

# Anna Hope, PT, DPT

Physical Therapist



9000 Waukegan Rd, Suite 100  
Morton Grove, IL 60053

T (847) 779-6050  
F (847) 929-1167

[ahope@ibji.com](mailto:ahope@ibji.com)

## Profile

Anna is a graduate of Des Moines University where she received her Doctorate of Physical Therapy. She joined the IBJI Morton Grove team in 2017.

One of Anna's favorite aspects of physical therapy is the ability to work with and treat a variety of diagnoses and patient populations. Growing up, Anna participated in an assortment of sports which led to her interest in outpatient orthopedics and injury recovery. Aside from outpatient orthopedics, Anna has additionally developed an interest in the neuroscience behind chronic pain, neurological conditions, women's health, and implementing fall prevention programs to improve balance. As a therapist, Anna challenges her patients to play an active role throughout the course of their rehabilitation in order to reach their full potential and provide the best patient outcomes. Anna has always been an avid learner and will continue to develop and progress her skills through continuing education courses.

In her spare time, Anna enjoys spending time with family and friends, traveling, time at Lake Okoboji, and attending concerts and sporting events. Anna loves cheering on the Iowa State Cyclones and the Kansas City Royals.

## Education

- B.S. Kinesiology Exercise & Movement Science, Iowa State University
- Doctorate of Physical Therapy, Des Moines University