

Carol Bromberek, PT, COMT

Physical Therapist



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Profile

Carol Bromberek PT, COMT has been practicing physical therapy since 1987 and earned her Certification in Orthopaedic Manual Therapy in 2007.

The Wilmette clinic welcomed Carol to their team in February 2016. After many years as a clinic director in a previous job, Carol was looking to refocus on patient care and IBJI Rehab was a perfect fit.

Her practice philosophy is to ask the right questions in order to identify a patient's root cause of pain, devise the appropriate treatment plan, and teach the correct exercises to meet their goals. As a runner and triathlete, she understands the importance of motivation, perseverance, and time management in creating a treatment plan customized to each patient's individual needs.

Carol regularly enjoys running, biking, swimming, Pilates and yoga. She and her husband love all kinds of travel whether it's overseas adventures, hiking in National Parks, or relaxing on an ocean beach.

Carol lives in Humboldt Park with her husband and 2 cats :)

Education

- Bachelor of Science in Physical Therapy, University of Illinois at Chicago

Certifications

- Clinical Certification in Orthopaedic Manual Therapy, The Ola Grimsby Institute