

Appetizers

Calamari

12

Lightly floured and seasoned calamari, bell peppers, red onion and banana pepper slices. Served with house cocktail sauce & tzatziki

Pacific Mussels & Clams



13

A west coast classic in a savory white wine butter sauce served with french bread

Cod Bites



10

Battered or grilled Pacific Cod bites served with salsa or tartar sauce

Add crispy coating for 1

Pacific Oyster Appy



10

Four jumbo grilled West coast oysters served with house cocktail sauce

Tiger Prawn Appy



11

Ten succulent jumbo white tiger prawns grilled with garlic butter, teriyaki, lemon pepper or Cajun.

Blazin' Popcorn Shrimp

8

Crispy popcorn shrimp with a mild kick! Served with cocktail sauce

Chicken Strip Appy

7

Three classic crispy chicken strips served with your choice of BBQ, Plum or Honey Mustard sauce

Sweet Potato Fries

7

A delicious & low glycemic alternate to the traditional french fry. Served with our house Chipotle Aioli

Onion Rings

7

Crispy jumbo onion rings. A timeless classic.

Add gravy for 1.5



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Salads

RC Salad

Almost 25 years a classic. Lettuce, shredded beets, carrots, red cabbage & cheddar cheese

Starter Size 6
Meal Size 10

Salad dressing choices: House, Creamy Dill, Ranch, 1000 Islands, Blue Cheese, Sundried Tomato, Italian, Raspberry Vinaigrette or Balsamic Vinaigrette

RC House Caesar Salad

Crisp romaine, garlic, croûtons and fresh shredded Parmesan cheese

Starter Size 6
Meal Size 10

Add Smoked Salmon 3 | Add Shrimp 5 | Add Chicken 5 | Add Bacon 2

Greek Salad

Cucumber, tomato, peppers, red onion, Kalamata olives and feta cheese tossed in our house greek dressing

10

Soups

RC Clam Chowder



Our premium house recipe New England style clam chowder.

Cup 5
Bowl 7

RC Clam Chowder & Garlic Toast



9

Bread Bowl of RC Clam Chowder



10

Our famous clam chowder served in a hearty sourdough bread bowl

Soup & Sandwich

11

Bowl of soup or RC Chowder and sandwich of the day.

Soup of the Day

Please ask your server for today's selection

Cup 4
Bowl 6

Sandwiches

Deluxe RC Club House

Don't mess with the classic! 3 slices of toasted bread, mayo, cheddar, house oven roasted turkey, crispy bacon, lettuce & tomato

Classic BLT

Crispy Bacon, lettuce, tomato and mayo

RC Shrimp Sandwich



14

Bursting with cream cheese, succulent Ocean Wise shrimp & lettuce and served with a side of cocktail sauce

All sandwiches come with one full or two half side choices. Fries, Coleslaw, Rice Pilaf, Yam Fries, Onion Rings, RC Salad, Caesar Salad, Greek Salad, Soup du jour or Clam Chowder.

Bread Choices: White, Sourdough, Whole Wheat or Rye

15

11



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Prices subject to applicable taxes. A 15% gratuity will be added to tables of 10 or more.

Fish

This is what put us on the map. It's the bread and butter of our trade and we strive to do it like no other. We are fierce believers in sustainable fishing practices and we make sure our menu reflects that. Not only can you enjoy the wonderful taste of our fresh seafood but you can feel good eating it, knowing that the habitats and stocks are healthy, abundant and well managed. *From boat to table, everyone wins.*

Pacific Cod  1 Pc 15

Each piece is a massive 6 oz portion! (If you order a two piece, you better be hungry!) Lean, bright white & slightly firm flesh with a very mild flavour. Wild caught off the coast of the Pacific Northwest 2 Pc 20

Pacific Sockeye Salmon  1 Pc 17


Each piece is a generous 3.5 oz portion. Flaky, red, firm flesh with a distinct lean flavour. Wild caught off the coast of the Pacific Northwest 2 Pc 22

Pacific Halibut  1 Pc 18

Each piece is a generous 3.5oz portion. This fish is famous around the world for its firm, white, flaky texture and mild flavour. There's a reason why it is premium priced! Wild caught off the coast of the Pacific Northwest 2 Pc 30

Captain's Plate 30
1 piece halibut, 2 tiger prawns, 2 oysters, 2 scallops & calamari

Fish & Prawns  Pacific Cod 17
5 jumbo Ocean Wise certified Selva tiger prawns served with a single piece of fish  Halibut 23

Mate's Plate  20
1 piece Pacific cod, 2 Tiger Prawns, 2 oysters and 2 scallops

Choose battered or grilled. All fish orders come with one full or two half side choices. Fries, Coleslaw, Rice Pilaf, Yam Fries, Onion Rings, RC Salad, Caesar Salad, Greek Salad, Soup du jour or Clam Chowder. No seafood substitutions on Mates or Captains plates.

Add cajun spice or lemon pepper spice to your grilled fish: .5
Add regular crispy coating to your battered fish: 1
Add almond or coconut crispy coating to your battered fish: 1.5

Fish Tacos !

We're proud of our fish tacos and strive to give you a fantastic flavour experience. We've evolved and refined our regular recipe to include loads of fish, shredded leaf lettuce, fresh salsa, cillantro and a wedge of lime. Served with your choice of sweet chipotle or mango habanero sauce on soft wheat tortilla shells with your choice of grilled or battered fish and choice of two half or one full side

 Pacific Cod 16
 Halibut 20



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Burgers

- Wild Sockeye Burger**  16
Grilled wild caught Pacific Sockeye salmon with tomato, lettuce, red onion and tartar sauce on a B.C. grown True Grain organic Ciabatta bun
- Pacific Halibut Burger**  19
Grilled or battered wild caught Pacific halibut fillet, tomato, lettuce, red onion and tartar sauce on a B.C. grown True Grain organic Ciabatta bun
- RC Cod Burger**  16
Grilled wild caught Pacific cod, baby shrimp, cream cheese, red onion, tomato, lettuce & tartar sauce on a B.C. grown True Grain organic Ciabatta bun
- Oyster Burger**  14
Fresh grilled jumbo Fanny Bay oysters, tomato, lettuce, red onion, cocktail and tartar sauce on a B.C. grown True Grain organic Ciabatta bun
- Bay Burger** 14
PREMIUM 6 oz. sirloin burger patty with tomato, lettuce, red onion, relish & mayo on a B.C. grown True Grain organic Ciabatta bun
- Deluxe Bay Burger** 17
PREMIUM 6 oz. sirloin burger patty with crispy bacon, cheddar cheese, grilled mushroom, tomato, lettuce, red onion, relish & mayo on a B.C. grown True Grain organic Ciabatta bun
- Chicken Burger** 14
Char-grilled salt & pepper chicken breast with tomato, lettuce, red onion & mayo on a B.C. grown True Grain organic Ciabatta bun
- Veggie Burger** 16
A hearty bean and veggie patty topped with cheese, banana peppers, red onion, lettuce, tomato & mayo on a B.C. grown True Grain organic Ciabatta bun









All burger orders come with one full or two half side choices: Fries, Coleslaw, Rice Pilaf, Yam Fries, Onion Rings, RC Salad, Caesar Salad, Greek Salad, Soup du jour or Clam Chowder

Sub Udi's gluten free bun: 1.5



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Entrées

- Asian Halibut Bowl**  19
Asian crispy coated halibut drizzled with sweet Thai chili sauce and served over szcechuan stir-fry with steamed egg noodles
- Indonesian Hot Pot**  18
Seafood medley of Pacific mussels and clams, Pacific Cod & vegetables simmered in a house mild red curry and served over rice pilaf with toasted coconut & fresh cilantro garnish
- Grilled Pacific Oysters**  20
Six jumbo Pacific oysters pan fried then topped with candied salmon, fresh bell peppers, crispy bacon & lime cream sauce then served over rice pilaf with your choice of RC or Caesar salad
- Pan Fried Tiger Prawns**  18
Twelve succulent jumbo Selva tiger prawns sauteed in your choice of teriyaki sauce, lemon pepper, Cajun or garlic butter then served over rice pilaf with your choice of RC or Caesar salad
- R.C. Butter Curry**  17
Your choice of grilled prawns, grilled oysters, crispy chicken or char-grilled chicken breast topped with our house rich citrus butter curry & garnished with fresh cilantro then served over rice pilaf with baked Naan bread
- Wild Pacific Sockeye Salmon**  18
Generous fillet of wild caught char-grilled Pacific Sockeye salmon topped with grilled onion & lemon served over rice pilaf with your choice of vegetables or RC or Caesar salad
- Smoked Salmon Penne Carbonara**  16
Smoked Salmon compliments our garlic, Parmesan & bacon Carbonara in this savoury and delicious pasta. Served with garlic toast
- Chicken or Shrimp Penne Alfredo**  15
Our rich and savoury garlic & Parmesan alfredo sauce with your choice of chicken or jumbo shrimp. Served with garlic toast



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Kids Meals

Fishy Bits  8

Fresh Pacific Cod bites served battered or grilled with your choice of one half-side

Plain Hamburger 9

4 oz sirloin patty on a buttered true grain bun with your choice of one half-side

Grilled Cheese Sandwich 7

Grilled cheddar cheese on white or brown bread with your choice of one half-side

Sockeye Salmon  9

Grilled wild caught Pacific Sockeye salmon served with your choice of one half-side

Chicken Strips 8

Three crispy chicken strips served with your choice of one half-side. Choice of sauce: Plum, B.B.Q. or Honey Mustard

All kids meals come with small milk, juice or pop and your choice of side: Fries, Coleslaw, Rice Pilaf, Yam Fries, Onion Rings, RC Salad, Caesar Salad, Greek Salad, Soup du jour or Clam Chowder



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Beverages

Soft Drinks 3

Pesi, Diet Pepsi, Dr. Pepper, 7-up, Orange, Ginger Ale, Soda
Free re-fills



Milk 2%

Regular 2
Large 3

Perrier Water 4

Bottled Water 3

Coffee

Our coffee is free trade organic, locally roasted by Peaks Coffee Company



Chocolate Milk

Regular 3
Large 4

Juices

Apple, Grape Fruit, Cranberry, Pineapple, tomato & clamato
Regular 2
Large 3

Red Rose Black Tea 2

Milk Shakes 5

Vanilla, Strawberry or Chocolate

TAZ☉ Herbal Teas 2^{1/2}

Awake, Calm, Zen, Earl Gray, Chai, Refresh-mint, Berry Blossom White, Wild Sweet Orange, China Green Tip, Green Ginger

Hot Chocolate 2^{1/2}

Mocha 3^{1/2}

Tropicana Orange Juice

Regular 3
Large 4