



**36 UNDER 36  
KRISTY BRESSETTE**

**Age:** 33

**Primary Gig:** Executive Director, Hillel Chico State.

**One the side (what do you do in your “free” time):** I am a non-profit junkie!! I socialize all over town like volunteering at the Bloodsource snack bar, holding temple board positions, and am the new Grange Master supporting local agriculture and partnering with environmental groups. To destress, I love to run in Bidwell Park and run to my new yoga studio! I just joined a yoga center and go at least 14 times a month so that each class costs \$5!! I also love, love, love riding my cruiser bike. I ride through the park to eateries and coffee shops to socialize and meet up with friends! Travel, family and friends are my other big loves along with my partner in crime, Georgia, my small Black and Tan Labrador! “Woof Boof”

**Describe yourself in 10 words or less:**

Passionate  
Thoughtful  
Resourceful  
Adventurous  
Quirky  
Educator  
Critical thinker  
Interested

OR

I do my best to stay in the present with my passions!

**Celebrity Doppelganger/Who would play you in a movie:** Pocahontas

**Where I will be/hope to be in 10 years:** Funny you should I ask, I wrote them down on my last birthday. At 43, I hope to be happily married with healthy children while being a successful Hillel director providing life changing experiences for Jewish students. I would like to have my parents living nearby with a regular babysitting routine and family traditional gatherings. I hope to be an inspiring and supportive parent, leading a healthful lifestyle while gardening and cooking with my family. I want to love my belongings and find satisfaction in the present. Other honorable mentions include travel, creative artistic outlets, and A fabulous 40+ wardrobe!

What I love about growing up or living in the Sacramento region:

Location, location, location. Yes, you will hear me frequently kevatcing about the lack of direct flights out of Sacramento but in general I love the recreational activities we have with the rivers, hiking/biking trails and proximity to the Bay Area, Tahoe and Chico! I love the local food systems as well!