

Edan Koopman, MS, OTR/L, CYT

Occupational Therapist



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Profile

Edan Koopman MS, OTR/L, CYT, has been practicing in hand and upper extremity orthopedics since 2009. Edan works at Illinois Bone & Joint Institute in Libertyville and Lindenhurst. She is proud to have earned a certification as a yoga teacher and uses these philosophies within her professional practice on the treatment of upper extremity diagnoses.

Edan is passionate about providing customized programs that are patient centered with collaboration of physicians, nurses, therapists and staff. She is diverse in a variety of diagnoses ranging from conservative to post operative treatments, and has experience with fabricating custom made static and dynamic orthoses for the upper extremity.

Edan's motivation in patient care is to provide a balance within an individual process of recovery and quality of life. Edan prefers to spend her free time outdoors bike riding, hiking, yoga, dancing, and has interest in holistic and alternative ways of healing.

Education

- B.S. Interdisciplinary Services at Western Michigan University
- M.S. Occupational Therapy at Western Michigan University

Certifications & Memberships

- Certified Yoga Teacher (CYT)