



COUN 402 – Counseling Victims of Abuse

Open Book Exam

Directions: Print out this exam and fill-in-the-blanks for each question. Then take the online exam to receive your immediate score. The answers are taken directly from the textbook.

Fill-In-The-Blank:

- 1) Though incest once was thought to be rare, “recent estimates of incestuous _____ run as high as 10-20 percent in the general population”.
- 2) Fear of family disruption is often a(n) _____ fear that causes many children to remain silent and continue to be abused.
- 3) When a child _____ sexual abuse, try to remain calm.
- 4) _____ can be a “red flag” indicator of abuse in adolescence.
- 5) When an offender exchanges affection or gifts or privileges for sexual _____, children learn to frame sexual _____ as a way of manipulating others to get needs met. (same word)
- 6) In cases where children are abused by someone outside the family, spiritual damage can be inflicted in images of God as _____, undiscerning, or powerless.
- 7) _____ is an outgrowth of shame in incest families.
- 8) _____ is the foundation upon which intimacy is built.
- 9) Regressed offenders can be drawn to children in attempts to replace losses of adult relationships that were _____ or to compensate for another significant loss in life.
- 10) One of the most important objectives of sexual abuse support groups is to provide a safe and _____ atmosphere in which group members can reduce their sense of isolation and share feelings related to their childhood sexual abuse.
- 11) God is the only source with _____ power to confer infinite value on each human being.
- 12) If abuse survivors believes that God defines _____ Christians as those who always make right choices, then victory will prove impossible.
- 13) Feelings of guilt differ from the _____ of guilt.
- 14) A sense of identity confusion about “who I am” can contribute to an identity of _____ and a view of self as “nothing”.
- 15) Grieving is a _____ part of restoration for adult survivors of sexual abuse.

- 16) _____ is reasonable when a group member is open to considering what the group facilitator is saying but genuinely can't understand it.
- 17) Offenders may not have intended to inflict the _____ damage on their victims, but in order for the fullness of forgiveness to heal the relationship, offenders must look at the impact of their actions.
- 18) Aggression is a style of relating that violates the rights of others through verbal or physical attacks in order to _____ others.
- 19) A specific ministry to which all Christians can be committed is a ministry of _____.
- 20) A maladaptive and continual _____ of the alarm response can contribute to post-traumatic stress disorder.