

Katie Nicholas, PT, DPT

Physical Therapist



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Profile

Katie Nicholas, PT, DPT, has been practicing orthopedics since her graduation from Rosalind Franklin University of Medicine and Science in 2013 with a Doctorate of Physical Therapy degree.

Katie enjoys treating a wide variety of diagnoses and is dedicated to using the most effective and appropriate treatments to facilitate a full recovery. Katie has a special interest in endurance athletes of all ages, joint replacements, and working with knee injuries. Katie is also a vestibular therapist, treating a variety of vestibular disorders. Katie is an ImPACT trained physical therapist, performing baseline testing and concussion management to facilitate safe return to play. ImPACT (Immediate Post-Concussion Assessment and Cognitive Testing) is a scientifically validated computerized concussion evaluation system. It is a sophisticated test of an individual's cognitive ability that will help health care professionals track the recovery of cognitive processes following a concussion.

In her spare time, Katie enjoys spending time with her husband, family and friends. She enjoys running, watching Chicago sports and reading.

Education

- BS, Health Sciences, University of Illinois at Urbana-Champaign
- Doctorate of Physical Therapy, Rosalind Franklin University

Certifications

- ITPT, ImPACT Trained Physical Therapist
- Vestibular therapist