mental peace amidst a stressful week?

Mental health is an important and much-discussed issue at Exeter, yet most students still get rather stressed on a weekly basis. However, I have found that with a bit of effort and adventurousness, one can find places and friends that help to alleviate stress. Concerts, poetry readings, and Wednesday Meditations in Phillips Church are places to sit back and listen to others' artistry. Also, spending time in Phillips Church, D², or taking a walk to the Thursday farmers' market can help to re-focus your thoughts. If you can, take a few friends to the Exeter fields or trails and learn about the intricate network of paths that the Academy owns. Lastly, don't forget that giving to others—whether it's a little gift for a dormmate's birthday or getting involved in an ESSO club like Reading Buddies or Gal Pals—can be the best release of stress. The best part of giving to others is that their day is brightened, too.

HOROSCOPE: HALLOWEEN SPECIAL EDITION

By LAUREN LEATHAM and ALEXANDRA VAN DIJKUM
Columnists

It's October, the month of Halloween! According to your Zodiac sign, what type of Halloween candy are you?

Aries: M&M - You are always generous and down to share. Aries, just like M&Ms! Your enthusiasm and independence is displayed in the wide varieties of colors and flavors you come in.

Taurus: Hershey's Bar - This candy is always a solid choice, and you can never be disappointed when you find one in your candy stash. Hershey's has a loyal following and is always dependable, just like you!

Gemini: Snickers - The combo of chocolate, peanuts, nougat, and caramel is arguably one of the most clever candy bar ever created. Gemini, your witty and clever demeanor make you and Snickers a true power couple.

Cancer: Reese's Peanut Butter Cup - Just like this iconic combo of chocolate and peanut butter, you are a classic person who never ever goes out of style. Your personality is just the right combo of sweet with a hint of salt, like this popular treat.

Leo: Payday - You might call yourself old fashioned sometimes, Leo, but it works for you. Paydays have a niche following that stays loyal to their favorite candy, no matter what other people say.

Virgo: Whatchamacallit - Containing the perfect ratio of chocolate, crispy rice, peanut, and caramel, a Whatchamacallit bar has the most deliberate precision. Virgo's are often the support system to the other signs, just like how a

Whatchamacallit can fix any sugar craving.

Libra: Twix - Just like a Twix, Libra, you are always welcoming and a delight to have around. There is a little bit of everything in a Twix, crunch and caramel, so you never miss out on flavor. Just like the Twix, you have much to offer to the world.

Scorpio: Warhead - You are a loyal and observant person. Scorpio, but you are also very dynamic. Just like the Warhead, you have an energetic personality that can sometimes surprise people, but in the best way possible.

Sagittarius: Laffy Taffy - The Laffy Taffy is a one person candy; just as you are a strong, independent, person. You always bring people joy, but when it comes down to it, you enjoy yourself the most when in small groups of your most trusted friends.

Capricorn: Lollipop - You are loyal to the core, Capricorn. Just like lollipops, when you befriend someone, you stick around for a long time. It is rare for you to back away from a friendship once it is made.

Aquarius: Nerds - You are a classic, with a twist! Nerds have been around for awhile now, but no two boxes are the same! They all come in different sizes and electric colors. Aquarius, you are witty and clever. The bright color of Nerds well reflects your bright personality.

Pisces: Kit Kat - Break time anytime, am I right, Pisces? You can become friends with anyone, especially those who are ready to have some fun. Just like the Kit Kat, you are always the perfect person to spend a relaxing day lounging about with.

SeniorSpotlight

Presidential Parell

ROSE HOROWITZ
and ALAN XIE
Staff Writers

As the co-president of the Student Council and the Exeter Social Service Organization (ESSO), a captain of the water polo team and a proctor in Wentworth Hall, senior Jackson Parell has become a role model for Exonians throughout his four years at the school.

After attending the summer school at Exeter, Parell knew that he wanted to become a member of the community. According to Parell, Exeter was the only boarding school he applied to. After being accepted, "I decided to give it a shot," he said. "It was the best decision of my life."

He considers attending Exeter a special experience mainly because of the people who make up the community. "It's a place where I look around and feel at home—a place of impressive students, dear friends and brilliant classmates," he said.

Because of the accomplished teachers and hardworking classmates that he shares the Harkness table with, Parell enjoys all the subjects he is taking. "Every class dynamic is unique, but every class has helped me learn and grow as a student. I don't have one favorite class, but rather I cherish the lessons learned in all of them."

Parell's former teacher, history instructor, Nolan Lincoln, commended Parell for immersing himself in what he studied while engaging the class with interesting comments. Lincoln said, "He seemed enthusiastic and willing to dive into the readings. It didn't matter what was going on with him, if he had a late night or had just been really busy, he was always engaged."

Student Council Co-Vice President and senior Tim Han added that Parell's hard work has also helped the Student Council to have an industrious start to



Eliio Abelman/The Exonian

the year. "For one of the busiest students on campus, Jackson is always prepared, always energetic and always eager to get work done," Han said.

Outside of the classroom, Parell is a member of the Dean's Council and co-head of the Entrepreneurship, Student Council, ESSO, Business and Wildlife Conservation Clubs. He is also an avid surfer. Parell takes part of these extracurriculars in order to stay involved with the Exeter community. "The clubs that I have participated in over the years have helped me to connect with Exeter, its teachers and its students in ways I never expected," he said.

Han noted the positive effect Parell's eagerness to connect with others has had on the Student Council. "Particularly in [Student Council], it has been great working with someone so inclusive and ready to collaborate with everyone, from [co-president] Menat [Bahnsay] all the way down to the newest member of Council," Han said.

In addition to leading a multitude of

clubs, Parell is a tri-varsity athlete and captain of the boys' water polo team. He plays for the swim and crew teams. Parell credits the friendships he has made while being a member of these groups as integral parts of his time at Exeter.

Because his bond with teammates has improved his Exeter experience, Parell is working as a captain to provide younger players with the same opportunities. One of Parell's goals as captain of the water polo team is to create a strong community. He accomplishes this by supporting the younger players through the challenges and triumphs of the season. "I hope that when they are seniors, they can look back and remember me as someone who was there for them as a teammate and a friend both in and out of the pool," Parell said.

Boys' water polo Coach and Parell's advisor Don Mills attested that Parell has achieved his goal of creating a welcoming team dynamic. "Jackson has a way of connecting with the new players and building a strong team atmosphere," Mills said.

Parell brings this same spirit and encouragement for younger students to his role as proctor in Wentworth Hall. Upper Dylan Yin praised Parell for his work as a proctor in helping students to feel they are a part of the Exeter community. Yin said, "One of the best qualities I see in Jackson is his openness and ability to reach out to others easily."

He recalled Parell demonstrating these traits at the start of this school year. According to Yin, on one of the first nights of the school year, Parell went to every new student's door to introduce himself and welcome them into the dorm. Yin said, "He made sure they felt like they were at home, all while making them smile and laugh."

Yin added that Parell's kind and welcoming nature compelled the new students to follow him, resulting in the entire hall crowding around Parell to greet their new dorm-mates. "It was the smoothest transition for new students that I've ever seen, and it was all thanks to Jackson's unending warmth and sociability," Yin said.

Fellow Wentworth dorm member and senior Brian Zhao considers Parell to be a proponent of a strong dorm community. Zhao said, "I think Jackson's best qualities are his leadership and ability to motivate others. He's always able to pick someone up from a bad day or encourage someone to take a risk." Zhao continued, telling of how Parell has served as a motivational and supportive member of the dorm. "Small moments of positive encouragement and him pushing me to be the best version of myself are invaluable," Zhao said.

Despite the high praise Parell receives from friends and teachers alike, he has remained humble and kind. He said, "We have so many friendly and unique individuals here on campus. I can only hope that a little bit of their knowledge, experience and talent has rubbed off on me."

MOVIE REVIEW: BEHEMOTH



By ALAN WU
Staff Writer

Behemoth opens with the view of an excavation project. Mechanical shovels and tow trucks are scattered amongst machine-carved ridges that lead down to a pit of uncovered treasures. The scene is unneringly quiet and its wide lens vastness only extends that feeling. Several moments later, that quietness is shattered by a thundering explosion that sends clouds of smoke spiraling in the air. They float as sheets of black, red, grey and yellow, each crashing into the other. It is undeniably beautiful, in the same sense that utter destruction can look gorgeous from afar. Like the picturesque devastation of Vietnam in *Apocalypse Now* or the atomic bomb detonation from the most recent season of *Twin Peaks*, director Zhao Liang uses poetics to channel the depths of misery.

Behemoth can be best categorized as a documentary crafted in the shape of a poem. Taking structural and thematic cues from the *Book of Job* and Dante's *Divine Comedy*. The film details the human cost of China's rapid industrial and economic development. Hiking through

the lush steppes of Mongolia, the camera follows and intimately captures the torturous life of migrant iron and coal workers. *Behemoth* is built purely on images and sounds. There are no interviews, no storylines and no specific characters. Throughout the film are vignettes of spiritual rumination, where a naked man, curled in the fetal position, lays amongst the landscapes as Zhao delivers passages from *Divine Comedy*. The man is our Adam, scared and defenseless, making sense of our fallen world. These shots are fractured into triangles and trapezoids, a stunning effect that creates a wall between the film and the user while still preserving the image's original power. We are allowed to be removed from the chaos and informed by poetry that things are still hopeful.

However, in between these vignettes come extended segments where we are placed at the center of mayhem. An extraordinary example of this appears halfway through the film, where the screen goes pure scarlet. It's jarring and even blinding. After a few seconds, the red dissipates only to see the flames of a large furnace, howling like the devil. Many men are working there, engulfed in this

searing heat and noise. This is hell, the place where they work every day. In other shots, the green landscapes increasingly shrink as the grey pit of humanity ever expands. Lines of trucks dump dust and dirt down a slope, onto the sheep's prairie, where they stagger fearfully. The migrant workers are seen painted in black make-up, the smoke and muck stuck inside their pores, a permanent reminder of the death that looms near. They say no words but speak a million thoughts with their eyes. In one particular scene, a man picks at the molten blisters on his darkened hands. We spend a solid three minutes observing the man, the sound of his scratches sharp and lyrical for us to feel. The sound design is lyrical and deeply uncomfortable. This is purgatory, a place that simultaneously keeps them alive and kills them.

Zhao, who is cinematographer in addition to being director, has a fantastic eye which stems from his background in photography. Panoramic shots of excavations and impeccably lit mine trails can easily stand on their own as photographs. What makes it all the more impressive is the fact that he shot the film in guerrilla style, only with a camera assistant and boom operator at his side. Zhao said his

simple film production allowed for less distractions. This becomes apparent in his films. Zhao shot *Behemoth* without the permission of the workers, but they don't seem to pay much notice, resuming, and as a result showing in all its truth, the bleakness of their life. The film's fly-on-the-wall approach allows for the images to speak. The people merely blend into the composition and don't have a voice, aptly reflecting the dehumanization of their struggle. Their dark faces blend into the coal mines and their bodies towered over by respiratory machines. For the sake of development, we allow them to disappear into the smoke.

For most of this review, I have discussed hell and purgatory but not heaven. While *Behemoth* does devote most of its time to the former two, the latter makes an appearance in the film's coda. Heaven is the result of hell and purgatory. And what is that result? Pristine cities built high and wide, loved and occupied by no one. It's as good as heaven as humans could ever make it, temporary and ultimately futile. Workers broke their backs and destroyed their lungs for nothing—for if we let our greed search for meaning, we will always come up empty.

The Exonian

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FacultySpotlight

Cameron Brickhouse

By MADISON KANG
and SHIVANI TRIPATHI
Staff Writers

Frequently sighted greeting her students and friends along the paths with her hair wrapped in a colorful printed headscarf, her small black Patterdale terrier Bijou prancing at her side, History Instructor Cameron Brickhouse brings her affability and wit wherever she goes. Whether she is leading a discussion at an Afro-Latino Exonian Society (ALES) meeting, catching up with Bancroft Hall residents, or organizing an event with the Martin Luther King Day Committee, Brickhouse is making her mark on the Exeter community.

Brickhouse was born and raised in Richmond, Virginia, where she attended an all girls school for thirteen years before attaining her bachelor's degree from the University of Virginia, where she studied anthropology and archaeology prior to discovering her passion for Africana studies. Then, Brickhouse attended the University of Pennsylvania. There, she was named a William Fontaine Fellow of Africana Studies.

Before arriving at the Academy last year, Brickhouse volunteered in the Charlottesville public school system and at Virginia Commonwealth University AmeriCorps in Richmond. She also worked as an intern at the Virginia Historical Society, and the Virginia Foundation for the Humanities.

Brickhouse credits her upbringing with instilling in her a love of history and Africana studies. Brickhouse remembered reading novels about African-American history and culture, and musing over her parents' collection of exotic masks decorated with art



Paula Perez-Glassner/The Exonian

originating from the Caribbean, the Ivory Coast and Nigeria as a young girl. Years later, Brickhouse carries that passion into Exeter's classrooms, teaching courses on pre-colonial and modern Africa, as well as the U.S. History sequence. At the Harkness table, Brickhouse practices an easy-going teaching philosophy. "Everyone's [approach to] Harkness is a bit different," Brickhouse said. "I want my students to have fun. I want them to be comfortable, and I want them to be challenged as well."

Upper Isadora Kron, who took Brickhouse's pre-colonial Africa course last year, commended her enthusiasm during class discussions. "I loved having Ms. Brickhouse. She always had so much energy and knew how to lead a thought-provoking and inclusive conversation, even when we touched on sensitive topics," Kron exclaimed. "Her love for history is infectious."

Outside of the classroom, Brickhouse

serves as an adviser to ALES. Every Tuesday, she plans discussions and activities with the ALES board, and on Friday nights, the club has a weekly discussion, providing "support for each other as a community of people of color." Upper Chandler Jean-Jacques described Brickhouse's presence in the ALES meetings as "strong" and "impactful." "Her [Brickhouse's] comments and advice are deeply valued and respected," Jean-Jacques remarked. Brickhouse believes her expertise on the African diaspora, developed during her doctorate studies, aligns with many discussion topics in ALES. "I find that my work dealing with black people history and culture levels out," Brickhouse explained. "I find it naturally aligned to work with students who want to talk about race and inclusivity, really recovering their history in the classroom."

As an adviser to both ALES and the MLK Day Committee, Brickhouse

feels that the Academy's current focus on diversity and inclusivity is a long overdue effort to make every student feel comfortable on campus. Brickhouse affirmed the importance of the Academy's reckoning with racial injustice: "It's work that we should've been doing a while ago. I think that the injury and trauma of students of color at Exeter hasn't really been focused on. Fostering diversity and inclusivity doesn't only benefit students of color. It benefits the whole student body."

Brickhouse said that her ultimate goal is to help her students become responsible global citizens. "In order to do this, you have to be culturally competent," she explained. "You need to be knowledgeable about other people, and comfortable dealing with differences by trying to help each other and protect each other in an environment that's not always welcoming."

Brickhouse's favorite aspect of Exeter's residential program is interacting with students outside of the classroom. Bancroft Hall residents expressed their gratitude for her energetic, informative presence in the dorm. Upper Anna Clark, who is also one of Brickhouse's advisees, appreciated her sympathy and gaiety. "I think Ms. Brickhouse's youth makes her feel more relatable to a lot of her students," she said. "It puts her in a really good position to give mature, adult advice, while also understanding her students' perspective."

Kron agreed, praising Brickhouse's willingness to truly listen to students. "I think one of Ms. Brickhouse's greatest assets is her ability to understand. I can always go to her for advice or just an open ear to talk to," she said. "I get excited when she's on duty in the common room. She truly is a gift to the Exeter community."

MOVIE REVIEW:

REAL WOMEN HAVE CURVES

★★★★★

By JOHANNA MARTINEZ
Contributing Writer

In honor of Hispanic Heritage month, I decided to do this week's movie review on *Real Women Have Curves*, which was released in 2002. This movie follows the protagonist, Anna, on her coming-of-age journey in her tradition-centered family. Anna is a bright student who aspires to attend college, which is not typical for her family. Her parents came from Mexico in order to give her a better life in the United States. Yet, they do not want her to pursue a higher education right after graduating high school, and their financial status pressures Anna to work in her sister's factory ironing dresses, just as Anna's mother has done for several decades. Her sister's factory employs other Mexican women, who make and sell dresses to large companies for \$18 apiece. However, the companies sell those same dresses to consumers for \$600. Such cheap labor exploitation goes directly against the "American Dream" that Anna and her family once cherished.

The film also gives a well-rounded perspective of Anna's life. It emphasizes the pressure for her to be thin and have curves in the right places in order to get married. Her mother especially pushes her to watch her weight and find someone she loves. Anna's boyfriend reinforces her mother's harmful message when he tells Anna that she's not fat, but beautiful. However, both Anna's boyfriend and her mother fail to see that a woman can be beautiful and have some weight. Since this film critiques beauty ideals and emphasizes "being comfortable in your own skin," it shows a girl who has the courage to defy traditions. For instance, Anna still applies and is accepted to Columbia University despite her parents' expectations for her to work at a young age and have children. After she is admitted to the university, she convinces her relatives to accept her for the high-achieving young woman that she is. *Real Women Have Curves* provides both inspiration and laughs as you watch Anna's relatable struggles to fit in with her family and follow her dreams.



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Field Hockey Loses to Strong Deerfield Team



Griffin handles the ball.

Upper Catherine Griffin handles the ball.

By SARAH RYU
Staff Writer

After leading a winning streak against Middlesex School and Cushing Academy, Big Red field hockey fell short during their away game against Deerfield, with a score of 0-4. Though the team may have suffered a tough loss, the score did not reflect their performance on the field.

Getting off from their long drive to Deerfield, players found it difficult to play with their full energy while having to compete against one of their best competitors. According to co-captain and upper

Hannah Littlewood, Deerfield has always been a strong team. "We played very well in the first half, keeping the score only 1-0," she said. "I think that our defensive play collapsed a bit in the second half as Deerfield scored 3 more."

Upper Jane Collins agreed that Deerfield forced them to play a tough game, mainly playing on Exeter's side of the field. "Unfortunately, Deerfield came out very strong and forced us to play a mostly defensive game," she said.

Even with the defeat, Collins noted the highlights of the game where Exeter's players proved great determination and

play on the field. "We had some good rushes by the forwards, Ally DeCoste and Lydia, but simply not enough opportunities to score," she added.

Reflecting on this game, the team hopes to focus on specific areas to show better improvements in their next games. Co-captain and upper Catherine Griffin explained that players should work on better techniques with the ball. "We need to work on moving the ball from defense to offense more quickly and effectively," she said.

Littlewood agreed, noting that the team would have to make better passes

and make sure to move around to get open. "I think that we need to work on our defensive play as well as as doing a better job of getting the ball out of our defensive half," she said.

Big Red will be playing their next home game against Brewster Academy on Wednesday and players look forward to this game as a chance to work out the skills they've been focusing on during practices.

"We're currently working on minimizing turnovers by improving passing options in our defensive zone and we're looking forward to bringing these skills to our game against Brewster on Wednesday!"

Football Fails to Score against Choate

By BELLA ALVAREZ
Staff Writer

Despite putting up a valiant effort, Big Red varsity football lost against Choate Rosemary Hall in an away game with the final score of 49-0. Post graduate Josh Anderson commended his opponents, saying, "Choate is a great football team and they capitalized on every mistake we made." Lower Cade Thompson also echoed these statements, describing the team as "difficult." Post graduate Samson Dubé acknowledged the skill and influence of Choate's coaches, while senior Hans Fotta affirmed that their opposing team had not lost a game since 2013. "They are by no means unbeatable," he added, hopeful for future rematches against them.

Although the scoreboard showed a loss for Exeter, Thompson found that Exeter played its best during the second half, when the team managed to "hold Choate scoreless." Fotta also detailed this as a highlight of the game. "We also got plenty of players some good playing time later in the game so they could have real game experience to better themselves as players, and the team, by extension," he explained.

However, Fotta expressed his disappointment in the results of the game. "Obviously losing games is not any team's goal, but we just [have to] learn from the experience and get better for next week," he said.

Dubé found that a lack of control



Senior Abel Ngala sprints down the sideline.

Senior Abel Ngala sprints down the sideline.

allowed for Choate to score on Big Red. "The game did not go as we had hoped for," he said. "We ended up with a lopsided score not in our favor." However, he remained optimistic for future games. "I hope that we as a team can find the mental strength needed to give our 100%

into every play," Dubé said.

Fotta, emphasizing his commitment to the team, looks forward to playing future opponents. "We are really focusing on ourselves and our next opponent, Loomis Chaffee, this week," he said. He hopes to look beyond the tough loss

and instead dedicate time and effort to improving. "There is plenty to continue working on, so we are looking ahead instead of dwelling on Choate," Fotta said. "This is a big week for the team, and hopefully we'll be able to take the W this Saturday."

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ATHLETES OF THE WEEK: LAUREN ARKELL & ANNA REAMAN

By JARED ZHANG
Staff Writer

The opposing team's forward comes storming down the field, dribbling the soccer ball as she strides toward Exeter's goal. As she crosses into Big Red's defensive area, senior and midfielder Lauren Arkell flies towards her opponent and intercepts the ball before dribbling towards the opposite goal. When she sights a teammate across the field, she passes the ball precisely and it lands into the possession of senior and forward Anna Reaman. Reaman charges into the ball and strikes the ball into the far corner of the goal. The ball rockets into net and cheers from the crowd follow.

Reaman and Arkell are the co-captains of the girls varsity soccer team, also known as Soxie. The two experienced seniors hold the tremendous responsibility of leading the team of twenty through their eighteen games this fall season.

Reaman, affectionately nicknamed "Hingham" by her teammates, began playing soccer at the age of six in a youth program called "Kicker K's" designed for kindergartners. Passion for the sport came naturally for Reaman as her father played soccer throughout college. Reaman credited her dad as one of her biggest motivators throughout her sporting career. The senior recalled a practice exercise her father encouraged her to do daily when she was younger. Reaman would go to her backyard and kick her soccer ball into the bounce back net fifty times with each leg. She said that her dad's involvement "made [her] into the player [she is] today." She continued, "I will forever thank him for that." Reaman also expressed her gratitude to her mother for always being supportive of her soccer career. Reaman reminisced about the memory of her mom doing her hair before every game. "She is one of my strongest supporters," she added. "Not only did she want me to be a great soccer player, but she would also want me to look like the best soccer player."

Coming to Exeter as a new lower, Reaman played for Hingham High School's varsity team during her freshman year. Coming from one of the most successful high school soccer programs, the senior found Soxie to be a highly impactful group. Describing the team as "amazing," Reaman expressed her appreciation for the Soxie's close-knit team environment and chemistry. "The team has really been one cohesive unit. Everyone on the team gets along and everyone really enjoys being around each other," she said. Reaman elaborated that the sense of community within a soccer team attracted her to the sport. "Soccer is all about communication and the small things that really bring the whole team together," she explained.

Similarly, Arkell got into the sport with encouragement and guidance from her family. Arkell explained that her dad was her soccer



Julia Goydan/The Exonian

coach from kindergarten up until high school. The senior also mentioned that she wanted to follow in the footsteps of her older sister. Seeing her as a role model, Arkell was motivated to excel at the same sport her sister played in high school.

Before coming to Exeter as a new lower, Arkell was a member of Exeter High School's soccer team. During her time at EHS, Arkell was one of the youngest members of a highly competitive team. As a result, Arkell didn't feel fully integrated into the EHS team during her time there. However, after transferring to the Academy, the co-captain explained that she found many close friends on the team and enjoyed the close team environment. "Here at Exeter, soccer is where I met my best friends. And now that I'm older, I feel closer to a lot of girls on the team," she said.

After playing on the varsity team for their first two years, Reaman and Arkell were elected as co-captains of the Soxie team in their senior year. Also elected as two of the girls' varsity lacrosse captains for the spring, their superb leadership abilities are renowned all around campus. To Reaman, the title of captain means setting a good example for the younger members of the team and ensuring the team has a balance of having fun and working hard. Arkell also expressed her hopes that the new members of the team will feel as welcome on the team as she did two years ago. "I think it's important to make everyone feel like part of the team and for everyone to get along on the field," Arkell added.

Reaman and Arkell's close friendship has made their job as co-captains more enjoyable.

Arkell explained that they share their duties of captain evenly and are able to communicate well with each other. Reaman also discussed her close relationship with Arkell. "It is really awesome to be able to lead a team with one of your best friends because we are able to truly voice our opinions and listen to each other without feeling the need to censor anything," Reaman said, with a smile.

Described as "incredible role models," their teammates praised them for the positive influence they have on the team. Upper Juliana Merullo explained that the two captains always lead by example. "They are always working the hardest, but also having the most fun," she said. Lower Denisha Rolle agreed with Merullo and added that Reaman and Arkell are always willing to reach out to their teammates. "They are vocal and are always willing to lend a helping hand if someone is struggling," Rolle explained. "They both lift us up during tough games and really help foster the feeling of community on the team."

Both on and off the soccer field, Reaman is known for her upbeat and outgoing personality. Lower Abby Smith commented on the bright aura Reaman brings wherever she goes. "Anna is one of the happiest people I know; she is always smiling and having fun. She brings positive energy to the team every practice and game." Rolle echoed Smith's sentiments and added that Reaman's "laugh is contagious."

Arkell is regarded as one of the hardest working players on the team. Always leading by example, members of Soxie praised Arkell for her work ethic. "She puts all her effort into every game and practice consistently," Smith

said. "This inspires the rest of us to work hard as well." Her teammates also commended Arkell for her supportive and selfless personality. "She is always encouraging everyone else to be positive and cheer each other on and it's incredibly inspiring to stand next to someone who consistently puts everyone else before herself," Reaman said about her co-captain.

As members of the varsity team throughout all three years, Reaman and Arkell are two of the most skilled players on the team. Called a "universal player" by Arkell, Reaman is a versatile player who is highly capable in both the defender and forward position. Merullo expressed her admiration for Reaman's smooth transition from defender to forward. "She didn't make a big deal out of it, rather just dedicated herself to the new position, and was rewarded with a goal against Deerfield."

She is also known for her incredible power and explosiveness during games. Assistant coach Alexa Caldwell applauded Reaman for the skill she brings to the field. "Anna is explosive and dangerous. At attack, if she is open for a shot, you know it is going to be a rocket," she said.

As the center midfielder, Arkell is a dynamic player who plays a critical role in the team's successes. Smith highlighted Arkell's control over the ball in both the defensive and offensive zones. "Her passes have led to many goals and she has impressive ball skills," she said. Merullo also praised Arkell for the effort and grit she displays at every game. "Lauren is just a real workhorse," Merullo elaborated. "She always goes into tackles with 100% [of her effort], and even if she gets fouled bad she just jumps right up and shakes it off." Caldwell echoed Merullo's sentiments and added that she is the key player to "link the defense and to the offense."

After this season, it is possible that Reaman and Arkell will no longer play soccer competitively in their future. However, both captains plan on continuing their athletic careers in college through lacrosse. Arkell is already committed to play lacrosse for a DI school, Davidson College, while Reaman will be playing lacrosse at Bates College. Nonetheless, Reaman explained that she will attend her college's soccer games to show support and potentially play club soccer.

Looking ahead, Arkell expressed her desire to end her last season with Soxie successfully. "As a leader of this team I hope to finish with a good record and to make this a team that no one forgets," she said. Reaman agreed with Arkell and also discussed how much she will miss Exeter when she graduates. "My experience at Exeter would not have been the same without the amazing people I have met," Reaman exclaimed. "This school has made me so unbelievably happy and I am actually going to miss everything about it."

Boys' Soccer Beats Lawrence



Upper Behaylu Barry winds up for a shot.

Chiara Perotti Correa/The Exonian

By CHIM TASIE-AMADI
Staff Writer

On Sunday, September 24, the boys' varsity soccer team left the Academy at the crack of dawn and set out to Groton, Massachusetts. The team beat Lawrence Academy 4-1, claiming their first victory of the season. Playing Lawrence was a fairly easy game and gave the boys some much needed respite.

For the entirety of the game, as they have done in all prior, the boys displayed their ability to lock down the midfield. The difference between this game and all the rest before, the difference between a win and loss, was in playing "as dangerously as [they] needed to be," senior and co-captain Jack Baker said. "Against Lawrence, we

continued to play well in the midfield but this time instead of just holding the ball, we were able to move forward and generate more and better goal scoring opportunities," Baker said.

The first goal of the game came from senior and co-captain, striker Dolapo Adedokun, early in the second half with a low-driven ball into the right corner of the goal post. After turning a defender, the goal came easily. Silas Lane, the third co-captain, commented on Adedokun's goal, describing it as a definite highlight of the game. Scoring first roused the team and started their drive, but Lawrence came back, pressing hard, and scored soon after to tie the game. Baker described it as a "cheap goal." Exeter quickly bounced back with another goal to

keep their lead. They played the second half with almost complete control of the ball, predominantly in the midfield and then later on, scored two more goals to solidify their win.

The fact that it took the team till the second half to score against "an inferior team," in Lane's words, emphasizes an issue he and Baker both noticed—the team's struggle to play as a unit. However, Baker said, "I believe that as we become more accustomed to playing with one another, and more confident in taking chances in the final third, we will continue to score goals and win games, just like what happened here." Another point of improvement: Lane mentioned was the team's defense. "We can improve on our defensive reactions follow-

ing restarts, and area that has bothered us in the past," Lane said.

Baker echoed Lane's comments and said, "Defensively, we need to make it our priority to keep a clean sheet. Against Milton and Belmont Hill we conceded goals that were a result of lapses of focus and communication." The team at the very least proved that when they do work together, communicate effectively and play safely out back, they won't get scored on, make better opportunities for themselves.

Big Red is looking forward to playing New Hampton School this coming Saturday. Having lost to them last season, they are going into the game hungry and looking for redemption. With a lot to work on, they will be more than prepared for their rematch.



Exonian Sports



Girls' XC Flourishes at Coe-Brown



Upper Hanna Pak and lower Lucy Gilchrist sprint toward the finish.

Chiara Perotti Correa/The Exonian

By JOHN BECKERLE
Staff Writer

The girls' cross country team competed in the Black Bear XC Invitational at Coe-Brown. This meet posed some tougher competition, as Big Red competed in a non-prep school league.

In the JV meet, upper Gabby Allen placed 1st overall with a time of 21:46, beating the nearest competition by 7 seconds. The rest of the JV runners finished shortly behind Allen and propelled the JV team to a 1st place standing among the teams—based off of the times of each team's fastest five runners.

Unfortunately, the varsity team did not place in their leg of the invitational. As Ex-

eter's fastest runner, upper Ashley Lin took a fall in the middle of the course, she finished in 22nd place, 2 minutes and 34 seconds behind the race's fastest runner from Milford.

The conditions of the race were less than ideal; captain and senior Sara Kopunova said, "It was hard to adjust to the weather—it was rainy and cold—after the really hot days we had earlier this week." Even though the racing conditions may have worked against the runners, she felt that the race itself was enjoyable.

"The course was more hilly than other courses but very fun, since most of the course is in the forest, and there is even a single-file track," Kopunova said.

Despite a rough finish, Kopunova felt that the team placed a lot of effort into the

race. "The team worked very hard at the Black Bear Invitational. The JV team won the invitational, the varsity team did not place, but they still did incredibly," she said. "As a team we have already run many miles and difficult workouts, so we have improved considerably."

Upper Grace Gray—who was sidelined for the race because of illness—felt that the team has been able to elevate their ability since the beginning of the season. "Our team is doing a great job of putting the passion into our work of running hard together, and that the key to finding our success will be staying present for each other on and off the course," she said. "If we can work really hard on achieving this and folding it into our training, I think we can keep running harder

and hopefully running well!"

Kopunova remarked that this year, the team's biggest strength is their depth. "Rather than having one very fast runner, we have a lot of runners come closely behind our first and second runners." A consistent roster such as this can boost a team's overall finish in a race. What seems like an individual sport is really a team effort.

The team's next meet will be on Oct. 14 at home against Northfield Mount Hermon followed by a meet at the Brooks School and Deerfield Academy. Kopunova said the team is already looking forward to the remainder of their season. "We are all very excited about our next meets and about working hard for the rest of the season and do[ing] very well at interschools."

Volleyball Pummels Choate in Three Sets

Keeps Undefeated Season Alive, Extends Win Streak to Five



Upper Jenny Yang prepares for a serve.

Chiara Perotti Correa/The Exonian

By MADISON KANG
Staff Writer

Last Sunday, Exonians crowded the bleachers of Love Gymnasium to support the undefeated Big Red girls' varsity volleyball team. Fans cheered as the team extended their winning season record to 4-0 with their victorious home game against Choate Rosemary Hall, in which Exeter won all three sets with scores of 25-22, 25-13 and 25-22.

Exeter's players went into the game anticipating intense competition from the Choate team, last season's Division A New England Prep School league champions. Nonetheless, prep Brody Faliero had faith in her team's training, skill and coordination. "We expected a tough game. Last season, Exeter was going for a three-peat New England championship, but Choate broke Exeter's two year long run [2014 and 2015]," she said.

Nevertheless, Big Red came together. "We have a really strong and experienced team this season with returners who have good chemistry with each other," Faliero said.

Senior Annelise Romero felt that the girls' nervous anticipation leading up to the game hindered their performance in the first set, an intense back-and-forth match that ended with a close tally of 25-22.

"We were hesitant in the beginning because it was a game we had been gearing up for a while and we thought Choate would be better than they actually were,"

Romero said. "If we had collected ourselves, I think we could have had a bigger difference in the first set."

However, Exeter picked up momentum after their first victory and dominated the second and third sets with an organized outside hitter lineup of senior Ashley Kim and uppers Sophie Faliero and Lizzie McBride passing the ball with accuracy and finesse, combined with upper Jenny Yang's strong setting of the ball.

Another standout player was senior Chloe Scocimara, who leapt into the air and planted a crucial kill that advanced Exeter's victory in the third set. Upper Tara Weil praised Scocimara for her dexterity on the court. "Chloe was amazing on Sunday. Her kills were perfect, targeting just the right points on the rival court so that Choate couldn't keep the ball off the ground," Weil said.

Senior Molly O'Day also commended the team for their rebound. "In the second game, we got comfortable with ourselves and became more confident," she said. "On the opposite side, Choate seemed a bit rattled after their loss in the first set. We worked together and became stronger and stronger as the game went on, pulling through with two more wins."

Faliero believes that winning the game against Choate is a step towards the team's ultimate goal of another New England championship title. "Of course, their team is different from the team that won last year, but I still consider this a statement victory," she said. "Hopefully, we'll continue with our winning record next week against Loomis."

Inside Sports

Field Hockey



The girls' field hockey played a fierce Deerfield squad last Saturday. Find out more about the game on page B4.

Gravin Hickey/The Exonian

Athletes of the Week



Seniors Lauren Arkell and Anna Reman lead this year's Soxie team as co-captains. Read more on page B5.

Julia Goydan/The Exonian

Boys' Soccer



Boys' soccer played Lawrence last Tuesday, Sept. 24, and the team won 4-1. Read more about the game on B5.

Chiara Perotti Correa/The Exonian

Football



Despite losing 0-49 against Choate, Football learned many lessons from the game. Find out more on B4.

Gravin Hickey/The Exonian