

Alyssa Bolhous, PT, DPT

Physical Therapist



1450 Busch Parkway, Suite 115A
Buffalo Grove, IL 60089

T (224) 676-7960

F (224) 676-7994

abolhous@ibji.com

Profile

Alyssa Bolhous, PT, DPT, COMT has been with Illinois Bone & Joint Institute since 2014 and is currently the Assistant Facility Manager at the Buffalo Grove clinic. Alyssa is an active member in the performing arts and manual therapy special interests group. She is a former gymnast and cheerleader which increases her understanding of the rehabilitation process of these types of athletes. She also enjoys the rehabilitation process of post-operative patients. Alyssa is lead clinician for IBJI Buffalo Grove's OrthoSync and OrthoHealth programs.

Education

- Doctor of Physical Therapy, Northwestern University
- B.S. Biomedical Sciences, Marquette University

Certifications

- Certified Orthopedic Manual Therapist (COMT), Ola Grimsby Institute

Presentations

- Spondylolysis in Gymnasts: Ideas for treatment and progression, 2016