

**Sunday, January 14th, 2018**

11:00 AM - 12:30 PM

**Liz Hoy, Associate Minister**

**Ceremony of the Burning Bowl**

(includes regular service and spirit communications)

Sunday Service theme

**"Just Let Go"**

*The Ceremony of the Burning Bowl, which takes place as part of the regular Sunday service, is an invitation to let go of the baggage that we all carry. We do this with the help of the God of our own understanding. People are invited to write down the things they wish to let go of and cast them into the burning bowl with prayerful intent. Everyone will be offered notecards to list what they would like to manifest for themselves in the new energetic space they have now created.*

**Liz Hoy** is enrolled as a student with The Morris Pratt Institute and is working towards completion of the Educational Course on Modern Spiritualism in order to become an Ordained Spiritualist Minister. Liz studies mediumship with Rev. Janet Nohavec and leads two mediumship groups at Albertson Church. She volunteers at the monthly Spiritual Psychic Fairs at the church.



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