

## 30 Days in the Psalms – Part 1

These daily mini-studies are designed to keep you in the Word and growing in steadfastness during the Christmas season when our routine often changes and Bible studies take a break.

As you read, ask yourself, *“What can I learn about God’s character from this Psalm?”* *“What are some truths I can apply to my own life?”* *“Are there any attitudes in my own heart that need changed?”* Be sure to include some time of reflection and prayer as you read.

1. Day 1. *Read Psalm 1.* What kinds of people are being compared in this Psalm? How does each one act? What are the results?
2. Day 2. *Read Psalm 4.* What truths about God does David reflect upon that give him comfort?
3. Day 3. *Read Psalm 5.* Record what you learn about the character of God, the wicked, and the righteous.
4. Day 4. *Read Psalm 8.* How does reflecting upon God’s creation move David to praise?
5. Day 5. *Read Psalm 11.* What do you learn about God and those who love Him in this Psalm?
6. Day 6. *Read Psalm 15.* List the characteristics of those who love God.
7. Day 7. *Read Psalm 16.* Record what you see God doing for His children and the results in their lives.
8. Day 8. *Read Psalm 19.* List all the qualities of the Word of God. What is the result in our lives?