



# Commitment to Living: Understanding and Responding to Suicide Risk



**Anthony R. Pisani, PhD**

St. Joseph Mental Health Center is proud to have Anthony R. Pisani, PhD as our speaker for this year's symposium. Anthony R. Pisani, PhD. is a leading suicidologist and educator who brings best practices to life in this practical and engaging workshop. A dynamic clinician and speaker, Dr. Pisani is known for his honesty in raising and addressing common dilemmas, demands, and frustrations that busy clinicians face when caring for youth and adults at risk for suicide. Dr. Pisani inspires clinicians to exceed standards of care, save time, and keep caring relationships at the center.

Dr. Pisani is a leading figure in national efforts to improve clinician education in suicide prevention. He serves on the National Action Alliance Task Force for Workforce Preparedness and leads a Curriculum Revision Task Force for the Suicide Prevention Resource Center. His publications include a highly influential study examining the state of workshop education in the assessment and management of suicide risk (Pisani, Gould, & Cross, 2011) and an article documenting the development and efficacy of his own approach to workshop education (Pisani, Cross, & Watts, & Conner, 2012).

## PROGRAM AGENDA

Friday, September 20, 2013

**7:15 a.m. - 8:00 a.m.**

Symposium Registration & Continental Breakfast

**8:00 a.m. - 8:15 a.m.**

Welcome & Introduction of Anthony R. Pisani, PhD  
by Kate Shelton, CPC

**8:15 a.m. - 10:00 a.m.**

**Headaches and Heartaches: Common Dilemmas in Assessing and Managing Suicide Risk**

- Introduction to the core competencies for assessing and managing suicide risk
- Clinical, personal, and system challenges to providing competent and compassionate care
- Initial documentation case example

**10:00 a.m. - 10:15 a.m.** Break with Refreshments

**10:15 a.m. - Noon**

**Assessments that Matter**

- Widening the lens on risk assessment
- Factors to consider when documenting risk for suicide
- The impossibility of predicting in high-risk settings
- Efficiently synthesizing risk-related data into a risk formulation that informs care and doesn't take too much time

**Noon-1:00 p.m.** Lunch (*provided*)

**1:00 p.m.-2:30 p.m.**

**Responding to Identified Risk – Part 1**

- Options for working with high risk patients in outpatient settings
- Safety and contingency planning

**2:30 p.m.-2:45 p.m.** Break with Refreshments

**2:45 p.m.-4:00 p.m.**

**Responding to Identified Risk – Part 2**

- Considerations in pursuing higher levels of care
- Weighing and communicating risks and benefits of available options
- Documentation case example and debrief
- Summary: Commitment to Living

**Program Evaluation**

*Please return your evaluation form to receive your certificate.  
Thank you.*

## REGISTRATION INFORMATION

### Fees:

- \$125 Registration Fee
- \$75 SJRMC Employee/\*Student Fee
- \$100 Early Bird Registration Fee
- \$75 per person Group Rate: *submit 4 or more registrations together by September 6<sup>th</sup>.*
- Registration must be postmarked or faxed by September 6, 2013 to receive Early Bird Rate.
- Prepayment is preferred.
- On-site registration will be accepted. (*Space permitting*)
- All fees include lunch.

**\*Student Registration:** *A copy of current student identification must accompany completed registration form.*

### Payment Methods:

- Check or money order made payable to "SJRMC"
- Credit Cards: Visa, MasterCard, American Express or Discover card
- *Registration will be processed only with payment.*

### Payment & Registration:

- **By Mail:**  
St. Joseph Regional Medical Center  
P.O. Box 816  
ATTN: MENTAL HEALTH CENTER  
Lewiston, Idaho 83501
- **By Fax:** (208) 799-5758  
ATTENTION: MELISSA HINKELMAN
- **By Phone:** (208) 799-5701 (credit card)

Sign-in will be in Conference Room A.

### Cancellation Policy:

Cancellations received prior to September 6, 2013 will be refunded the original fee less a \$10 administrative fee. No refunds will be issued after September 6, 2013.