

Baby Intake & Output chart

Date:

Time	intake(ml)/*(R/L)	urine	stool	Remark
0000				
0100				
0200				
0300				
0400				
0500				
0600				
0700				
0800				
0900				
1000				
1200				
1300				
1400				
1500				
1600				
1700				
1800				
1900				
2000				
2100				
2200				

* for breastfeeding: R=right breast, L=left breast