

Personal Pre-valuation

Notes

Class name	
Facilitator name	
Participant name	
Date	

Statements

Please rate your agreement with the following statements using this scale:

1-disagree strongly, 2-disagree, 3-disagree somewhat, 4-agree somewhat, 5-agree, 6-agree strongly

Statement	Score
I plan to have a clearly valuable experience.	
I plan to be fully engaged and an active participant in the dialogue.	
I plan to take risks during this experience.	
I am concerned with the quality of the experience and the well-being of the group as a whole.	
I plan to keep my anxiety in check and tap into my sources of imagination and creativity.	
I am open to learning new concepts and question my current beliefs.	

Questions

Please write answer to the following questions in the space provided below.

Question
What are your criteria for a successful experience?
What do you plan to add to the dialogue?

Additional thoughts