

Lamentations 3:1-38 Bible Study

Part IV

1. What are some things the Lord does not approve of according to verses 34-36? So, if the Lord does not approve of those ways of doing things then He will not act that way toward you. Yet you may be in circumstances very similar to the ones described in verses 34-36. That means you need to see your circumstances through a different grid in order to view them properly and the answers are right there in the text. What's the grid you need to view your circumstances through according to verses 31-33 and verses 37-38?
2. What do you learn about all that's going on in your life according to verses 37-38?
3. Knowing the Lord's complete control over every detail, it might be tempting to think that He doesn't care about what's happening to you. What is the truth you *must* tell yourself so you can think rightly about the Lord and your circumstances? See verses 22-25 and verses 31-33.
4. Lamentations 3:1-38 is a test of our hearts to see if we will trust the Lord's goodness, no matter what our circumstances. It comes down to this: How will you place your faith and hope in the Lord, rather than your trust in your feelings?
5. Hebrews 11:6 says, *Without faith it is impossible to please God, and he who comes to Him must believe that He is and that He is a rewarder of those who seek Him.* Review Lamentations 3:19-38 and pick out the elements that showcase putting your faith and hope in the Lord, trusting in what is true of the Lord's character, and how He responds when you seek Him.
6. What truths from Lamentations minister to your heart right now?
7. What truths challenge you think more biblically, more accurately?
8. What are some ways you can carry these truths with you throughout the day to shore you up when you grow weary?