Appendix A

THE WORDS FOR COMMUNICATING WITH THE PATIENT

Even after reviewing the guidelines above on disclosing adverse events to patients, you may find it helpful to consider some model language. In the case of a medication error, one might say this:

Let me tell you what happened. We gave you a chemotherapeutic agent, carboplatin, instead of the pamidronate you were supposed to receive.

I want to discuss with you what this means for your health, but first I'd like to apologize.

I'm sorry. This shouldn't have happened. Right now, I don't know exactly how this happened, but I promise you that we're going to find out what happened and do everything we can to make sure that it doesn't happen again. I will share with you what we find as soon as I know, but it may take some time to get to the bottom of it all.

Once again, let me say how sorry I am that this happened.

Now, what does this mean for your health? You received only a fraction of the usual dose of carboplatin, so it is unlikely you will have any adverse effects from the infusion. However, I would like to monitor you closely over the next weeks. In patients who receive a full dose, the side effects we expect include....We usually monitor patients for these side effects by....We treat these side effects by....I want to see you in my clinic tomorrow so we can....

Appendix D

TRAINING FOR COMMUNICATION

Basic Steps for Medical Dialogue¹⁸

- Preparing
- Initiating conversation
- Actively listening
- · Acknowledging what you have heard
- Responding

Communication Using a Skills-Based Model*

- Preparation
 Review the facts
 Identify and involve the appropriate participants
 Use an appropriate setting
- Verbal initiation of the conversation
 Determine patient and family readiness to
 participate
 Assess the patient and family's medical literacy
 and ability to understand
 Determine the patient and family's level of
 medical understanding in general
- Presenting the facts
 Simple description of what happened
 What is known of the outcome at that point
 Describe the next steps
 Sincerely acknowledge the patient and family's
 suffering

- Concluding the conversation Summarize Repeat key questions raised Establish the follow-up
- Documentation
 Describe the event
 Describe the discussion

Other Communication Considerations

- No medical jargon
- · Cultural/language barriers
- · Speak slowly
- Be aware of body language
- Don't overwhelm with information—don't oversimplify either
- Allow ample time for questions—don't monopolize the conversation