



JST INSTITUTE

Home of the Journal of Systemic Therapies

Training & education in brief collaborative and narrative practices
for professionals, communities & organizations

**Learn & Play in
Tropical Paradise!**

When all the time you have is NOW!

Single Session Therapy: Accessible, Ethical and Practical

April 28, 2017 – **Early Bird deadline: March 24!**

Location: SEA STAR BASE 7509 Broadway Street, Galveston Island, Texas

About this workshop

An effective short-term approach for providing services for people,

Single Session Therapy has now become part of the service options offered by a wide range of mental health agencies, hospitals, schools and organizations providing walk-in clinics, brief services or, longer-term environments. An alternative to unnecessary barriers to service and long waiting list, SST offers an ethical way to give people the help they need, when they need it.

Single Session Therapy offers a different set of assumptions, principles and practices about how to work with people: It is time sensitive, rather than time-driven. Operating from a competency-oriented, relational posture, there is an emphasis on developing a collaborative and meaningful partnership between the therapist and people seeking consultation, incorporating their active involvement and feedback into every step of the therapeutic process. Peoples' local knowledge, hopes, abilities, commitments and preferences are used to platform movement toward preferred directions in their lives.

Through the use of experiential exercises, didactic presentation, recorded examples and a comprehensive handout package, this interactive workshop will focus on micro-skill development for doing therapy in a single session.

For a comprehensive workshop description and/or to register go to www.jstinstitute.com

Also check out these upcoming training events

June 2 & 3, 2017

**Narrative Practices for Reclaiming
Hope, Possibility and Purpose
with People Experiencing Distress**

June 12 – 16, 2017

**A 5-Day (in a row) Certificate Course
Brief & Narrative Therapy:
Summer Intensive Training Program
(practice – practice – practice)**

Jim Duvall M.Ed. RSW (Ontario)

Co-author of policy paper Duvall, J., Young, K, Kays-Burden, A, (2012) *No more, no less: Brief Mental Health Services for Children and Youth.*

Jim is the Co-Director of JST INSTITUTE and Editor of *Journal of Systemic Therapies*. He brings over 35 years of experience as a therapist, trainer, consultant, researcher and author studying the philosophy, theory, and practices of brief and narrative therapies. He has authored numerous articles, book chapters, books and a policy paper.

Jim teaches and consults with organizations internationally throughout the US, Canada, Australia and Asia about how to integrate collaborative and narrative practices with socially just practices in order to create accessible and ethical services for people. Jim is noted for his approachable and interactive teaching style.

