

# The Only Way Out Is Through

Advice from the Other Side

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Scaling Value

# About Me

Human Systems

- Anthropology, Comparative Religion, Business

Peace Corps

UCLA

Cohort 3, December 2010, Org. Dynamics

Project Management

- MSMC, PMI Los Angeles, ...?

# WHAT TO EXPECT

# A Lot of Work

Sleep, Study, or Socialize – Pick Two!

Papers, Presentations, and Projects

Coordination and Collaboration

# New Ideas

## About Yourself

- Meyers-Briggs abbreviated inventory

## About Business

- Yes, learn the academic aspects
- And learn the real world application

## About Life

# Unmet Expectations

Expectation Is the Root of All Disappointment

Grant me  
serenity to accept the things I cannot change,  
courage to change the things I can, and  
wisdom to know the difference.

# New Connections

New Mental Connections

New Social Connections

New Professional Connections

# Conflict

No Person Is an Island

- Resonance and synergy
- Dissonance and politics

Struggle is Necessary for Growth

Trust is the Only True Currency

- Respect, then Empathy



# New Muscles

Increased Grit

Increased Discipline

Increased Capacity

Increased Strength

# HOW TO SUCCEED

# Prime Your Network

You Are the Average of the Five People You  
Spend the Most Time with

Prepare Them for Your Divided Attention

Plant Seeds for Future Harvest

– Boss, colleagues, classmates

# Change Your Mind

Perception Creates Reality

– Enclothed Cognition

Change the Conversation, Change the Game

– Perspective, framing, and cognitive biases

Focus on What You Can Control

# Rely on Systems

## Put Success in Your Way

- Motivation is short-term and willpower is limited

## Identify the Nouns and Verbs of Your World

- Capture everything
- Put it in the proper context
- Build habits/automate tasks
- Avoid procrastination
- Produce consistent results

# Do the Work

## Front Load the Work

- It's never too early to start
- More time in the crockpot

## Just Start

- Even with the smallest thing

## Communicate Effectively

- Sender and Receiver

# Tips and Tricks

## Presentations

- Content first, gimmicks last, clutter never
- People want stories

## Technology

- Evernote (notes, tasks)
- Dropbox (files)
- Google (email, Calendar, Docs)
- Microsoft Office (templates)

# PROJECT MANAGEMENT



# What Is It?

The Art and Science of Solving Problems

Planning – Doing – Checking

- Failing to plan is planning to fail
- Use established baselines for comparisons

Applicable to every aspect of your life

# How Do I Do It?

## What's the Problem?

- Identify constraints and assumptions

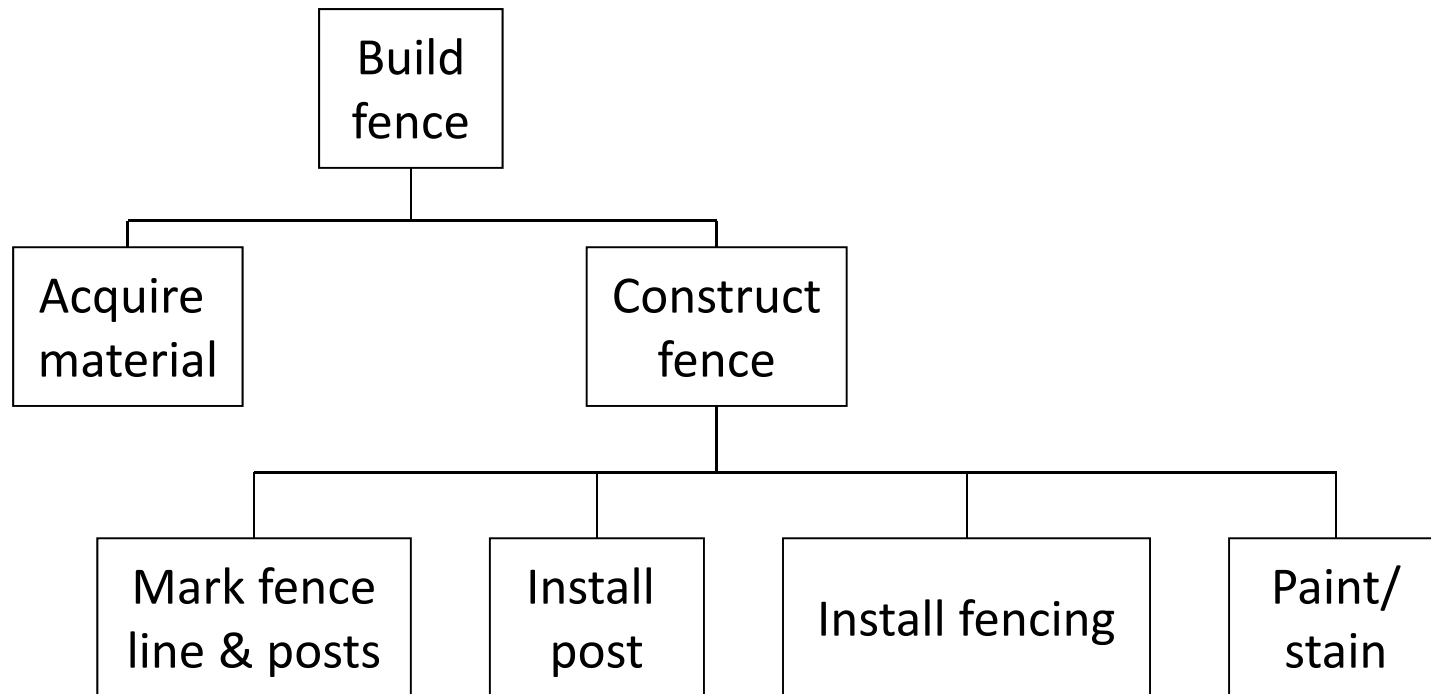
## What's the Outcome?

- Backward Planning

## What's the Plan?

- Break down the problem into parts
- Assign roles and responsibilities

# Work Breakdown Structure



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