

# Laura Gleason, PT, DPT, OCS

Physical Therapist



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## Profile

Laura Gleason, PT, DPT, OCS has been practicing in orthopedics for 11 years and has been with IBJI since 2006. She grew up in Arlington Heights and now calls Evanston home.

Laura enjoys treating a wide variety of diagnoses and using the current strongest evidence to get the best outcomes. She has a passion for working with runners and does Video Gait Analysis, which involves using state of the art Dartfish software to help analyze running mechanics. She also is involved with training other clinicians on how to do the analysis and effectively treat runners. Laura also especially enjoys treating prenatal and postnatal patients.

In her free time, Laura enjoys playing with her 2 year old daughter and teaching exercise classes for moms.

## Education

- BS, Exercise Science, Saint Louis University
- Masters & Doctorate in Physical Therapy, Saint Louis University
- Orthopedic Residency, Evidence in Motion

## Certifications

- Orthopedic Certified Specialist
- Certified Running Technique Specialist (Pose Method)