

Logistics



8:30-10:00 - Boatslip Beach

Register your boat (attached registration). Make sure **CIRCLE Safety Boater**. You will receive coupons for complementary tee shirts for you and your crew. You can also pick up some water to have onboard for swimmers.

9:30 - 10:45 Boatslip Beach or Flyers

Pick up swimmers and shuttle to Long Point. *Don't be tempted to overload your boat.*

10:45 – Long Point Safety Boat Huddle

Safety Boat huddle with Harbor Master (Rex McKinley). On the water check-in and briefing to discuss safety practices, contingencies and review of the harbor's traffic patterns. Harbormaster Boat will be north east of the tip.

11:00 - Swim Start at Long Point

(get your camera ready!!)

1:00 (ish) - Final Swimmer is ashore. Brunch is Served!!

Safety Tips

- Follow the leads of the kayakers and paddleboarders – They are front line assistance for tired or cold swimmers, or those swimming in the wrong direction. They will **raise their paddle** or **blow a whistle if a swimmer needs** assistance. (due to cramps, exhaustion, swallowed water or chills)
- Stay outside (East or West) of swimmers and Kayakers to form a barrier from other boaters.
- Keep a sharp eye out for swimmers – they can easily end up in your path. Know they have limited hearing and sense of direction.
- Propellers - Kayakers should bring swimmers to you so you avoid the danger of navigating through a crowd. Double check your engine should be in neutral when assisting those near your transom (we turn our engine off, if the weather allows)
- Watch the start closely – the excitement and crowding can overwhelm swimmers early
- If you pull someone out of the water – talk them out of getting back into deep water to finish. You can ferry them to the Boatslip and have them jump into shallow water. They will safely finish, and of course, still be welcomed by our volunteers and adoring crowd.
- **BE MINDFUL OF YOUR ENGINE EXHAUST –STAY DOWNWIND FROM THOSE NEARBY IN/ON THE WATER**

Communications on the Water - JOIN US FOR THE HUDDLE AT LONG POINT AT 10:45

- **Monitor the Provincetown Harbormaster VHF Channel 12** – for swim related information.
- US Coast Guard VHF Channel 16
- Safety Boat Chat – VHF Channel 72 – Non Emergency talk with other safety Boaters
- Provincetown Harbormaster's Office #: [508 487-7030](tel:5084877030).
- Listen for whistles and look for vertical paddles.
- You **MUST ADVISE** the **Boat Slip Medical Team** – VHF Channel 12 if ferrying a swimmer ashore.

In the event you hear **5 Short Blasts** from a horn or whistle, have someone on your boat **immediately monitor Channel 12 and 16** for instructions

IMPORTANT INSTRUCTIONS FOR RARE AND UNLIKELY CIRCUMSTANCES:

In the Case of a **SERIOUS Medical Emergency** for an ***INDIVIDUAL***.

- Tend to the person and call Provincetown Harbor Master Channel 12 Immediately
- State the nature of emergency. Rex will coordinate with the Coast Guard and Provincetown Rescue. Stay in touch with Rex, providing information he can relay to CG & EMTs.
- Carefully **MAKE YOUR WAY TO THE COAST GUARD PIER**. There is a dock just inside the pier which provides easy access for your boat and local EMTs. **DO NOT go to the Boat Slip** if the person's condition is very serious. (its too congested).

If you are the first to encounter a threat to the safety of ***MULTIPLE PARTICIPANTS***:

- **SIGNAL TO OTHER SAFETY PERSONNEL WITH 5 SHORT BLASTS (horn or whistle).**
- **Contact Harbormaster on Channel 12 Immediately. Provide details.**

WATER EVACUATION – In the highly unlikely event we need to get people out of the water quickly, board as many into your boat as safely possible. Ferry to the closest shore or boat and return to collect more. Listen for instructions and keep a cool head.

Important Links: Read these before the 8th.

Safety Boat Info: <http://swim4life.org/kayakers/>

Signs of Hypothermia: <http://swim4life.org/hypothermia/>

Safety Boat Registration Form: <http://swim4life.org/registration/> Download a circle SAFETY BOAT

Give a shout if you have any questions – enjoy the heck out of your time on the water. Its is a boat load of rewarding fun!!!The swimmers and kayakers are thrilled you are contributing your time. We are too!!

ANY QUESTIONS?

Before the Swim: Jay Critchley 774 840-0458

During the Swim: Harbormaster Rex Mc Kinsey, Channel 12

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