

Aggie Darzynski, PT

Physical Therapist



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Profile

Aggie Darzynski, PT, has 14 years of clinical experience to provide high quality, individualized physical therapy for her patient's. Originally from Poland, Aggie moved to US after graduating high school and attended university in New Jersey. Aggie graduated with a Master of Science degree in Physical Therapy from UMDNJ / Rutgers University. After working for 3 years in New Jersey, Aggie moved to Chicago area where she has been working in Des Plaines location since 2004.

Trained in many specialized manual techniques allows her to develop individualized treatment approach utilizing many different philosophies. Aggie has experience in evaluating and creating personalized treatment for patients with various musculoskeletal injuries. She enjoys assisting patients in returning to an active and enjoyable life style. Currently, Aggie has been taking coursework through Ola Grimsby Institute and is pursuing their Certification Program in Orthopedic Manual Physical Therapy (COMT).

Aggie enjoys treating a wide variety of diagnosis. Areas of professional inserters include manual therapy, spine rehabilitation, pre/post partum physical therapy, injury prevention and fall prevention.

Aggie lives with her husband, two daughters and their dog Tobi. She enjoys active life style and spending time with her family. She loves bike riding, playing tennis, yoga and pilates.

Education

- BS in Biology, Kean University, New Jersey
- MS in Physical Therapy, University of Medicine and Dentistry of NJ/ Rutgers University, School of Health Related Professions