



Carrot						*	*	*	*			
Cauliflower	*	*	*	*								
Celeriac	*	*	*	*								
Celery	*	*						*	*	*	*	*
Cherry							*					
Chervil					*	*	*	*				
Chestnut	*									*	*	*
Chicken	*	*	*	*	*	*	*	*	*	*	*	*
Chicory	*	*	*									
Clementine	*	*									*	*
Cod		*	*	*								
Courgette						*	*	*	*			
Crab			*	*	*	*	*	*	*	*	*	
Crab Apple								*				
Cranberry										*	*	*
Damson									*			
Date	*										*	*
Duck										*	*	*
Elderberries								*	*	*		
Fennel						*	*	*	*			

Fig								*	*	*		
Garlic							*	*	*	*		
Globe Artichoke						*	*	*	*	*	*	
Goose	*								*	*	*	*
Gooseberry						*	*	*	*			
Grapefruit	*	*	*	*	*							
Grouse								*	*	*	*	*
Guinea Fowl									*	*	*	
Halibut			*	*	*	*	*	*				
Jerusalem artichoke	*	*	*								*	*
Kale	*	*								*	*	*
Kipper					*	*	*	*	*			
Lamb	*	*	*	*	*	*	*	*	*	*	*	*
Lamb's Lettuce					*	*	*	*	*	*	*	
Leek	*	*	*						*	*	*	*
Lemon	*	*	*									
Lettuce					*	*	*	*	*	*	*	*
Mackerel					*	*	*	*	*	*		
Mangetout						*	*	*				
Marrow								*	*			



Radicchio	*	*	*	*	*	*	*	*	*	*	*	*
Radish					*	*	*	*	*	*		
Raspberry							*	*	*			
Redcurrant							*	*	*			
Rhubarb	*	*	*	*	*	*						
Runner Bean						*	*	*	*	*	*	
Salmon			*	*	*	*	*	*	*			
Samphire							*	*				
Sorrel				*	*	*	*	*	*			
Spinach				*	*	*	*	*	*			
Spring Greens				*	*	*						
Spring Lamb		*	*	*	*	*						
Spring Onion	*	*	*	*	*	*	*	*	*	*	*	*
Strawberry						*	*	*	*			
Swede	*	*									*	*
Sweet Potato	*	*	*							*	*	*
Sweetcorn									*			
Swiss chard							*	*	*	*	*	
Tomato						*	*	*	*	*		
Tuna					*	*	*	*	*			

Turkey												*
Turnip	*	*								*	*	*
Venison	*	*									*	*
Watercress				*	*	*	*	*	*			
Watermelon							*	*				