# **VOLUME 172** NOV/DEC/JAN 2019—2020

Network News is the official Provincial Publication of the British Columbia Women's Institute.

The British Columbia Women's Institute is a nonracial, non-sectarian and non-partisan educational organization for women.

The British Columbia Women's Institute is incorporated under the British Columbia Farmers' and Women's Institute Act.

# **BCWI Board of Directors:** 2017-2020

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1cjhooper@gmail.com

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#### **ACWW**

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info@acww.org.uk

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# **NETWORK NEWS**

# WATCH LAKE WI CELEBRATES THEIR **80TH ANNIVERSARY**



# Provincial Conveners AGRICULTURE

#### Donna Jack

2916 Dawson Drive Saanichton, BC V8M 1W3 donna\_jack@telus.net 250-652-1315

#### Jessie Anderson

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## **PRESIDENT**



Hello Everybody,

Did you have a good summer? I did. I love summer and hope the warmth continues into the fall.

Here we are at the beginning of our 2019 -2020 WI session and this is my last year as President of BCWI. I've been on the Board for 8 years but for these last 2 years as president, have certainly been the largest learning curve.

For my last year I would like to introduce a few new things and clarify a few ongoing projects. The Board has worked constantly on transparency through out WI. We will continue to "upgrade" and keep you informed. For the 2020 Triennial Convention the Committee would like your branch to answer: You Have Questions-So Do We! or (Five Things we really would like to know). You can look for it via mail chimp or in the Network News.

Is there anything you would like us to know? Questions about BCWI? Please email myself, <a href="mailto:1cjhooper@gmail.com">1cjhooper@gmail.com</a> or the BCWI office <a href="mailto:bcwi@bcwi.ca">bcwi@bcwi.ca</a>

I'm forever thinking of our darn budget (I really wish it was a lot plumper, but it's quite a bit on the skinny side) so just a gentle reminder to send in your membership dues.

Warm smiles to everyone and I hope this year works toward better connections with members, branches and the Provincial Board. Thanks

"Let us not forget to be kind" Colleen Hooper, President



# **OFFICE**



Hi Ladies!!

Here we go for another year! This should be a

really busy one!!

In early September I mailed out packages to all branch secretaries which included:

BCWI Invoice—2019/2020 Annual Report/Financial Statement Branch Activity Report In House Raffle Letter

A reminder that dues should reach the BCWI Office no later than December 31, 2019 as there will be a \$5.00 late fee per member if received January 1, 2020 or later.

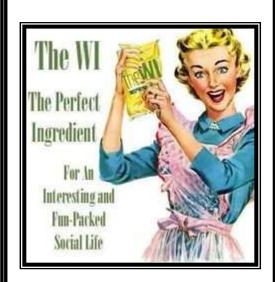
I have recently sent out information regarding our upcoming 38th Triennial Convention, Shoal Center, Sidney in June 2020, hosted by South Vancouver Island District. Item's included were:

Cover Letter
Group Tours
Hotel/Motel/B & B/RV Park info
Registration Form

You can also check out the above information on our website at <u>bcwi.ca</u>
Don't forget to register!!

I am really looking forward to seeing everyone next June!!

Betty Bartlett, BCWI Office Administrator



## Vice President

# The Ongoing Plastic Battle

I am very pleased with my battle to cut the amount of plastic in my home. I wanted to cut it by at least half this year and I am on track for that or even more.

Some Changes I have made:

- Replaced shampoo/conditioner bottles with shampoo/conditioner bars
- I buy my hand soap with no wrappings
- Replaced plastic laundry jugs with laundry strips such as Dizolve Eco Strips (they work great). I don't use fabric softener
- I am using biodegradable compostable garbage bags; they are supposed to break down completely within a year.
- I mix up my own dishwasher detergent (a mixture of salt, baking soda & citric powder). This might sound time consuming but it is easy, I just don't trust the pods to have no plastics in them.
- I only use cloth shopping bags and mesh veggie/fruit bags
- Use a reusable coffee filter for my Keurig coffee maker
- I only buy toilet paper not wrapped in plastic
- I buy toothpaste in glass jars
- I recycle all plastics, even though I know they are not all being recycled
- I don't use any plastic wrappings; instead I have a good supply of assorted containers with fitted lids
- I avoid as much as possible plastic wrapped foods or produce. It is not always doable but I do the best I can.

One person can make a difference, so my message to anyone who is trying to cut back on plastic use just do it! Start small, change one thing, and it usually leads to bigger changes. Good luck!

Brenda Devauld—Vice President



#### Resolutions

At the Chilliwack AGM, an issue arose regarding timelines for resolutions to be forwarded to members. Some members feel that the current guidelines need an update as Mail Chimps and E-mailed newsletters allow for expedited communication.

Resolution timelines as currently specified in our handbook will require a motion to be accepted by the members in order to be changed. Members will be asked to vote on this at the Sydney AGM.

## For your Information

Resolution 2019-1 (Forensic evidence collection in cases of rape) went forward to FWIC/WI Canada.

Resolution 2018-1 (Foreign **Absentee** Investment of BC Agricultural land) is not yet taken seriously by the current government and will require a different approach.

Resolution 2019-2 (Alkaline Hydrolysis for Cremation) will be re-submitted in Sydney.

Norma Tilgner—Resolutions Chair







**NETWORK NEWS 3** 





## WI Canada Report

FWIC/WI Canada held its Board Meeting and celebrated its 100<sup>th</sup> Anniversary at the Annual General Meeting held September 28 at the Adelaide Hunter Homestead.

Even though the Homestead was under renovations we still had the opportunity to enjoy the "Escape Room". A mystery created by Wendy Hamilton and Tracy Vanderwal using several rooms of the homestead and the history of Adelaide Hoodless. They plan to have this available to the public later this fall.

FWIC/WI Canada has just about finished stage one of the renovations and to complete the project it will still be looking for donations for the renovations to build "Addies Kitchen". You can buy a brick for \$25.00 or any donation would be appreciated.



The highlight speaker at the AGM was Chief Ava Hill, Six Nations. Joan Holthe, President and Ava put red ribbons on the maple tree in remembrance of all the lost Indigenous Women in Canada. Later, Joan cut the Centennial Cake with the help of Ruth Jones, New Dundee Branch and Margaret Byl President Elect.

The Monarch Butterfly Conservatory released several butterflies. The Commentator gave a very interesting presentation. Did you know that they put a number on each butterfly and record whether it is male or female? This is to help research just where and how far they fly.

The following resolutions from ACWW were reported on: Domestic Violence, Use of Plastics, Pollinator Protection, Iron Deficiency, Gender Sensitive Health Care, and Action on Climate Change. The reports are under review and letters will be written after the election.

WI Canada's National Project is **Health and Nutrition for families involving life skills training**. If your branch or district has any workshops regarding this please try to record and have them put on BCWI and FWIC/WI Canada websites.

For more information review FWIC/WI Canada <u>new</u> website: <u>www.fwic.ca</u> or join its Facebook page and you can review parts of the Annual General Meeting.

"Women Inspiring Change"

Yours Home and Country, Jill Copes BCWI Representative

# In store Sales/Events

#### Featuring

- 2,000 Bolts of Fabric & Notions
- . Men's & Ladies clothing
- Footwear

# VANDERHOOF DEPARTMENT STORE

Phone: 250-567-2311

# The go to store for all your needs!!

Over 2,000 bolts of Fabric & Notions, great selection of Men's and Ladies clothing, footwear, kitchen supplies, jewelry, accessories and wonderful knowledgeable staff. Go to our Facebook page to see our



latest items, our sales and events that are happening in store.

Monday-Friday-9:30-5:30 Saturday-9:30-5:00

> 2465 Burrard Avenue Vanderhoof, BC

Facebook: vanderhoofdepartmentstore Email: janet@deptstore.ca



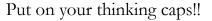
QUESTION: What to put in the June 11th through 15th, 2020 Conference Bags?

Here are some great big—and yet small—ideas!

What else do you think would be a great addition?
And what can YOUR WI contribute?

- \*Candies—small, wrapped
- \*Note pads
- \*Pen
- \*District, Municipal Pins
- \*Kleenex

- \*Tube of hand lotion
- \*Soap
- \*Nuts
- \*Seeds





If you don't want to send or carry something, your branch may want to buy a case of apples, bananas or oranges. 2019 costs: bananas 40 pounds \$36.00; apples 100 apples for \$44.00—\$56.00 depending on the variety, or 113 oranges for \$37.00; please send a cheque to the BCWI Office and in the memo write: fruit for AGM 2020

When thinking about that Silent Auction (value \$25.00 plus) or Dutch Auction (value \$15.00). All items think small packable. Crafts and jewelry are both very popular. Gift cards for major Canadian stores redeem your points for gift cards!

# Victoria Salliss Creative Arts Legacy

Fall is here with winter closing in fast. Time for some workshops!!

This VSCA Legacy is a fund available to members wishing financial support in hosting workshops.

Members make an application for funds directly to the BCWI Office, a minimum of one month before the event. The office needs details of the speaker/instructor costs, topics covered, materials required, timeline, registration fee, date and location of event, hall rental costs, meals to be served etc. Members are reminded that although we need details of the proposed event that we will reimburse speaker or instructor costs only.

The Committee reviews the application and responds prior to the event either accepting the application with the details submitted or may request more information.

In some instances, funds may be denied if the workshops or speakers are not meeting the goals of the fund to educate or deliver experiences for attendees. After the event the applicant must submit to the committee chair a written summary, photos of participants and projects, participants evaluations, and bills for the speaker/instructor costs. This summary and photos may be shared in the Network News. It is after receiving these documents that the funds will be disbursed.

Members of the Victoria Salliss Committee for 2019-2020 are: Ruth Davis, South Vancouver Island District, Carreen Forrest, Peace River District, Molly Nickerson, Fraser River District and Shelly Simrose, Victoria Salliss Chair, Central Interior District.

Shelly Simrose, Victoria Salliss Chair

British Columbia Women's Institute Flag and Banner are once again available for branches or districts to borrow. The cost is \$100.00 deposit plus shipping.

Contact Betty Bartlett at the BCWI Office if you're looking to borrow, either for a parade or to fly during WI Month in February or any other time of the year!!



# DO YOU HAVE QUESTIONS ... SO DO WE!!

Help us grow the WI! Help us make a connection between your branch and the BCWI by answering these 5 questions. When your branch meets in the fall, please answer the questions and send your answers to Royaloakwihall@gmail.com by November 30th, 2019. The BCWI will present the results at the 2020 Convention.

- 1a How is your branch relevant in your community?
- How is the BCWI relevant in your community? 1b
- 2 How do you think your branch connects to the BCWI?
- What can the BCWI do for you as a member? 3a
- What can the BCWI do for you as a branch? 3b
- 4 What is your branch vision for the BCWI moving forward?
- How is your branch dealing with the challenges that women face in today's society? 5a
- How is the BCWI dealing with the challenges that women face in today's society? 5b



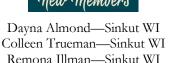
Lynda Krupp—Overlander WI Winner of a \$50.00 Canadian Tire Gift Card This Raffle raised \$86.00 Next draw to be held—January 15, 2020











Remona Illman—Sinkut WI Kimberly Rorstrom-Wittigs—Sinkut WI









# **BCWI 38TH TRIENNIAL COMPETITIONS**

## **HERB GARDEN**



PLANTS—only Herbs can be used in your Herb Garden. They may be for indoor or outdoor use. Other materials may be used to enhance your Herb Garden, such as small figurines, small rocks, etc.

CONTAINERS—Small easily transported pots. Herb pots come in a variety of shapes and sizes. They can come in different types of containers as well. They can be plastic, fibreglass, resin pots, cement, stone pots, clay or terracotta pots, glass or metal.

DESIGN—Have fun being creative!!

# ALL HERB CONTAINERS MUST BE BROUGHT TO THE 2020 TRIENNIAL TO BE JUDGED—VIEWERS CHOICE

## CHRISTMAS QUILT BLOCK

DESIGN—An original or traditional design, appliqued acceptable

SIZE—Each block to be 12.5 x 12.5 inches with raw edges, no borders and unquilted

MATERIAL—100% cotton, pre-washed

COLOUR—Colours should be red, green, gold or white, traditional Christmas colours. Any colour or pattern combination can be used

Any member can enter one quilt block. Mail entries before January 31, 2020 to:

## Brenda Devauld

Box 2275

## Vanderhoof, BC V0J 3A0

The quilt blocks will be judged by the Vanderhoof Quilters Guild prior to the BCWI Triennial 2020, where they will be displayed. 1st, 2nd and 3rd prizes will be donated by the Vanderhoof Department Store. The blocks will be made into a quilt to raffle, with the funds raised going to the Provincial Office.

#### PHOTO ESSAY

DESIGN—A photo collage or sequence of photos telling a story. The story expresses the intent of the BCWI Campaign to Reduce, Reuse or Recycle OR may include all three "R's" and is specific to single use plastics.

#### **CRITERIA**

- Photos tell a clear story
- Plastic choice or subject is clearly stated in photos
- Presentation is artistic and is limited to a single poster size, but need not be that large
- A written explanation of the story is to be attached uncovered to the back of the submitted project. Competitor information is to be enclosed in an envelope and also attached to the back of the project

SEND ESSAY'S TO BC WOMEN'S INSTITUTE OFFICE BY APRIL 30, 2020

# BRITISH COLUMBIA WOMEN'S INSTITUTE 38TH TRIENNIAL CONVENTION 2020

# OFFICIAL NOMINATIONS FORM The $\_$ \_\_\_\_ Women's Institute of British Columbia submits the following nomination (s) for the PROVINCIAL BOARD OF DIRECTORS for the term 2020 - 2023 1 PRESIDENT/1 VICE PRESIDENT/2 DIRECTOR'S To continue a rotating Board of Directors at the 2020 Triennial Convention, the following are required: Name & Address (1) One 3 Year Term – 2020 – 2023 SIGNED President **SIGNED** Secretary \_\_\_\_ ACCEPTANCE SIGNATURE OF NOMINEE SEND COMPLETED FORM BY JANUARY 1ST, 2020 TO: BCWI Office - PO Box 36, Barriere, BC V0E 1E0 (If more copies of this form are needed please photocopy)

# \*\*PLEASE NOTE\*\* - TERM OF OFFICE

The nominee must have been a member in good standing for the last three consecutive years previous to this nomination.

- i) The nominee shall preferably be chosen from those who have served during the previous three years as either a Provincial Convener or as a Director of a District Women's Institute for two terms, those terms not necessarily being consecutive.
- The nominee for President must have served on the current board, or have served on ii) the British Columbia Women's Institute Board of Directors in the past.

# BRITISH COLUMBIA WOMEN'S INSTITUTE TRIENNIAL CONVENTION 2020

# OFFICIAL NOMINATIONS ASSENT FORM

(If more copies of this form are needed please photocopy)

Dear Member,
Your name has been submitted by WI for nomination to the BC Board of Director's for the Term 2020 – 2023 to fill the position of:
1 President, 1 Vice President or 2 Director's
As you have already agreed to allow your name to be placed in nomination, please forward the following information to the <b>BCWI Office by January 1st</b> , <b>2020</b>
Name & Address of Nominee
Offices held at Branch Level
District Level
Provincial Level
Further information you wish to have published
I wish to accept nomination for
Signature of Nominee Date

# Planning to come to the **BCWI 38th Triennial Convention** & **ACWW Convention** in **2020**?

Of course you are!!

Well, did you know that 75% of the Sidney rooms for June 2019 were booked by January 2019!

Yikes! That means we have to book early for 2020.

Planning ahead is the key to success, and there are so many options.

Book for these dates: June 11th through June 15th, 2020

# Hotels & Motels - Sidney

The prices are per night, before taxes and valid for June 2019

1.	Sidney	y Wat	erfro	nt Inn & Suites		\$144.00 (2)/\$164.00 (4)	)

- 2. Sidney Pier Hotel & Spa \$245.00 (2)/\$295.00 (4)
- 3. The Cedarwood Inn \$140.00 (2)/\$160.00 (4)/\$171.00 (6)
- 4. Victoria Airport Travelodge \$205.00 (2)/\$235.00 (4)/\$325.00 (6)
- 5. The Beacon Inn at Sidney (9 rooms) \$189.00 (2)
- 6. Best Western Plus Emerald Isle Hotel \$209.00 (2)/\$219.00 (3)/\$229.00 (4)

1-800-780-7234 Group ID: D73IR1T0 (see flyer for hotel policies page 11)

- 7. Super 8 Saanichton (10 minute drive) \$ 90.00 (2)/\$144.00 (4)
- 8. Quality Inn Waddling Dog (10 minute drive) \$180.00 (2)/\$218.00 (4)
- 9. Western 66 Motor Inn (10 minute drive) \$144.00 (2)/\$170.00 (4)

# B & B's

1. B	y the Sea	\$209.00
------	-----------	----------

- 2. Future Friends \$175.00
- 3. Beacon Inn (9 rooms) \$189.00
- 4. Inlet Beach (sleeps 5/10 minute drive) \$173.00
- 5. Swartz Bay Farm (by ferry terminal) \$125.00
- 6. The Latch Inn & Restaurant \$218.00
- 7. 3 Eagles B & B

Plus check AIRBNB for more downtown Sidney B & B's www.airbnb.ca

# **RV Parks**

- 1. Oceanside RV Park & Cottages (65 spaces) \$50.00 per night
- 2. Island View Beach Regional Park Campground
- 3. Popeye's Campground



Fax: 250.655.1351

# BC Women's Institution

# June 11-15, 2020

# Rooms and Rates Available Until: April 11, 2020

Room Types:	<u>Rates:</u>
2 Queen Beds 17 rooms available	\$209 +13% tax per night
1 King Bed 3 rooms available	\$209 +13% tax per night

To book a room online click on the link below: https://www.bestwestern.com/en US/book/hotelrooms.62059.html?groupId=D73IR1T0

Or call 1(800) 780-7234 and quote Group ID: D73IR1T0

#### Hotel Policies:

- Special rates not valid for 1-night stays. Minimum 2 night stay required.
- Special rates will not be honoured after the cut-off date.
- Rates are based on single to double occupancy. Add an additional \$10+ tax per extra
- Room types are on a first come first served basis.
- Wi-fi and parking included.
- Breakfast not included. Guest receive 25% off breakfast between 6:30am-10:30am at Smitty's restaurant.
- · Cancellation or date changes 7 or less days prior to arrival are subject to a one night cancellation fee.
- Check-in: After 4pm. Check-out: Before 11am.
- Early check-in or late check-out not guaranteed. Subject to additional charge.
- Rollaway beds are an additional \$25 +tax per night.
- Pet friendly rooms must be booked in advance. (Subject to availability, additional nonrefundable pet fee is \$30 +tax per night.)
- Credit card and valid ID required at check-in, must be 19 years of age or older. Cash and debit deposits not accepted.



2 July 2019

BC Women's Institute Provincial Office PO Box 36 Barriere, BC V0E 1E0

Dear Friends,

Island kids deserve to have access to the health care programs and services they need; thanks to you, the Foundation can continue to make sure they do. Your support helps more kids receive the care they need. Thank you for being a champion for the health of every Island family with us and joining the children and families in our communities on their health journey.

For 90 years, the Children's Health Foundation of Vancouver Island has worked with the community to raise funds in support of the health needs of children and families all across the Islands. The Foundation works with like-minded donors to transform the way care is delivered to Island kids and their families as close to home as possible. We do this by collaborating with leading child and youth focused agencies, to deliver programs that specifically target early intervention, child and youth mental health and access to care no matter how rural or remotely a child is located.

We are committed to maintaining an open dialogue with the community and our donors about the work we do throughout Island communities to improve access to healthcare. It is important to us that you know the impact of your generosity and understand the evolving health needs of Island kids. We appreciate any feedback you are willing to provide about how we communicate with you.

On behalf of the children and families we serve, we want to thank you for being such an important part of our Foundation's family. If you would like to provide any feedback or have any questions about your gift, please call us at 250-940-4950. We would welcome the our continued support of the foundation. - Kelsi Langdon. opportunity to speak with you further about the impact of your support

Warmly,

Veronica Carroll, MBA, CFRE Chief Executive Officer

rivin Caroll

345 Wale Road, Victoria BC V9B 6X2 | 250-940-4950 | info@islandkidsfirst.com | islandkidsfirst.com Charitable Registration No. 89863 8291 RR0001



# THANK YOU

Dear Ms. Hooper: Inarlotte would not be able to receive the life saving care without the social of a Vital Sish Monitor or sugical forceps. Thank you for funding this equipment and allow kids like charlotte go back to being kids.



herie.

# **MIRAGE Syndrome**



Charlotte Palmer

After an emergency C-section at 29 weeks, Charlotte was born weighing just two pounds. She was flown from Penticton to BC Children's Hospital and after 7 months in the NICU, the family was sent home Christmas 2015.

Things took a dramatic turn one day in January, when Charlotte stopped breathing. After Christina, Charlotte's mom, resuscitated her and called 911, she was flown to the home tracheostomy and ventilation unit at BC Children's. Doctors diagnosed her with Central Hypoventilation Syndrome, a disorder that results in respiratory arrest during sleep and in Charlotte's case, while awake too. Charlotte was given a BiPap ventilator. She was still in the hospital almost every week that spring with diarrhea, respiratory issues, vomiting episodes and lethargy.

The Palmers finally got an answer after Charlotte's genes were examined at the BC Children's Hospital Research Institute with a Whole Exome Sequencing test. That found a fluke mutation in the SAMD9 gene, which is linked to a rare genetic disease called MIRAGE Syndrome. Little is

currently known about the disorder, as it was discovered a month earlier through a study in Japan, and that research paper is the only resource available on it.

Charlotte was the first child in Canada diagnosed with MIRAGE Syndrome - and one of around twenty in the world.

"Our time may be short, but Charlotte is progressing so well. They didn't think she would sit or crawl, and she's doing those things now." -Christina Palmer

Today, two-year-old Charlotte is fed with a tube directly into her stomach and uses a machine to help her breathe. While there is no cure, doctors are trying several drugs, including steroids, and immunesuppressants, to manage her complicated symptoms.

# **BULKLEY TWEEDSMUIR DISTRICT**

2019 was the 100th Anniversary of the Bulkley Valley Exhibition and to celebrate Bulkley Tweedsmuir District organized a "High Tea".

The three Branches, Glenwood, Quick and South Hazelton joined forces and put on a very elegant tea. It took a lot of co-ordination to arrange fancy teacups, plates and teapots to serve 80 people!



The event was held outside in a large tent decorated with banners from the Genealogy Society. Small tables with cloth tablecloths and napkins were set up and fancy teacups and plates arranged with Rose bowls of flowers and the WI brochure at each place. An impressive sight.

The WI ladies all wore old time aprons sewn by Nola Weston. The first 40 guests arrived and most were elegantly attired in clothes of yesteryear, or at least a





fancy hat! It was wonderful to serve fancy little sandwiches and decadent desserts to each table with their choice of tea.

After an hour, the tables were reset for the second group of 40 guests who were just as pleased as the first group.

Thanks to all the participants and particularly to the bakers

and workers who made the lovely tiny sandwiches. An enjoyable day.

Submitted by Fay Van Horn

## **GLENWOOD WI**

Glenwood has had a busy few months. June was our Annual No Host dinner at a local restaurant and 12 people attended, followed by a brief meeting. Wanda Mason and Fay Van Horn left the next morning for the Provincial AGM. It is always interesting to attend



these, meet up with fellow WI members and bring back information to Bulkley Tweedsmuir District.

Summer was a busy time getting ready for our Fall Fair competition entries. For a change, we came in first place this year.

This was the 100th Anniversary of our local Exhibition and our District put on an incredible Anniversary High Tea on Sunday afternoon. We sold 80 tickets for two sittings and members and many guests dressed in fashions of years gone by. Tables were also well dressed with cloth napkins and table covers. Elegant table settings with fancy sandwiches and sweets pleased the eye and the palate.

We are getting into planning competitions for next year. Our Fall Bazaar is coming up quickly, followed by making pies for Credit Union Pie Day. We will be filling Shoe Boxes to support Third World children, filling a Christmas Hamper for a local family and having our Secret Santa Christmas party in December to round out 2019.

Submitted Fay Van Horn

# CENTRAL INTERIOR DISTRICT SINKUT WI



The Sinkut WI all came together to host our 2nd Annual Ice Cream Cone Sale. Despite the rainy weather we had a lot of fun and lots of customers. It was held at the Nechako

Valley Fall Fair in Vanderhoof the weekend of August 16-18. This fundraising project helps out with our many charities we give to, including the Vanderhoof Safe Home which I say is near and dear to our hearts. We had 3 lovely ladies who helped us as

well who were at the time "Checking us out"! Happy to say they joined our group at our AGM held October 7th.

Submitted by Shelly Simrose



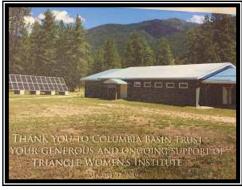
**NETWORK NEWS 14** 

# KOOTENAY DISTRICT

TRIANGLE

WI

The TWI has had a very busy and productive few months. Starting with the completion of our "Pioneer Hall Solar System".



This 16.5-Kilowatt solar system installed by Empower Energy Corp. will cover approximately 70% of our halls energy consumption. Allowing us to fundraise for other projects rather than funds raised being used to cover the cost of our hall operations. The solar panels will also reduce the halls impact on the environment. This is equal to planting 9,306 trees.

The system is part of Net Metering, where customers



connect a small electricity generation unit to the BC Hydro distribution system. As a net metering customer, when we generate more

electricity than being consumed, we receive a credit on our account. The credit is applied against our future consumption.

By net metering we remain connected to the grid and all excess energy from a solar pv system (produced during the day and during the summer) can be sent back to the grid and credited to our utility billing account. When we don't generate enough to meet our needs, we buy our power from BC Hydro.

Once our Solar System was installed, we needed to put a fence up around the panels for safety. We raised funds to cover the cost of this fencing by catering a couple of events at our hall during the summer. Our husbands were kind enough to volunteer their time and put the fencing up.

On August 22nd we hosted Celebration Luncheon in honor of Co-Basin lumbia Trust (CBT) all and the achievements we have been



able to accomplish at our hall since 1999 as a result of the grants we have received. Our president Judy-Lou McDonald presented them with a plaque. We had several guest speakers and a Power Point Presentation showing photos of purchases and developments at the hall from grant funding. The luncheon was very successful, the Fernie Free Press wrote an article about the event.

Each Saturday during July and August two or more of our members would attend the Baynes Lake Farmers Market, setting up a table for purchasing raffle tickets for a "Cedar Chest" filled with preserves. This was also, an opportunity for us to network and inform people about the "Triangle Women's Institute".

In September we hosted our Annual International

"Hands Across the Border" Picnic with the ladies from Mountain View Homemakers"

in Eureka,

Montana. Every lady brought food for our potluck lunch and a new or nearly new item for door prize draws during the day. We had a great time with these ladies, sharing ideas, stories, sewing shopping bags made from recycled chicken feed bags, eating and playing BINGO.

The holiday season is just around the corner, a busy time with planning our Bazaar/Luncheon, Seniors Dinner, 4-H Christmas Concert and more. Happy Holidays.

Submitted by Cathy Betteridge

# SOIFE OFFICE

## S. VANCOUVER ISLAND DISTRICT



#### COLWOOD WI

We are off to a busy start of the year! We are very excited to host the fall workshop this year on Saturday November 2 in our main hall. Our day group continues to meet on the third Wednesday of each month at 1:00pm. During this meeting we cover most of the traditional activities of the WI, as well as hosting a Tupperware fundraising initiative and our annual garage sale event. Our evening group will be meeting on the first Wednesday of each month from October-March at 7pm. We will be planning our first family dance event which will be held on February 8th. During our evening meetings we will also be crafting items to sell at both our family dance and garage sale event. We are also continuing to grow our membership and working towards being a more visible group in our community.

Submitted by Kim Coy

#### ROYAL OAK WI

# 4,744 miles/7,635 kilometres bridged!

Royal Oak WI, Vancouver Island meets Bishopstoke WI, UK

Heather Bevis of the Bishopstoke WI was prompted by an article in the WI magazine to become a WI pen friend via the pen friend service. Lisa Greenly, nearly

5,000 miles away in Vancouver Island heard about it at a District gathering. They began an oldfashioned pen to paper and stamps correspondence and have



been writing back and forwards for nearly two years!

It was a great treat for Lisa (seen seated in the centre of inset photo) and her husband Mike to visit Heather (standing in light blue top), and her husband Dave, in Eastleigh and be invited to WI House for tea and to meet up with local members and the WI presidents, both past and present.

The work of Inspiring Women is clearly international, and as they shared experiences from their own WI's is was great to hear the encouragement and inspiration that we can give one another.

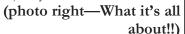
Mike was also encouraged to know he was a "WISH". For those who don't know - it's a WI Supporter Husband.

It was a real joy for Mike and Lisa to spend a few days with Heather and Dave meeting their family and touring the local area. You never know what amazing experiences and connections today's WI life will lead to.

Submitted by Lisa Greenly

## SALT SPRING ISLAND WI

Wow!!! That pie year is done, our best year ever - approximately 750 pies sold by slice or a majority whole.



We sold out by 2:30pm on the second day of Fall Fair (wet

and cool) and at a sun-

ny Apple Festival we were sold out by 12:10pm after opening at

9am. Amazing!!



# (photo left—A tired leader, Connie Cudrak)

We had 4 pie bees this year and cannot thank the volunteers who helped make around 120 pies at each bee. Good food for coffee breaks and lunches thanks to

MaryAnn McColl and lots of preplanning by our extraordinary leader Connie Cudrak made for smooth and organized pie produc-



tion with lots of laughter, stories, sharing and making new friends.

# (photo right—Angela Thomas with perfect pie!!)

At Apple pie bee it was loud and boisterous with numerous girl guides and scouts and leaders pealing, voting and slicing - one young lady with a cast on and crutches was all fun. Did not miss



the oppor-

tunity to give a little history lesson on the origins of WI, our contributions locally, federally and around the world.

# (photo left-All gone, cleanup!)

In June member Bev Byron attended graduation and presented our yearly bursary. Some members also went out to lunch and then had a wonderful tour of a local exotic garden with palm

trees, banana trees and all kinds of tropical plants and flowers.

2020 will be a huge year for our Institute - 100 years old. Save the date of April 25, 2020. Plans are under way for a celebration luncheon and social on that date. My husbands grandmother was the secretary for the first 17 years and she and I share the same name, Margaret Reid, and I have been secretary or president for most of the years I have been a member (20 + years).

Then there is the convention in Sidney, setting up a display in a local library, displays at both Heritage day and fall fair and more. Oh yes and hosting a Fall Workshop on October 24th, 2020. Plus all our pie bees and selling events ... OH MY!!!

We send all our best wishes for a Merry Christmas and hope to see you all somewhere in 2020.

For Home and Country Margaret Reid



# **NETWORK NEWS**

Email articles for newsletter to:

bcwi@bcwi.ca

October 15 for Nov/Dec/Jan Issue

January 15 for Feb/Mar Issue

March 15 for Apr/May Issue

May 15 for Jun/Sept/Oct Issue

# Advertising Rates:

Individual rate/business card size—1 issue \$12.00

Yearly rate/business card size—4 issues \$45.00

Individual rate/quarter page size—1 issue \$40.00

Yearly rate/quarter page size—4 issues \$155.00



# **BCWI 38th Triennial** Convention



June 11—13, 2020 Shoal Centre, Sidney, BC



# ACWW Canada Area Convention

June 13—15, 2020



Shoal Centre, Sidney, BC



# **Book of Memory**



Julia Krynen—Springhouse WI Evon Bowser—Sunshine Valley WI



# Provincial Calendar January 15—Branch Convener Reports to District Convener

February 15—District Convener Reports to Provincial Convener
March 15—Provincial Convener Reports to BC Provincial
Convener Chair—Cathy Inskip
April/May—District Spring Conferences/AGM
May 15—District President Report due to Provincial Office for
AGM Package

July/August—Break from WI Activities
August 31—Branch Financial Year End
August 31—Erland Lee Award Application Deadline
September/October/November—Branch Annual Meetings
December 31—Membership Dues to Provincial Office

# Special UN Days

February 1—28—Women's Institute Month February 27—Adelaide Hoodless Birthday March 8—International Women's Day March 22—World Day for Water April 7—World Health Day April 29—ACWW Day

May 15—International Day for Families
May 21—UNESCO's World Day for Cultural Development
May 28—International Day of Action for Women's Health

June 1—International Children's Day June 5—World Environment Day

July 11—World Population Day

3rd Tuesday in September—International Day of Peace September 8—International Literacy Day

1st Monday in October—World Habitat Day 1st Monday in October—Universal Children's Day

October 11—International Day of the Girl Child

October 15—World Rural Women's Day

October 16—World Food Day

October 17—World Trauma Day

October 24—United Nations Day

October 24—World Development Information Day

October 24—30—Disarmament Week

November 25—International Day for the Elimination of Vio-

lence Against Women

December 1—World AIDS Day

December 10—Human Rights Day

# **BCWI Office—Sales Items**

New BCWI Handbook Available \$10.00
History Book Set \$30.00
(if mailed add \$20.00 for shipping)
History Book \$20.00
100 Women Book \$15.00
Winning Ways \$2.00
BCWI Business Cards 20/\$1.00

# **Sundry Items**

\$10.00

Tartans \$3.00 WI Canada (FWIC) Pens \$2.00

Mail Network News—4 Issues

# **Pins**

\$6.00
\$10.00
\$10.00
\$3.00
\$6.00
\$6.00
\$10.00
\$10.00
\$10.00
\$5.00

# **Stationery**

WI Logo Sticker \$1.50 WI Bumper Sticker (see below) \$5.00





# BC WOMEN'S INSTITUTE

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