

The Monthly Beacon

"When Jesus spoke to the people again, He said, I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."

- John 8:12

And so it begins, the holiday season filled with reflection, merriment and cheer. Colorful leaves, changing temperatures, pumpkin flavored everything, city street parades, and the air reminiscent of the past as the warmth of the holiday season begins. But let's not rush things. Taking the time to live in the moment helps us appreciate the life we have.

Thanksgiving is a time of gathering as we acknowledge and express gratitude for our life as it is. It is the time where family and friends travel far and wide to spend time with those whom they've not seen in a while. Often these visits are filled with great anticipation however along with anticipation comes stress and more. This day of celebration is a reminder of the importance of taking stock of our life and being thankful. Reflection on what we have versus what we do not have changes our attitude and can create a level of happiness that transcends even the worst of situations.

Thankfulness shows appreciation for others and places less attention on ourselves. It is a time of reflection as we remember loved ones who are no longer with us and to see the love that surrounds us. That love doesn't always come from family but friends and acquaintances whom God has placed in our life, those who are always there for you. But most of all, our ever-present Lord who no matter what we have gone through is there keeping His promises to us.

In this season of thanks, take time to take stock of your life, the good things, the sad things, the challenging things, the unchangeable things, the trying things, the frustrating things, the past things, the present things, and the things to come.

"In everything give thanks: for this is the will of God in Christ Jesus concerning you (1 Thessalonians 5:18)".

