

Dain Hampton, PT, DPT, OCS, COMT

Physical Therapist



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Profile

Dain Hampton, PT, DPT, OCS, COMT has been practicing orthopedic physical therapy since 2003 and has worked at Illinois Bone and Joint Institute since 2012. He is currently the Facility Manager at Buffalo Grove, treating patients and overseeing daily operations.

Dain enjoys treating any orthopedic or sports related condition but has a special concentration in cervical, thoracic and lumbar conditions as well as shoulder problems. His area of concentration utilizes manual therapy treatment that includes differential diagnosis, joint, soft tissue and/or neural mobilization followed by specific, individual exercise progression. Dain continually reassesses treatment to help the patient return to their highest level of function. Dain's manual therapy background is through the Maitland-Australian and Ola Grimsby approach. He is currently the head of the manual therapy special interest group through IBI and has taught continuing education classes about spinal dysfunction and differential assessment.

Dain played many sport growing up including baseball, swimming and soccer as well as playing rugby in college. The injuries sustained playing sports increased his understanding of the rehabilitation experience and has helped form his treatment approach.

Education

- Saint Louis University, Bachelor of Science in Exercise Science, 2001
- Saint Louis University, Master of Physical Therapy, 2003
- Arcadia University, Doctor of Physical Therapy, 2013

Licenses & Certifications

- Certified Orthopedic Manual Therapist (COMT), 2009, Maitland-Australian Physiotherapy
- APTA Board Certified Orthopedic Clinical Specialist (OCS), 2011
- Certified Orthopedic Manual Therapist (COMT), 2016, Ola Grimsby Institute