

TABLE 1
Initiation of 5-mg Warfarin (Coumadin) Therapy*

<i>Day</i>	<i>INR</i>	<i>Dose (mg)</i>
1	-	5.0
2	-	5.0
3	< 1.5	10.0
	1.5 to 1.9	5.0
	2.0 to 3.0	2.5
	> 3.0	0.0
4	< 1.5	10.0
	1.5 to 1.9	7.5
	2.0 to 3.0	5.0
	> 3.0	0.0
5	< 2.0	10.0
	2.0 to 3.0	5.0
	> 3.0	0.0
6	< 1.5	12.5
	1.5 to 1.9	10.0
	2.0 to 3.0	7.5
	> 3.0	0.0

INR = International Normalized Ratio.

*-Developed in inpatients with venous thromboembolism who were also receiving heparin.

Adapted with permission from Kovacs MJ, Rodger M, Anderson DR, Morrow B, Kells G, Kovacs J, et al. Comparison of 10-mg and 5-mg warfarin initiation nomograms together with low-molecular-weight heparin for outpatient treatment of acute venous thromboembolism. A randomized, double-blind, controlled trial. *Ann Intern Med* 2003;138:715.

TABLE 2
**Estimating the Final Maintenance Dosage of
Warfarin (Coumadin)***

<i>INR on day 5</i>	<i>Mg per week</i>
1.0	71
1.2	48
1.4	39
1.6	33
1.8	29
2.0	26
2.2	23
2.4	21
2.6	19
2.8	17
3.0	16
3.2	14
3.4	13

INR = International Normalized Ratio.

*-Based on INR on day 5 after 5 mg of warfarin per day on days 1 through 4 in patients not receiving heparin.

Adapted with permission from Pengo V, Biasiolo A, Pegoraro C. A simple scheme to initiate oral anticoagulant treatment in outpatients with nonrheumatic atrial fibrillation. *Am J Cardiol* 2001;88:1215.

10 Mg Warfarin Initiation Table

Day 3 INR	Warfarin dose in mg on days 3 and 4	Day 5 INR	Warfarin dose in mg on days 5, 6, and 7
< 1.3	15.0, 15.0	< 2.0	15.0, 15.0, 15.0
		2.0 to 3.0	7.5, 5.0, 7.5
1.3 to 1.4	10.0, 10.0	3.1 to 3.5	0.0, 5.0, 5.0
		> 3.5	0.0, 0.0, 2.5
1.5 to 1.6	10.0, 5.0	< 2.0	7.5, 7.5, 7.5
1.7 to 1.9	5.0, 5.0	2.0 to 3.0	5.0, 5.0, 5.0
		3.1 to 3.5	2.5, 2.5, 2.5
		> 3.5	0.0, 2.5, 2.5
2.0 to 2.2	2.5, 2.5	< 2.0	5.0, 5.0, 5.0
2.3 to 3.0	0.0, 2.5	2.0 to 3.0	2.5, 5.0, 2.5
		3.1 to 3.5	0.0, 2.5, 0.0
		> 3.5	0.0, 0.0, 2.5
> 3.0	0.0, 0.0	< 2.0	2.5, 2.5, 2.5
		2.0 to 3.0	2.5, 0.0, 2.5
		3.1 to 4.0	0.0, 2.5, 0.0
		> 4.0	0.0, 0.0, 2.5

Figure 1. Algorithm for the initiation of 10-mg warfarin therapy. Tested in outpatients with venous thromboembolism who were also receiving low-molecular-weight heparin. Patients are given 10 mg of warfarin on days 1 and 2. (INR = International Normalized Ratio)

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