

2016 FLYIN' LIONS CROSS COUNTRY

2016 LIONS MS BASEBALL

Believe it or not, fall sports for middle school students will begin **before** school starts! The opportunities include CROSS COUNTRY for both boys and girls in grades 5-8, and BASEBALL for boys in grades 5-8. Boys may participate with both teams. Details for each team are below:

Cross Country information

The CLA Cross country (XC) team will be coached by Anita Booker. Meets begin after school has started, but practice will begin the week prior. XC practice gear (**running shoes, sweats or shorts, t-shirt, sweatshirt, water bottle**) should be brought for each practice. XC participates in meets at other schools.

XC Practices: practices will be Mon/Wed/Fri 7:00-8:30 am. First practice Wed, Aug 10.

Adjustments to this schedule are possible once school begins.

XC Meet information

As the times for meets gets closer, more details will be available, but the plan is for 10-12 meets.

Baseball information

The CLA Baseball (BB) team will be coached by Steve Waggoner/Josh Horning/Chase Birkey. Games will begin on Tuesday, August 16, but practice will begin the week prior. BB practice gear (**cleats, BB pants, hat, glove, bat, water bottle**) should be brought for each practice. BB competes in games with other schools. So far games have been scheduled for Tues 8/16, Sat 8/20, Thurs 8/25, Tues 9/6 and Thurs 9/8. Additional games are likely.

BB Practices: practices will be Mon/Wed/Fri August 8, 10, 12, 15 from 10-12 am. A complete practice and game schedule will be given out that week. **Once school begins, we will have 3 days each week of baseball (either games or practices).**

-----detach and return before first practice!!-----

CLA Fall Sports 2016

Permission Slip

Student _____ Grade _____ has permission to participate on the CLA Lions (circle) BASEBALL CROSS COUNTRY team(s).

Parent signature _____ Date _____

Please return the completed form to school BEFORE the first practice - 8/8 (BB) or 8/10 (XC).

