

Annette Egel, PT, MPT

Physical Therapist | Regional Manager



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Profile

Annette Egel, PT, MPT, has been practicing in orthopedics for ten years. Originally from Plymouth, MN, Annette moved to Chicago in October 2005 and works out of the Morton Grove facility with oversight of the City Region.

She enjoys treating a wide variety of diagnoses and is dedicated to using the most effective and appropriate treatments to improve function. Annette has done further training with the Ola Grimsby Institute for manual therapy and is knowledgeable in multiple treatment options to individualize care. She was introduced to the physical therapy practice at a young age through her own orthopedic injuries and continues to enjoy treating sports related issues. With her area of interest focusing on the cervical spine and shoulder complex, she has also grown a practice in treating people with overuse injuries, postural deficits, and professionals in the fine arts.

Personally, she enjoys spending time traveling and exploring different cities, winter sports (ice hockey, skiing), and being with family and friends.

Education

- BS, Health Sciences, Bradley University
- Masters in Physical Therapy, Bradley University

Specialties

- Cervical spine / shoulder complex
- Sports Medicine
- Manual Therapy