

- Increased creativity and developed intuition
- Connection to Self
- Well-being (wholeness body, mind and spirit)
- Clarity and self-confidence
- More connected and in tune with your body

- Self-empowerment
- Self-knowledge
- Authenticity and self-alignment with purpose
- Increased peace and happiness
- Creative expression
- Clears blocks
- Uncovers hidden truths

Anne Gudrun is offering a Soul Art® class on Saturday, May 19th at her studio in North Vancouver from 1:00 - 4:00 pm. Cost is \$75.00.

For more information or to register contact Anne (email) anne@creativecorestudio.com (phone) 604-307-6016



Soul Art® is a unique creative process that acts as a bridge to your spirit, revealing your inner truth and providing clarity, insight and deep transformation.



live your creative life from the inside out www.creativecorestudio.com