# Vision Quest in Spain

with Dr. Oskar Demmer, Suzanne Demmer, Brigitte Gittenberger

July 5 – 19, 2023

St Llorenc, Mallorca, Illes de Balearis, Spain

The vision quest is an ancient initiation ritual, offered here in a contemporary form — a rite-of-passage for our time. Initiation means a new beginning and a step into the unknown. When one crosses the threshold and steps into the unknown wilderness, boundaries begin to dissolve and our vision begins to expand. Everything is pregnant with meaning, and nature speaks to us in the voices of rock, tree, and wind. Here we find the strength to leave behind what is no longer fulfilling in our lives, and are guided to new ways of living vibrant, natural and meaningful lives.

The place for our vision quest is the western mountain range of Mallorca between Pollen a and the monastery Lluc — a wonderful wilderness area with rivers, lakes, forests, canyons, and marvelous views of the sea. The wildness and stillness of the Mallorcan mountains offers a connection to the elements that supports contact with our inner nature — outer nature appearing as a mirror to open us into the boundless openness within.

The preparation and integration phase of our quest takes place at the finca "Mar y Sol" at St Llorenc on the east side of Mallorca. Teachings will be held in both English and German. There will be a maximum of 12 participants on the quest. (continued on p.2)

We will first meet on July 5, 2023 at 5:00 PM and conclude with lunch on July 19.

### **Quest Guides**

The quest is conducted by Dr. Oskar Demmer, MD, psychotherapist and quest guide trained at the School of Lost Borders, Suzanne Demmer, physiotherapist, psychotherapist, and quest guide, and Brigitte Gittenberger, psychotherapist and quest guide.

#### Costs

The fee for the quest is €1100 - €1500. Food and lodging costs: €420. Deposit upon registration: €1100. Cancellations prior to 8 weeks before the quest will receive a full refund; cancellations between 4-8 weeks before the quest will receive a full refund minus €100 administration fee; no refunds for cancellations received 4 weeks or less before the quest.

## Registration

To register, and for any questions, contact: Dr. Oskar Demmer at <a href="mailto:oskar.demmer@wnr.at">oskar.demmer@wnr.at</a> TEL: 0043-676-3715664. Postal address: Westbahnstr. 56-58, 1070 Vienna, Austria.

#### Travel

By air: fly to Palma de Mallorca

By car & ferry, or train and ferry: The best ferry in summer is from Toulon, France, to Alcudia or Palma de Mallorca.

On Mallorca you travel by public transport or hire a car.

A Sufi Way Associated Program









