

## Discussion and Informed Consent for Anesthesia/Sedation

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Weight: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Treatment: \_\_\_\_\_

### Facts for Consideration

During dental treatment, patients may have difficulty understanding the procedure and/or its management because of either psychological issues, a cognitive, physical or medical disability, or fear and anxiety. Considering patient safety and comfort, they may benefit from behavior management through communication techniques or immobilization. In addition, the dentist may also identify the need for sedation medication and anesthesia for the patient's comfort and behavior management. Anesthesia is a method of providing medication to reduce patient anxiety, awareness of the surgery or treatment and reduction or elimination of pain associated with surgery or treatment.

Patients may require local anesthesia, light to moderate conscious sedation, deep sedation, or general anesthesia for their comfort during the performance of dental restorations or surgical procedures. The depth of anesthesia, except for local anesthesia, is a matter of degrees beginning at a low level called "light" and adjusted to lighter or deeper levels depending on the patient's tolerance for the procedure and discomfort. Your dentist will recommend and explain to you which type of anesthesia might be appropriate for your individual medical/dental needs.

*Patient's initials required*

### Option 1: Local Anesthesia

\_\_\_\_\_ Anesthetizing agents, (medications) are injected into a small area with the intent of numbing the area to receive dental treatment. They also can be injected near a nerve to act as a nerve block causing numbness to a larger area of the mouth beyond just the site of injection.

\_\_\_\_\_ *Risks include but are not limited to:* It is normal for the numbness to take time to wear off after treatment, usually two or three hours. This can vary depending on the type of medication used. However, in some cases, it can take longer, and in some rare cases, the numbness can be permanent if the nerve is injured. Infection, swelling, allergic reactions, discoloration, headache, tenderness at the needle site, dizziness, nausea, vomiting, and cheek, tongue, or lip biting can occur.

\_\_\_\_\_ *Potential benefits:* The patient remains awake and can respond to directions and questions. Pain is lessened or eliminated during the dental treatment.

### Option 2: Nitrous Oxide/Oxygen Inhalation Sedation

\_\_\_\_\_ Nitrous oxide/oxygen (N<sub>2</sub>O) inhalation is a mild form of conscious sedation used to calm an anxious patient. The patient is observed while N<sub>2</sub>O is administered and after the completion of treatment until the patient is fully recovered from its effects.

\_\_\_\_\_ *Risks include but are not limited to:* An early effect may be disorientation and temporary numbness and tingling. Nausea and vomiting may occur infrequently. If the patient will not accept wearing the N<sub>2</sub>O mask during treatment, nitrous oxide/oxygen cannot be used.

\_\_\_\_\_ *Potential benefits:* The patient remains awake and can respond to directions and questions. N<sub>2</sub>O helps overcome apprehension, anxiety, or fear.

### **Option 3: Conscious Sedation**

\_\_\_\_\_ Conscious sedation is a controlled; drug induced, minimally depressed level of consciousness or awareness that allows the patient to breathe independently and continuously respond appropriately to physical stimulation and/or verbal command, e.g., "open your eyes."

\_\_\_\_\_ Local anesthetic is still required to numb the area of treatment. This type of anesthesia may be administered orally (a drink or a pill), injected into a muscle, or via a needle inserted into a vein.

\_\_\_\_\_ *Risks include but are not limited to:* Infection, swelling, discoloration, bruising, headache, tenderness at the needle site and vein (phlebitis), dizziness, nausea, and vomiting can occur. Adverse reactions to medication including allergic and life-threatening reactions are possible, though rare. Complications may require hospitalization or even result in brain damage or death. With any patient, reflexes are delayed. Children: Patients can have an immediate response to oral conscious sedation similar to being upset before the medication calms them. Adults: Patients must not drive a car or operate machinery for 24 hours after the termination of treatment, because the effects of sedation remain in the system even after the patient is awake and mobile.

\_\_\_\_\_ *Potential benefits:* Pain is lessened or eliminated during dental treatment. Stress and anxiety can be greatly reduced and often there is no memory of the treatment.

### **Option 4: Deep Sedation**

\_\_\_\_\_ Deep sedation is a controlled, drug-induced state of depressed consciousness or awareness from which the patient is not easily aroused, which may be accompanied by a partial loss of protective reflexes, including the ability to breathe without assistance and/or respond to physical stimulation or verbal command.

\_\_\_\_\_ Local anesthetic is still required for numbness to the area of treatment. This type of anesthesia is often called a light general anesthesia and is usually administered in a dental office setting.

\_\_\_\_\_ *Risks include but are not limited to:* Infection, swelling, discoloration, bruising, and tenderness at the needle site (phlebitis) may occur. Dizziness, nausea, and vomiting can occur. Adverse reactions to medication including allergic and life-threatening reactions are possible though rare. Complications may require hospitalization or even result in brain damage or death. A responsible escort must bring the patient to the office, take the patient home, and stay with them. Patients must not drive a car or operate machinery for 24 hours because the effects of the sedative remain in the system even after the patient is awake and mobile.

\_\_\_\_\_ *Potential benefits:* Pain can be lessened or eliminated during the dental treatment. Stress and anxiety can be greatly reduced and often there is no memory of the treatment.

**Option 5: General Anesthesia**

\_\_\_\_\_ General anesthesia is a controlled, drug-induced state of unconsciousness or lack of awareness, accompanied by partial or complete loss of protective reflexes, including an inability to breathe without assistance, and/or respond purposefully to physical stimulation or verbal command.

\_\_\_\_\_ This type of anesthesia is usually administered in a hospital or a surgery center. Local anesthesia is still typically utilized.

\_\_\_\_\_ *Risks include but are not limited to:* Infection, swelling, discoloration, bruising, and tenderness at the needle site (phlebitis) may occur. Dizziness, nausea, and vomiting can occur. Adverse reactions to medication including allergic and life-threatening reactions are possible though rare. Complications may require hospitalization or even result in brain damage or death. A responsible escort must bring the patient to the office, take the patient home, and stay with them. Patients must not drive a car or operate machinery for 24 hours because the effects of sedation remain in the system even after the patient is awake and mobile.

\_\_\_\_\_ *Potential benefit:* Pain is eliminated and the patient has no memory or recall of the surgical procedure.

**Alternative Treatments, Not Limited to the Following:**

\_\_\_\_\_ If a particular level of anesthesia does not relieve the patient’s anxiety or pain, in the dentist’s clinical judgment, and if the individual patient can tolerate it, another level of anesthesia may be needed. Not every dental office or dentist is equipped or trained to administer every type of anesthesia. It may be necessary to refer the patient to another facility or to another dentist who has the appropriate equipment or credentials, or an anesthesiologist may be utilized in the office. Those types of services may result in additional charges.

**For All Female Patients**

\_\_\_\_\_ Because anesthetics, medications and drugs may be harmful to the unborn child and may cause birth defects or spontaneous abortion, every female must inform the provider of anesthesia if she could be or is pregnant. Anesthetics, medications and drugs may affect the behavior of a nursing baby. In either of these situations, the anesthesia and treatment may be postponed.

**For All Patients**

\_\_\_\_\_ I have been given the opportunity to ask questions about the recommended method of anesthesia and believe that I have sufficient information to give my consent as noted below.

**Check only one of the boxes below that applies to you:**

I hereby give my consent for the use of \_\_\_\_\_ anesthesia, as explained above when Dr. \_\_\_\_\_ determines it is indicated in the treatment of \_\_\_\_\_ (Patient's name).

**or**

I refuse to give my consent for the proposed treatment(s) as described above and understand the potential consequences associated with this refusal.

\_\_\_\_\_  
Patient or Patient's Representative's Signature

\_\_\_\_\_  
Date

I attest that I have discussed the risks, benefits, consequences, and alternatives of anesthesia with \_\_\_\_\_ (Patient or Patient's Representative's Signature) and they have had the opportunity to ask questions, and I believe they understand what has been explained and consents or refuses treatment as noted above.

\_\_\_\_\_  
Dentist's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness's Signature

\_\_\_\_\_  
Date