



Take-out Menu

phone 250 746 1550 or visit rockcodcafe.com

OPEN FOR LUNCH AND DINNER • Dine In or Take Out • 7 days/week • 1759 Cowichan Bay Road, Cowichan Bay

Most items on our regular menu can be made to-go. Just ask your server!



APPETIZERS

Calamari	12	Sweet Potato Fries	7
Cod Bites	10	Panfried Shrimp	11
Onion Rings	7		
Buffalo Shrimp	8		
Pacific Oysters	10		

SIDE ORDERS

Halibut	13	Gravy (small)	2
Pacific Cod	9	Gravy (large)	3
Salmon	10	Tartar Sauce (small)	1
Fries (small)	4	Tartar Sauce (large)	3
Fries (large)	5		
Coleslaw	3		

SOUPS & SALADS

Boston Clam Chowder

Bowl 7 Cup 5

Soup of the Day (please ask your server)

Bowl 6 Cup 4

R.C. Salad

Crisp iceberg lettuce, shredded beets, carrots, mushrooms, red cabbage, sprouts, tomatoes, cucumbers & cheese.

Starter 6 Meal 10

Greek Salad 10

Fresh tomatoes, cucumbers, red onions, Greek olives, bell peppers and feta cheese.

Caesar Salad Starter 6 Meal 10

Crisp romaine lettuce, garlic, croutons & parmesan cheese

Smoked Salmon add 3 / Shrimp add 5 / Chicken add 5 /

FISH & CHIPS

Fish & Chip Dinners

1 piece Halibut	18	2 piece Halibut	30
1 piece Pacific Cod	15	2 piece Pacific Cod	20
1 piece Sockeye Salmon	17	2 piece Sockeye Salmon	22
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4 Piece Halibut Family Pack	55	8 Piece Halibut Family Pack	100
4 Piece Cod Family Pack	38	8 Piece Cod Family Pack	72

All TO GO fish and chip dinners come with your choice of ONE of the following:

Fries, Coleslaw, Yam Fries, Onion Rings, RC Salad, Caesar Salad, or Rice Pilaf

Mate's Plate

1 piece Pacific cod, 2 prawns, 2 oysters, & fries

20

Captain's Plate

1 piece Halibut, 2 prawns, 2 oysters, calamari, & fries

30

Cod & Prawns

Five prawns served with a single piece of cod & fries

20

Adds:

Crispy Coating: 1 • Almond or Coconut Crispy Coating: 1.5

BURGERS

Deluxe Bay Burger	17
Bay Burger	14
Chicken Burger	14
Veggie Burger	16
Rock Cod Cafe Burger	16
Oyster Burger	14
Halibut Burger	19
<i>Add cheese or bacon or mushrooms</i>	1.5
<i>Sub Udi's Gluten Free Bun</i>	1.5

All burgers served on True Grain organic B.C. grown Ciabatta bun. Chose ONE of the following sides: Fries, Coleslaw, Rice Pilaf, Yam Fries, Onion Rings, RC Salad, Caesar Salad, Soup du Jour or Chowder



Recommended by the Vancouver Aquarium as an ocean-friendly seafood choice.

Prices subject to change and all applicable taxes.