

### Why Confession?

Beginning with confession tends to help the rest of the time focus on Jesus. Each person takes a turn answering the same Character questions. In a safe place the confession of sin prepares the soil of our hearts for the Word of God being read each week.

### Why Scripture?

To bring lasting change we must plant the right seed...and lots of it! We recommend to strive for 20-30 chapters a week in the same book. (ex. if Ephesians than read it 4x in a week. if Mark then read it 2x. If Acts then read it 1x.) and if the reading assignment is not completed by everyone then all members repeat the assignment until everyone has completed it. (so even if someone "fails" the consequence is to know that book even better!)

# Why Call to others?

Jesus is not a personal God only for us. He desires for all people to be saved and sends us into his mission. Each member identifies people they see frequently (opposed to an aunt they see once a year) and strategically pray for them.

Let's hope through this process we can have the DNA of the church embedded in us!

Divine Truth

Nurturing Relationships

Apostolic Call

#### Are you...

- 1) Desperate for Jesus
- 2) Faithful in the process
  - ...then we should get together!

Let's get two or three people together once a week for an hour. (If we add a fourth person and they show faithfulness to the process then we can multiply groups.)

**Let's keep it the same gender** so we can be fully honest about our lives

We should keep it simple only focusing on

- CONFESSION of sin in mutual accountability
- SCRIPTURE read repetitively in context
- 3) CALL to invite others to Jesus

We should agree on a few things as we meet.

**Community**— life change does not happen in a vacuum but in relationship

**Accountability**— we do not do what we should and need others to help us.

**Confidentiality**– gossip does not help relationship or accountability.

Flexibility— it's not fun if it feels like a prison so let's keep the core but flex on the rest.

**Reproducibility**– transformation is not only for us and we hope to multiply with Desperate and Faithful people.

\*based on Life Transformation Groups from CMAresources.org



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**CONFESSION**– Let's ask these questions to help stimulate conversations of character and confession of sin in a safe place that values honesty, vulnerability, confidentiality and grace.

- 1) How has your testimony to greatness of Jesus Christ with both your words and actions been blemished this week?
- 2) What sexually alluring material were you exposed to and how have you allowed your mind to entertain inappropriate sexual thoughts about another this week?
- 3) How has greed compromised your generosity in financial dealings or coveting something that does not belong to you?
- 4) How has your important relationships been honoring, understanding and generous this week?
- 5) Have you damaged another person by your word, either behind their back or face to face?
- 6) What addictive behaviors have you struggled with this week? Explain.
- 7) How have you continued to remain angry toward another?
- 8) Have you secretly wished for another's misfortune?
- 9) \_\_\_\_\_ (your personalized accountability question)
- 10) Did you finish the reading and hear from God? What did hear from God this week? What are you going to do about it?
- 11) Have you been completely honest with me?

THEREFORE CONFESS YOUR SINS TO ONE ANOTHER AND PRAY FOR EACH OTHER, SO THAT YOU MAY BE HEALED.—JAMES 5:16

**APOSTOLIC CALL**- Let's pray specifically and strategically for the salvation of people in our lives.

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Pray that will be drawn to Jesus and seek to know God. (John 6:44; Acts 17:27)
Pray Holy Spirit will prevent Satan from blinding to truth. (2 Cor. 4:4; 2 Tim 2:25-26)
Ask Holy Spirit to convict of sin and need for redemption in Jesus. (John 16:7-14)
Ask Jesus to give you the opportunity to have the courage and right words to share with (Col. 4:3-6)
Pray for super-natural insight for the benefit of (Luke 12:11-12; Acts 1:8)
Pray that will confess Jesus as Lord and grow in faith, bearing fruit that lasts. (Rom. 10:9-10; Col. 2:6-7)

How will you invite someone to look

at Jesus this week?

FOR THEIR SALVATION.

-ROMANS 10:1

BROTHERS, MY HEART'S DESIRE

AND MY PRAYER FOR THEM IS



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