

# Nazia Uddin, PT, DPT

Physical Therapist



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## Profile

Nazia has been practicing outpatient orthopedic physical therapy since 2014 at Illinois Bone & Joint Institute in Arlington Heights. She has been treating patients with a wide variety of orthopedic and musculoskeletal injuries; rotator cuff, ACL and meniscal pathologies. She takes interest in treating both surgical and non-surgical diagnoses including shoulders, hips, knees and ankles. She takes special interests in treating more challenging post-surgical patients. She is dedicated in using patient-centered approach to maximize faster healing and recovery. She is dedicated in practicing evidenced based approach and takes holistic approach. She is a people person and a good listener. She is dedicated to providing excellent care.

She has been promoted as a Rehabilitation Technician Supervisor and is responsible for hiring, training and scheduling the technicians. She speaks English, Urdu and Hindi. Nazia is currently pursuing specialization in orthopedic manual therapy. She also loves and cares for her dogs and cats.

## Education

- BS, Psychology, Northern Illinois University
- Doctor of Physical Therapy, Midwestern University